

# JULY IS NATIONAL PARK AND REC MONTH



## **PRESENTED BY**

City of Wylie Parks and Recreation Department

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# JULY IS NATIONAL PARK AND REC MONTH



SINCE 1985, Americans have celebrated July as National Park and Recreation Month. Check out the wide variety of July activities ranging from health and wellness to nature and community.

## Name That Tune

Test your knowledge of music from different decades and earn a prize.

Senior Recreation Center  
July 5, 12, 19, and 26  
11 - 11:20 AM  
Ages: 55 Yrs +  
Sr Rec Center ID Required

## Taste Test Tuesday

Name brand or generic? Cast your vote in a blind taste study of top brand foods in the test kitchen.

Senior Recreation Center  
July 11, 18, and 25  
10:30 - 11:15 AM  
Ages: 55 Yrs +  
Sr Rec Center ID Required

## Craft Studio

Let your creativity flow while creating one-of-a-kind crafts.

Senior Recreation Center  
July 3, 10, 17, 24, and 31  
11 AM - 12 PM  
Ages: 55 Yrs +  
Sr Rec Center ID Required

## Lawn Games

Grab your friends and head to the lawn for a friendly game inspired by the Victorian era. All equipment available for check-out inside the Welcome Center.

Brown House  
July 5 - 8 - Croquet  
July 11 - 15 - Croquet  
July 18 - 22 - Badminton  
July 25 - 29 - Badminton  
10 AM - 5 PM  
Ages: 3 Yrs +

## Crafty Tuesdays and Thursdays

Spark ingenuity and create new crafts each Tuesday and Thursday. Crafts ongoing, come and go.

Wylie Recreation Center  
July 6, 11, 13, 18, 20, 25, and 27  
11 AM - 5 PM  
Ages: 7 Yrs +  
Rec Pass Required



## Frozen Fridays

Enjoy a frozen treat every Friday.

Senior Recreation Center  
July 7, 14, 21, and 28  
12 - 1:30 PM  
or until we run out  
Ages: 55 Yrs +  
Sr Rec Center ID Required

## Grand Gardeners

Thyme to turnip the beet. Discover gardening essentials and proper plant upkeep from gardening enthusiasts and experts. Take home a new seedling or plant.

Wylie Recreation Center  
July 10 and 24  
12 - 2 PM  
Ages: 7 Yrs +  
Rec Pass Required

## Plant Talk with Parks

Gain valuable plant tips and tricks from Parks staff.

Senior Recreation Center  
July 21  
1 - 2 PM  
Ages: 55 Yrs +  
Sr Rec Center ID Required

## Workout Wednesdays

Power into health with a new fitness challenge each Wednesday.

Wylie Recreation Center  
Senior Recreation Center  
July 5, 12, 19, and 26  
Ages: 12 Yrs +  
Rec Pass Required

## Healthy Beverage Thursdays

Quench your thirst with healthy shake and drink recipes every Thursday in July.

Senior Recreation Center  
July 6, 13, 20, and 27  
11 AM - 1 PM  
Ages: 55 Yrs +  
Sr Rec Center ID Required

## Gym Games

Recreate with friends and discover a variety of fun and entertaining sports, games, and activities.

Wylie Recreation Center  
July 12, 19, and 26  
3 - 5 PM  
Ages: 7 - 14  
Rec Pass Required

## Blacklight Group Fitness

Get fit and glow during a special blacklight-themed fitness week. Join Boot Camp, Zumba, and Gentle Flow Yoga classes for a fun glow-in-the-dark twist. White and neon-colored clothing recommended.

Wylie Recreation Center  
July 15 - 20  
Ages: 13 Yrs +  
Registration Required

## Super Smash Tournament

Join the battle. Choose your character, compete in the Nintendo Switch tournament, and be the last one standing. Winner receives a prize.

Wylie Recreation Center  
July 11  
5 - 6:30 PM  
Ages: 7 Yrs +  
Rec Pass Required

## Glow-In-The-Dark Virtual Group Fitness

Get your sweat and glow on! Stream your favorite workouts while glowing under the blacklights. White and neon-colored clothing recommended.

Wylie Recreation Center  
July 15 - 20  
Ages: 13 Yrs +  
Rec Pass Required

## Parks and Recreation Bingo

Discover something new about Wylie recreation facilities, have fun, and fill out a bingo card to win a prize. Bingo cards can be picked up at each facility's front desk. Park bingo cards are available at all facilities.

July 1 - 31

## Freezer Monday

Treat yo' self to some ice cream.

Wylie Recreation Center  
July 3, 10, 17, 24, and 31  
2 - 3 PM or until we run out

## Esports Tournament

Face off. Choose your sport and compete in the Nintendo Switch tournament. Be the last one standing. Winner receives a prize.

Wylie Recreation Center  
July 25  
5 PM - 6:30 PM  
Ages: 7 Yrs +  
Rec Pass Required

# SOCIAL MEDIA



#WhereCommunityGrows  
#ParkandRecMonth23

## Backyard with Parks

Parks staff share tips and tricks on how to keep your lawn and plants happy and healthy throughout the Texas summer.

July 3, 10, 17, 24, and 31

## What's Up Rec?

Stay trendy. Don't miss Wylie Parks and Recreation's take on the most recent fun, kooky, and popular viral videos.

July 5, 12, 19, and 26

## Wylie Rec Kids

Tune in to our Facebook and Instagram and see how Wylie Recreation is making a difference in our summer campers' lives.

July 11, 18, and 25

## Our Great Parks Make A Mark

Did you know that Wylie has 40 parks? Discover new parks and get out and grab a breath of fresh air. Wylie Parks featured every Friday in July.

July 7, 14, 21, and 28

## Movie Trivia Challenge

Test your Hollywood film knowledge. Answer movie questions and guess the correct motion picture scene on our Facebook and Instagram page. Contest starts at 12 PM each day. First correct answer receives a prize.

July 6, 13, 20, and 27



# SPECIAL EVENTS



## Blacklight Pickleball

Age: 16 Yrs +

July 21

8 - 9 PM

\$9 / \$5 Rec Pass Holder



## Nerf Wars

Ages: 4 - 14 Yrs +

July 14

5:15 - 7 PM

\$9 / \$5 Rec Pass Holder



## Art Your Walls

Ages: 6 Yrs +

July 29

6 - 8 PM

\$19

# WYLIE RECREATION CENTER



## Crafty Tu / Th

Ages: 7 Yrs +  
July 6, 11, 13, 18,  
20, 25, and 27  
11 AM - 5 PM

Rec Pass  
Required



## Gym Games

Ages: 7 - 14 Yrs +  
July 12, 19, and 26  
3 - 5 PM

Rec Pass  
Required



## Grand Gardeners

Ages: 7 Yrs +  
July 10 and 24  
11 AM - 5 PM

Rec Pass  
Required



## Workout Wednesday

Ages: 12 Yrs +  
July 5, 12, 19,  
and 26

Rec Pass  
Required



# WYLIE RECREATION CENTER



## **Blacklight Group Fitness and Glow-In-The-Dark Virtual Group Fitness**

Ages: 13 Yrs +  
July 15 - 20



## **Freezer Mondays**

July 3, 10, 17, 24, and 31  
2 - 3 PM (or until we run  
out)



## **ESports and Super Smash Tournament**

Ages: 7 Yrs +  
July 11 and 25  
5 - 6:30 PM

# SENIOR RECREATION CENTER



## Workout Wednesday

Age: 55 Yrs +  
July 5, 12, 19,  
and 26

Sr Rec Drop In ID  
Required



## Frozen Fridays

Age: 55 Yrs +  
July 7, 14, 21,  
and 28

Sr Rec Drop In ID  
Required



## Taste Test Tuesday

Age: 55 Yrs +  
July 11, 18, and 25

Sr Rec Drop In ID  
Required



## Healthy Beverage Thursday

Age: 55 Yrs +  
July 6, 13, 20,  
and 27

Sr Rec Drop In ID  
Required



# SENIOR RECREATION CENTER



## Craft Studio

Ages: 55 Yrs +

July 3, 10, 17, 24, and 31

11 AM - 12 PM

Sr Rec Center ID Required



## Name that Tune

Ages: 55 Yrs +

July 5, 12, 19, and 26

11 - 11:20 AM

Sr Rec Center ID Required



## Plant Talk with Parks

Ages: 55 Yrs +

July 21

1 - 2 PM

Sr Rec Center ID Required

# WELCOME CENTER AT BROWN HOUSE





# BINGO

NATIONAL PARKS AND REC MONTH

**B I N G O**

<b>FREE SPACE</b>	Kick back on the front porch.	Wander through the exhibit	Whisper a wish in the well	<b>FREE SPACE</b>
Snap a selfie with the historical marker	<b>FREE SPACE</b>	Play an outdoor lawn game	<b>FREE SPACE</b>	Let's be friends! Follow us on Facebook or Instagram
Visit the Birmingham statue	Leave us a review	<b>FREE SPACE</b>	Take a tour with a staff member	Browse the Activity Menu
Browse the Wylie history book	<b>FREE SPACE</b>	Grab tourism brochures for your next vacation	<b>FREE SPACE</b>	Visit Wylie Parks and Rec website
<b>FREE SPACE</b>	Say "hello" to front desk staff	Browse the gift shop	Snap a selfie with the Welcome Center sign	<b>FREE SPACE</b>

Win a prize by completing five spaces in a vertical, horizontal, or diagonal straight line. One straight line wins. Claim your prize at the front desk.\*  
\*While supplies last

NATIONAL PARKS AND REC MONTH

**B I N G O**

Play a round of Disc Golf at Oncor Park	Visit a new Park	Have a Picnic at Olde City Park	Play soccer at Avalon Park	Swing at Founders Park
Join or watch the action at Joel Scott Memorial Park	Play basketball at Community Park	Walk the trail at Sage Creek Park	Take a selfie at any Park and tag @WylieRecreation	Slide at Bozman Park

NATIONAL PARKS AND REC MONTH

**B I N G O**

Take a lap around the track	Conquer the climbing wall	Like 5 posts on Wylie Rec socials	Leave a Google review for the Rec Center	Browse the Activity Menu
Try out pickleball or badminton	Stroll the Municipal Complex Trail	Try out Open Play volleyball	Give a kudos to a fellow Rec friend	Try out a Virtual Group Fitness class
Try out Open Play basketball	Locate the online Activity Menu flipbook	<b>WYLIE Parks and Recreation</b>	Hit the weights	Challenge a friend to a game of foosball
Let's be friends! Follow us on Facebook or Instagram	Try out a Virtual Group Fitness class	Give a kudos to a fellow Rec friend	Say "Hello" to front desk staff	Visit Wylie Parks and Rec website
Visit the Community Garden	Challenge a friend to a game of table tennis	Try a new cardio machine	Take a lap around the track	Connect with a new Rec Center friend

Win a prize by completing five spaces in a vertical, horizontal, or diagonal straight line. One straight line wins. Claim your prize at the front desk.\*  
Children 12 - 16 must be accompanied by an adult with an active membership  
\*While supplies last

NATIONAL PARKS AND REC MONTH

**B I N G O**

Bring a friend to the center	Learn to Line Dance, Tuesdays @ 12:30 pm	Try out Sit and Stretch, Thursdays @ 1:30 pm	Try out the recumbent bike or treadmill	Check out the Rock Garden
Hit the weights	Try out Chair yoga Fridays @ 1 pm	Take a stroll outside	Give a kudos to a fellow Rec friend	Take a snack to a friend
Try out Dance Aerobics Wednesdays @ 1 pm	Start a conga line in the Meeting Room	<b>WYLIE Parks and Recreation</b>	Try out Group exercise, M/W/F, @ 8 or 9:30 am	Try out the row machines
Browse the Activity Menu	Take a cup of coffee to a friend	Say "Hello" to front desk staff	Let's be friends! Follow us on Facebook or Instagram	Walk the trail at Community Park
Play a game of Bingo	Try out Golden Tai Chi, Mondays @ 1 pm	Try out the row machines	Browse the Newsletter	Connect with a new Rec Center friend

Win a prize by completing five spaces in a vertical, horizontal, or diagonal straight line. One straight line wins. Claim your prize at the front desk.\*  
A Sr Rec Drop In ID is required to participate.  
\*While supplies last

# SOCIAL MEDIA



## Movie Trivia Challenge

July 6, 13, 20, and 27



## Our Great Parks Make a Mark

July 7, 14, 21, and 28



## Wylie Rec Kids

July 11, 18, and 25



## Backyard with Parks

July 3, 10, 17, 24, and 31



## What's Up Rec?

July 5, 12, 19, and 26



# QUESTIONS?



## Registration

<https://apm.activecommunities.com/wylie>



## Instagram

@WylieRecreation



## email

Recreation@WylieTexas.gov  
Parks@WylieTexas.gov



## Facebook

Wylie Recreation and City of Wylie, TX



## City of Wylie Website

WylieTexas.gov



## Digital Flip Book

Issuu.com/WylieRecreation

