



## Wilsonville Program Template

**Reporting Period:** October – December 2025

**Report Submitted:** 1/13/25

### 1. Referrals to the Program:

- a. Total number of individuals referred to the program this quarter: **9**
- b. Number of referrals for individuals with co-occurring mental health and substance use concerns: **8**
- c. Number of referrals for individuals with substance use only: **1**
- d. Referrals from Wilsonville Police Department and Clackamas County Sheriff's Office: **3**
- e. Referrals from Wilsonville City staff: **0**
- f. Referrals from Wilsonville Community Sharing or Heart of the City: **1**
- g. Were there any "inappropriate" referrals, why and where were they sent?

We received 5 referrals that were not a good fit for this program. Each individual was supported with warm referrals to other community partners. Three individuals were referred to Folktime, and two individuals were referred to the Peer Company's Clackamas community-based program

### 2. Individuals Served:

- a. Total Unique Individuals Served: **7**
- b. New Individuals Served: **7**

### 3. Demographic Data:

- a. Age
  1. 18-24: **1**
  2. 25-54: **3**
  3. 55+: **3**
- b. Race/Ethnicity
  1. Native American/American Indian/Alaskan Native: **2**
  2. Asian: **0**

3. Black/African-American: **0**
  4. Hispanic, Latino/a/x, or Spanish origin: **0**
  5. Native Hawaiian or other Pacific Islander: **0**
  6. White: **6**
  7. Other Race Not Listed: **0**
  8. Prefer Not to Answer or Unknown: **0**
- c. Gender
1. Women: **5**
  2. Men: **2**
  3. Non-binary: **0**
- d. Housing Status
1. Stably Housed: **2**
  2. Unstable Housing: **1**
  3. Experiencing Houselessness: **4**
- e. Participants who are/were pregnant during service participation: **0**

**4. Resource connection facilitated by type:**

- a. Detox/Withdrawal Management: **1**
- b. Inpatient SUDS Treatment: **0**
- c. Outpatient SUDS Treatment: **1**
- d. Housing: **4**
- e. Employment: **1**
- f. Primary Healthcare: **0**
- g. Mental or Behavioral Healthcare: **0**
- h. Shelter: **3**
- i. Support Groups: **2**
- j. Transportation: **1**
- k. Other: **1**

**5. Harm Reduction**

- a. Number of interactions where harm reduction support was provided: **3**
- b. Number of interactions where naloxone kits were distributed: **0**

## Mid-Services Assessment Results

1. Total assessments completed: **4**
2. What percentage of individuals receiving PSS from your program this quarter felt that their overall wellness (whole health) has improved with PSS? **75%**
3. What percentage of individuals receiving peer support from your program this quarter felt that their quality of life has improved with peer support? **50%**
4. What percentage of individuals receiving PSS from your program this quarter had an increase in natural supports? **75%**
5. What percentage of individuals receiving PSS from your program this quarter felt accepted in their community? **100%**
6. What percentage of individuals receiving PSS from your program this quarter reported they would have returned to a higher level of care if not for PSS? **75%**
7. If individuals DID return to a higher level of care, what sort of higher level of care did they access?
  - Emergency Room (Physical Health, Substance Use/Alcohol)
  - Jail (New Incarceration)
  - Hospitalization (Physical Health, Substance Use/Alcohol)
8. How many families served by your program this quarter were involved with DHS/Child Welfare in some way? **0**
9. How many families served by your program this quarter were involved with Juvenile Justice or Oregon Youth Authority in some way? **0**
10. How many individuals served by your program this quarter were involved with the adult court systems in some way? **1**
11. How many individuals served by your program this quarter were involved with the Mental Health system in some way? **2**

## Qualitative Summary:

We are proud to say this is the first full quarter of data for this contract. During this reporting period we hired and onboarded an experienced Peer Support Specialist Denyell Cruise to help address the growing needs of some of Wilsonville's most vulnerable populations. Denyell was able to make an immediate positive impact, due to excellent planning, communication and collaboration on the part of city staff, elected officials, community partners/providers, and The Peer Company.

During the quarter, the PSS was able to connect with vulnerable individuals in Wilsonville, meeting people where they at, and supporting them in a multitude of environments, including: local food bank(s), local area hospitals, the library, in their homes, at probation appointments, SUD and Mental Health Treatment Centers, and in their unhoused environments.

Aside from the referrals that we received from community partners, I want to highlight that Denyell initiated 5 referrals on her own, by interacting with and supporting people she met with, and out in the community. She continues to support 4 of these individuals as actively engaged people on her current caseload. This self-directed initiative is one of the reasons peer support has been shown to be so effective throughout communities across the country. Creativity, mobility, and flexibility with time are effective components of a peer supports' skillset and scope, which allow them to go to where they are most needed. Denyell has shown a remarkable ability to strike up meaningful conversations with people out in the community. In essence, she goes to where the need is. This initiative has allowed her to build long-lasting, on-going peer-to-peer relationships with people that might have fallen through the cracks, otherwise.

From the lens of a supervisor, I would like to share just one of many interactions that Denyell had this quarter, which exemplify the magic of peer support. During her first week on the job, a gentleman (who is well known to the community) was being very vocal about his needs outside Wilsonville Community Sharing, during a food pantry day. Denyell initiated a conversation with him and was able to deescalate the situation, while also letting him feel like he was being heard. As a result of this interaction, Denyell was able to connect with Heart of the City, that day, and find some of the specific resources he needed. Throughout the quarter, Denyell has built a trusting relationship with him and has been able to support him in getting a phone and free phone plan. She was also able to help him learn and use the transit system and support him in getting reconnected with his probation officer in Oregon City. Denyell and her peer made plans on multiple occasions for him to ride the bus to Oregon City, where she would meet him and then accompany him during his meetings with his probation officer. They would plan about these meetings ahead of time on how they should go and how to react to disappointing news. In some instances, Denyell was able to act as a conduit from the probation officer to her peer, and vice versa, which greatly helped smooth out communication issues that had previously damaged this relationship.

I feel this story encompasses the mission, vision and values of person-centered support and the impact that peer delivered services can have when you meet people where they at on their recovery journeys.

#### **Success Stories:**

**I have been supporting a peer who has been going through a lot of loss and big life changes. Over time, we focused on building trust and checking in about what she wanted support around. One day when we were supposed to spend time together, the peer shared that she wasn't feeling well and wanted help. I stayed with her and supported her in getting medical care. While we were together, she opened up about her life, what has been weighing on her, and what she hopes can be different moving forward. The peer shared that she wants things to change and that she's ready to ask for help. At her request I supported her in reaching out for next steps and stayed alongside her through that process, offering encouragement and**

reassurance. She chose to enter a program for additional support and continues to stay engaged while exploring what comes next. It has been powerful to witness her honesty, courage, and willingness to take steps toward the life she wants.— Denyell Cruise, Peer Wellness Specialist

I have been supporting a peer who is currently houseless in Wilsonville. He and I worked together to access SHS (supportive housing funds) to access a motel voucher so he can have somewhere warm and dry to stay. While there, this peer actively applied for jobs and is now working daily through a temp agency. Together we have accessed various resources in the city of Wilsonville to help this peer meet his needs. We are still working on gaining long-term housing. Just a caveat: We have been working together for a short time as the Wilsonville contract is pretty new, and this peer has accomplished so much in a short amount of time.” – Denyell Cruise, PWS