

Applicant Information

Project Title

Inner Peace/Outer Peace Project

Applicant Name

Dana Brenner

Registered Tax Exempt Number (if applicable)

n/a

Contact (Name)

Dana Brenner

Title

Project Leader

Project Duration: Start Date

1/26

Estimated Completion Date

6/26

Project Budget

Total Project Budget

\$ 20,420.00

Applicant Cash Match (a)

\$ 0.00

In-Kind Resources (b)

\$ 15,420.00

Total Applicant Match (a+b)

\$ 15,420.00

Grant Request

\$ 5,000.00

Project Narrative Questions

Provide a project description

We propose to host two “Community Conferences” in our city (in February and June of 2026), each designed to advance the shared goals of peace, well-being, and community connection. Peace of Mind & Body, the second Peace in Community & Practice. The first conference will focus on Inner Peace, supporting individual growth and resilience. The second will focus on Outer Peace, fostering connection, understanding, and collaboration across our community. Together, these events directly align with the Rotary Club’s commitment to peace, our city’s designation as an International City of Peace, and the values of our partners Wilsonville Pride and the Wilsonville Alliance for Inclusive Community (WAIC). Both conferences will be accessible to all, with registration offered at low or no cost, ensuring inclusivity and broad participation. Our objectives are fourfold:

1. Strengthen Community and Personal Well-Being – We aim to bring people together in ways that encourage personal development, community engagement, and a culture of diversity, equity, and inclusion.
2. Highlight Local Resources – The events will showcase local businesses and nonprofits that support individual and collective well-being, giving them meaningful exposure while connecting participants to valuable community resources.
3. Foster a Culture of Unity and Resilience – By creating space for dialogue and shared experiences, the conferences will build understanding across differences, nurture alliances, and enhance safety and trust in our community.
4. Provide Practical Tools for Peace – Participants will leave with skills, practices, and resources they can use to cultivate both inner and outer peace in their daily lives.

Each conference will include several interwoven elements to engage participants on multiple levels:

- Keynote Presentation by an inspirational speaker to set the tone and energize the gathering.
- Food and Social Component to foster informal connection and community bonding.
- Resource Fair featuring local organizations and businesses that support wellness, inclusion, and peacebuilding.
- Workshops, Dialogue Circles, and Practice Sessions offering hands-on learning, skills training, and meaningful conversation.

Together, these elements will provide participants with both inspiration and practical tools. Attendees will gain a deeper sense of connection to themselves and to others, while also becoming aware of the wealth of resources available within our community.

The impact of the conferences will extend well beyond the events themselves. By equipping individuals with strategies for inner resilience and outer collaboration, we aim to plant seeds of peace that ripple into workplaces, families, neighborhoods, and civic spaces. These gatherings will strengthen the social fabric of our city by encouraging new relationships, amplifying local voices, and cultivating a culture that values safety, inclusion, and collective well-being.

With the partnership and support of the Rotary Club, Wilsonville Pride, and WAIC, the Community Conferences on Inner and Outer Peace will provide a practical, meaningful, and accessible way for people in our city to live out the ideals of peace. We believe that when individuals are supported in cultivating inner peace, they are better equipped to contribute to outer peace. By creating opportunities for both, these conferences will leave a lasting legacy of unity, resilience, and hope.

How does your project promote education, diversity, arts, civic engagement and/or provide entertainment and strengthen the community?

Project Impact

The Community Conferences on Inner Peace and Outer Peace are designed to educate, engage, and unite people across our city. By combining inspiration, skill-building, and dialogue, these events will promote education, diversity, civic engagement, and community resilience in meaningful and lasting ways. Education Each conference will provide participants with access to knowledge, tools, and resources that can be applied in daily life. Keynote presentations, workshops, and practice sessions will cover topics such as mindfulness, conflict resolution, emotional intelligence, and collaborative problem-solving. These offerings are practical, interactive, and designed to equip individuals with concrete skills that support both personal well-being and collective harmony. Additionally, the resource fair will connect attendees to local organizations and businesses, extending learning opportunities beyond the event itself.

Diversity

Inclusivity is central to the design of these conferences. With the support of the Rotary Club, Wilsonville Pride, and the Wilsonville Alliance for Inclusive Community (WAIC), the events will intentionally uplift diverse voices and perspectives. Programming will celebrate the richness of differences—cultural, racial, generational, gender, and beyond—while creating space for dialogue that builds empathy and understanding. By ensuring that the conferences are low-cost or free, barriers to participation are minimized, making it possible for people from all walks of life to attend and contribute.

Civic Engagement

These conferences invite residents to step into deeper connection with their community. Attendees will engage with local nonprofits, businesses, and civic leaders who are working to advance well-being, equity, and safety. Dialogue circles and collaborative workshops will encourage active participation, giving community members a voice in shaping the culture of our city. By fostering this kind of engagement, the conferences help individuals see themselves as contributors to the civic good and as agents of positive change in their neighborhoods and networks.

Strengthening the Community

The combined effect of education, diversity, and civic engagement is a stronger, more resilient community. These conferences will nurture trust, collaboration, and mutual respect, helping to build bridges across differences. By creating opportunities for residents to meet, share stories, and learn together, the events foster a sense of belonging and collective purpose. The partnerships with Rotary, Wilsonville Pride, and WAIC underscore a shared commitment to peace and inclusion, demonstrating the power of cross-sector collaboration.

The impact will extend far beyond the conference days themselves. Participants will leave not only with personal skills for inner resilience but also with new relationships, community connections, and a greater awareness of local resources. This creates a ripple effect: individuals who are more centered and connected are better equipped to contribute to a safe, inclusive, and thriving city.

In short, the Community Conferences on Inner and Outer Peace will serve as living demonstrations of how education, diversity, and civic engagement can come together to strengthen the fabric of a community. They are designed to cultivate both the inner capacities and outer relationships that allow peace to flourish—within individuals, across neighborhoods, and throughout the city as a whole.

What are your organization's goals for this project? And, what population are you aiming to serve? (youth, seniors, families, underprivileged, persons with disabilities, etc..) Using measurable amounts whenever possible, consider the question: How will you know that you succeeded in your goals?

Our Goals

The goals of the Community Conferences on Inner Peace and Outer Peace are to: (1) foster individual well-being and resilience through practical tools and learning experiences; (2) strengthen civic engagement and connection by bringing residents together across differences; (3) highlight and support local businesses and nonprofits that promote health, inclusion, and peace; and (4) cultivate a culture of unity, safety, and understanding in our city.

Populations Served

These events are designed to be inclusive and accessible, serving the entire Wilsonville community and surrounding areas. Held at Charbonneau Country Club—where the majority of residents are retired—the conferences will directly engage seniors, a population that often experiences isolation. With the support of Wilsonville Pride, we will intentionally reach LGBTQ community members. We also plan to engage more organizations such as the Wilsonville Muslim Community Center, Community Sharing Food Bank, Heart of the City, and others, ensuring diverse participation and representation. By offering registration at low or no cost, barriers to participation are minimized for people of all ages, income levels, cultural backgrounds, and identities.

Measurable Outcomes

We will measure success using both quantitative and qualitative methods. Our target is to engage 150 participants at each conference. We will track attendance, the diversity of organizations in the resource fair (goal: 20), and workshops offered (goal: 10). Post-event surveys will assess satisfaction, perceived learning, and connection to community resources, with a goal of 85% reporting they gained useful tools and new relationships.

How are you/your organization suited to produce this project/program? Provide the community resources that will be used if applicable (volunteers, local vendors, local contributions, etc.)

Capacity to Produce the Project

I bring more than 25 years of experience as a leadership coach, consultant, facilitator, and public speaker. I am a certified somatic coach with expertise in the mind-body connection, and I have designed and delivered countless workshops and trainings. As Executive Director of the Washington State Association of Head Start and ECEAP, I produced two statewide conferences annually for 400 participants, managed a \$100,000 budget, and oversaw large teams. Since 2005, I have owned and operated a business managing up to 35 contractors at one time, with gross annual revenue reaching \$800,000. Locally, I founded CHARMMS (Charbonneau Meditation, Mindfulness, and Somatics Society) in 2001, and I have produced numerous community events at Charbonneau, successfully soliciting donations and local contributions. I also serve on the board of Wilsonville Pride and am an active Charbonneau resident.

This project is supported by robust community resources. Charbonneau Country Club is providing in-kind support. Rotary Club, Wilsonville Pride, and WAIC will contribute with volunteers, promotion, and project planning and management. Workshops will be led by local practitioners and organizations, including: Soul Stretch Yoga, HearthSounds Sound Healing, Oregon Acupuncture Center, Rhodes Perry (DEI expert and author), and SomaSolidarity. Food vendors such as Mr. Gyro, Gather and Give, Luxe Sucre, and Mod Pizza have a history of donating. Additional partners include local naturopaths, chiropractors, massage therapists from the Oregon School of Massage, and professionals skilled in mediation, communication, facilitation, and de-escalation of conflict. The Chamber of Commerce will also be invited to participate. Collectively, these resources ensure strong community engagement and program success.

Signature and Certification Letter:

I hereby certify that all the facts, figures and representations made in this application, including all attachments, are true and correct. This application is made with the written approval of my board of directors, which is attached to this application.

I agree that all publicity, press releases, publications, materials and /or media advertising produced as a part of this proposed project will acknowledge the Grant Program as follows: "This project is made possible in part by a grant from the City of Wilsonville."

I agree to carry out this project as outlined within this application. Further, I understand that failure to do so will invalidate this agreement and necessitate the immediate return of all Community Opportunity Grant monies to the City of Wilsonville.

Signature

Dana Brenner

Date Signed Fri 9/5/25

I Accept

Yes

Project Budget

This budget provides the detail of the project that the grant funds will be applied to. This should include how the funds from this grant will be spent. Expenses must be explicitly defined. Please include in-kind and cash match.

Income Sources	Amount
In-Kind Resources- all are in-kind values-no cash	
Keynote Speakers -2, 100% in-kind	\$4,500.00
Workshop Presenters & Facilitators (10) -can itemize and name	\$7,500.00
In-kind food donations	\$2,000.00
Building Monitors (volunteer, usually a cost)	\$252.00
Stage and Room set-up	\$318.00
Linens and Décor	\$350.00
Printing, signage, nametags (50% discount offered-UPS Store)	\$500.00
Total Project Income	\$15,420 in kind

Expenses - Must be specifically itemized	Amount
Facility Rental (Charbonneau) for both days	\$2,500.00
Advertising (Villager & Spokesman)	\$1,000.00
Catering (in-kind will not cover all)	\$1,500.00
(Income is donations and in-kind offers needed and committed)	
(Expenses are what cannot be covered with in-kind offers)	
Total Project Expense	\$5,000.00