

To: Common Council

From: Kevin Boehm, Director of Parks, Recreation and Facilities

Date: January 20, 2026

Re: WAFC Fitness Instructor Certifications

At a previous City Council meeting, Council Member Mike Smith requested a list of the professional certifications currently held by fitness instructors at the Whitewater Aquatic and Fitness Center (WAFC). The following is a comprehensive list of certifications represented among our instructional staff.

National Exercise Trainers Association (NETA) Certifications

- Group Exercise Instructor
- Pilates
- Pilates Mat Specialty Certification
- Pilates Reformer
- Indoor Cycling
- Indoor Cycling Specialty
- Advanced Indoor Cycling
- Primary Indoor Cycling
- Ride and Renew
- Martial Fitness Kickboxing
- Healthy Eating Every Day

Zumba Certifications

- Zumba Basic (B1)
- Zumba Pro Skills
- Zumba Gold
- Zumba Toning
- Zumba Step
- Zumba Core
- Zumba Glutes
- Zumba Rhythms
- Zumba Kids
- Zumba Sentão
- Aqua Zumba
- Strong by Zumba



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Yoga & Wellness Certifications

- 200-Hour Wellness & Yoga Training
- DDPY (DDP Yoga) Teacher – Level 1

Aquatics & Specialty Certifications

- Primary Aqua
- Circl Mobility
- Stability Ball Fitness
- Barre Meets Bike
- Ballroom Basics for Balance

Other National Certifications

- NASM (National Academy of Sports Medicine) Group Fitness

These certifications reflect a diverse and well-qualified instructional team, enabling WAFC to offer a broad range of fitness, wellness, aquatic, and specialty programs to meet the needs of our community.

Please let me know if additional detail or clarification is needed.

Respectfully submitted,

Kevin Boehm
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