

AUGUST 2022



THE RIVER VIEW


THE CITY OF
WATERTOWN
Opportunity runs through it.

Watertown Senior & Community Center

514 SOUTH FIRST STREET • WATERTOWN, WISCONSIN 53094 • 920-262-8099

**It's Back!!! Blood Pressure Clinics
Tuesdays in August
@ 9:00-11:00 am**

Health care professionals associated with the Watertown Regional Medical Clinic will be at the center on the above Tuesday Mornings to do blood pressure checks on



**Bookworms Book Club
Monday, August 8 @ 1:00 pm**



Watertown Senior Center is teaming up with the Watertown Public Library for a book club! The book club will meet every second Monday of the month. Each month a new book will be handed out and discussed at the following meeting! August book is "Fahrenheit 451" by Ray Bradbury.

Mayor Meet Up

Tuesday, August 23 @ 10:00 am

Join us for Mayor Meet Up! Meet Watertown's Mayor! Come with your questions and concerns. Please support our Mayor as she takes time out to meet with us!



**50%
OFF**

New Membership Fees
half price beginning July 1!
\$5.00 city residents and
\$7.50 non city residents

2022 Election Days:

August 9

November 8—Bake Sale

*****Not sure where you vote?
Call City Hall at 920-262-4000.*****



**Fall Wii Bowling League Meeting
Tuesday, August 16 @ 10:00 am**



The center is looking for seniors interested in the Fall Wii Bowling League, beginning in early to mid-September. Once participants are registered, we will have an organizational meeting to discuss rules, schedules, and organizing teams. Come and join the league; it is a fun, relax-

**National Senior Citizen Day
Monday, August 22, 2022**

We are celebrating you, our seniors! Below is a list of activities we plan on doing to celebrate you!

Pizza Party-12:15 pm

Cake—12:45 pm

**Entertainment by
A Little Bit of Heaven—1:00 pm**



Please be aware programs are subject to change (COVID, weather, etc.)

Welcome to the Watertown Senior & Community Center

514 South First Street
Watertown, WI 53094
920-262-8099

The center is open Monday through Friday, 8:00 am through 4:30 pm. Anyone age 50 and older may become a member of the Watertown Senior Center.

The 2022 new membership fees: \$5.00 for city residents and \$7.50 for non-city residents. Fees can be paid anytime during regular office hours.

Make Checks Payable to:
City of Watertown

Guests (>50 years old), excluding inactive members, can participate the first time at no charge before they are asked to pay a \$1.00 activity fee or the membership fee.

Senior Center Advisory Board

Phyllis Krahn

Becky Shult

Lori Fort-Hoerig

Teddi Flahive

Beth Beckett

Kim Henze,

Watertown Healthcare Center
Community at Large Member

Member at Large Vacancy,
Community at Large Member

Mayor

Emily McFarland, 920-262-4000

Parks & Recreation Staff

Open, Parks & Rec Director

Andrea Draeger, Senior Center Director/
Office Manager

Kelli DeCoto, Aquatics Manager

Megan Schwefel, Admin Assistant

Rana Jenkins, Office Aide

Dale Tietz, Maintenance Custodian

Jefferson County Benefit Specialist

A Jefferson County Benefit Specialist will be at the center the 1st and 3rd Mondays of the month. Appointments are required. Assistance can be given for Medicare Part D, SeniorCare, Medicare, insurance, and more for those ages 60 and older. Call 920-674-8734 to make an appointment.



Dodge County Benefit Specialist

A Dodge County Benefit Specialist will be at the center on the 4th Monday of the month. Assistance can be given for Medicare Part D, SeniorCare, Medicare, insurance, and more for those ages 60 and older. Call 1-800-924-6407 to make an appointment.

Volunteer Hours

The Volunteer Timesheets have been moved to the Receptionist Desk. Please stop by the desk to enter your hours on the volunteer timesheets.

Blood Drives

August 5—11:00 am—4:00 pm (ARC)

August 11—1:00—6:00 pm (Versiti)

August 30—10:00 am—3:00 pm (ARC)

The blood drives will be held at the center in the lower level Terrace Room. Help others in need with your donation of blood or platelets!

American Red Cross (ARC)—1-800-733-2767 or
online at www.redcross.org

Versiti Blood Center of WI— 1-877-232-4376 or
online at www.versiti.org

Birthday Thursday is Back

The center is offering Birthday Thursday on the first Thursday of your birthday month. Please call the Senior Center Office, 920-262-8099 to reserve your spot in your birthday month. This program is for Senior Center members only.



Members Only Contest!!



Find the apple!! Let us know who you are and on what page you found it. Winner will be announced in next month's newsletter. July winner is Suzy Dobke. Stop by the office to get your prize.

ACTIVITIES TO DO THIS MONTH...

Program Start Times

Please be seated prior to the start times to avoid program delays.

Bridge

Mondays @ 1:00 pm

Bridge continues to be a popular game among the experienced bridge players. It is played at 1:00 pm on Monday afternoons.

Euchre

Mondays @ 1:00 pm

Sundays @ 1:00 pm (Public)

Euchre is played at 1:00 pm. Members wishing to play are encouraged to participate.

Wizard Card Game

Tuesdays @ 1:00 pm

Play the card game Wizard. Whether you are a novice or an expert, everyone is welcome! Want to learn? Come 15 minutes before it starts—easy to learn!!!

500

Wednesdays @ 10:00 am

Come, learn and play 500 at 10:00 am! Whether you are a novice or an expert, everyone is welcome!

4 Handed Sheephead

Wednesday & Fridays @ 1:00 pm

Sheephead is played at the center at 1:00 pm, arrive by 12:45 pm. Members wishing to play are encouraged to attend.

Bingo

Thursdays @ 1:00 pm

Bingo is played at the center in Conley Hall at 1:00 pm. Admittance begins at 12:15 pm. The cost is 50¢ per card not to exceed \$2.00. Non-members (>50) are invited, but pay a \$1.00 activity fee. Please bring \$1 bills.

Hand & Foot Card Game

Thursdays @ 1:00 pm

You are invited to play Hand and Foot at the center! The object is to use up all the cards in your possession and to make 2 red and 3 black books. Hope to see you there!!!

Scrabble

Mondays @ 9:00 am

Come and play Scrabble! "Tile" your competition and see how many triple words you can get! Mondays at 9 am. Bring a friend.

Bunco

Mondays @ 9:45 am

Bunco is a dice game played with 3 dice. Accumulate points by rolling dice for each round. It's a fun game!!!

Water Color Club

Wednesdays @ 1:00 pm

Need a little color in your life? The Water Color Club meets on Wednesdays at 1:00 pm. Come and learn different techniques, exchange ideas, socialize and just enjoy painting.

Beginner's Bridge

Thursdays @ 1:00 pm

If you are a beginner to bridge or need to get the rust off, come and play!

5 Handed Sheephead

2nd & 4th Sundays at 1:00 pm (Public)

5 Handed Sheephead is played at the center at 1:00 pm, arrive by 12:45 pm. Members wishing to play are encouraged to attend.

Wii Bowling

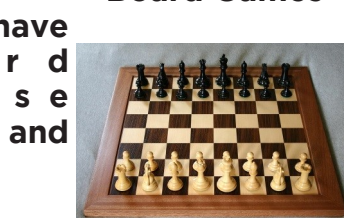
The Wii Game is available for anyone wishing to learn or practice any of the games. Instruction is available. Feel free to come in and practice anytime.

Adult Coloring

Adult coloring books are available! Great for keeping your mind sharp and using your imagination! Feel free to stop in and color anytime, too!!

Board Games

We have
board
chess
spot

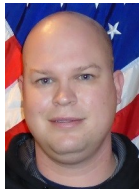


plenty of
games to
from. Find a
play.

MORE ACTIVITIES TO DO...

Fire Safety Presentation

Wednesday, August 17 @ 10:00 am



Deputy Fire Chief Anthony Rautenberg will be at the center to talk about the Fire Dept, what they do, offer, how to prevent fires in the home (cooking, candles, electricity, etc), emergencies, and having an escape plan, vital life forms and more!!

Foot Clinic Is Back!!!

Monday, August 22 @ 9:00 am-1:00 pm

Ann York, RN, will be holding monthly foot clinics here at the Watertown Senior & Community Center. Appointments are **REQUIRED!** Cost is \$30 for a half hour appt. Cash and check only. Call 920-262-8099 to make an appointment.

Dementia Bags

Dodge County Dementia Specialist Program donated several dementia care bags to the center to give to people who are dementia patients and/or caregivers. Bags contain brain activities (coloring, games, etc), brain health information, and other fun items! Limited bags are available. Ask at the front desk.



The Center Is Closed

September 5—Labor Day
November 11—Veteran's Day
November 24-25—Thanksgiving
December 23-26—Christmas

WPD K9 Presentation

Tuesday, September 13 @ 1:00 pm



Watertown Police Officer Luke Hensley and K9 Chance will be at the center to talk about the police departments K9 unit. What do they do? How they work? They will do a demonstration on how the K9 Unit works and how they train.

Upcoming Fundraisers...

Rummage Sale—September 8-10

Bake Sale—November 8



Coffee with a Cop

September 20 @ 10:00 am

Join us for Coffee with a Cop! Meet Assistant Police Chief Ben Olsen! Ask him questions about the Police Department, voice your concerns, learn what they do, and get to know the men and women in blue! This presentation is free and open to the pub-



Need to Beat the Heat?!

The Watertown Senior & Community Center is a cooling location for those wishing to get out of the heat. The center is open Monday-Friday, 8:00 am through 4:30 pm.

Lunch Program Volunteers Needed

Volunteers are needed to help pack for the Jefferson County's Meals on Wheels program and to help serve and clean up for in house dining. Please contact Patti at 920-728-1210 and leave a message with your name and telephone number. Patti will get back to you as soon as possible. There are various times and days available, so we can work around your schedule.

**HELP
WANTED**

Movie Matinees

"All My Life"

Aug. 2 @ 1:00 pm

Inspired by a powerful true love story, follow the journey of engaged couple Jenn Carter and Sol Chau, who make the difficult decision to accelerate their wedding in the wake of a devastating discovery. Movie stars: Jessica Rothe, Harry Shum Jr, Kyle Allen, and Jay Pharoah. Movie is rated: PG-13. Movie runs: 1 hour 33 minutes.

"Blue Hawaii"

Aug. 16 @ 1:00 pm

Chad Gates has just gotten out of the Army, and is happy to be back in Hawaii with his surfboard, his beach buddies and his girlfriend. His father wants him to work for him. Then he decides to work for his girlfriends travel agency. Movie stars: Elvis Presley, Hal Wallace, Angela Lansbury and Joan Blackman. Movie is rated: PG. Movie runs: 1 hour 42 minutes.

"Spencer"

Aug. 30 @ 1:00 pm

The marriage of Princess Diana and Prince Charles has long since grown cold. Though rumors of affairs and a divorce abound, peace is ordained for the Christmas festivities at the Queen's Sandringham Estate. Movie stars: Kirsten Stewart, Timothy Spall, Sean Harris, and Jack Farthing. Movie is rated: R. Movie runs: 1 hour 57 minutes.

The movies are free to members.

There is a \$1.00 activity fee for non-members.

Refreshments will be available. Donations are always welcome!

"Meals on Wheels"

The Jefferson County Meals on Wheels program is based out of the Watertown Senior & Community Center. It is an essential service and is still operating, delivering meals to homebound people in our community. If you would like to see if you

Volunteer Opportunities

With the center resuming normal scheduling, *we are in need of decorators, newsletter delivery, popcorn makers, and program leaders.* If you are interested, please call the Senior Center office at 920-262-8099.



Kwik Trip Gift Cards

The center has \$20 Kwik Trip gift cards available. The cards can be used at any Kwik Trip store for gas or any store item. They make great gifts for any occasion. Support the center and purchase a Kwik Trip gift card in the office or at the recep-

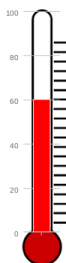


The River View is available online.

Go to our City Website at www.ci.watertown.wi.us and download your copy today!



*What's warm for one,
is not for another!
It is hard to maintain room
temperatures to
please everyone,
so please bring a sweater.*



"Birthday Thursday"

**Happy Birthday to you!
Happy Birthday to you!
Happy Birthday to
everyone born in August!**



The following members have birthdays this month! Reach out and wish them

Peggy Anderson
Kristen Anderson-Heret
Carole Braatz
Lawrence Bundy
Diane Carr
Margaret Carstens
Karen Clutterbuck
Dorothy Degnitz
Juanita Ebert
Doris Friedl
Florence Gordon
Diane Hackbarth
Audrey Hale
Scott Hartung
Sharon Heller
Joanne Hemker
Mark Holl
Lee Holtgrieve
Norman Hurtubise
Patricia Jurkowski
Karen Keeser
Ron Kihlsinger
Sharon Komar
Jeffrey Lewis
Elroy Maasch
Barbara McGray
JoAnn Muehrcke
Teresa Mueller
Bill Mullen
Jane Mundro
Neal Mundt

Janice Neal
Jean Osterhaus
Carol Pagels
Mary Pawlowske
Kristi Rueth
Penny Sampson
Richard Schlatter
Beverly Schmidt
Robert Schmutzler
Katherine Schneidewind
Terry Schultz
Patricia Schutt
Gary Schweitzer
Evelyn Schwoch
Barbara Seamandel
Shawn Stangler
Toni Stephens
Dan Stratman
Joann Teska
Carolyn Thompson
Barbara Timm
Janice Tomhave
Linda Vogt
Katherine Voigt
Thomas VonBoeckmann
John Walker
Phyllis Weeden
Pam Wilke
Mary Withers
Karen Wzorek
Emily Young



Watertown School Supplies & Bingo

In January, we began collecting school supplies for Watertown schools. Please bring supplies to the reception desk at each bingo. These supplies help students unable to get their own supplies.



Wanted:

The center needs your gently used items for our Annual Rummage Sale. You can drop off your items at the center's office *beginning on August 15*, Monday-Friday, 8:00 am-4:30 pm. We will not be able to accept paint, chemicals, large furniture, tv's or bowling balls.

Rummage sale hours will be:

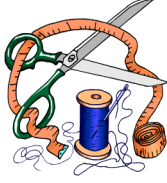
- Thursday, September 8 8:00 am—4:30 pm
- Friday, September 9 8:00 am—4:30 pm
- Saturday, September 10 8:00 am—12:00 noon

All proceeds will benefit the Watertown Senior & Community Center and its pro-



Claire's Creations Mending & Alterations

Do you need some pants hemmed or a zipper fixed? Claire Heine has her own business and has offered to do mending and alterations for our members. She will be at the center on the 2nd and 4th Tuesday of every month from 9-10:45 am. Call 262-8099 for an ap-



Caring Crafters 2nd & 4th

Tuesdays @ 10:00 am

Enjoy knitting, crocheting? Whether you know basic stitches or are an experienced crafter, come and join in the fun. The Caring Crafters group creates a variety of items for a variety of local charities! Bring a friend or make some new ones! You do not need to be a member of the senior center to be a member of Caring



First-Come, First-Served Walking & Fitness Equipment Mondays - Fridays

Walk and exercise at the Watertown Senior & Community Center. No need to worry about the weather as you exercise inside! Tread mill, recumbent bicycle, elliptical machine and spin bike are also available on a first come, first served basis.



Taxi Vouchers

The Watertown Senior Center is able to provide a Taxi Voucher (valued at \$2.75) to seniors, 50 and above, that need a ride to or from the center to participate in programming. The center will split the cost with you! If you can get here, we'll get you home. Please contact the office for more



Tornado Shelter

In the event of a tornado, the following areas are designated tornado shelters:

Main Level

- Health Room (during business hours)
- Service Room (during business hours)
- Interior Bathrooms

Lower Level

- Fitness Center (during business hours)
- Interior Bathrooms



NEW - Open Computers

Laptop computers are now available for use at the center in the Library. They are available on a first come, first serve basis. No print-



NEW Card Game—Wizard Tuesdays @ 1:00 pm

Play the card game Wizard. Learn to bid, trump, Jesters, etc. Whether you are a novice or an expert, everyone is welcome! New to Wizard? Come in 15 minutes beforehand to learn this game!



Protect Wisconsin's Seniors, Report Elder Abuse.

Elder Abuse can be verbal, physical, emotional, sexual or financial. It can also be intentional or unintentional neglect. Unfortunately, Elder Abuse is a growing problem in Wisconsin, negatively impacting the lives of our senior citizens and their families.

If you feel that you are a victim of Elder Abuse or you believe it has been inflicted upon someone you know or love, REPORT IT!

Call the Wisconsin Elder Abuse Hotline

1-833-586-0107

or visit ReportElderAbuseWI.org

RESPECT YOUR ELDERS
REPORT ABUSE

This document was prepared by the Wisconsin Department of Health Services, Office of Adult Protection, U.S. Department of Justice. The agency, funding, and content are not necessarily endorsed or approved by the U.S. Department of Justice.

Need to keep busy? Visit these free websites ...

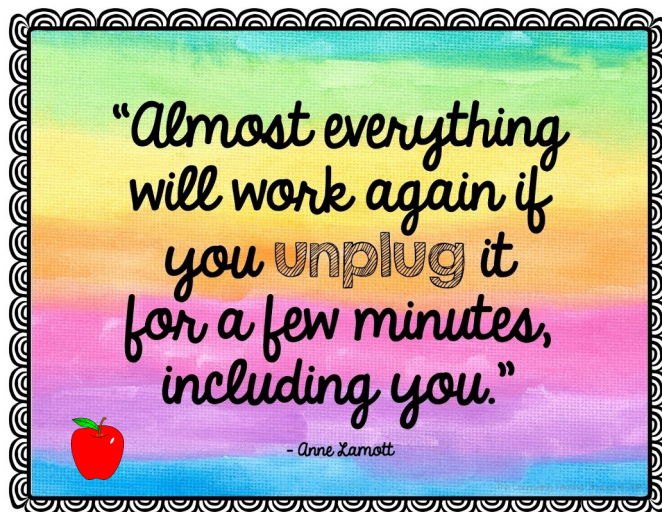
NEW-Jigsaw Puzzles Online
<https://www.jigsawplanet.com>

Puzzles of all kinds available to play all day long!!

NEW-Online Games through AARP
<https://games.aarp.org>

Daily games to sharpen your skills such as MahJongg, Sudoku, Crosswords, Solitaire and more!

Virtual Tours & Other Fun Stuff
<https://www.travelandleisure.com/travel-tips/fun-things-to-do-at-home-during-coronavirus-quarantine>



Breakfast!

E G A S U A S H A M B R U N C H Z
E E A O B G R I T S N I F F U M J
E I L N O L E M U U M C R E P E S
B B O N H A S H B R O W N S T Y Q
R E N D E O M E L E T S T I P I E
E H A O L N L E O O R G U E N G S
A R R N F S T O A F B C H P R P G
K E G U F E C S C A S C A A O R G
F D C T A L T E C I I N P T P E E
A A O E W A R O B U C E A A R R E
S L F O T E N G Q A F T S F E P A
T A F K A M T E K R O T R T U W R
E M E L Y T B E U E R U T R S K I
R R E I R A S I S Y I I Y B F V O
A A A M M O T T D T R S Y L L E J
R M E G N A R O P F H P J U I C E
S T C I D E N E B T R U G O Y X T

Word List:

BREAKFAST	PANCAKES	BACON	HASHBROWNS
POTATOES	HAM	SAUSAGE	BENEDICT
OMELET	BRUNCH	JUICE	ORANGE
FRUIT	PASTRY	OATMEAL	WAFFLE
TOAST	BISCUIT	COFFEE	TEA
CEREAL	CREPES	DONUT	EGGS
FRITTER	GRAPEFRUIT	GRITS	JELLY
SYRUP	MARMALADE	MELON	MILK
QUICHE	YOGURT	GRANOLA	MUFFIN

Financial Assistance

Watertown Family Aid

Call 920-285-3062

Monday In Person 2:00-4:00 pm

Wednesdays By Phone 3:00-5:00 pm

For assistance with food

Salvation Army

Call 920-297-0137

on Tuesdays

from 10:00 am-2:00 pm

Watertown Food Pantry 209 N. 9th Street (new address) **Hours**

Monday—10:00 am—12:00 pm

Tuesday—1:00—3:00 pm

Wednesday—12:00—2:00 pm

Thursday—1:00—3:00 pm & 4:30-6:00 pm

Bread Basket
415 S. 8th Street
Monday—12:00—7:00 pm

Disposing of Drugs

The Watertown Police Department, in cooperation with Watertown Regional Medical Center, has established a permanent drop-off site for unwanted or expired pharmaceutical drugs. The drop-off container is located in the lobby of the Watertown Police Department, 106 Jones Street, Watertown. Public access to the drop off containers is available 24 hours a day. Drugs must remain in the original containers with the name and prescription number crossed off. Participants using the drop box are asked to leave the name of the drug on the container so the pharmaceutical can be disposed of properly.



TRIP PAGE!

Additional trip flyers and reservation forms are available at the Center. Trips are open to the public! You do not have to be a member of the Center to participate!

Autumn in Asheville October 9-15, 2022



Edgy, artsy & inviting, Asheville South Carolina is one of the most welcoming vibrant cities in America.

We'll tour the Museum of Appalachia, Biltmore Estate, Winery, and Gardens; Blue Ridge Opry Dinner Show, Village Potters Clay Center and much more to see and do! Cost is: \$2359/double, \$2889/single. Call Happy Times Tour & Experiences at 1-414-

Great Trains & Grand Canyons October 23-28, 2022

Fly with us to Phoenix! We'll take a coach bus to Sedona for our stay! We'll take a trolley tour of Sedona, including the Chapel of the Holy Cross and Airport Mesa. We'll drive to the amazing Oak Creek Canyon, board the Grand Canyon Railway for a 2-hour train journey that will deliver you to the South Rim of Grand Canyon National Park. Our next stop will be the Montezuma Castle National Monument which contains ruins of a cliff dwelling built in the 12th and 13th centuries by the Sinagua Indians. Visit the old mining town of Jerome and then take a trip on the Wilderness Train. Cost is: \$3020/double, \$3795/single. Call Premier World



National Parks & Canyons of the Southwest

April 30-May 5, 2023

Fly with us to Las Vegas and enjoy the panoramic Las Vegas City Tour! While in Nevada we will see the Hoover Dam and visit the Mob Museum. Next, we'll head to the Grand Canyon for the day. Experience the Grand Canyon Skywalk! Then we'll head to the Bryce Canyon National Park in Utah. See the shades of the horseshoe bowl of fanciful formations. After, we'll travel to Zion National Park and take the tram tour. We'll venture back to Las Vegas for a day before we head home! Call Grand American

Holy Lands & Aegean Majesty (Jerusalem to Rome)

October 6—17, 2023

Fly with us to Jerusalem, Israel! We visit the land of miracles—Galilee, the Jordan River, etc.; Limassol, Cyprus, to explore the ancient riches of Cyprus, see ruins, mountains, etc.; Ephesus, Turkey, to meander through the ancient ruins and marvel at the Library of Celsus; Athens, Greece, tour the Parthenon; Naples/Pompeii, Italy; to explore the ruins of ancient Pompeii or Herculaneum and take a boat trip to the Isle of Capri and so much more!!! Cost varies depending on cabin rental. Call Grand American Tours & Cruises at 1-800-423-0247.



Mark Your Calendars!!

September Bingos: 1:00 pm -
Thursday, Sept 1-Highland Village
Tuesday, Sept 6-Wttn Healthcare
Thursday, Sept 15-Marquardt Village
Thursday, Sept 22
Thursday, Sept 29

Holiday—Center Closed:
September 5—Labor Day
November 11—Veteran's Day
November 24-25-Thanksgiving
December 23-26-Christmas
December 30—New Year's

Hearing Screenings: 10:00—11:00 am
Wednesday, September 7
Wednesday, October 5

WPD K9 Presentation: 1:00 pm
Tuesday, September 13



Coffee with a Cop: 10:00 am
Tuesday, September 20
Tuesday, December 13

Movies—1:00 pm:
Tuesday, Sept. 20 — TBA
Tuesday, Sept. 27 — TBA

Lifeline Screening:
September 24

Blood Drives:
Thurs, Oct. 13—1:00-6:00 pm
Wed, Oct. 26—11:00 am-4:00 pm
Wed, Nov. 2—11:00 am-4:00 pm

Advisory Board Meetings: 9:00 am
Wednesday, October 19
Wednesday, December 21

Daylight Savings:
Sunday, November 6-fall behind 1
hour

Voting:
Tuesday, November 8-Bake Sale

Veteran's Day Party:
Thursday, November 10

Available Resources

Family Aid—920-285-3062 (food assistance)
In Person Mondays 2:00-4:00 pm
Call on Wednesdays 2:00-4:00 pm

Loaves & Fishes
Every non-Holiday Monday 4:15-5:30 pm
Watertown Moravian Church (510 Cole Street)

Bread & Roses
Every non-Holiday Thursday 4:30-6:30 pm
Immanuel Ev. Lutheran Church (209 N. 9th Street)

Bread Basket
Mondays 12:00—7:00 pm
YMCA (415 S. 8th St)

Personal Essentials Pantry
Every non-Holiday Thursday 1-3 pm & 4-6 pm
Immanuel Ev. Lutheran Church (209 N. 9th Street)

Safelink
Safelink Wireless is a government supported program that provides a free cell phone and airtime each month for income eligible customers.
www.safelink.com or 1-800-378-1684

Social Security Office-Waukesha
1-866-220-7885

Watertown Food Pantry
Immanuel Lutheran Church
204 N. 10th Street 920-261-7226

Jefferson County Meals on Wheels
920-728-1210

Dodge County Meals on Wheels
1-800-924-6407

Senior Dining Program
920-728-1210 (call a serving day prior to dining)

Shuttle Service (Out of Watertown Only)
Dodge County Residents: 920-386-3832
Jefferson County Residents: 920-674-8104
C & W Med Rides LLC: 920-397-7624
Matt: 920-285-1853

Salvation Army-920-297-0137
Assists with rent and utilities, etc.
Call on Tuesdays from 10 am-2 pm

Your Friends In Action
Volunteer programs for Seniors includes:
shopping & errands, transportation, and friendly visits.
Call 920-674-4548

Lifeline
Puts you in touch with a Lifeline Monitor who talks to you to find out what kind of help you need.
Call 920-261-7108 for more information.

Home Instead
Caregivers & Companions for the Elderly and Disabled
920-219-9832

Visiting Angels
Up to 24 hour Senior Homecare
920-568-1051

Watertown Transit—TAXI
920-261-RIDE (7433)

CROSSWORD PUZZLE

Answer Page 18

ACROSS

- 1 Mortar ingredient
5 Levy
9 Scratch
12 Fetish
13 Irish chief's residence
14 Presidential nickname
15 Org. or Petroleum Exporting Countries (abbr.)
16 Sioux tribe
17 Celsius (abbr.)
18 Sup
20 Apt
22 Checkmate (abbr.)
25 Sheep's cry
27 Youngster
28 One of the Three Stooges
29 Troubles
31 Clothing
34 Double (abbr.)

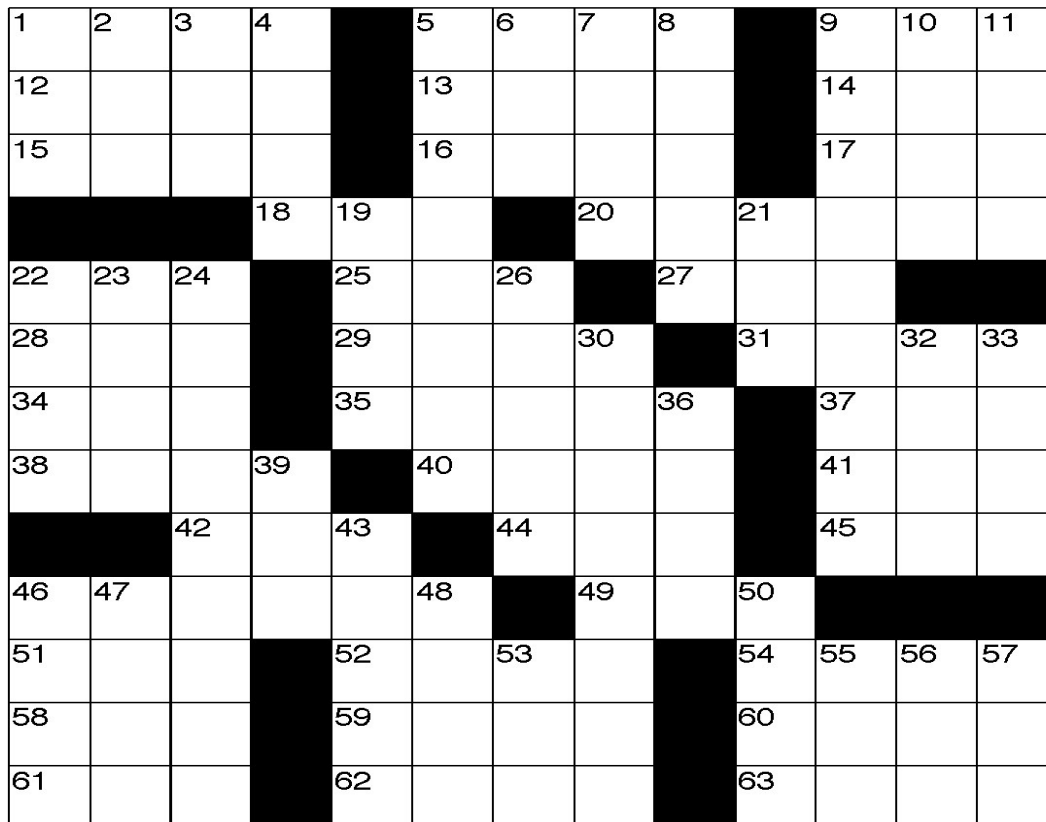
- 35 "Fra Diavolo" composer
37 Nat'l Endowment for the Arts (abbr.)
38 Stringy
40 Yemen capital
41 Anglo-Saxon god of peace
42 Poetic contraction
44 Nat'l Security Agency (abbr.)
45 According to (2 words)
46 Son of Shakespeare
49 Mountain on Crete
51 Jap. apricot
52 Carbon (pref.)
54 Bless
58 Liquor
59 Victim of Cain
60 Galilee town
61 Hymn
62 Whimper
63 "Dies _____"



DOWN

- 1 River rapids
2 Archbishop (abbr.)
3 Never (Ger.)
4 Carplike fish

- 5 Sidewinder
6 Corrode
7 Short takeoff and landing (abbr.)
8 Eastern ruler
9 Alexander's kingdom
10 Brother of Seth
11 Trust
19 Son of Samuel
21 Outfit
22 Commander (abbr.)
23 Tramp
24 Muse of tragedy
26 Brit. saint
30 Wise
32 General (abbr.)
33 Scand. legend
36 Thunderfish
39 Desire
43 Summary
46 Science fiction award
47 Among
48 Forbidden
50 Spore sacs
53 Electric reluctance unit
55 Rhine tributary
56 Feminine (suf.)
57 No (Scot.)



Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.

		9	4					
					5			
1	7			2		6	9	
3		1	9		2		4	5
					1	3	7	
	2							
			3		6			1
4	9							

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DIFFICULTY: ★★☆☆

1

Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.

					5	4		
			2		3		5	6
		8	7	4				
	5							
						7	8	1
	2				7	3		
			6				1	
		4		2		6		3
			1			2		7

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DIFFICULTY: ★☆☆☆

2

Hunger Task Force Stockbox

**Applications and Distribution
at Watertown Senior and Community Center
July 6, 2022
10:00 am – 11:00 am**

**Stockbox
2022 Dates:**
August 3
September 7
October 5
November 2
December 7

Stockbox is still available for pickup
even though the center is closed. New and current participants should
pickup their box by driving directly up to the truck in our parking lot.
There is no need to enter the building.

What is Stockbox?

Stockbox is a free program that provides a box of healthy food every month to *seniors 60 years and older* to help improve their diet and nutrition,

*Monthly income before tax deductions for 1 person in a household is \$1,316

*Monthly income before tax deductions for 2 people in a household is \$1,784

*For each additional person in the household add \$451

The box of the monthly food supplements may include items such as:

- | | | |
|----------------|----------------|----------------------------------|
| -Cheese | -Canned fruits | -Canned vegetables |
| -Juice | -Cereal | -Canned and dry milk |
| -Peanut butter | -Canned meat | -Rice, instant potatoes or pasta |



Applications and distribution will occur monthly
at the center on Wednesdays, of the first full week each month.



Answers

1

Answer to Sudoku

2	3	9	4	6	7	5	1	8
8	4	6	1	9	5	2	3	7
1	7	5	8	2	3	6	9	4
3	6	1	9	7	2	8	4	5
9	5	4	6	8	1	3	7	2
7	2	8	5	3	4	1	6	9
5	8	7	3	4	6	9	2	1
6	1	2	7	5	9	4	8	3
4	9	3	2	1	8	7	5	6

S	A	N	D		C	E	S	S		M	A	R	
O	B	I	A		R	A	T	H		A	B	E	
O	P	E	C		O	T	O	E		C	E	L	
				E	A	T		L	I	K	E	L	Y
C	H	M			B	A	A		K	I	D		
M	O	E			I	L	L	S		T	O	G	S
D	B	L			A	U	B	E	R		N	E	A
R	O	P	Y		S	A	N	A		I	N	G	
			O	E	R		N	S	A		A	L	A
H	A	M	N	E	T		I	D	A				
U	M	E			C	A	R	B		S	A	I	N
G	I	N			A	B	E	L		C	A	N	A
O	D	E			P	U	L	E		I	R	A	E

2

Answer to Sudoku

2	6	3	8	1	5	4	7	9
4	7	1	2	9	3	8	5	6
5	9	8	7	4	6	1	3	2
8	5	7	3	6	1	9	2	4
3	4	6	9	5	2	7	8	1
1	2	9	4	8	7	3	6	5
9	3	2	6	7	4	5	1	8
7	1	4	5	2	8	6	9	3
6	8	5	1	3	9	2	4	7

Breakfast!

E	G	A	S	U	A	S	H	A	M	B	R	U	N	C	H	Z
E	E	A	O	B	G	R	I	T	S	N	I	F	F	U	M	J
E	I	L	N	O	L	E	M	U	U	M	C	R	E	P	E	S
B	B	O	N	H	A	S	H	B	R	O	W	N	S	T	Y	Q
R	E	N	D	E	O	M	E	L	E	T	S	T	I	P	I	E
E	H	A	O	L	N	L	E	O	O	R	G	U	E	N	G	S
A	R	R	N	F	S	T	O	A	F	B	C	H	P	R	P	G
K	E	G	U	F	E	C	S	C	A	S	C	A	A	O	R	G
F	D	C	T	A	L	T	E	C	I	I	N	P	T	P	E	E
A	A	O	E	W	A	R	O	B	U	C	E	A	A	R	R	E
S	L	F	O	T	E	N	G	Q	A	F	T	S	F	E	P	A
T	A	F	K	A	M	T	E	K	R	O	T	R	T	U	W	R
E	M	E	L	Y	T	B	E	U	E	R	U	T	R	S	K	I
R	R	E	I	R	A	S	I	S	Y	I	I	Y	B	F	V	O
A	A	A	M	M	O	T	T	D	T	R	S	Y	L	L	E	J
R	M	E	G	N	A	R	O	P	F	H	P	J	U	I	C	E
S	T	C	I	D	E	N	E	B	T	R	U	G	O	Y	X	T





AUGUST 2022 JEFFERSON COUNTY SENIOR DINING

Menu is subject to change without notice.

***Ixonja & Johnson Creek receive meals M-W-F only.**



MONDAY		TUESDAY*		WEDNESDAY		THURSDAY*		FRIDAY																																																		
1	Glazed Ham Baby Red Potatoes Carrots Red Velvet Cake Fruit Cocktail Sliced Bread	2	Baked Chicken Garlic Mashed Potatoes Three Bean Salad Applesauce Cookie Dinner Roll	3	Pepper Steak Calico Bean Cass. California Blend Vegetables Cinnamon Roll Peach Slices Sliced Bread	4	Baked Spaghetti Italian Blend Vegetables Birthday Cake Petite Banana French Bread	5	Orange Chicken Baked Potato Tossed Salad Tapioca Pudding Apple Slices Sliced Bread																																																	
8	Hawaiian Meatballs Brown Rice Chinese Ramen Salad Tropical Fruit Salad Sugar Cookie Sliced Bread	9	Mushroom Pork Outlet Mashed Potatoes Mixed Vegetables Banana Cake Apricot Halves Dinner Roll	10	Chicken, Broccoli & Rice Casserole Spinach Salad with Raspberry Vinaigrette Honeydew Melon Blonde Brownie Sliced Bread	11	Breaded Fish Fillet German Potato Salad Broccoli Cuts Pear Slices Butterscotch Pudding Onion Rye Roll	12	Smoked Sausage Baked Beans Peas & Pearl Onions Cantaloupe Slice Peanut Butter Cookie Sliced Bread																																																	
15	Roast Pork Loin Mashed Potatoes Carrots Applesauce Cake Peach Slices Sliced Bread	16	Meatloaf Baby Red Potatoes Tossed Salad Chocolate Pudding Apple Slices Dinner Roll	17	Baked Chicken Twice Baked Style Potato Copper Penny Salad Cookie Orange Sliced Bread	18	Beef Tips Baked Potato Corn Fudge Brownie Pear Slices Dinner Roll	19	BBQ Meatballs Red Beans & Rice Broccoli Cuts Petite Banana Cinnamon Roll Sliced Bread																																																	
22	Roast Turkey Mashed Potatoes Baby Carrots Pumpkin Cake Fruited Gelatin Sliced Bread	23	Beef Stew Spinach Salad with Honey French Dressing Honeydew Melon Cookie Cheddar Biscuit	24	Pork Jaegerschnitzel Mashed Potatoes Pickled Beet Salad Apricot Halves Butterscotch Pud. Sliced Bread	25	Bratwurst on a Bun Baked Beans Winter Blend Veg. Applesauce Chocolate Sundae Cup	26	Chicken Breast Mashed Potatoes Green Beans Ambrosia Dessert Petite Banana Sliced Bread																																																	
29	Beef Stroganoff Casserole Broccoli Cuts Chocolatte Cloud Torte Pineapple Tidbits Sliced Bread	30	Salisbury Steak Mashed Potatoes Peas and Carrots Peach Slices Cookie Dinner Roll	31	Chicken Cacciatore Baked Potato California Blend Vegetables Apple Slices Frosted Cake Sliced Bread	<table><tr><th colspan="7">SEPTEMBER 2022</th></tr><tr><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th><th>S</th></tr><tr><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td></tr><tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr><tr><td>12</td><td>12</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr><tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr><tr><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td></tr></table>			SEPTEMBER 2022							M	T	W	Th	F	S	S				1	2	3	4	5	6	7	8	9	10	11	12	12	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30			
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Activity Calendar

August 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 9:00 Scrabble 9:45 Bunco 10:00 Jeff Cty Benefit Specialist 1:00 Bridge 1:00 Euchre	2 9:00 Blood Pressure 10:30 Parkinson's Exercise 1:00 Movie: "All My Life" 1:00 Wizard	3 10:00 500 10:00 Hearing Screenings 10:00 HT-Stockbox 1:00 4 Handed Sheepshead 1:00 Watercolor	4 1:00 Begin Bridge 1:00 Bingo-Highland Village 1:00 Hand & Foot 7:00 Public Euchre	5 11:00 Blood Drive 1:00 Sheepshead 
7 1:00 Public Euchre	8 9:00 Scrabble 9:45 Bunco 1:00 Book Club 1:00 Bridge 1:00 Euchre 	9 7:00 Voting 9:00 Blood Pressure 9:00 Claire's Mending 9:30 Caring Crafters 10:30 Parkinson's Exercise 1:00 Wizard	10 10:00 500 1:00 4 Handed Sheepshead 1:00 Watercolor	11 1:00 Begin Bridge 1:00 Bingo-The View 1:00 Blood Drive 1:00 Hand & Foot 7:00 Public Euchre 	12 1:00 Sheepshead
14 1:00 Public Euchre 1:00 Public Sheepshead 	15 9:00 Scrabble 9:45 Bunco 10:00 Jeff Cty Benefit Specialist 1:00 Bridge 1:00 Euchre	16 9:00 Blood Pressure 10:30 Parkinson's Exercise 1:00 Movie - "Blue Hawaii" 1:00 Wizard 5:00 Meal of Hope	17 9:00 Adv. Bd Mtg 10:00 500 10:00 Fire Safety 1:00 4 Handed Sheepshead 1:00 Watercolor	18 1:00 Begin Bridge 1:00 Bingo- Marquardt Village 1:00 Hand & Foot 7:00 Public Euchre	19 1:00 Sheepshead 
21 1:00 Public Euchre 	22 9:00 Foot Clinic 9:00 Scrabble 9:45 Bunco 10:00 Dodge Cty Benefit Specialist 12:15 Senior Citizen Day 1:00 Bridge 1:00 Euchre	23 9:00 Blood Pressure 9:00 Claire's Mending 9:30 Caring Crafters 10:00 Mayor MeetUp 10:30 Parkinson's Exercise 1:00 Wizard	24 10:00 500 1:00 4 Handed Sheepshead 1:00 Watercolor 	25 1:00 Begin Bridge 1:00 Bingo 1:00 Hand & Foot 7:00 Public Euchre	26 1:00 Sheepshead
28 1:00 Public Euchre 1:00 Public Sheepshead	29 9:00 Scrabble 9:45 Bunco 10:00 Jeff Cty Benefit Specialist 1:00 Bridge 1:00 Euchre	30 9:00 Blood Pressure 10:00 Blood Drive 10:30 Parkinson's Exercise 1:00 Movie: "Spencer" 1:00 Wizard 	