

Spring Programming Dates: April 21st – June 14th

Monday:

- Clark Park
 - Bitty Soccer Program (4:30p-5:00p)
 - Boys and girls will learn basic skills of dribbling, shooting, passing, trapping and goalkeeping. Our goal for this program is to introduce sports in a fun way that also teaches basic fundamentals. Ages 3-6.
 - Flag Football Practice (5:00p-7:00p)
 - These leagues are all about learning and growing. Building a solid foundation in a supportive environment is the focus, and all games are played with heavily modified rules designed to support the success of players as they learn about being a part of a team and get a solid grasp of the fundamental skills.

Tuesday:

- Deer Trail Park
 - Track & Field Program (5:00p-6:00p)
 - A co-ed sports program for boys and girls ages 6-13 years old. This program is designed to teach the basics of correct running techniques in a team environment. Practice together as a team and compete against teams from other Ys in our end of season meets!
 - Flag Football Practice (5:00p-7:00p)
 - These leagues are all about learning and growing. Building a solid foundation in a supportive environment is the focus, and all games are played with heavily modified rules designed to support the success of players as they learn about being a part of a team and get a solid grasp of the fundamental skills.

Wednesday:

- Deer Trail Park
 - Flag Football Practice (5:00p-7:00p)
 - These leagues are all about learning and growing. Building a solid foundation in a supportive environment is the focus, and all games are played with heavily modified rules designed to support the success of players as they learn about being a part of a team and get a solid grasp of the fundamental skills.

Watertown YMCA Programs Link: <https://www.glcymca.org/programs/>

If you have any additional questions regarding our programs, please don't hesitate to reach out! Thanks!