



TOWN COUNCIL REGULAR MEETING

21 Main Street

Tuesday, June 10, 2025 at 9:00 AM

MINUTES

AN OPEN MEETING OF THE TOWN COUNCIL OF THE TOWN OF WARRENTON, VIRGINIA, WAS HELD ON JUNE 10th, 2025, AT 9:00 AM

Work Session

PRESENT

Mr. Roy Francis; Mr. William Semple; Mr. Larry Kovalik; Ms. Michele O'Halloran; Mr. Eric Gagnon; Mr. Paul Mooney, Mr. David McGuire; Mr. Frank Cassidy, Town Manager; Mr. Stephen Clough, Town Clerk; Mr. Martin Crim, Town Attorney; Mr. Chap Petersen Town Attorney.

ABSENT

Mr. Carter Nevill, Mayor.

Regular Meeting

PRESENT

Mr. Roy Francis; Mr. William Semple; Mr. Larry Kovalik; Ms. Michele O'Halloran; Mr. Eric Gagnon; Mr. Paul Mooney, Mr. David McGuire; Mr. Frank Cassidy, Town Manager; Mr. Stephen Clough, Town Clerk; Mr. Martin Crim, Town Attorney; Mr. Chap Petersen Town Attorney.

ABSENT

Mr. Carter Nevill, Mayor

I. WORKSESSION - 9:00 AM

Vice Mayor Semple called the meeting to order and stated that a quorum was present. He noted that Mayor Nevill was absent for medical reasons and stated that he would be running both the work session and the evening meeting. He wished Mayor Nevill well and stated that the Council's work session rules would be more relaxed than a regular meeting, though he hoped Council could proceed efficiently through the number of important topics on the agenda. Mr. Paul Mooney was absent at the beginning of the meeting and joined the meeting later during the budget discussion.

A. Planning Commission Update

Ms. Denise Harris, Planning Manager, provided the Planning Commission update. She stated that the Planning Commission held a public hearing on the Town Council-initiated zoning text amendment to remove data centers from the zoning ordinance as a permissible use in the Industrial District. She stated that Town Council would hold a work session on the matter that morning and that the item was scheduled for a public hearing the following month. Ms. Harris stated that the Planning Commission voted 4-1 to recommend approval of the text amendment as drafted. She also stated that the Planning Commission updated its bylaws after several months of work to bring them into conformance with state code. Ms.

Harris noted that draft meeting minutes were included in Council's packet and that the video of the Planning Commission meeting was available for anyone wanting a deeper review. No questions were raised by Council.

B. Zoning Ordinance Text Amendment - ZOTA-25-1 – A Text Amendment to Remove Data Centers as a Permissible Use within the Industrial District. On March 22, 2025, Town Council adopted a Resolution to initiate a text amendment to Articles 3, 9, and 12 of the Town of Warrenton Zoning Ordinance. This text amendment is for the purpose of removing Data Centers as a Permissible Use within the Industrial District, and therefore make Data Centers an impermissible Use within the Town of Warrenton. On May 20, 2025, the Planning Commission voted to recommend approval of the text amendment 4 - 1.

Ms. Heather Jenkins presented the zoning ordinance text amendment. She stated that the item was returning to Council following Council's initiation of the amendment in March. She explained that the proposed amendment would essentially return the zoning ordinance to its status prior to the 2021 data center amendment. She stated that the amendment would remove data centers as a permissible use from Article 3, remove related additional standards from Article 9, and remove the definition of data center from Article 12.

Ms. Jenkins stated that, based on questions raised by the Planning Commission during its work session regarding data centers and their potential impacts on communities, the JLARC report on data centers in Virginia was included as an attachment to Council's agenda for review.

Vice Mayor Semple asked whether the language initiating the amendment conformed to the Virginia Code. Ms. Jenkins stated that she would defer to the Town Attorney, but noted that the initiation language had been reviewed by the Town Attorney at the time.

Mr. Chap Petersen, Town Attorney, stated that he did not know the answer at that moment.

Councilman Gagnon asked whether there were any current applications under review for a data center use.

Ms. Jenkins stated that there were no applications currently under review for a data center, but noted that the Amazon data center had previously received approval for a special use permit and site plan and that those approvals were currently under litigation. She deferred any questions about the litigation status to the Town Attorney.

Mr. Petersen stated that any application previously voted on and approved would involve vested rights held by the landowner and developer and would be litigated separately. He clarified that the proposed ordinance change would be prospective and would apply to future applications.

C. Budget Work Session For Fiscal Year 2026

Ms. Brooke Campbell, Budget Manager, provided an update on the Fiscal Year 2026 proposed budget. She stated that the work session was being held with budget adoption and the public hearing scheduled for the evening meeting. She reviewed the budget cycle, noting that Council began with preliminary budget work sessions in February and March, that the proposed budget was delivered to Council on April 1, that Council held a proposed budget work session on April 8, and that Council held a special meeting on April 21 with the Town's financial advisors in attendance. She stated that, pursuant to Town Code, the calendar year 2025 tax rates were adopted at the May Council meeting, with Council adopting a real estate tax rate of 5.5 cents per \$100 of assessed value. She noted that because the tax rate had already been adopted, changes made to the budget at that stage would not affect residents' tax bills.

Ms. Campbell reviewed the results of the May 29 budget work session. She stated that the May 29 meeting resulted in savings of \$656,127 across all funds. She stated that the savings included \$140,115 in cuts to outside agencies, \$46,000 in updated legal fee projections based on current year spending, \$12,417 in updated insurance projections based on the bill received from the Town's insurance provider, and professional services reductions in Community Development, the Police Department, the Aquatic Center, Public Works, the Town Council retreat, the Planning Commission, and the Architectural Review Board. She stated that the savings also included deferring the Eva Walker Park project for \$230,000 in savings, removing one Police Department motorcycle for \$38,259 in savings, and reducing the water play structure replacement by \$75,000.

Ms. Campbell stated that budget adoption would include the adoption of the Fiscal Year 2026 operating and capital budget as adjusted by Council, water and sewer rates, updated WARF and special event fees, personal property tax relief, BPOL/business license tax with no proposed change, and an update to the budget and expenditure control policy to allow the Town Manager to accept donations or sponsorships.

Councilwoman O'Halloran asked whether the \$50,000 reduction in Public Works was for outside contractors for snowplowing, including subdivisions.

Ms. Campbell confirmed that the reduction was to the budget for contracting with outside contractors for items such as snowplowing.

Councilwoman O'Halloran also asked whether memberships or subscriptions to the Virginia Municipal League and the Fauquier Chamber of Commerce were included in the budget.

Mr. Frank Cassidy, Town Manager, stated that the issue had fallen through the cracks and that staff needed direction from Council. He stated that the Virginia Municipal League membership supports annual conferences, small towns conferences, and training for elected officials and staff, and that the Chamber of Commerce membership had not yet been renewed pending Council direction. He stated that VML was approximately \$8,100 and the Chamber was approximately \$1,300 annually, though late fees could apply.

Ms. Campbell stated that the proposed budget included membership with the Virginia Municipal League and the Virginia Institute of Government, but did not currently include the Fauquier Chamber of Commerce or the National League of Cities.

Councilwoman O'Halloran stated that she believed the Town should support the Chamber because of its role in promoting small business and bringing people and businesses into the Town.

Vice Mayor Semple stated that he supported both memberships.

Councilman McGuire requested a slide or breakdown showing the dollar amounts and memberships included.

Councilman Francis stated that he also supported belonging to the Fauquier Chamber of Commerce and noted that the previous year's amount appeared to be \$1,125, though Ms. Campbell stated she would verify the current dues amount.

Councilman McGuire stated that Council had done good work on the budget but should continue going through the budget line by line to make more cuts. He stated that Council owed that due diligence to the Town and its citizens.

Vice Mayor Semple stated that Council had been reviewing the budget since February and suggested that Council work from a particular proposed scenario rather than returning to a line-by-line review of the entire budget.

Councilwoman O'Halloran stated that Scenario 9 already reflected substantial cuts totaling approximately \$656,000 and that she did not believe Council needed to continue going line by line.

Councilman McGuire made a motion to continue working line by line through the budget to identify additional savings.

Vice Mayor Semple offered an amendment to instead begin with Scenario 9 as the starting point for further discussion. The amendment was seconded by Councilmen Kovalik.

The vote on the amendment was as follows:

Ayes: Mr. Roy Francis; Mr. William Semple, Vice Mayor; Mr. Larry Kovalik; Ms. Michele O'Halloran; Mr. Eric Gagnon.

Nays: Mr. David McGuire.

Absent: Mr. Paul Mooney

Councilman Gagnon stated that Scenario 9 should be the starting point, but that Council should still have the ability to discuss additional savings or issues. The amendment passed, with Councilman McGuire voting in opposition.

Ms. Campbell reviewed Scenario 9. She stated that Scenario 9 incorporated the discussions from the May 29 special meeting, including the outside agency cuts, legal fee update, insurance update, professional services reductions, and capital reductions. She stated that the capital

reductions included deferring the Eva Walker Park project, removing one Police Department motorcycle, and reducing the water play structure budget by \$75,000.

Councilman Gagnon raised the Warrenton Volunteer Fire Department funding included in Scenario 9. He stated that Council had previously discussed making disbursement of the \$130,000 appropriation contingent upon receiving complete accounting information, consistent with questions raised in Vice Mayor Semple's May 27 email analysis.

Councilman Gagnon asked whether a formal motion or amendment was needed to make that condition effective.

Mr. Petersen stated that if Council wanted to amend the budget resolution, the amendment would need to be articulated in the resolution.

Councilman McGuire proposed an amendment to the budget to make the Fire Department funding contingent upon receipt of audit details and satisfaction of the requested information.

Councilwoman O'Halloran seconded the motion.

Councilman Kovalik asked whether the inquiry would only involve the Fire Department's financials or also whether the County should be responsible for certain items such as warehouse funding, fleet maintenance, and fleet operations.

Vice Mayor Semple stated that the question of whether funding should be allocated was separate from the philosophical or policy question of whether the Town was paying more than its fair share compared with other County towns.

Councilwoman O'Halloran asked why an amendment was necessary if budgeting \$130,000 did not require the Town to actually expend the full amount.

Ms. Campbell confirmed that Scenario 9 would appropriate up to \$130,000 for the Fire Department, but that if Council later determined that a lesser amount was appropriate, or if the requested information was not received, the Town would not have to spend the full amount and any unspent funds would return to fund balance.

Council discussed requesting a staff report or financial breakdown from the Fire Department instead of amending the budget resolution. Council generally agreed that the appropriation could remain within Scenario 9 and that Council could review the requested information before authorizing disbursement. No vote was taken on the proposed amendment, and the condition was not incorporated into Scenario 9.

Councilman Mooney suggested that, instead of amending the resolution, Council request a staff report or breakdown from the Fire Department. Council generally agreed that the funding level could remain in Scenario 9 and that Council could review the information before disbursement without amending the budget resolution.

Councilman Gagnon then raised the WARF water play structure. He stated that the structure was rusting, represented a potential safety issue, and needed to be replaced, but that he believed additional savings could be possible. He noted that Councilman Mooney had located a similar

water play structure online for approximately \$160,000 and asked whether the amount could be further reduced, deferred, or removed if there was not a safety issue.

Councilman McGuire stated that staff owed Council reports on options and cost savings and that the matter should be presented to the Finance Committee before spending the full amount.

Councilwoman O'Halloran stated that the item still needed to remain in the budget because the structure needed to be replaced. She stated that the budgeted figure provided flexibility to find a better structure that would last longer and not rust like the current one.

Mr. Cassidy stated that staff was exploring options and waiting on estimates, but that the structure needed to be commercial grade and appropriate for the environment. He stated that the existing structure was rusting and beginning to become a safety concern.

Ms. Campbell stated that Scenario 9 already reduced the budget from \$375,000 to \$300,000 and that departments would continue looking for the lowest cost option that meets the Town's standards and procurement requirements.

Councilman Francis stated that he and Councilman Gagnon had visited the structure and agreed that it was rusting and needed to be replaced, but he questioned whether placing \$300,000 in the budget effectively allowed that amount to be spent.

Mr. Cassidy and Ms. Campbell explained that procurement rules would require bids or quotes and that the Town would be required to select the lowest responsive bid meeting the specifications.

Ms. Kelly Koernig, Director of Parks and Recreation, stated that staff had met with different companies and was working on quotes. She stated that one rough quote was approximately \$250,000 for a new water play structure, but that amount did not include removal of the current structure. She stated that the original \$375,000 estimate included removal of the current structure and related pipe, pump, and installation work.

Council generally agreed that the item should be flagged for review by the Finance Committee and that staff should continue seeking the most cost-effective option that meets safety and durability requirements.

Councilman Kovalik asked Ms. Campbell to review the Police Department motorcycle reduction.

Ms. Campbell stated that the Police Department vehicle replacement project had originally included replacement of two motorcycles. Based on Council discussion at the May 29 meeting, one motorcycle was removed, resulting in a reduction of \$38,259.

Mr. Johnny Switzer, Fleet and Facilities Manager, stated that the Town currently had two motorcycles, a 2007 and a 2009. He stated that the 2009 motorcycle was removed from the replacement schedule, leaving one motorcycle to be replaced and one motorcycle to remain in service.

Councilman Kovalik asked whether the older motorcycle could be donated or used for training or community events, but Mr. Switzer stated that the Town would typically surplus the vehicle

through GovDeals and that there could be liability issues with operating a vehicle maintained outside the Town's certified maintenance process.

Vice Mayor Semple raised concerns regarding approximately \$4.75 million in non-revenue receipts and the proposed use of borrowing for capital asset replacement and General Fund capital projects. He questioned whether using debt for those purposes could become a pattern that would be difficult to sustain.

A Point of order was raised by Councilmen McGuire that the discussion had veered off the current point. Discussion of the matter was deferred while Council continued its review of Scenario 9.

Councilman Francis raised concerns about the cost-of-living adjustment and merit increase program. He stated that he supported Town employees and believed they do excellent work, but that the merit increase program compounded into future budgets and was not sustainable. He stated that, based on his review of the personnel chart, the combination of cost-of-living and merit increases increased personnel costs by approximately \$609,000 in one year and would continue to compound. He suggested that Council consider a separate line item for cash awards rather than increases that become part of the salary base.

Councilman Kovalik stated that he had given thought to the issue and had come to view compensation less as an expense and more as an investment in staff. He stated that the Town was preparing for significant growth and needed to retain experienced employees and drive efficiency.

Councilwoman O'Halloran agreed and stated that water and sewer employees had nearly 3,000 hours of overtime, with some salaried employees logging hours without additional pay. She stated that merit increases were a way to reward dedication, while cost-of-living increases helped employees address increased costs for gas, groceries, insurance, and childcare.

Vice Mayor Semple suggested that the issue might be whether merit increases should continue to compound into the next calculation or be treated differently.

Councilman Gagnon suggested that merit could be paid as an award rather than an increase to base salary.

Councilman McGuire stated that he supported cost-of-living adjustments but believed Council needed to consider whether it could afford both cost-of-living and merit increases.

Council generally agreed that compensation structure was a topic for future review, potentially through the Finance Committee, but that it was too late in the process to resolve the matter before the evening budget adoption.

Mr. Paul Mooney joined the meeting during the budget discussion and was present before Council's final action on Scenario 9.

Vice Mayor Semple requested a motion to establish Scenario 9 as the proposed budget scenario to be presented during the evening meeting.

Councilwoman O'Halloran made a motion to present Scenario 9 for consideration during the evening meeting.

The motion was seconded by Councilman Francis.

Councilman McGuire cautioned the council for rushing through the process.

Council then discussed fleet replacement items in the Water and Sewer Fund.

Councilman Gagnon asked about the fleet replacement program, including a wastewater treatment plant dump truck and camera truck, and whether cheaper alternatives existed.

Mr. Johnny Switzer, Facilities Manager, and Mr. Steven Friend, Public Utilities Director, explained that the wastewater plant dump truck was mission critical because it sits under the belt press and moves dewatered solids. Staff explained that when the truck fails, wastewater operations must be diverted or delayed and recovery can take days or weeks depending on conditions.

Mr. Switzer stated that staff selected a lower-cost gasoline engine option because the truck only needs to move a short distance, and that a diesel engine would not be appropriate for that use.

Councilman Gagnon asked whether a used or refurbished truck could be purchased instead.

Mr. Switzer stated that government pricing on new vehicles is often more favorable than used commercial pricing, and that used vehicles frequently come with little or no warranty.

Ms. Campbell clarified Scenario 9's operating surplus. She stated that Scenario 9 produced an \$80,387 operating surplus in the General Fund, which would reduce the amount of debt needed for capital projects. She stated that the Water and Sewer Fund also had an operating surplus that would be used to cash fund capital projects, and that stormwater projects are funded through the stormwater fee. She explained that the unassigned fund balance remained the same because the surplus was being applied to capital rather than placed into fund balance.

Council discussed the meeting parameters and the objectives of the meeting and discussions. They outlined their objectives to undertake instead of deferring for future discussion.

Council discussed the requirement of the vehicles in the CIP for the utilities department.

Johnny Switzer explained to the Council the processes behind identifying the vehicles for replacement or repair highlighting the cost of repairs and maintenance that have been increasing due to the service life of the vehicles. He explained the government surplus options and discussed the options to trade equipment. He explained the need of the vehicles and the reuse of the equipment that led to the current fleet's placements. He explained the potential downsides of used vehicles including a lack of warranty and unknown history. Discussion around the fleet incentives for purchasing options of new vehicles and the replacement options available.

Councilman Mooney asked about the camera truck.

Mr. Friend stated that the camera truck is used to inspect sewer mains and laterals to prevent backups and identify line issues. He explained that the existing trailer can video but can no longer record, requiring staff to rely on contractors in some instances.

Mr. Switzer stated that the proposed truck would allow staff to inspect both mains and laterals more efficiently and replace outdated equipment that is past its useful life.

Staff also stated that contracting for camera work can be expensive and may not be immediately available in emergencies, citing an example where camera work for a short sewer line segment could cost approximately \$40,000 to \$50,000.

Council discussed whether the Finance Committee should review fleet replacement items in more detail in the future while leaving the appropriations in place for budget adoption.

Vice Mayor Semple asked if the Council had any other items to discuss or if it was time to call the question.

Councilman Gagnon brought up additional points including discussions of a hiring freeze as a way to help control personnel costs.

Vice Mayor Semple asked if that discussion was relevant to the discussion on the motion to vote on the proposed scenario.

Councilman McGuire stated that it was akin to the alligator closest to the boat and deserved to be discussed. He expressed a need for the Council to gain and maintain control of the Town's budget.

Vice Mayor Semple noted that the Council had had multiple work sessions to discuss these items since February.

Discussion was held on the timeline of the process and the pending approvals.

Vice Mayor Semple called a point of order to recent the conversation to the pending motion as he said the conversation had gotten off topic.

Councilman Mooney stated that he wished to proceed reviewing scenario 9 if there were no other issues Mr. Gagnon wished to bring up.

Mr. Gagnon stated that those were the main points he wished to raise and that he still had questions on the items.

Councilman Mooney summarized and suggested that the discussion was a beneficial one that had been had today and suggested moving forward with recommendations to the Finance Committee to review certain appropriations.

Councilmen Semple called the question on the motion.

The vote was as follows:

Ayes: Mr. Roy Francis; Mr. William Semple, Vice Mayor; Mr. Larry Kovalik; Ms. Michele O'Halloran; Mr. Eric Gagnon; Mr. Paul Mooney.

Nays: Mr. David McGuire;

The motion carried 6-1. Scenario 9 was chosen for presentation for adoption this evening.

Vice Mayor Semple called for a five-minute recess. He stated that Council would continue on the agenda then would break for lunch shortly.

D. Proffers discussion: Mr. Kovalik Request

Mr. Kovalik initiated a discussion on the proffers associated with the recently annexed Arrington property, which was approved by the County with proffers directed to Fauquier County, not the Town.

Mr. Chap Petersen, Town Attorney, explained that under Virginia law, a "nexus" must exist between a development and a proffer. He stated that it was appropriate for the Town to ask the County what the nexus was between the proffers for a fire station, training facility, and other projects and the development, which was now part of the Town community. He noted that since the proffers were not due until certificates of occupancy were issued, likely three to four years in the future, there was time to negotiate with the County.

Mr. Kovalik stated that the proffer statement included funding for a fire and rescue training facility, a new fire and rescue station, and a public safety building. He stated that the proffer amount had increased from approximately \$1.8 million to approximately \$2.1 million following the development's inclusion within the Town.

Mr. Kovalik pointed out that the Warrenton Volunteer Fire Department had specific vehicle replacement needs in its Capital Improvement Plan, whereas the County's CIP earmarks for a training facility were nonspecific and its fire station projects were not in the Warrenton area. He argued that the proffer funds should be used to support the fire department that would directly serve the new development.

Mr. Petersen stated that the proffers did not necessarily need to benefit the Town exclusively but did need to benefit the community affected by the development. If the Warrenton Volunteer Fire Department was the closest station and would provide service to the development, the Town could reasonably request that some of the funds be directed toward those needs.

Council reached a consensus to direct the Town Attorney to write a letter to the County to begin a discussion about how the proffer funds would be used to benefit the community directly impacted by the development. The matter was also referred to the new Public Safety Committee for further action.

E. Tiffany Estates

Mr. Rob Walton, Director of Community Development, presented an issue regarding Tiffany Estates, a proposed 23-lot development just north of the Town limits near Poet's Walk.

In 2016, the Town Council had approved providing 28 water taps to the development, but the tri-party agreement between the Town, County, and Fauquier County Water and Sanitation Authority was never finalized. The approval also included a \$10,000 contribution for traffic-safety review and improvements and required payment of three times the applicable water-service availability fees.

The developer is now seeking to move forward with a revised proposal consisting of 23 residential lots rather than the 28 originally contemplated. Mr. Walton stated that the agreement currently under consideration did not contain the previously approved \$10,000 traffic-safety contribution or the requirement to pay three times the applicable availability fees.

The Town Attorney explained that due to the significant passage of time, the Council could either leave the existing approval in place and require compliance with its conditions, reaffirm the 2016 ordinance, or choose to repeal it and start the process over.

After discussion, the Council reached a consensus to defer the matter for 30 days to allow staff to gather more information on the original agreement for its review. Council directed staff to provide the original meeting minutes, correspondence, agreements, and other supporting documents. No formal motion was made.

F. Agenda Review

Mr. Cassidy briefly reviewed the agenda for the evening's regular meeting, noting the public hearings for the budget and various fee and rate resolutions that would require individual votes.

Council discussed the proposed water and sewer rates. Councilman Gagnon asked about the overall schedule of rate increases, noting that there had been two successive 23% increases and that another 23% increase was proposed.

Ms. Campbell and Mr. Cassidy stated that the rates are reviewed each year with the Town's financial consultant and compared against the CIP, operating needs, and project commitments. Staff stated that the Fiscal Year 2026 budget included another 23% increase and that Fiscal Year 2027 was projected to include the same figure before moving to a lower increase, approximately 6%, in later years, subject to future review.

Ms. Campbell stated that the increases were critical because they allowed the Town to cash fund major capital projects in the water and sewer system.

Councilman Kovalik asked about the wastewater treatment plant improvements, projected costs, inflow during rain events, and whether the Town should be considering a new plant rather than investing in the existing facility.

Mr. Cassidy and staff explained that the improvements are part of a larger water and sewer infrastructure plan, including the wastewater plant, water plant, reservoirs, lift stations, wells, and infrastructure.

Staff stated that the upgraded plant would better handle temporary high-flow events, though the plant's permitted daily capacity would still govern operations.

Mr. Cassidy stated that the Town is not yet at the point of needing a new plant but acknowledged that capacity would become a limiting factor for future growth. He stated that this is why staff brings development and infrastructure matters back to Council when they affect capacity, including items such as Tiffany Estates.

The meeting was recessed to allow for Lunch and resumed the discussion after the recess.

Mr. Cassidy stated that Ms. Campbell had prepared handouts regarding the rate study and that the information had been placed on Council members' desks.

Councilwoman O'Halloran asked whether VML and Chamber dues would be included in the budget, and staff confirmed that the budget would be updated to include those dues.

Councilman Gagnon raised the possibility of revisiting a hiring freeze. He stated that he had spoken with some Council members and believed there might be additional terms that could make a hiring freeze more acceptable, such as applying it to administrative positions at 21 Main Street while leaving room for water and sewer, public works, and police positions already in the pipeline.

Vice Mayor Semple stated that Council had already acted on the hiring freeze at the prior work session and that reconsideration would need to be moved by a member who voted on the prevailing side.

Councilman McGuire stated that he wished to propose a new motion regarding a hiring freeze. He stated that the motion would consider a hiring freeze with exceptions, including positions below a certain dollar amount, positions related to the WARF or lifeguards, and positions determined to be mission essential.

Councilman McGuire stated that Council needed to determine whether positions were needed or necessary and that Council needed to control both the budget and the workforce.

Vice Mayor Semple ruled the motion out of order, stating that Council had already discussed the hiring freeze and that he considered the proposed motion to be substantially the same matter.

Councilman McGuire stated that it was a new motion.

Vice Mayor Semple maintained his ruling that the motion was out of order. Mr. Petersen, Town Attorney, stated that because the chair had ruled the motion out of order, a motion could be made to overrule the chair.

Councilman McGuire made a motion to overrule the ruling of the chair.

The Motion Was seconded By Councilmen Gagnon.

Discussion followed. Councilwoman O'Halloran stated that Council was attempting to micromanage Town employees and that Council did not know the importance of all open positions. She stated that a hiring freeze could cause stress on existing staff, overwork employees, and potentially result in the loss of employees whose expertise would be expensive to replace. She further stated that repeated discussion of a hiring freeze could discourage applicants from applying to work for the Town.

Councilman Gagnon stated that the Town had recently operated under a de facto hiring freeze and asked how long that had been in place. Staff stated that it had been in place until May 29, approximately two weeks earlier. Councilman Gagnon stated that he believed there was not a large distance between the position of those who previously supported a hiring freeze and those who opposed it, and that additional flexibility or specificity could allow the Town to reinstate some terms of the hiring freeze while identifying positions that could be filled.

Councilman Kovalik asked for clarification on the procedural posture. He stated that his understanding was that bringing the matter back would require a motion to reconsider by someone on the prevailing side of the prior vote. It was clarified that Councilman McGuire had attempted to make a different motion, that the chair ruled it out of order as substantially the same matter, and that the pending issue was whether to overrule the chair.

Councilman Kovalik stated that he would not vote to overrule the chair because he believed Council was not supposed to proceed in that manner.

Ms. Kasey Braun, Human Capital Director, stated that the Town asks for notice from retiring or resigning employees but cannot always enforce extended notice periods, and that vacant positions often create overtime, contractor needs, and training burdens.

Mr. Cassidy confirmed that the proposed budget did not include any new positions. After discussion, Councilman McGuire withdrew his motion, and the matter was not pursued further.

Before a vote was taken on the motion to overrule the chair, Councilman McGuire withdrew his motion.

No vote was taken.

G. Closed Session

A motion was made to convene in a closed session for a personnel matter concerning the special counsel appointment for the Commission on Transparency.

Councilwoman O'Halloran made a motion that Town Council convene in closed session pursuant to Virginia Code § 2.2-3711(A)(1) to discuss the assignment, appointment, promotion, performance, demotion, salaries, discipline, or resignation of specific public officers, appointees, or employees of the Town, specifically concerning Mr. Whit Robinson's appointment as special counsel to the Commission on Open and Transparent Government.

Councilman Gagnon seconded the motion.

The vote was as follows:

Ayes: Mr. Roy Francis; Mr. William Semple, Vice Mayor; Mr. Larry Kovalik; Ms. Michele O'Halloran; Mr. Eric Gagnon; Mr. David McGuire; Mr. Paul Mooney.

Nays: None.

The motion carried, and Town Council entered closed session.

Upon returning to open session, a motion was made by Councilwoman O'Halloran and seconded by Councilman Kovalik to certify that, to the best of each member's knowledge, only public business matters lawfully exempted from the open-meeting requirements of the Virginia Freedom of Information Act and only those matters identified in the motion convening the closed session were heard, discussed, or considered.

The certification was approved by a vote of 6-1.

The vote was as follows:

Ayes: Mr. Roy Francis; Mr. William Semple, Vice Mayor; Mr. Larry Kovalik; Mr. Eric Gagnon; Mr. David McGuire; Mr. Paul Mooney.

Nays: Ms. Michele O'Halloran

The motion carried, and Town Council certified the closed session.

No formal action was taken following the closed session.

With no further business, this meeting was adjourned at 3:20 PM on Tuesday, June 10th, 2025.

II. REGULAR MEETING - 6:30 PM

Vice Mayor Semple, acting as chair in the Mayor's absence, called the meeting to order at 6:31 PM. A quorum was established. The Mayor said that he was unfortunately absent for medical reasons and wished him well.

INVOCATION.

Mr. Wally Smith, Chaplin of the Warrenton Police Department, provided the invocation.

PLEDGE OF ALLEGIANCE.

Vice Mayor Semple led the pledge of allegiance.

PROCLAMATIONS AND RECOGNITIONS.

Mr. Frank Cassidy, Town Manager, led the "Excellence in Action" recognitions for the month.

- Employee Accomplishments: Town Clerk Stephen Clough was recognized for earning an Associate of Arts and Sciences degree from UWGB. Several members of the Public Works landscaping team were recognized for completing intermediate work zone traffic control training.
 - New Appointments: Charlie Mullis and Elizabeth Scullen were welcomed as new members of the Board of Zoning Appeals.
 - Richard R. Wines Award: This award, named for a distinguished former superintendent, was presented to the most outstanding employees of the year in Public Works and Public Utilities. The recipients were Darren Kidd (Public Utilities) and Wayne Toomey (Public Works).
 - Leadership Fauquier: Mr. Cassidy congratulated the recent graduates of the Leadership Fauquier cohort, which included staff members Stephen Clough, Robert Hughes, Kevin Turner, and Councilwoman Michele O'Halloran.
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CITIZEN'S TIME.

The Vice Mayor opened Citizen's Time for non-agenda topics.

David Dobson: Mr. Dobson, owner of the Tiffany Estates property, addressed the Council regarding the work session discussion about his project. He explained that the nine-year delay in moving forward since the Town's 2016 approval of water taps was not for a lack of trying, but because the County required all extensive engineering and site work to be completed first, a process on which he has spent over half a million dollars in good faith. He affirmed his commitment to pay the required proffers to the Town and suggested they be included in the tri-party agreement to avoid any confusion.

Trey Mettinger: A Ward 1 resident, Mr. Mettinger expressed his concern and frustration with what he described as a delay caused by the Town's permitting process for the Fauquier High School football field renovation. He noted that spring sports schedules had

been adjusted and graduation was moved to accommodate a mid-May start, but as of June 10, construction had not yet begun, jeopardizing the timeline for fall sports.

Dr. Ethel Bethel: Representing Hospice of the Piedmont and Aging Together, Dr. Bethel asked the Council to consider a location within the Town for a "Telephone of the Wind," an unconnected phone in a public space to help grieving individuals by giving them a place to "speak" to their deceased loved ones. She noted that Boy Scouts and a high school group were prepared to build and install it by November.

Cindy Burbank: A Warrenton resident, Ms. Burbank alerted the Council to the "Giga Land" data center proposal in Remington, which she stated is ten times the size of the Amazon data center and would require enormous amounts of electricity and new transmission lines. She urged the Town and its residents to join county residents in opposing it, noting that existing and approved data centers will already bring in \$100 million a year in tax revenue to the county.

Carolyn DeLeo: A resident of Main Street, Ms. DeLeo expressed her embarrassment over the orange and white plastic barriers on Main Street, calling them "most unattractive" and a "random decision with no forethought." She asked the Council to please have them taken down.

APPROVAL OF THE AGENDA.

Vice Mayor Semple sought a motion on the approval of the agenda.

Councilman Francis motioned to approve the agenda as presented.

Seconded by Mr. Mooney. The motion passed unanimously by a roll-call vote.

The vote was as follows:

Ayes: Mr. Roy Francis; Mr. William Semple, Vice Mayor; Mr. Larry Kovalik; Ms. Michele O'Halloran; Mr. Eric Gagnon; Mr. David McGuire; Mr. Paul Mooney.

Nays: None

The motion carried, and Town Council approved the agenda as presented.

PUBLIC HEARINGS.

A Public Hearing to Consider the Fiscal Year 2026 Proposed Budget, the Fiscal Year 2026-2031 Proposed Capital Improvement Plan, 2025 Tax Rates, Fiscal Year Water and Sewer Rates, Warrenton Aquatic and Recreation Facility (WARF) Fees, and Special Event Fees

The Vice Mayor announced the continuation of the public hearing from the May meeting to consider the FY2026 budget, CIP, water and sewer rates, and other fees.

The Public Hearing was reopened at 6:55pm.

Ms. Brooke Campbell, Budget Manager, provided an overview of the matters included in the continued public hearing. She stated that the proposed Fiscal Year 2026 Budget totaled approximately \$52.3 million and included the first year of the proposed Fiscal Year 2026–2031 Capital Improvement Program.

Ms. Campbell explained that the proposed water and sewer rates represented a 23% increase over Fiscal Year 2025 rates. Proposed Warrenton Aquatic and Recreation Facility user fees would increase by approximately 10%, subject to rounding. Proposed special-event fees included updated hourly staff rates, a fee of \$10 per vehicle for the use of hard barriers, and a fee of \$97 per hour for street-sweeper services.

Ms. Campbell clarified that the calendar year 2025 tax rates had been adopted during the May Council meeting and were not before the Council for action that evening.

Scott Ross (Fire Chief WVFD): Chief Ross, speaking for the Warrenton Volunteer Fire Company, stated that his organization had just approved its own budget of over \$800,000 and would continue to provide service regardless of the Town's funding decision, but emphasized, "we are not just the Warrenton Volunteer Fire Company, but we are the Town of Warrenton Fire Company. We are your fire company" .

Dr. Ethel Bethel (Aging Together): Dr. Bethel spoke again, beseeching the Council to "consider keeping Aging Together in the budget so that its work might continue," noting that the "small amount...does a big job" for the seniors of the community .

Trey Mettinger: Mr. Mettinger spoke again to address the proposed budget cuts to the fire department, calling the idea "completely absurd". He stated that a document being used to justify the cuts was misleading and created a "false narrative" .

With no other speakers, the public hearing was closed at 7:06 PM . The Council then proceeded to vote on the budget resolutions.

A1. A Resolution to Adopt and Appropriate the Fiscal Year 2026 Budget and the Fiscal Year 2026-2031 Capital Improvement Program

Ms. O'Halloran moved to approve and adopt the Resolution to Adopt and Appropriate the Fiscal Year 2026 Budget and Fiscal Year 2026–2031 Capital Improvement Program as presented. Mr. Francis seconded the motion.

Mr. Mooney thanked Town staff and the Council for the time and effort devoted to the budget process.

Mr. Kovalik described the budget review as an exhaustive process and emphasized the Council's responsibility to serve as careful stewards of taxpayer funds. He acknowledged the valuable services provided by charitable and nonprofit organizations but noted that residents also

retained the ability to contribute directly to those organizations. He encouraged members of the community to continue supporting local charitable organizations through donations and volunteer service.

Mr. Gagnon thanked staff and his fellow Council members for their work. He stated that the Council had entered the budget process facing an approximately \$800,000 deficit and had closed that deficit through a combination of expenditure reductions and a limited tax increase. He cautioned that the Town could face additional financial challenges during the following fiscal year and encouraged residents to provide feedback regarding whether the Town should pursue additional expenditure reductions, future tax increases, or a combination of both.

Mr. Gagnon also identified the WARF as a significant continuing financial issue. He stated that the Council should engage the public regarding whether the Town should continue operating the facility in its current form, consider privatization or another operating structure, or seek financial participation from Fauquier County or other organizations.

Vice Mayor Semple thanked staff for promptly responding to the Council's questions and requests throughout the budget process. He stated that the Town faced several systemic financial issues and expressed hope that the newly established Finance Committee would assist in developing a longer-term approach to the Town's operating, capital, and utility needs.

Following discussion, Vice Mayor Semple called for a roll-call vote. The motion passed unanimously.

The vote was as follows:

Ayes: Mr. Roy Francis; Mr. William Semple, Vice Mayor; Mr. Larry Kovalik; Ms. Michele O'Halloran; Mr. Eric Gagnon; Mr. Paul Mooney; and Mr. David McGuire.

Nays: None.

A Resolution to Adopt and appropriate the Fiscal Year 2026 Budget and the Fiscal Year 2026-2031 Capital Improvement Program passed.

A2. A Resolution of the Town Council of the Town of Warrenton, Virginia Establishing the Percentage of Relief Granted to Qualifying Personal Use Vehicles Subject to the Town of Warrenton's Personal Property Tax, for the 2025 Tax Year

Mr. Francis moved to approve the Resolution of the Town Council of the Town of Warrenton, Virginia Establishing the Percentage of Relief Granted to Qualifying Personal Use Vehicles Subject to the Town of Warrenton's Personal Property Tax for the 2025 Tax Year as presented. Mr. Kovalik seconded the motion.

Staff reported that no change to the percentage of personal property tax relief was proposed.

There being no discussion, Vice Mayor Semple called for a roll-call vote. The motion passed unanimously.

The vote was as follows:

Ayes: Mr. Roy Francis; Mr. William Semple, Vice Mayor; Mr. Larry Kovalik; Ms. Michele O'Halloran; Mr. Eric Gagnon; Mr. Paul Mooney; and Mr. David McGuire.

Nays: None.

Resolution of the Town Council of the Town of Warrenton, Virginia Establishing the Percentage of Relief Granted to Qualifying Personal Use Vehicles Subject to the Town of Warrenton's Personal Property Tax, for the 2025 Tax Year passed.

A3. Ordinance 2025-06: An Ordinance to Establish Business, Professional, and Occupational License Tax Rates for the Tax Year Beginning July 1, 2025:

Mr. Kovalik moved to approve Ordinance 2025-06, an Ordinance to Establish Business, Professional, and Occupational License Tax Rates for the Tax Year Beginning July 1, 2025, as presented. Ms. O'Halloran seconded the motion.

Staff reported that no changes to the Town's Business, Professional, and Occupational License tax rates were proposed.

There being no discussion, Vice Mayor Semple called for a roll-call vote. The motion passed by a vote of 6-1.

The vote was as follows:

Ayes: Mr. Roy Francis; Mr. William Semple, Vice Mayor; Mr. Larry Kovalik; Ms. Michele O'Halloran; Mr. Eric Gagnon; and Mr. David McGuire.

Nays: Mr. Paul Mooney.

Ordinance 2025-06: An Ordinance to Establish Business, Professional, and Occupational License Tax Rates for the Tax Year Beginning July 1, 2025 passed.

A4. Ordinance 2025-07: An Ordinance to Establish Water and Sewer Rates and Service Fees Effective July 1, 2025: Mr. Mooney moved to approve Ordinance 2025-07, an Ordinance to Establish Water and Sewer Rates and Service Fees Effective July 1, 2025, as presented. Mr. Francis seconded the motion.

Mr. Gagnon stated that the proposed rates represented the third consecutive annual increase of 23%. He noted that additional annual increases of approximately 6% were anticipated after the current increase. He expressed concern regarding the cumulative effect on utility customers and the amount of debt the Town was preparing to incur for water and sewer capital projects, which he stated could total up to approximately \$92 million.

Mr. Gagnon recommended that the Town obtain an independent review of the overall water and sewer improvement program and individual multimillion-dollar projects. He cautioned that

substantial debt obligations could restrict future policy decisions and potentially create pressure for additional development intended to generate revenue to meet debt-service obligations.

Mr. Kovalik agreed that the Town's water and sewer infrastructure required attention but expressed concern regarding the structure and cumulative impact of three consecutive 23% increases, particularly when combined with other Town and County tax increases. He stated that he wanted the Finance Committee to review the utility capital program and explore potential opportunities for savings.

Ms. O'Halloran stated that the increases were necessary to address infrastructure that had not received sufficient investment for many years. She emphasized that the Town could not function without reliable water and sewer systems and noted that staff regularly responded to breaks and other failures involving the aging system. She acknowledged that the increases would be difficult for residents but stated that the improvements were necessary to provide a reliable system.

Vice Mayor Semple stated that the rate increases were part of a multiyear financial program developed with Davenport & Company, the Town's financial advisor. He described the water and sewer facilities as being beyond their expected useful life and in substantial need of repair. He also discussed the significant inflow and infiltration experienced during recent rainstorms and credited utility staff with working extended hours to keep the system operating. Vice Mayor Semple stated that the increases had been phased over several years to lessen the immediate financial impact on customers.

Mr. Francis suggested that the Town consider imposing a flat fee on developers when water and sewer service was extended to new developments. He stated that such a fee could help generate revenue for utility capital projects rather than placing the full cost of system expansion on utility customers.

Mr. Mooney acknowledged the effect the increase would have on his own household and other families. He stated that he did not favor increasing fees but believed the increase was necessary to maintain and improve the Town's water and sewer infrastructure.

Following discussion, Vice Mayor Semple called for a roll-call vote. The motion passed by a vote of 5-2.

The vote was as follows:

Ayes: Mr. Roy Francis; Mr. William Semple, Vice Mayor; Ms. Michele O'Halloran; Mr. Paul Mooney; and Mr. David McGuire.

Nays: Mr. Larry Kovalik and Mr. Eric Gagnon.

Ordinance 2025-07: An Ordinance to Establish Water and Sewer Rates and Service Fees Effective July 1, 2025 passed.

A5. Ordinance 2025-08: An Ordinance to Establish Warrenton & Recreation Facility (WARF) Fees Effective July 1, 2025:

Mr. Francis moved to approve Ordinance 2025-08, an Ordinance to Establish Warrenton Aquatic and Recreation Facility Fees Effective July 1, 2025, as presented. Mr. Mooney seconded the motion.

Staff reported that the proposed user fees would increase by approximately 10%, subject to rounding.

There being no discussion, Vice Mayor Semple called for a roll-call vote. The motion passed by a vote of 6-1.

The vote was as follows:

Ayes: Mr. Roy Francis; Mr. William Semple, Vice Mayor; Mr. Larry Kovalik; Ms. Michele O'Halloran; Mr. Eric Gagnon; and Mr. Paul Mooney.

Nays: Mr. David McGuire.

Ordinance 2025-08: An Ordinance to Establish Warrenton & Recreation Facility (WARF) Fees Effective July 1, 2025 passed.

A6. Ordinance 2025-09: An Ordinance to Establish Special Event Fees Effective July 1, 2025:

Ms. O'Halloran moved to approve Ordinance 2025-09, an Ordinance to Establish Special Event Fees Effective July 1, 2025, as presented. Mr. Kovalik seconded the motion.

Staff reported that the proposed fees included updated hourly staff rates, a charge of \$10 per vehicle for the use of hard barriers, and a charge of \$97 per hour for street-sweeper services.

There being no discussion, Vice Mayor Semple called for a roll-call vote. The motion passed unanimously.

The vote was as follows:

Ayes: Mr. Roy Francis; Mr. William Semple, Vice Mayor; Mr. Larry Kovalik; Ms. Michele O'Halloran; Mr. Eric Gagnon; Mr. Paul Mooney; and Mr. David McGuire.

Nays: None.

Ordinance 2025-09: An Ordinance to Establish Special Event Fees Effective July 1, 2025 passed.

CONSENT AGENDA.

Acceptance of Virginia Department of Transportation (VDOT) State of Good Repair (SGR) Grant Funds

Acceptance of Virginia Department of Transportation (VDOT) Revenue Share Grant Funds

Acceptance of Virginia Department of Environmental Quality (DEQ) Stormwater Local Assistance Funds (Grant #25-13)

Acceptance of Virginia Department of Environmental Quality (DEQ) Stormwater Local Assistance Funds (Grant #25-18)

Mr. Mooney moved to approve the Consent Agenda as presented. Ms. O'Halloran seconded the motion.

There being no discussion, Vice Mayor Semple called for a roll-call vote. The motion passed unanimously.

The vote was as follows:

Ayes: Mr. Roy Francis; Mr. William Semple, Vice Mayor; Mr. Larry Kovalik; Ms. Michele O'Halloran; Mr. Eric Gagnon; Mr. Paul Mooney; and Mr. David McGuire.

Nays: None.

NEW BUSINESS.

The Vice Mayor confirmed there was no new or unfinished business to discuss.

UNFINISHED BUSINESS.

The Vice Mayor confirmed there was no new or unfinished business to discuss.

TOWN ATTORNEY'S REPORT.

Mr. Petersen provided an update regarding a code-enforcement case involving 3 Hotel Street. He reported that the matter had been settled immediately before trial through a consent judgment.

Under the terms of the settlement, the property owner would appear before the Architectural Review Board and complete the required improvements to the property. If the property owner failed to comply with the consent judgment, the Town could obtain and enforce a judgment requiring the improvements to be completed at the property owner's expense. Mr. Peterson stated that this approach would avoid the Town initially using taxpayer funds to complete the work and subsequently attempting to recover those costs through a tax lien.

In response to a question from Council, Mr. Peterson stated that the property owner was expected to appear before the Architectural Review Board within approximately 30 days and that the consent judgment contained additional compliance milestones. He offered to circulate a copy of the consent judgment to the Council.

Mr. Peterson stated that he anticipated providing an update at the following month's meeting concerning other matters pending in Circuit Court.

TOWN MANAGER'S REPORT.

Mr. Frank Cassidy, Town Manager, thanked the Council and staff for their work throughout the Fiscal Year 2026 budget process. He stated that the process had established a strong foundation for the following year, particularly through the creation of the Finance Committee.

Mr. Cassidy announced that Ms. Casey Braun, Human Capital Director, would distribute a request for Council members to complete a performance evaluation of him. He explained that he had requested the six-month evaluation to ensure that his performance and priorities remained aligned with the Council's expectations.

Mr. Cassidy also announced that registration was open for the fall session of the Your Town Academy. He stated that several participants had already registered and that the program was being advertised through the Town Crier.

COUNCILMEMBERS TIME.

Mr. Mooney: Mr. Mooney thanked those in attendance and congratulated Christine Hessel on receiving the Mercy Award. He stated that her work with patients and members of the community was inspiring. Mr. Mooney again thanked the Council and staff for their work on the budget, noting that nine separate budget scenarios had been reviewed during the process. He expressed enthusiasm regarding the work of the newly established Finance Committee and thanked staff for their efforts to secure the transportation grant funding included on the Consent Agenda.

Mr. Francis: Mr. Francis thanked those in attendance, particularly residents of Ward 1. He thanked Mr. Ward and Mr. Switzer for their work to install curbing and stop signs in the Hastings Drive and Cardinal Lane area. He also thanked Chief Carter for assisting with concerns regarding speeding and pedestrian sight lines on Oak Springs Drive. Mr. Francis stated that the curve in the roadway created a difficult situation that would require continued attention. Mr. Francis discussed the difficulty of the budget process and stated that Council members did not want to make reductions but were required to address the Town's financial circumstances. He thanked staff for responding promptly and accurately to the Council's numerous questions and requests.

Vice Mayor Semple: Vice Mayor Semple stated that it had been a privilege to preside over the meeting in the Mayor's absence. He thanked his fellow Council members for their participation in the budget process and stated that the Town faced significant systemic challenges involving both revenues and expenditures. Vice Mayor Semple stated that his goal was to leave the Town in a

better condition than he found it, financially and otherwise. He acknowledged that Council members would not always agree but stated that disagreement reflected their efforts to represent their constituents. Vice Mayor Semple also discussed the potential effects of large data-center projects and associated electrical transmission infrastructure on Fauquier County's rural character. He referenced his family's prior involvement in proceedings concerning proposed transmission lines near the Lees Manor Historic District and encouraged residents to remain engaged regarding similar proposals. He concluded by recognizing the Public Utilities staff members who worked through recent heavy rain events to maintain the Town's water and sewer services.

Mr. Kovalik: Mr. Kovalik thanked Town staff for their work, particularly Public Utilities employees who responded during recent heavy rain events and managed unusually high flows through the wastewater system. He reminded the public that the Fauquier County Juneteenth celebration would be held on Main Street on Saturday, June 14, with a rain date of June 21. He described the event as a celebration of freedom, culture, and community. Mr. Kovalik also announced that the American Legion would hold its Father's Day Car Show on Sunday, June 15, and encouraged residents to attend and support the community event.

Ms. O'Halloran: Ms. O'Halloran thanked staff for their hard work and responsiveness throughout the budget process. She announced that the Warrenton Town Limits Festival would be held on Friday, June 27, beginning at 4:00 p.m. She thanked Parks and Recreation staff for their work organizing the festival and encouraged residents to review the event map and attend the activities.

Mr. Gagnon: Mr. Gagnon extended his best wishes to Mayor Nevill for a speedy recovery and return to good health. He thanked his fellow Council members for their cooperation and candid discussions during the budget process. Mr. Gagnon stated that, because this was the first full budget process for many members of the Council, he was encouraged that the following year's process would be even more productive and beneficial to the residents of the Town.

Mr. McGuire: Mr. McGuire thanked his fellow Council members for their work on the budget and stated that the process demonstrated what the Council could accomplish when members worked together for the benefit of the Town's residents. He recognized the 250th anniversary of the United States Army and reflected on his own military service. Mr. McGuire emphasized the importance of Americans working together despite political and personal differences and stated that his military oath had been to the Constitution rather than to an individual or political party. Mr. McGuire expressed concern regarding the possibility of protests during the summer and emphasized that individuals had a right to protest peacefully. He also recognized the responsibilities placed on law-enforcement officers and military personnel during periods of civil unrest and expressed concern for their safety. He concluded by recognizing Father's Day and Juneteenth and encouraged those in attendance to "keep the faith."

ADJOURNMENT.

With no further business, this meeting was adjourned at 7:52PM on Tuesday, June 10th, 2025.

I hereby certify that this is a true and exact record of actions taken by the Town Council of the Town of Warrenton on June 10th, 2025.

Stephen M. Clough
Town Recorder

Attachments:

- 1) Handouts to Council from Citizen's time. June 10th, 2025.
 - 2) Citizen Comment Emails and form submissions.
 - 3) Signed legislation.
-



The Town of Warrenton
P.O. Box 341
Warrenton, VA 20188
P (540) 347-1101
F (540) 349-2414

June 10th 2025, Regular Town Council Meeting Minutes

Attachment 1: Handouts to Council.



James P. Downey, P.C.
Attorney and Counselor At Law

May 28, 2025

Kevin T. Carter
Supervisor Center District
Fauquier County Board of Supervisors
Fauquier County Administration
10 Hotel Street
Warrenton, Virginia 20186

Re: Tri-Party Agreement

Dear Supervisor Carter:

I am writing on behalf of my client David M. Dobson, concerning an amendment to the Tri-Party Agreement among the County, Town of Warrenton ("Town") and Water and Sanitation Authority ("WSA"), as that relates to the development known as Tiffany Estates. As you may recall, Tiffany Estates is located in the County on Blackwell Road, adjacent to the Town/County boundary line, and has in its most current plat, now under review 23 homesites. Tiffany has pending approval for extension of water from the Town to serve the project for up to 28 homesites. Approval of the waterline extension outside the Town boundaries requires an amendment to the Tri-Party Agreement, so that all three parties give their approval, before the extension can be granted. The Town Council voted unanimously on February 9, 2016, to approve the extension.

I am asking to have the County take this matter forward and adopt the necessary Resolution and then sign the amendment that I have drafted (attached). It is my understanding that WSA has no strong position on this and likely will sign, so long as the County and Town do so. This is entirely within the County's Center Service District, and Town public water is already provided to adjacent properties in the County on the North and West sides, namely Warrenton Lakes community at Nordix Drive and Ivy Hill community on Ivy Hill Drive. I will be taking this matter back to the Town, via its Town Manager, to begin the process of submitting the Amended Tri-Party Agreement to the Town Council to authorize signature, if that is necessary. I am happy to meet with you and any staff members who may need to provide input on this matter.

Very truly yours,

A handwritten signature in cursive script that reads 'James P. Downey'. Below the signature, the name 'James P. Downey' is printed in a serif font.
James P. Downey

Kevin T. Carter
Supervisor Center District
Fauquier County Board of Supervisors
May 28, 2025
Page Two

Enclosure

cc: Melissa G. Michelson, County Attorney
Janelle J. Downes, County Administrator
Holly Meade, Director, Fauquier County Community Development
Frank Cassidy, Town Manager
J. Chapman Petersen, Town Attorney ✓
Benjamin R. Shoemaker, Executive Director, WSA
Henry C. Day, Counsel to WSA

JPD/cmh

**AMENDMENT and MODIFICATION TO FAUQUIER COUNTY/TOWN
OF WARRENTON/WSA MASTER SEWER & WATER AGREEMENT**

This Amendment and Modification to the Fauquier County/Town of Warrenton/WSA Master Sewer and Water Agreement (“the Triparty Agreement”) is made and entered into this ____ day of _____, 2025, by and between Fauquier County (“the County”), Town of Warrenton (“the Town”) and David M. Dobson (“Dobson”).

A. Recitals

R-1. The County is a political subdivision of the Commonwealth of Virginia which does not operate any sewer and water facilities in its own capacity.

R-2. The County has established certain water and sewer service areas under its comprehensive plan for the land around the Town and elsewhere within its boundaries.

R-3. Dobson has received approval from the Town for water service to be extended to an area within the surrounding County area, subject to an amendment to the Triparty Agreement; and the parties wish to make the said amendment;

R-4. The Town owns and operates water distribution and sewage treatment systems located both within and without its corporate limits pursuant to Section 15.2-2109 of the Virginia Code.

R-5. In connection with the Project, the County, the Fauquier County Water and Sanitation Authority (“FCWSA”) and the Town have agreed to modify the previously established provision of sewer and water services to the residents of the County in the Warrenton Service Area, as the same is defined in the Fauquier County Comprehensive Plan, in a certain Master Sewer and Water Agreement dated June 28, 2001 (the “Tri-Party Agreement”).

Resolutions have been adopted by the parties, authorizing execution of this agreement; now therefore

B. Consideration

In consideration of the mutual benefits accruing to the parties, the receipt and sufficiency of which are acknowledged,

C. Agreement

1. SERVICE AREA

1.1 The parties agree that the area to be included in the "Town Water Service Area," as designated in the Triparty Agreement as Exhibit "B" shall be expanded to include the area PIN Nos. 6985-60-5718-000 and 6985-51-6810-000.

1.2 Subject to all of the conditions set forth in this Agreement, the Town agrees to provide water service to the Property up to a maximum number of 23 water service taps, allocated as set forth in Subparagraph 1.4 below.

1.3 The Parties hereto agree that the provision of water service by the Town to the Property is conditioned upon: (i) the County approving the proposed Tiffany Estates development subdivision in approximately the same form as submitted as the Tiffany Estates layout (and in conformance with Exhibit "A" hereto), but with 23 R-1 lots, and noting that any material change in the subdivision layout application shall be subject to further County approval; and (ii) the Project, including after being constructed, shall at all times be in substantial conformance with the layout as approved. In the event that the conditions precedent set forth in (i) and (ii) are not satisfied, the Town shall have no obligation to provide water service to the Property. In the event that any portion of the Project then built or under construction is not in substantial conformance with the approved layout, or if Dobson shall at any time fail to be in compliance with the terms of this Agreement, then the Town shall be entitled to withhold all

future connections to the water system unless and until the Project is brought into substantial conformance with the approved layout and/or Dobson is in compliance herewith.

1.4 Subject to all of the conditions set forth herein, Dobson shall receive water service for a maximum of twenty-three (23) R-1 zoned lots.

1.5 Dobson shall build the Project water infrastructure to Town standards, and shall connect the Project water system to the existing Town water system in at least two places proximate to the Property as designed by the Town, all at Dobson's expense. Dobson shall post the construction bonds required by the Town, and the Town shall have the right to approve the water system plans and specifications and to inspect the installation of the system, all in the same manner as if the system were in the Town. Dobson shall include in its recorded covenants for the Property a prohibition against any lot owner drilling an on-site well for private use.

1.6 Dobson shall pay the Town fees in accordance with the terms set forth in Attachment A.

2. DESIGN AND CONSTRUCTION OF WATER FACILITIES

2.1 The Parties acknowledge that Section 3 of the Master Agreement shall govern design and construction matters.

2.2 The Parties agree that the Town shall have the right to acquire easements for such lines necessary or appropriate to service the relevant portion of the Property and Dobson shall timely cooperate to grant same, as the Town may request from time to time.

2.3 The Parties agree that the County shall not be liable for the cost of the design, construction and maintenance or operation of any water facility to be constructed to serve the Tiffany Estates.

3. RATES FOR SERVICES

3.1 The Town shall have the right and obligation to establish water service rates, from time to time and at its discretion, as set forth in Section 5 of the Master Agreement.

4. CONDITIONS PRECEDENT AND STATUTORY APPROVALS.

4.1 Conditions precedent to the effectuation of this Agreement:

a) The Master Agreement shall be fully executed and shall become effective by its terms; and

b) This Agreement shall have been adopted by the County's Board of Supervisors; and

c) This Agreement shall have been adopted by the Town Council of the Town.

d) This Agreement shall have been adopted and executed by David Dobson and David Dobson's attorney (licensed in Virginia) shall have provided the other parties hereto with a written legal opinion stating that Dobson's officers or members signing this Agreement have due authority to do so, and that this Agreement, including all of the conditions set forth herein, is a legal, valid and binding obligation of Dobson, fully enforceable against Dobson in accordance with its terms.

4.2 The parties agree that the adoption of this Agreement by the County's Board of Supervisors, and by the Town Council of the Town shall be deemed to be, with respect to the Project, approvals for the provision of services (subject to the conditions set forth herein) as required under the Virginia Code.

4.3 The County hereby approves, subject to the conditions set forth herein, the provision of water service by the Town to the Property.

4.4 The Recitals set forth above are substantive and are fully incorporated into this Agreement.

5. MISCELLANEOUS PROVISIONS.

5.1 Governing Law. This Agreement shall be construed and enforced in accordance with the laws of the Commonwealth of Virginia.

5.2 Recitals and Headings. The Recitals hereof are an integral part of this Agreement, and contain substantive obligations. The captions and headings herein are for convenience and reference only and in no way define or limit the scope or content of this Agreement or in any way affect its provisions.

5.3 Binding Effect. This Agreement shall be deemed to run with the land and shall be binding upon, and inure to the benefit of, the Parties hereto and their respective legal representatives, successors and assigns, including each party with an interest in the Property or any part thereof such as any homeowners' association or similar organization.

5.4 Assignment. This Agreement is assignable by Dobson provided that he may not do so prior to the later of (i) approval of the layout by the County and (ii) the recordation of this document. Should Dobson sell or assign a majority interest in the Project to another developer or entity (other than collateral assignments to secure financing for the Project, and then only until any action taken by the financier in respect of the collateral, whereupon it shall be deemed to be an assignee), then (a) the assignee or purchaser shall take its interest(s) subject to the obligations of Dobson as set forth in this Agreement; and (b) it shall notify the Town and the County of its contact information in accordance with Subparagraph 5.1 above. Such notification shall occur within ten (10) days of the effective date of the assignment or purchase. Each such assignee or purchaser shall acknowledge to the Town and the County in a signed writing that it is

specifically bound by this Agreement, and no such assignment shall be effective until receipt by the Town and the County of this written acknowledgment contemplated herein.

5.5 Entire Agreement. This Agreement contains the full and final agreement among the parties hereto with respect to the provision of water service to the Property. In the event of any conflict between this Agreement and the Master Agreement, this Agreement shall control.

5.6 Modification and Waiver. No change or modification of this Agreement shall be valid unless the same is in writing and properly executed by each of the Parties hereto pursuant to due authority. No waiver of any of the provisions of this Agreement shall be valid unless the same is in writing and is properly executed with due authority by the party against whom it is sought to be enforced.

5.7 This Agreement may be recorded in the land records of the Circuit Court of Fauquier County by any party hereto.

6. NOTICES.

6.1 Any and all notices, requests or other communications hereunder shall be deemed to have been duly given if in writing and if transmitted by hand-delivery or by registered or certified mail, return receipt requested, and first class postage prepaid as follows:

TO TOWN: Mayor, Town of Warrenton
21 Main Street
Warrenton, VA 20186

Copy to: Town Attorney
21 Main Street
Warrenton, VA 20186

TO FAUQUIER: Chairman, Board of Supervisors
Fauquier County
10 Hotel Street, Suite 208
Warrenton, VA 20186

Copy To: County Attorney
10 Hotel Street, 2nd Floor
Warrenton, VA 20186

DOBSON: David M. Dobson
9198 North Cliff Lane
Rixeyville, VA 22737

Copy to: James P. Downey, Esq.
JAMES P. DOWNEY, P.C.
298 Falmouth Street
Warrenton, VA 20186

Notices shall be deemed effective when received.

IN WITNESS WHEREOF, the parties hereto have executed this Agreement under seal as
of the day and year set forth above.

ATTEST: TOWN OF WARRENTON, a Virginia
Municipal Corporation

By: _____ (SEAL)

APPROVED AS TO FORM:

Town Attorney

Commonwealth of Virginia,
County of Fauquier, to wit:

The foregoing instrument was acknowledged before me in the above jurisdiction this
____ day of _____, 2025, by _____ as Town Manager
for the Town of Warrenton.

(Notary Seal)

Notary Public
Notary Registration Number _____
My Commission Expires _____

**FAUQUIER COUNTY WATER AND
SANITATION AUTHORITY**

BY: _____

**Commonwealth of Virginia,
County of Fauquier, to wit:**

The foregoing instrument was acknowledged before me in the above jurisdiction this
_____ day of _____, 2025, by _____ as
_____ for the Fauquier County Water and Sanitation Authority.

(Notary Seal)

Notary Public
Notary Registration Number _____
My Commission Expires _____

**FAUQUIER COUNTY BOARD OF
SUPERVISORS**

BY: _____

**Commonwealth of Virginia,
County of Fauquier, to wit:**

The foregoing instrument was acknowledged before me in the above jurisdiction this
_____ day of _____, 2025, by _____ as
_____ for the Fauquier County Board of Supervisors

(Notary Seal)

Notary Public
Notary Registration Number _____
My Commission Expires _____

FREE

3RD EDITION 2025



REGIONAL RESOURCE GUIDE FOR OLDER ADULTS

**Culpeper, Fauquier, Madison,
Orange, & Rappahannock Counties, Virginia**

www.agingtogether.org

SECCIÓN DE ESPAÑOL



PATH FOUNDATION



**Local family owned and operated
because..... *to us, it's personal*®**



- Personal Services - Bathing, dressing, mobility & more
- Companionship to combat loneliness & isolation
- Meal Prep & Home Helper - Nutritious meals, medication reminders, light housekeeping
- Transportation to & from doctor appointments, grocery shopping & more
- Hospice & Dementia Support—Comfort for your loved one & respite for family members

Give us a call today.

540.825.7180 - [HomeInstead.com/711](https://www.HomeInstead.com/711)

! CRISIS & EMERGENCY ASSISTANCE !

911 - call in emergencies or go to nearest hospital emergency room

Adult Protective Services

Call your DSS below or this hotline to report adult abuse:
888-832-3858 (toll free)

Departments of Social Services (DSS)

Culpeper: 540-727-0372

Fauquier: 540-422-8400

Madison: 540-948-5521

(For Abuse/Neglect contact 800-552-7096)

Orange: 540-672-6166

Rappahannock: 540-675-3313

The National Domestic Violence Hotline

www.thehotline.org

800 -799-SAFE / 800-799-7233

24 hours a day, seven days a week, 365 days a year, highly-trained, expert advocates offer free, confidential, and compassionate support, crisis intervention information, education, and referral services in over 200 languages.

Encompass Community Supports

(formerly Rappahannock Rapidan Community Services)

<https://www.encompasscommunitysupports.org/>

24/7 Crisis Line: 540-617-0774

The ECS Crisis line is for mental health or addiction crisis.

National Suicide and Crisis Lifeline - Free confidential emotional support and resources for people in distress, their family members and their friends

CALL or TEXT 988 from anywhere across the USA.

For faster response, if you don't have a local area code as part of your phone number, dial **434-230-9704** to connect directly to the regional call center.

Support is also available in Spanish.

Regional Peer Warmline

833-626-1490

Staffed by individuals who have experience with mental health and/or substance use challenges. These individuals are trained peers and can talk with individuals about feelings of hopelessness and helplessness.

Veterans Crisis Line

Online Chat:

<https://www.veteranscrisisline.net/get-help/chat>

Phone: **DIAL 988** and Press 1

Text: **838255**

National Call Center for Homeless Veterans:

Call 1-877-4AID VET (1-877-424-3838)

The Veterans Crisis Line is not only for suicide prevention but for other personal crises as well.

**Dial 911
for Emergencies**

**Marque el 911 para
emergencias**



**POISON
Help**
1-800-222-1222

Call the **Poison Helpline** above if you or someone you are with:

- Swallowed something harmful
- Touched or breathed something harmful
- Overdosed on any substance
- Has been bitten or stung by a snake, spider, etc.
- Has ingested a possibly dangerous mix of medications



ELLEN PHIPPS
EXECUTIVE DIRECTOR

CAROLINE DUNSTAN SMELTZ
DIRECTOR OF OUTREACH
& DEVELOPMENT

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COMMUNITY ENGAGEMENT

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PO Box 367
Culpeper, VA 22701

540-829-6405
info@agingtogether.org

www.agingtogether.org



THE REGIONAL RESOURCE GUIDE FOR OLDER ADULTS IS A PUBLICATION OF AGING TOGETHER

Vision of Aging Together: Age Friendly Communities that actively engage, value and support older adults

Mission of Aging Together: Aging Together through partnerships connects people to communities and resources to improve quality of life as we age.

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UVA Health Culpeper Medical Center

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Retired from Board in 2024: Lisa Peacock, Culpeper Human Services



Dear Friends,

Welcome to the 3rd edition of the Regional Resource Guide for Older Adults, the only resource guide in our region specifically geared to the needs of older adults, families, and caregivers.

The 2nd edition guide printed in 2022, with support from the PATH Foundation and The Northern Piedmont Community Foundation, was distributed to 7500 people, with hundreds more downloaded online.

Prior to the COVID-19 pandemic, social isolation among older adults was a major public health issue gaining international recognition as being detrimental to quality of life. Social isolation and loneliness amongst older adults increased significantly through the pandemic. Overcoming barriers to social isolation remains a challenge. As social beings, we need to be engaged with people and communities for our mental and physical health.

The good news is that our region is rich with programs, resources, and support to help combat social isolation and connect people to important services. Whether it's a need for "Rapp at the Door", food, transportation, mental health assistance, caregiver support or where to find a Senior Center, the Resource Guide serves to provide an easy-to-use vehicle for finding the telephone numbers or websites needed. Sometimes it is hard to know what you might be looking for, and that is why each listing has a brief description.

The Guide also contains important information on the warning signs of stroke, Alzheimer's Disease, and other medical conditions as well as checklists for choosing an assisted living or nursing facility.

For ease of use the Guide contains a tear-out page for each of our 5 counties – Culpeper, Fauquier, Madison, Orange, and Rappahannock.

On behalf of the Aging Together Board of Directors and Staff, we hope you find the information contained in this guide to be helpful and we look forward to hearing your feedback!

Sincerely,

Ellen Phipps
Executive Director

Ray Parks
Board of Directors Chair

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AGING TOGETHER

Aging Together through partnerships connects people to communities and resources to improve quality of life as we age.

www.agingtogether.org / 540-829-6405 / info@agingtogether.org



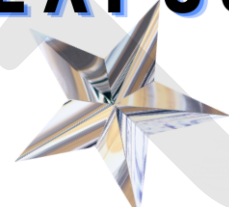
- Annual 5 Over 50 Celebration, honoring those older adults who make a positive impact on our region.



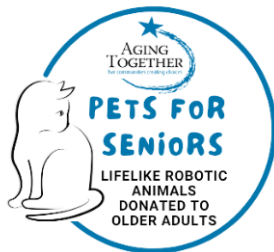
- Free Virtual Programs offered monthly on numerous subjects such as dementia, scams & fraud, decluttering & downsizing, retirement, Medicare, and so much more!

Art of Aging Lifestyle & Wellness

EXPOS



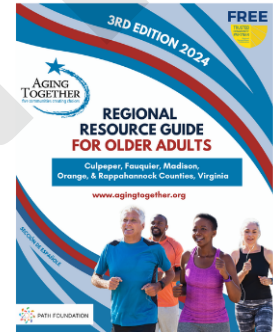
- Annual Expos with vendors, resources, health screenings & activities for older adults, caregivers and families.



- "TECH for SENIORS" - donating iPads and robotic companion pets to older adults living in long term care facilities.



- The Annual Dementia Education Conference for caregivers & those who want to learn more about dementia



- Regional Resource Guide for Older Adults - unique to the region



- Aging Together's Dementia Initiatives support our region by offering educational opportunities for individuals and businesses who wish to become advocates for those living with dementia and their caregivers.

- Aging Together supports advocacy that causes positive change for older adults and fights ageism.
- Supreme Sage is the animated force behind Aging Together's combat against stereotypes incorrectly assigned to older adults.





encompass
—Community Supports—

Formerly Known As – Rappahannock-Rapidan Community Services

SUPPORTING PEOPLE THROUGH THEIR JOURNEYS FOR MORE THAN 50 YEARS.

**IMPROVING THE QUALITY OF LIFE FOR INDIVIDUALS
OF CULPEPER, FAUQUIER, MADISON, ORANGE, &
RAPPAHANNOCK COUNTIES.**

ENCOMPASS COMMUNITY SUPPORTS PROVIDES...

- **BEHAVIORAL HEALTH SERVICES**
- **COMMUNITY CONNECTIONS FOR OLDER ADULTS**
- **CRISIS SERVICES**
- **FOOD SECURITY**
- **HEALTH/WELLNESS SUPPORT SERVICES**
- **HOUSING SUPPORTS**
- **LONG-TERM CARE OMBUDSMAN SERVICES**
- **MEALS ON WHEELS®**
- **MEDICARE/INSURANCE COUNSELING**
- **OPTIONS COUNSELING**
- **SENIOR CENTERS**
- **SENIOR COOL CARE**
- **SUBSTANCE USE DISORDER SERVICES (OUTPATIENT AND RESIDENTIAL)**
- **SUICIDE PREVENTION SERVICES**
- **TRANSPORTATION/MOBILITY CENTER: (540) 829-5300**
- **VOLUNTEER OPPORTUNITIES**

...AND SO MUCH MORE.

**WE ARE HERE TO HELP YOU AND YOUR LOVED ONES.
PLEASE CONTACT US.**

(540) 825-3100

WWW.ENCOMPASSCOMMUNITYSUPPORTS.ORG

WWW.FACEBOOK.COM/ENCOMPASSCOMMUNITYSUPPORTSVA

SCAN ME



NATIONAL & FEDERAL GOVERNMENT ORGANIZATIONS

AARP

www.aarp.org

888-687-2277 / 877-342-2277 (Spanish)

The Administration on Aging (AOA)

acl.gov/about-acl/administration-aging

202-401-4634

Alzheimer's Association

www.alz.org

800-272-3900

American Cancer Society

www.cancer.org

800-227-2345 (helpline)

American Heart Association

www.heart.org

800-242-8721

American Lung Association

www.lung.org

800-586-4872

American Stroke Association

(part of American Heart Association)

www.stroke.org

888-478-7653 (Mon-Fri / 8a-5p CST)

Centers for Disease Control & Prevention (CDC)

www.cdc.gov

800-232-4636

Center for Medicare & Medicaid Services (CMS)

cms.gov

Medicare Service Center: 800-MEDICARE (800-633-4227)

Medicare Service Center TTY: 877-486-2048

Report Medicare Fraud & Abuse: 800-HHS-TIPS
(800-447-8477)

COPD Foundation

www.copdfoundation.org

1-866-731-COPD (2673)

info@copdfoundation.org

Diverse Elders Coalition

<https://diverseelders.org/>

Elder Justice (Administration for Community Living)

elderjustice.acl.gov

Eldercare Locator

<https://eldercare.acl.gov/Public/Index.aspx>

800-677-1116

Elizabeth Dole Foundation

www.elizabethdolefoundation.org

Federal Trade Commission

Bureau of Consumer Protection

www.ftc.gov or consumer.ftc.gov

202-326-2222



American
Heart
Association.

Common Heart Attack Warning Signs

1
Pain or discomfort
in chest

2

Lightheadedness,
nausea, or vomiting

3

Jaw, neck or
back pain

4

Discomfort or pain in
arm or shoulder

5

Shortness of breath

Learn more at Heart.org/HeartAttack.

an Heart Association, Inc. All rights reserved. Unauthorized use prohibited.

Know the signs of
stroke

**BE
FAST!**

Sudden onset
of BEFAST symptoms:

Balance trouble

Eyes vision loss

Face drooping

Arm weakness

Speech difficulty

Time to call 911



UVA Health

NATIONAL & FEDERAL GOVERNMENT ORGANIZATIONS

Healthcare.gov
www.healthcare.gov

HIV - US government site for HIV
www.hiv.gov

The National Resource Center on LGBT Aging
www.lgbtagingcenter.org
212-741-2247

The National Resource Center on Native American Aging
www.nrcnaa.org
800-896-7628

Lupus Foundation of America
www.lupus.org
202-349-1155

Medicare.gov
www.medicare.gov
800-MEDICARE

National Alliance on Caregiving (NAC)
www.caregiving.org
202-918-1013

National Caucus and Center on Black Aging (NCBA)
<https://ncba-aging.org/>
202-637-8400

National Center on Elder Abuse
ncea.acl.gov
855-500-3537

National Consumer Voice
theconsumervoice.org
202-332-2275
info@theconsumervoice.org

National Council on Aging (NCOA)
www.ncoa.org
ncoa.org/page/contact-us (for contact info)

National Hispanic Council on Aging
<https://nhcoa.org/>
202-347-9733

National Institutes of Health (NIH)
www.nih.gov
301-496-4000

National Kidney Foundation
www.kidney.org
855-653-2273 (transplant toll-free helpline)

National Multiple Sclerosis Society
www.nationalmssociety.org
800-344-4867

Older Indians Act (Administration for Community Living)
olderindians.acl.gov

Parkinson's Foundation
www.parkinson.org
800-473-4636 - Helpline

Reach
www.reach.gov
(suicide prevention and support for Veterans)

Rosalynn Carter Institute for Caregivers
www.rosalynncarter.org
229-928-1234

Substance Abuse and Mental Health Services
Administration (SAMHSA)
samhsa.gov

SCORE (Business Mentorship)
www.score.org
800-634-0245

Social Security (The US Social Security Administration)
www.ssa.gov
Culpeper Office (appointment required):
1014 S Main St, Culpeper, VA
800-722-1213

USAging
www.usaging.org
202-872-0888

VisionAware
aphconnectcenter.org
800-232-5463

workforce50.com
www.workforce50.com

If you are looking for an official federal government site: the .gov means it's legitimate.

Federal government websites often end in .gov or .mil. Before sharing sensitive information, make sure you're on a federal government site.

The site is secure:

The <https://> ensures that you are connecting to the official website and that any information you provide is encrypted and transmitted securely. Note the "s" - if the http has no "s", the site may not be secure. Be careful about submitting sensitive personal information online.

Beware of any site that charges a fee for blank government enrollment/application forms.

VIRGINIA & STATE GOVERNMENT ORGANIZATIONS

2-1-1 Virginia

www.211virginia.org

Dial 211 (available 24/7)

An aggregate system for information and referrals for almost any resource you may be looking for. Either call 211 on your phone or go to the website and view resource categories. Or enter your zip code and a keyword to be directed online.

AARP Virginia

states.aarp.org/virginia/

866-542-8164

Includes a vast amount of information pertinent to older adults including health, wealth and retirement, and lifestyle, among others.

Commonwealth of Virginia Office of the Attorney General: Consumer Protection

www.oag.state.va.us/consumer-protection/

Check for, or report scams & fraud.

National Alliance on Mental Health/Virginia

<https://namivirginia.org/mental-health-resources/resources-for-seniors/>

888-486-8264 (not a crisis line)

“Find Help, Find Hope, Find Support”

Resources and programs in Virginia for mental health and wellbeing.

No Wrong Door

easyaccess.virginia.gov

888-992-0959 (24/7)

They will connect you to find info concerning healthcare finances, food, education & more. Language interpretation for over 200 languages.

Office of the State Long Term Care Ombudsman

www.elderrightsva.org

800-552-3402 (Dept. for Aging & Rehabilitative Services)

Advocates for older persons receiving long term care services, whether the care is provided in a nursing home, assisted living facility, or through community-based services to assist people still living at home. Also provides information, advocacy, and assistance to help resolve problems (for regional Ombudsman see pg. 79).

Virginia Department for Aging and Rehabilitative Services (VADARS)

www.vadars.org

800-552-5019

Improves the employment, quality of life, security, and independence of older Virginians, & those with disabilities.

Virginia Department of Health

www.vdh.virginia.gov

For up to date COVID-19 & vaccine info.

Virginia Department of Veterans Services

www.dvs.virginia.gov

804-786-0286

info@DVS.virginia.gov

1-800-273-TALK (8255) / Crisis Hotline or dial **988**

Connects Virginia's veterans and their families to federal and state benefits, support, quality care, and recognition they have earned.

Virginia Employment Commission (VEC)

www.vec.virginia.gov

866-832-2363

Supports job seekers, including veterans, in finding jobs, seeking unemployment assistance, and providing employment resources.

Virginia Housing

www.virginiahousing.com

804-782-1986 or Toll Free at 877-843-2123

Get information about loans and how to find a lender, tools for homebuyers, housing counseling, help finding fore-closed homes, renter education, FAQ and much more.

Virginia Relay

varelay.org

866-894-4116 (Voice)

866-246-9300 (TTY)

A free public service. Enables people who are deaf, hard of hearing, deafblind or have difficulty speaking to communicate with standard telephone users.

Virginia Senior Medicare Patrol (SMP)

www.virginiasmv.com

800-938-8885

If you suspect that you or a loved one has been a victim of fraud or abuse, or if you know of suspicious Medicare activity, call the SMP Hotline above.

Virginia's Senior Alert System

<https://vsp.virginia.gov/news-and-alerts/alert-programs/senior-alert/>

Provides a valuable tool for Virginia law enforcement agencies to help locate missing “senior adults”, while allowing the broadcasters of Virginia an opportunity to contribute to the communities they serve.



ADULT PROTECTIVE SERVICES (APS)

APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, social, and legal services to stop the mistreatment or prevent further mistreatment.

Services offered may include:

- Home-based care
- Transportation
- Adult day services
- Nutrition services
- Referrals
- Legal intervention in order to protect the adult.

Services may also be arranged for individuals in emergency situations who lack the capacity to consent to services.

**To report suspected adult abuse, neglect or exploitation
call your local department of social services or the 24-hour,
toll-free Adult Protective Services hotline at: (888) 832-3858.
You may also call Culpeper Human Services Intake phone at
(540)825-9073 or the main number at (540)727-0372.**

 **888-832-3858 = Adult Protective Services Hotline**

CALL FIRST FOR CURRENT STATUS & HOURS.

Adult Day Services

Generations Central Adult Day Center
Culpeper

<https://generationscentral.org/>
adultday@generationscentral.org
540-403-0557

Home away from home where older adults can thrive and belong, and receive a person-centered care plan to promote their highest level of physical, emotional, social, spiritual, and cognitive well-being.

Area Agency on Aging

Encompass Community Supports (Formerly Rappahannock Rapidan Community Services)

www.encompasscommunitysupports.org
540-825-3100 x3467

For home delivered meals, Long Term Care Ombudsman, Senior Center, VICAP (Medicare counseling), and more.

Crisis Hotlines

Encompass Community Supports / Mental Health Crisis Hotline

540-617-0774
contact@ecsva.org

Substance Abuse Hotline

800-662-HELP (4357)

Suicide & Crisis Hotline

Dial **988**

Available 24/7

Or text **HELLO** to **741741**

Para ayuda en español, llame al 988.

Department of Social Services (DSS)

Culpeper Human Services

www.culpepercounty.gov

(Go to "Services" and then "Human Services")

540-727-0372

Also: **First Call for Help** / 540-229-3816 / Help with medication, utilities and other aid for Culpeper residents.

Emergency Housing

Culpeper Housing and Shelter Services (CHASS)

www.culpepershelter.org

215 E. Spencer Street, Culpeper
540-825-7434

Assistance for the homeless and those at risk of homelessness.

Foothills Housing Network

www.foothillshousing.org

Housing Help: 540-724-6630

General Questions: 540-829-7450

Emergency shelter, utility and rental assistance.

Food Assistance

Blue Ridge Area Food Bank Pantry Locator

www.brafb.org/find-help/pantry-locator/

Insert zip code or search by county to find a pantry.

CDR Resource Center

cdrresourcecenter.org

office@cdrresourcecenter.org

Subsidizes family income by providing hygiene, toiletry and other household items; new clothes and shoes along with mentoring and training classes.

Every 3rd Saturday at Culpeper United Methodist Church. 8-11am.

Culpeper Food Closet (St. Stephens Church)

[www.ststephensculpeper.net/](http://www.ststephensculpeper.net/culpeper-food-closet)

culpeper-food-closet

120 N. Commerce Street, Culpeper

Must complete paperwork first from Sam's

Place: 540-727-1055, press 0

(Culpeper Career Res. Ctr.)

Culpeper Downtown Farmers Market

(accepts EBT card)

www.facebook.com/CulpeperFarmersMarket/

318 S. West St., Culpeper (church parking lot)

540-825-4416 (Culpeper Renaissance)

Saturdays in season 7:30am-Noon.

Check website or call for updates.

TEAR OUT - CULPEPER COUNTY (CONTINUED)

CALL FIRST FOR CURRENT STATUS & HOURS.

(Food Assistance Continued)

Empowering Culpeper
(USDA Free Food Distribution)

Email:

empoweringculpeper@peopleinc.net

Culpeper United Methodist Church

1233 Oaklawn Dr., Culpeper

540-935-0047

3rd Saturday each month / 9:00-11:00am

Manna Ministry

Location: Culpeper Presbyterian Church

301 South Main Street, Culpeper

540-825-8616

For lunch to anyone in need Mondays,

Wednesdays, and Fridays from

11am-12:30pm.

REVA Mobile Food Pantry

18230 Birmingham Rd., Culpeper

(Reva Fire Station)

540-248-3663 (Blue Ridge Area Food Bank)

Normally distributes 4th Wednesday of the month. 9:30-11:00am

Encompass Community Supports (Formerly Rappahannock Rapidan Community Services)

www.encompasscommunitysupports.org/service/home-delivered-meals/

(Home delivered meal services for adults age 60 and over. See Area Agency on Aging - look under "A", other side.)

Shiloh Baptist Church

15055 Stevensburg Road, Brandy Station

540-829-6815

Food pantry, 2nd Saturday of the month

9:00-11:00am

SNAP (Supplemental Nutritional Assistance Program)

www.dss.virginia.gov/benefit/snap.cgi

540-727-0372

SNAP accounts are for low-income households and can be used like cash to purchase food items (SNAP used to be "Food Stamps").

St. Joseph's Table

Precious Blood Catholic Church

<https://www.pbconline.com/stjosephstable>

540-827-4400

Provides food for families in need due to financial hardship. St. Josephs Table operates out of the Old Rectory, on the corner of Main and East Edmondson Street. It is open Wednesdays 4-6 PM.

Medical Care

Free Clinic of Culpeper

freeclinicofculpeper.org

610 Laurel St., Suite 3, Culpeper

540-829-5032

Culpeper County Health Department

web.culpepercounty.gov/Services/Health-Services

640 Laurel St, Culpeper

540-829-7350

Police non-emergency phone

Culpeper Police

540-727-3430

Senior Center

Culpeper Senior Center

710 US Avenue, Culpeper

540-825-5778

Sheriff non-emergency phone

Culpeper County Sheriff's Office

540-727-7520

Transportation

Regional Transportation Collaborative (RTC)

One Call Center

www.rtcmc.org

540-829-5300



CALL FIRST FOR CURRENT STATUS & HOURS.

Adult Day Services

Generations Central Adult Day Center
Culpeper

<https://generationscentral.org/adultday@generationscentral.org>
540-403-0557

Home away from home where older adults can thrive and belong, and receive a person-centered care plan to promote their highest level of physical, emotional, social, spiritual, and cognitive well-being.

Area Agency on Aging

Encompass Community Supports (Formerly Rappahannock Rapidan Community Services)

www.encompasscommunitysupports.org
540-825-3100 x3467

For home delivered meals, Long Term Care Ombudsman, Senior Center, VICAP (Medicare counseling), and more.

Crisis Hotlines

Encompass Community Supports / Mental Health Crisis Hotline
540-617-0774
contact@ecsva.org

Substance Abuse Hotline
800-662-HELP (4357)

Suicide & Crisis Hotline
Dial **988**

Available 24/7

Or **text HELLO to 741741**

Para ayuda en español, llame al 988.

Department of Social Services (DSS)

Fauquier DSS

www.fauquiercounty.gov

(Go to "Government" and then "Social Services")

540-422-8400

Emergency Housing

Community Touch, Inc.

www.communitytouchinc.org

540-439-9300

Offers a one year transitional housing program to homeless .

Fauquier Family Shelter

www.familyshelterservices.org

540-351-0130

24-hour, 52-bed emergency shelter in Warrenton.

Foothills Housing Network

www.foothillshousing.org

Housing Help: 540-724-6630

General Questions: 540-829-7450

Emergency shelter, utility and rental assistance.

Food Assistance

Blue Ridge Area Food Bank Pantry Locator

www.brafb.org/find-help/pantry-locator/

Insert zip code or search by county to find a pantry.

CDR Resource Center

cdrresourcecenter.org

office@cdrresourcecenter.org

Subsidizes family income by providing hygiene, toiletry and other household items; new clothes and shoes along with mentoring and training classes.

Every 1st Saturday at Faith Christian Church.

TEAR OUT QUICK GUIDE: FAUQUIER COUNTY (CONTINUED)

CALL FIRST FOR CURRENT STATUS & HOURS.

(Food Assistance Continued)

Fauquier Community Food Bank & Thrift Store

www.fauquierfoodbank.org

249 East Shirley Avenue, Warrenton

540-359-6054

fauquier_thrift@yahoo.com

Fauquier FISH (food pantry)

www.fauquierfish.org

680A Industrial Road, Warrenton

540-347-3474

Grace Episcopal Church

Peas & Grace Food Pantry

www.gracetheplains.org

6507 Main Street, The Plains

540-253-5177

Encompass Community Supports (Formerly
Rappahannock Rapidan Community Services)

[www.encompasscommunitysupports.org/
service/home-delivered-meals/](http://www.encompasscommunitysupports.org/service/home-delivered-meals/)

(Home delivered meal services for adults age
60 and over. See Area Agency on Aging - look
under "A", other side.)

SNAP (Supplemental Nutritional
Assistance Program)

www.dss.virginia.gov/benefit/snap.cgi

800-552-3431

SNAP accounts are for low-income
households and can be used like cash to pur-
chase food items (SNAP used to be "Food
Stamps").

Medical Care

Fauquier Free Clinic

www.fauquierfreeclinic.org

35 Rock Pointe Lane, Warrenton

540-347-0394

Fauquier County Health Department

[https://vdh.virginia.gov/rappahannock-
rapidan/office-locations/](https://vdh.virginia.gov/rappahannock-rapidan/office-locations/)

330 Hospital Drive, Warrenton

540-347-6400

Mental Health Association of Fauquier
County

www.fauquier-mha.org

540-341-8732

Police non-emergency phone

Remington Police Department

remingtonpolice.com

540-439-0344

Warrenton Police Department

540-347-1100

Sheriff non-emergency phone

Fauquier County Sheriff's Office

540-347-3300

Senior Center

Fauquier Senior Center

430 E. Shirley Ave. Suite 21, Warrenton

540-347-7729

Transportation

Regional Transportation Collaborative (RTC)

One Call Center

www.rtcmc.org

540-829-5300



Veterans

Hero's Bridge

www.herosbridge.org

540-341-5378

info@herosbridge.org

They bridge Veterans age 65 and older to a
better quality of life through age specific and
innovative programs at no expense to them or
their families.

TEAR OUT QUICK GUIDE: MADISON COUNTY

CALL FIRST FOR CURRENT STATUS & HOURS.

Adult Day Services

Generations Central Adult Day Center
Culpeper

<https://generationscentral.org/adultday@generationscentral.org>
540-403-0557

Home away from home where older adults can thrive and belong, and receive a person-centered care plan to promote their highest level of physical, emotional, social, spiritual, and cognitive well-being.

Area Agency on Aging

Encompass Community Supports (Formerly Rappahannock Rapidan Community Services)

www.encompasscommunitysupports.org
540-825-3100 x3467

For home delivered meals, Long Term Care Ombudsman, Senior Center, VICAP (Medicare counseling), and more.

Crisis Hotlines

Encompass Community Supports / Mental Health Crisis Hotline
540-617-0774
contact@ecsva.org

Substance Abuse Hotline
800-662-HELP (4357)

Suicide & Crisis Hotline
Dial **988**

Available 24/7

Or **text HELLO to 741741**

Para ayuda en español, llame al 988.

Department of Social Services (DSS)

Madison DSS

www.madisonco.virginia.gov

(Go to "Government" and then "Social Services" under County Departments)

540-948-5521

Emergency Housing

Foothills Housing Network

www.foothillshousing.org

540-724-6630

Emergency shelter, utility & rental assistance.

Skyline Cap

<http://skylinecap.org/housing/>

540-948-3916

Emergency home repair services, income based housing, housing counseling.

Food Assistance

Beth Car Baptist Church

<http://bethcarbaptist.com/>

411 Mud Rd, Madison

USDA Food Distribution / 2nd Saturday of every month; 9:30am-Noon

Blue Ridge Area Food Bank Pantry
Locator

www.brafb.org/find-help/pantry-locator/

Insert zip code or search by county to find a pantry.

Madison County Farmers Market

www.madisonfarmersmarket.info

1110 Fairground Rd, Madison

MESA (Madison Emergency Services Association)

mesamadisonva.org

540-948-4427

Encompass Community Supports (Formerly Rappahannock Rapidan Community Services)

www.encompasscommunitysupports.org/service/home-delivered-meals/

(Home delivered meal services for adults age 60 and over. See Area Agency on Aging - look under "A", other side.)

TEAR OUT QUICK GUIDE: MADISON COUNTY (CONTINUED)

CALL FIRST FOR CURRENT STATUS & HOURS.

(Food Assistance Continued)

REVA Mobile Food Pantry

18230 Birmingham Rd., Culpeper

(Reva Fire Station)

www.brafb.org

540-248-3663

Normally distributes 4th Wednesday of the month. 10:00am-11:30am

SNAP (Supplemental Nutritional Assistance Program)

www.dss.virginia.gov/benefit/snap.cgi

800-552-3431

SNAP accounts are for low-income households and can be used like cash to purchase food items (SNAP used to be "Food Stamps").

Medical Care

Madison Free Clinic

www.madisonfreeclinic.org

125 N Main St, Madison

(appointment required)

540-948-3667

Madison County Health Department

1480 North Main Street, Suite A,
Madison

540-948-5481

Madison Day (annual May event)

540-672-8757 (Karen Coppage)

Help for Madison residents with home projects. Must schedule for following year by calling Ms. Coppage above.

Senior Center

Madison Senior Center

1480 N Main St

540-948-4131

Madison, VA 22727

Sheriff non-emergency phone

Madison County Sheriff's Office

540-948-5161

Transportation

Regional Transportation Collaborative (RTC)

One Call Center

www.rtcnc.org

540-829-5300



CALL FIRST FOR CURRENT STATUS & HOURS.

Adult Day Services

**Generations Central Adult Day Center
Culpeper**

<https://generationscentral.org/>
adultday@generationscentral.org
540-403-0557

Home away from home where older adults can thrive and belong, and receive a person-centered care plan to promote their highest level of physical, emotional, social, spiritual, and cognitive well-being.

AARP

Locust Grove AARP Chapter 5239

www.aarp5239.org
aarp5239chapter@gmail.com
540-972-0519

Area Agency on Aging

**Encompass Community Supports (Formerly
Rappahannock Rapidan Community Services)**

www.encompasscommunitysupports.org
540-825-3100 x3467
For home delivered meals, Long Term Care Ombudsman, Senior Center, VICAP (Medicare counseling), and more.

Crisis Hotlines

**Encompass Community Supports / Mental
Health Crisis Hotline**
540-617-0774
contact@ecsva.org

Substance Abuse Hotline
800-662-HELP (4357)

Suicide & Crisis Hotline
Dial 988

Available 24/7
Or **text HELLO to 741741**
Para ayuda en español, llame al 988.

Department of Social Services (DSS)

Orange DSS

www.orangecountyva.gov
(Click on "Community" then scroll down and click on "Social Services")
540-672-6166

Emergency Housing

Foothills Housing Network

www.foothillshousing.org
540-724-6630
Emergency shelter, utility & rental assistance.

Skyline Cap

<http://skylinecap.org/housing/>
540-948-3916
Emergency home repair services, income based housing, housing counseling.

Food Assistance

**Blue Ridge Area Food Bank Pantry
Locator**

www.brafb.org/find-help/pantry-locator/
Insert zip code or search by county to find a pantry.

Good Samaritan

<https://www.goodsamaritaninc.org/>
105 N. Madison Road, Orange
540-308-7741

**Lake of the Woods Lions Club Wilderness
Food Pantry**

www.lowlions.org/food-pantry
540-518-2440

Love Outreach Food Pantry

www.loveoutreachocva.org
loveoutreachorange@gmail.com
252 Blue Ridge Drive, Orange
540-223-6674

TEAR OUT QUICK GUIDE: ORANGE COUNTY (CONTINUED)

CALL FIRST FOR CURRENT STATUS & HOURS.

(Food Assistance Continued)

Orange Mobile Food Pantry

540-213-1319

Free Produce 3rd Tuesday of each month from 10:00-11:30am. Booster Park, Orange

Encompass Community Supports (Formerly Rappahannock Rapidan Community Services)

www.encompasscommunitysupports.org/service/home-delivered-meals/

(Home delivered meal services for adults age 60 and over. See Area Agency on Aging - look under "A", other side.)

SNAP (Supplemental Nutritional Assistance Program)

www.dss.virginia.gov/benefit/snap.cgi

540-552-3431

SNAP accounts are for low-income households and can be used like cash to purchase food items (SNAP used to be "Food Stamps").

Medical Care

Health Department

Orange County Health Department

450 N. Madison Road, Orange

540-672-1291

Living Water Community Clinic

www.livingwaterclinic.life

32345 Constitution Highway, Suite P, Locust Grove

540-854-5922

Orange County Free Clinic

www.orangecountyfreeclinic.org

101 C Woodmark Street, Orange

ocfc@orangecountyfreeclinic.org

540-672-0793

LOWLINC

(Lake of the Woods, Living Independently in our Community)

www.lowlinc.org

855-LOWLINC (569-5462)

Member services for transportation, errands, home repairs, health and wellness programs and social engagement for older adults. Contact them for a full schedule of services and for membership information.

Police non-emergency phone

Orange Town Police

540-672-1491

Orange County Sheriff

540-672-1200

Orange County Emergency Communications

540-672-1234

Senior Center

Orange Senior Center

13010 Old Gordonsville Road, Orange

540-672-5926

Sheriff non-emergency phone

Orange County Sheriff's Office

540-672-1200

TRIAD

Orange County TRIAD

540-672-1536

(Senior safety program/see glossary for more information.)

Transportation

Regional Transportation Co

One Call Center

www.rtcmc.org

540-829-5300



CALL FIRST FOR CURRENT STATUS & HOURS.

Adult Day Services

Generations Central Adult Day Center
Culpeper

<https://generationscentral.org/>
adultday@generationscentral.org
540-403-0557

Home away from home where older adults can thrive and belong, and receive a person-centered care plan to promote their highest level of physical, emotional, social, spiritual, and cognitive well-being.

Area Agency on Aging

Encompass Community Supports
(Formerly Rappahannock Rapidan Community Services)

www.encompasscommunitysupports.org
540-825-3100 x3467

For home delivered meals, Long Term Care Ombudsman, Senior Center, VICAP (Medicare counseling), and more.

Crisis Hotlines

Encompass Community Supports / Mental Health Crisis Hotline
540-617-0774
contact@ecsva.org

Substance Abuse Hotline
800-662-HELP (4357)

Suicide & Crisis Hotline
Dial 988

Available 24/7
Or **text HELLO to 741741**
Para ayuda en español, llame al 988.

Department of Social Services (DSS)

Rappahannock DSS
540-675-3313

Emergency Housing

Foothills Housing Network
www.foothillshousing.org

540-724-6630
Emergency shelter, utility and rental assistance.

Food Assistance

Blue Ridge Area Food Bank Pantry Locator

www.brafb.org/find-help/pantry-locator/
Insert zip code or search by county to find a pantry.

Encompass Community Supports
(Formerly Rappahannock Rapidan Community Services)

www.encompasscommunitysupports.org/service/home-delivered-meals/

(Home delivered meal services for adults age 60 and over. See Area Agency on Aging - look under "A", other side.)

Rappahannock County Food Pantry
www.rappahannockpantry.org
11763 Lee Highway, Sperryville
540-987-5090

SNAP (Supplemental Nutritional Assistance Program)

www.dss.virginia.gov/benefit/snap.cgi
540-727-0372

SNAP accounts are for low-income households and can be used like cash to purchase food items (SNAP used to be "Food Stamps").

Medical Care

Fauquier Free Clinic

www.fauquierfreeclinic.org
35 Rock Pointe Lane, Warrenton
540-347-0394

TEAR OUT QUICK GUIDE: RAPPAHANNOCK COUNTY (CONTINUED)

CALL FIRST FOR CURRENT STATUS & HOURS.

(Medical Care Continued)

Health Department
Rappahannock County Health
Department
www.vdh.virginia.gov/rappahannock-rapidan/
338A Gay Street, Washington, VA
540-675-3516

Rapp at Home

www.rappathome.net
17 Leggett Lane, Suite 110, Washington, VA
540-937-HOME (4663)
info@rappathome.org
Local organization that supports neighbor-to-neighbor assistance to sustain an independent lifestyle for those over age 50. Services include: rides, caregivers, health and wellness programs, educational and social activities, one-on-one support for finding resources and solving problems.

Rappahannock Benevolent Fund

www.rappbenfund.org
370 Gay Street, Washington, VA
540-671-0421 (Berni Olson)
berniolson@rappbenfund.org
Provides financial and supportive services in a confidential and compassionate manner to residents of Rappahannock County in times of crisis.

Senior Center

Rappahannock Senior Center
111 Scrabble Rd, Castleton
540-987-3638

Sheriff non-emergency phone

Rappahannock County Sheriff's Office
540-675-5300
Offers daily check-in service for older adults.

Transportation

Regional Transportation Collaborative (RTC)
One Call Center
www.rtcmc.org
540-829-5300



CAREGIVER RESOURCES

A Caregiver is an individual who helps a person with his or her activities of daily living. Caregivers can be professional staff, family members, or both. Generally, family members do not categorize themselves as “caregivers” - they are simply doing what any devoted family members would do for a loved one. Consequently, they don’t seek out vital help and respite. The reality is that often family members serve as constant caregivers and provide 80% of the care for older adults and people with disabilities and chronic illness in Virginia.

Caregiver Support

Aging Together

www.agingtogether.org

540-829-6405

Resource for caregivers, both family and professional. Visit the website for free educational programs and information throughout the year specifically to help caregivers.

Alzheimer’s Association

www.alz.org

800-272-3900 (24/7 Helpline)

Information on Alzheimer’s, related diseases, research and caregiving.

AARP Virginia Caregiver Guide

www.aarp.org/caregiving/prepare-to-care-planning-guide/

AARP developed this family caregiver guide as a starting point to help find services and support you might need throughout your journey. Available for multiple languages and demographics.

www.caregiver.com

An online resource for caregivers including tips sections, discussion lists, breaking news, topic specific channels, expert answers and email newsletters.

VA Caregiver Support Program - for Veterans

www.caregiver.va.gov

The program’s mission is to promote the health and well-being of family caregivers who care for our Nation’s Veterans, through education, resources, support, and services.

Caregiving.com

www.caregiving.com

A large library of caregiving stories and a community of bloggers and contributors who take care of aging parents, spouses, and anyone they consider family.

Cornerstone Cares

www.cornerstoneva.org/caregivers

40 Rock Pointe Lane, Ste 202

Warrenton, VA 20186

540-349-0880

caregiving@cornerstoneva.org

A ministry of Cornerstone Baptist Church that provides education, resources, and ongoing support to caregivers in Fauquier, Rappahannock, and Culpeper Counties.

The Caregiver Space

thecaregiverspace.org

A collection of caregiver stories submitted by those with personal experience. Hundreds of articles on many subjects related to caregiving that are both helpful and inspiring. “This is a space for everyone who provides care, no matter who you are or where you are in your caregiving journey.”

Community Resource Finder

www.communityresourcefinder.org/

Made available by the Alzheimer’s Association and AARP and is a database of dementia and aging-related resources that makes it easy for individuals and families to find programs and services in a specific location.

Elizabeth Dole Foundation

www.elizabethdolefoundation.org

The preeminent organization empowering, supporting, and honoring our nation’s 5.5 million military caregivers; the spouses, parents, family members, and friends who care for America’s wounded, ill, or injured Veterans.

Family Caregiver Alliance National Center on Caregiving

<https://www.caregiver.org/>

800-445-8106

The services, education programs, and resources from FCA are designed with caregivers’ needs in mind and offer support, tailored information, and tools to manage the complex demands of caregiving.

Long Term Care Ombudsman

www.encompasscommunitysupports.org/service/quality-of-care/

Regional Office

Encompass Community Supports

540-825-3100

Serves all 5 counties.

I am a spouse. I am a parent.

I am a daughter. I am a son.

I am a friend. I am a neighbor.

I am an advocate. I am a professional.

I am a Caregiver.

CAREGIVER RESOURCES

Caregiver Respite

Virginia Lifespan Respite Voucher Program (VLRVP)

www.vda.virginia.gov/vlrp.htm

800-552-3402

Up to \$599 in reimbursement per family for respite services to assist Virginians with disabilities or chronic conditions and the family members who provide their care. For more detailed information and guidelines, or for an application, see website.

Community Resource Finder

www.communityresourcefinder.org/

Made available by the Alzheimer's Association and AARP. A database of dementia and aging-related resources that makes it easy for individuals and families to find programs and services in a specific location.

RESPITE is temporary relief from duties for caregivers, ranging from several hours to days. It might be provided in-home or in a residential care facility. Respite allows a caregiver to take a break and get away, maybe for a medical appointment, grocery shopping or a weekend outing with friends. Several organizations, like the ones listed, offer limited funding specifically to help caregivers pay for someone to be with their loved one and care for them while they are away.

**Providing education,
support, and respite to
caregiver families in
Fauquier County
and the immediate
surrounding area.**

Contact us at
www.cornerstoneva.org



Cornerstone Cares

MINISTRY TO CAREGIVERS

CAREGIVER (& OTHER) SUPPORT GROUPS

Regional Support Groups

(Support groups are subject to change.
Please use contact info provided for updates.)

Alzheimer's Dementia-Related Illnesses Support Group for Caregivers & Families (in person)
Fauquier Health (The Villa at Suffield Meadows)
540-316-3800
Call the number above for more information.
Meets 4th Wednesday of the month / 11:30am-1:00pm

Alzheimer's & Dementia Support Group
Alzheimer's Association, Central & Western VA Chapter
www.alz.org
Please RSVP at the website above or contact Ashley Gore at 540-321-1319.
Meets 2nd Wednesday of the month / 5:00pm
Location:
The Culpeper, 12425 Village Loop, Culpeper (1st floor activity room)

Bereavement Support Group
Trinity Hospice Warrenton
www.trinityhospice.com
5 Rock Pointe Lane, #250, Warrenton
757-664-9441
areid@trinityhospice.com
Contact Trinity Hospice for current support group scheduling.

Caregiver Support Group
Rappahannock & Surrounding Counties
Ellie Clark: [540-316-7104](tel:540-316-7104) (cell)
[blessingsfromellie@gmail.com](mailto: blessingsfromellie@gmail.com)
Offers support to volunteer caregivers of those living with dementia, Parkinson's disease, advanced age, etc.
Meets virtually 1st & 3rd Tuesday of the month / 10:00-11:03am
Contact phone above for Zoom info.

Caregiver Support Group (in-person) at
Generations Central Adult Day Center
318 S. West Street, Culpeper (in the Culpeper Baptist Church building, lower level)
3rd Monday of the month at 10:00am
RSVP: [540-403-0557](tel:540-403-0557)
or adultday@generationscentral.org
Provides emotional educational and social support for family and friends caring for older adults facing age-related challenges.

Caregiver Support Group (in-person)
The Harbor at Renaissance
422 William Mills Drive, Stanardsville, VA
540-985-4481
1st Wednesday of the month at 10:00am
Hospice of the Piedmont
www.hopva.org
800-975-5501
Offers on-going support groups throughout the year for hospice and grief support.

Parkinson's Support Group
Lake of the Woods Church
1 Church Lane, Locust Grove
Contact Rev. Lee Moore at leeatstm@aol.com or 540-972-0395
Meets 2nd Thursday of the month at 4:00pm.

Parkinson's Support Group
Powell Wellness Center
1005 Golf Drive, Culpeper
<https://powellwellnesscenter.org>
vawstanley@gmail.com
540-672-5696
Meets 2nd Wednesday of the month at 12:15pm.

Reformation Lutheran Church (Culpeper)
Mature Adult Gathering
www.culpeperlutherans.org
540-270-1026
Meets third Thursday of Month at Noon. Lunch is provided. Open to anyone 50 or better. Event includes an educational speaker on aging topic. For more information, contact Pastor Brad Hales at number above.

"Sweet Spot" Diabetes Support Group
(virtual and in-person)
540-439-3247
Call number above to register. In-Person group meets 2nd Thursday of the month / 10:30am. Virtual group meets the 2nd Thursday of the month / 7:00pm.

Spiritual Care Ministries (in-person)
<https://www.scsm.tv/>
scsm@scsm.tv
7179 New Hope Ln, Warrenton, VA 20187
[540-349-5814](tel:540-349-5814)
One on one counseling for support for anyone suffering loss, divorce, chronic illness and for the people who journey with them. Check their website for additional support and programs.
Appointments can be made at phone number above.

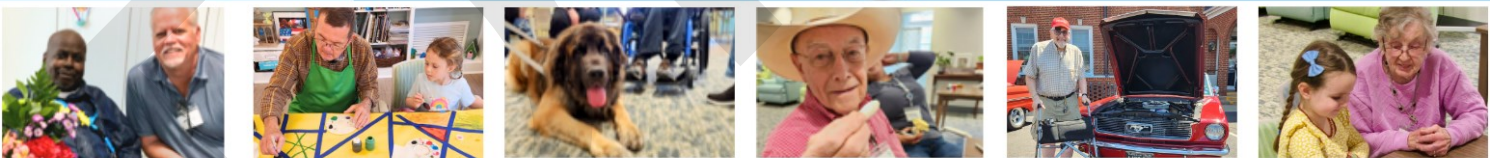
Are you caring for
a senior Adult?

Your Senior Can
Enjoy:

Activities with kids
Gardening
Music
Creative Arts
New Friendships
Cooking
Daily Exercise
Snacks and Lunch



Where Seniors Thrive



A daytime care center where senior adults find renewed purpose through engaging and interactive programs.

Our amazing caregivers specialize in dementia care and provide therapeutic activities, medication management and personal care while putting your senior first in every interaction.



Keep your senior engaged. Let us join your care team.
Watch your senior thrive!



GENERATIONS
CENTRAL
ADULT DAY CENTER

Contact Us and Schedule a Personal Tour Today

adultday@generationscentral.org

540-403-0557

www.generationscentral.org

Taking Care of Yourself

On average family caregivers spend 10 hours per day providing some kind of care for loved ones, and for some it's around-the-clock caregiving. If you are a caregiver you may feel stressed, and that can affect your own health. See the suggestions below to help care for yourself!

- **Accept help.** Be prepared with a list of ways that others can help you, and let the helper choose what he or she would like to do. For instance, a friend may offer to take the person you care for on a walk a couple of times a week. Or a friend or family member may be able to run an errand, pick up your groceries or cook for you.
- **Focus on what you are able to provide.** It's normal to feel guilty sometimes, but understand that no one is a "perfect" caregiver. Believe that you are doing the best you can and making the best decisions you can at any given time.
- **Set realistic goals.** Break large tasks into smaller steps that you can do one at a time. Prioritize, make lists and establish a daily routine. Begin to say no to requests that are draining, such as hosting holiday meals.
- **Get connected.** Find out about caregiving resources in your community. Many communities have classes specifically about the disease your loved one is facing. Caregiving services such as transportation, meal delivery or housekeeping may be available.
- **Join a support group.** A support group can provide validation and encouragement, as well as problem-solving strategies for difficult situations. People in support groups understand what you may be going through. A support group can also be a good place to create meaningful friendships.
- **Seek social support.** Make an effort to stay well-connected with family and friends who can offer nonjudgmental emotional support. Set aside time each week for connecting, even if it's just a walk with a friend.
- **Set personal health goals.** For example, set goals to establish a good sleep routine, find time to be physically active on most days of the week, eat a healthy diet and drink plenty of water.
- **Many caregivers have issues with sleeping.** Not getting quality sleep over a long period of time can cause health issues. If you have trouble getting a good night's sleep, talk to your doctor.
- **See your doctor.** Get recommended vaccinations and screenings. Make sure to tell your doctor that you're a caregiver. Don't hesitate to mention any concerns or symptoms you have.

(source: The Mayo Clinic: www.mayoclinic.org)

Six Tips for Long-Distance Caregiving

Anyone who is caring for a friend, relative or parent from far away can be considered a **long-distance caregiver**. Whether you are helping with **finances**, arranging for **care**, or providing **emotional support**, long-distance caregiving can bring a host of **unique challenges**.



Keep these tips in mind to help make life more manageable.

1 Learn as much as you can about your loved one's health, treatments and available caregiving resources.

You can understand what is going on, anticipate the course of an illness, prevent crises, and assist in healthcare management.



2 Organize important paperwork.

Keep all vital information in one place and up-to-date, including healthcare documents, wills and financial information. Provide copies to other caregivers.



3 Make sure at least one caregiver has written permission to receive medical and financial information.

To the extent possible, one person should handle conversations with all healthcare providers.



4 Plan your visits.

Find out in advance what the person would like to do. Aim for simple and relaxing activities. And check with the primary caregiver to see if you can help with any priority tasks.



5 Stay connected.

Schedule calls with healthcare providers and facility staff to discuss the person's well-being. Update trusted family members on your loved one's health and needs.



6 Consider caregiver training.

Some local chapters of the American Red Cross or other not-for-profit organizations might offer caregiving courses. Medicare and Medicaid will sometimes cover the cost of this training.



Visit www.nia.nih.gov/long-distance-caregiving to learn more.

FOOD & CLOTHING

For Regional Food Inquiry

Blue Ridge Area Food Bank Pantry Locator

www.brafb.org/find-help/pantry-locator/

Insert zip code or search by county to find a pantry.

SNAP (Supplemental Nutritional Assistance Program)

www.dss.virginia.gov/benefit/snap.cgi

For low-income households and can be used like cash to purchase food items. To apply for the SNAP program go to the website above or call your county's social services office (Previously known as Food Stamps).

Home Delivered Meal Services

Encompass Community Supports

<https://www.encompasscommunitysupports.org/service/home-delivered-meals/>

540-825-3100

Provides frozen meals for seniors who have no one to help them prepare meals.

Culpeper County

**** PLEASE CONTACT IN ADVANCE OF VISITING ANY OF THESE ORGANIZATIONS DUE TO POSSIBLE CHANGING HOURS WITHOUT NOTICE**

CDR Resource Center

cdrresourcecenter.org

office@cdrresourcecenter.org

Subsidizes family income by providing hygiene, toiletry and other household items; new clothes and shoes along with mentoring and training classes.

Every 3rd Saturday at United Methodist Church.

Culpeper Food Closet (St. Stephens Church)

www.ststephensculpeper.net/culpeper-food-closet

120 N. Commerce Street, Culpeper

Must complete paperwork first from Sam's Place:

540-727-1055, extension 409

219 East Davis Street, Suite 100, Culpeper

Culpeper Goodwill Store

504 Culpeper Town Square, Culpeper

540-829-8068

Pre-owned clothing, furniture, housewares and more.

Culpeper Farmers Market

www.facebook.com/CulpeperFarmersMarket/

540-825-4416

Accepts EBT card. They are open seasonally May through October on Saturdays from 7:30am-Noon. Located in the parking lot of Culpeper Baptist Church, 318 S. West Street, Culpeper

Empowering Culpeper

(USDA Free Food Distribution)

Email: empoweringculpeper@peopleinc.net

Culpeper United Methodist Church

1233 Oaklawn Drive, Culpeper

540-935-0047

Normal distribution 3rd Saturday each month

9:00-11:00am.

Full Circle Thrift

<https://www.facebook.com/fullcirclethriftculpeper/>

12308 Sperryville Pike, Culpeper

540-727-8716

Recycled/donated clothing. Donates their net proceeds to help meet the emergency needs of the elderly, low income families and children in Culpeper County.

Hope Community Church of the Nazarene

2002 Orange Rd, Culpeper

jvimb@gmail.com

540-672-8900

For those in need of food assistance, please visit on Tuesdays from 12PM to 2PM.

Manna Ministry

Location: Culpeper Presbyterian Church

301 South Main Street, Culpeper

540-825-8616

Serves a free lunch to anyone in need on Mondays, Wednesdays, and Fridays from 11:00 am to 12:30 pm.

REVA Mobile Food Pantry

18230 Birmingham Rd., Culpeper (Reva Fire & Rescue)

540-213-1319

Normally distributes 4th Wednesday of the month, 9:30-11:00am.

Salvation Army

<https://salvationarmypotomac.org>

133 E. Culpeper St., Culpeper

540-317-5873

Offers food once per month per family. Hours: Tuesday, Wednesday & Friday from 9:00am-4:00pm.

Sam's Place

219 E. Davis Street, Suite 100, Culpeper

540-727-1055, press 0

Associated with the Culpeper Food Closet. Must complete paperwork first. Call for appointment or walk in. One can access food or firewood with the help of Sam's Place.

Shiloh Baptist Church

15055 Stevensburg Road, Brandy Station

540-829-6815

Food pantry 2nd Saturday of the month / 9:00-11:00am

St. Joseph's Table

Location: Precious Blood Catholic Church

<https://www.pbconline.com/stjosephstable>

Corner of Main and East Edmondson Street, Culpeper

540-825-8945

Provides food for families in need due to financial hardship. Open Wednesdays from 4:00-6:00pm.

FOOD & CLOTHING

Fauquier County

**** PLEASE CONTACT IN ADVANCE OF VISITING ANY OF THESE ORGANIZATIONS DUE TO POSSIBLE CHANGING HOURS.**

CDR Resource Center

cdrresourcecenter.org

office@cdrresourcecenter.org

Subsidizes family income by providing hygiene, toiletry and other household items; new clothes and shoes along with mentoring and training classes.

Every 3rd Saturday at United Methodist Church.

Clara's House

www.communitytouchinc.org

10499 Jericho Rd., Bealeton

540-439-9300

Part of Community Touch ministries and provides food for the hungry in Fauquier and surrounding counties.

Fauquier Community Food Bank & Thrift Store

www.fauquierfoodbank.org

540-359-6053

Food Bank Hours: 12-4pm, Monday - Friday

Thrift Hours: 9am- 4pm, Monday - Friday

249 East Shirley Avenue, Warrenton

fauquier_thrift@yahoo.com

Provides USDA Commodities, pantry services, some personal supplies, and firewood to registered clients only in Fauquier County. Bring the proper documentation as listed on the website. Clients are served based on income; families do not need to receive public assistance to come to the Food Bank.

Fauquier FISH (Food distribution)

www.fauquierfish.org

680A Industrial Road, Warrenton

540-347-3474

Call for hours.

Grace Episcopal Church Peas & Grace Food Pantry

www.gracetheplains.org

6507 Main Street, The Plains

540-253-5177

Open to the public Tuesdays and Saturdays from 8:00-10:00 am.

Hope Heals Community Free Store

www.hopehealsfreestore.org

hopehealsfreestore@gmail.com

606 Falmouth Street, Warrenton

Provides the community with free clothing, shoes, and household linens.

Noah's Ark Thrift Store

by Community Touch, Inc.

www.communitytouch.org

4199-D Winchester Road, Marshall

540-364-8007

Helps those that lack household furnishings and allows those that have the means to give a donation for low-cost, quality household items that include quality furniture, clothes in season, household items and appliances. See website for hours of operation.

The Salvation Army Family Store

<https://salvationarmypotomac.org>

62 Waterloo Street, Warrenton

540-341-8385

Sells clothing, household items and furniture at reasonable rates. Proceeds support local programs. Donations are accepted during business hours. Call for hours of operation.

Madison County

**** PLEASE CALL IN ADVANCE OF VISITING ANY OF THESE ORGANIZATIONS DUE TO POSSIBLE CHANGING HOURS.**

Madison County Farmers Market

www.madisonfarmersmarket.info

Hoover Ridge Park

1110 Fairground Rd, Madison

Old fashioned market with free parking and a safe place for children to play while you shop. Check website for seasons of operation and hours.

MESA (Madison Emergency Services Association)

mesamadisonva.org

540-948-4427

Food pantry and thrift shop.

Limited hours. Call or check website for schedule.

Beth Car Baptist Church

<http://bethcarbaptist.com>

Mud Rd, Madison

USDA Food Distribution / 2nd Saturday of every month; 9:30am-Noon

Orange County

**** PLEASE CONTACT IN ADVANCE OF VISITING ANY OF THESE ORGANIZATIONS DUE TO POSSIBLE CHANGING HOURS.**

Goodwill Store

Orange Village Shopping Center

500 N. Madison Road, Orange

Pre-owned clothing, furniture, housewares & more.

Lake of the Woods Lions Club Wilderness Food Pantry

www.lowlions.org/food-pantry

540-518-2440

Serves area families who are in need. Operated by LOW Lions Club & LOW Lioness Lions Club. Located on Route 20 in Locust Grove.

Love Outreach Food Pantry

<https://loveoutreachocva.org/>

252 Blue Ridge Drive, Orange

540-223-6674

Open on Wednesdays from 9:00am-noon and on the 3rd Monday of each month from 4:00-5:30pm. When there is a 5th Wednesday in a month the food pantry is closed on that day. Home delivery is done on the 4th Wednesday of each month between 8:00am-noon in the Orange and Gordonsville areas. On your first visit you will need to provide the name, birthdate, and income for each person.

FOOD & CLOTHING

LOWLINC

(Lake of the Woods, Living Independently in our Community)

www.lowlinc.org

855-LOWLINC (569-5462)

Member services for transportation, errands, home repairs, health and wellness programs and social engagement for older adults. Contact them for a full schedule of services and for membership information.

Orange Mobile Food Pantry

Booster Park, Orange

540-248-3663

Free Produce

3rd Tuesday of each month from 10:00-11:30am.

Orange Clothes Closet

252 Blue Ridge Drive, Orange



HEALTHY NUTRITION

Tips on healthy eating from the NIH

(National Institute on Aging) www.nih.gov

- Enjoy a variety of foods from each food group to help reduce the risk of developing diseases such as high blood pressure, diabetes, and heart disease. Choose foods with little to no added sugar, saturated fats, and sodium.
- To get enough protein throughout the day and maintain muscle, try adding seafood, dairy, or fortified soy products along with beans, peas, and lentils to your meals.
- Add sliced or chopped fruits and vegetables to meals and snacks. Look for pre-cut varieties if slicing and chopping are a challenge for you.
- Try foods fortified with vitamin B12, such as some cereals, or talk to your doctor about taking a B12 supplement.
- Reduce sodium intake by seasoning foods with herbs and citrus such as lemon juice.
- Drink plenty of water throughout the day to help stay hydrated and aid in the digestion of food and absorption of nutrients. Avoid sugary drinks.

Rappahannock County

**** PLEASE CONTACT IN ADVANCE OF VISITING ANY OF THESE ORGANIZATIONS DUE TO POSSIBLE CHANGING HOURS.**

Rapp at Home

www.rappathome.net

17 Leggett Lane, Suite 110, Washington, VA

540-937-4663

info@rappathome.org

Need help picking up groceries or need meals in an emergency? Contact Rapp at Home, a nonprofit serving Rappahannock County adults over age 50.

Rappahannock Food Pantry

www.rappahannockpantry.org

37 Leggett Ln, Washington, VA 22747

540-987-5090

Tuesdays and Thursdays, Noon-4pm and Saturdays, 10am -2pm. All Rappahannock County residents welcome.

RAPPAHANNOCK FOOD PANTRY

HOURS OF OPERATION

Tuesdays and Thursdays: 12pm – 4pm

Saturdays: 10am – 2pm

If interested in volunteering please contact pantry manager **Laura Lucas:**

Manager@rappahannockpantry.org

540.987.5090

Rush River Commons 37 Leggett Lane

Washington VA 22747



Adult Day Services

Generations Central Adult Day Center (Culpeper)

www.generationscentral.org
adultday@generationscentral.org
 540-403-0557

Older adults will each receive a person-centered care plan to promote their highest level of physical, emotional, social, spiritual, and cognitive well-being.

Community Resource Finder (See Right)

(to help locate Adult Day Services outside the region)

Alzheimer's & Dementia Support

**Alzheimer's Association
 Central & Western VA Chapter**

www.alz.org
 800-272-3900 (24/7 Helpline)

Community Resource Finder

<https://www.communityresourcefinder.org>

A program of the Alzheimer's Association and AARP. Search here for housing and in-home care options. You will enter your zip code for facilities and services where you live.

Dementia Safety Information Toolkit

<https://vda.virginia.gov/downloads/demserv/Dementia%20Safety%20Informational%20Toolkit%20Virginia.pdf>
 OR:

<https://tinyurl.com/DemToolKit>

A publication of the VA Dept. for Aging & Rehabilitative Services (VADARS). Complete guide for family members and caregivers to assist in evaluating the home and taking steps to promote safety over the course of dementia. Full of valuable info resources. View online or download.

MedicAlert ID Bracelet with Wandering Support®

MedicAlert Foundation
www.medicalert.org/alz

800-432-5378

6:00am-4:30pm PT, MON-FRI

If an individual with dementia wanders and becomes lost, caregivers can call MedicAlert's 24/7 Emergency Response Team to report it. MedicAlert will create a missing person report and activate a community support network including local law enforcement and hospitals to help locate the person who wandered. MedicAlert will share vital information with first responders as needed.

Dementia

Dementia is not a specific disease but rather a general term for the impaired ability to remember, think, or make decisions that interferes with doing everyday activities. Alzheimer's disease is the most common type of dementia. Though dementia mostly affects older adults, it is not a part of normal aging. It manifests with the loss of cognitive functioning - thinking, remembering, and reasoning - and behavioral abilities to such an extent that it interferes with a person's daily life and activities.

Respite

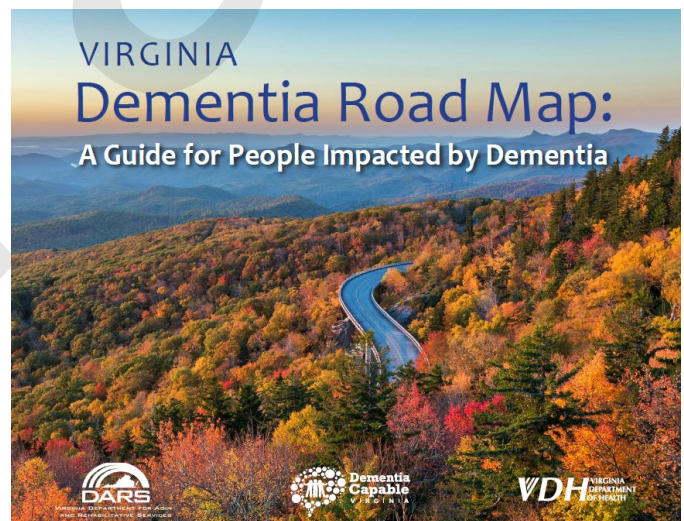
See Caregiver Respite - page 23

alzheimer's  association®

10 Early Signs and Symptoms of Alzheimer's

1. Memory Loss that disrupts daily life
2. Challenges in planning or solving problems
3. Difficulty completing familiar tasks
4. Confusion with time or place
5. Trouble understanding visual images and spatial relationships
6. New problems with words in speaking or writing
7. Misplacing things and losing the ability to retrace steps
8. Decreased or poor judgment
9. Withdrawal from work or social activities
10. Changes in mood and personality

Go to www.alz.org for further information about the signs of Alzheimer's Disease.



Virginia Dementia Road Map: A Guide for People Impacted by Dementia

<https://tinyurl.com/vadementiarm>

(also available through Aging Together's website, www.agingtogether.org, under Dementia Support)

The Virginia Dementia Road Map is a document from the Virginia Alzheimer's Disease and Related Disorders Commission and the Department for Aging and Rehabilitative Services. Includes numerous resources for those living with all stages of dementia, as well as those for caregivers, communication tips and more. Can be viewed online or downloaded.

HEALTHCARE

Project Lifesaver

<https://projectlifesaver.org/>

Project Lifesaver is all about “Bringing Loved Ones Home”. Across the country, Project Lifesaver has over 3,000 saves with a 100% success rate with an average recovery time of less than 30 minutes. The proactive electronic tracking system is utilized to search for clients with Alzheimer’s, Dementia, Autism and Down Syndrome who have wandered from home.

For questions regarding applications for Project Lifesaver in Fauquier County, please contact:

Lt. K. Kiernan

540-422-8590

Kristi.Kiernan@fauquiercounty.gov

1st Sgt. J. Anns

540-422-8709 or 540-408-3657

Jason.anns@fauquiercounty.gov

Cpl. J. Welch

540-422-8731 or 540-878-6183

Justin.welch@fauquiercounty.gov

Behavioral Health

(See Mental Health, page 40)

Blindness & Visual Impairment

BARD - Braille & Audio Reading Download

nlsbard.loc.gov

Access audio books to download and listen. You will need to create an account on the site if you have not already done so.

Department for the Blind & Vision Impaired

(located in Richmond, VA)

<https://www.vdbvi.org/>

804-371-3140

800-622-2155

Provides an array of specialized services to blind Virginians of all ages to assist them in attaining the skills, confidence and positive outlook that are critical to independence.

Library of Congress / National Library Service for the Blind and Print Disabled

<https://www.loc.gov/nls/braille-audio-reading-materials/find-a-local-library/>

888-657-7323

Search on the site for the nearest library that can help receive access to the [BARD \(Braille and Audio Reading Download\)](https://www.loc.gov/nls/braille-audio-reading-materials/find-a-local-library/) website and app. Can be done remotely, via telephone, fax, postage-free mail, or e-mail.

All network libraries provide access to NLS-produced braille and talking books and magazines, which they circulate via postage-free mail. Contact your library today to find out what services they can offer you. Or call the phone number above and be connected with the library serving your area.

VisionAware

<https://aphconnectcenter.org/visionaware/>

800-232-5463

National organization to help those losing their sight continue to live full and independent lives by providing information, daily living techniques, a directory of national and local services, and an online community. There is a searchable, free Directory of Services.

CHOOSING A DOCTOR

UVA Culpeper Medical Center (Culpeper)

www.novanthealthuva.org

On home page click the “Find a Doctor” tab. Enter your zip code. You also have the option of entering a specialty.

Fauquier Health

www.fauquierhealth.org

On home page click the “Find a Doctor” tab. Enter your zip code. You also have the option of entering a specialty.

There is a searchable, free Directory of Services

Chronic Disease

Chronic Disease Self Management Education (CDSME)

540-547-4824

bonnired@comcast.net

Free workshops designed for individuals with chronic health conditions, plus their caregivers and family members. Additional evidence-based workshops tailored to diabetes, chronic pain, and arthritis (Walk with Ease) are also available. Learn better ways of coping and managing your health. Contact Bonnie Vermillion at the contact info above for more information or to sign up. Provided through Rappahannock Rapidan Community Services (RRCS).

Companion Care

(see home care starting page 35)

COVID-19 Information

Centers for Disease Control & Prevention (CDC)

www.cdc.gov

Federal website with the most up-to-date information about COVID-19 including safety guidelines, vaccine information, response to the virus, and informational articles on related subject matter.

Virginia Department of Health

www.vdh.virginia.gov/covid-19-vaccine

For COVID-19 info & vaccine info.

Virginia Department of Health vaccination sign-up

vaccinate.virginia.gov/

877-829-4682

Official Virginia state site to register for the COVID-19 vaccine. If you don’t have WiFi or need help call the phone number above.

HEALTHCARE

Deaf & Hearing Impaired

Caption Call

<https://sorenson.com/captioned-calls/captioncall/support@captioncall.com>
olelospot@sorenson.com

A federally funded program to assist individuals with hearing loss. They provide a phone with extra large display and easy to read text (dials, rings, answers just like a regular phone).

Virginia Relay

varelay.org

DIAL 711

866-894-4116 (Voice)

866-246-9300 (TTY)

A free public service. Enables people who are deaf, hard of hearing, deafblind or have difficulty speaking to communicate with standard telephone users.

Dental Care

Piedmont Regional Dental Clinic

<https://www.vaprdc.org>

13296 James Madison Highway, Orange

Mailing Address:

PO Box 151, Orange, VA 22960

540-661-0008

Care for uninsured / underinsured for all ages. Serves the region.

(Check with your county's Free Clinic to see if they offer dental care.)

Diabetes

Diabetes Self-Management Program

540-829-4315

mhorne@culpeperhospital.com

Educational accredited program that provides people who have diabetes with the tools they need to manage the condition. Offers group classes to help live well with diabetes and to learn about medications, testing, nutrition, exercise, etc. Accepts most insurance plans, including Medicaid and Medicare.

"Sweet Spot" Diabetes Support Group

(virtual and in-person)

540-439-3247

Call number above to register. Meets 2nd Thursday of the month / 10:30am and 2nd Thursday of the month / 7:00pm. In person and virtual. (check M's notes)

Disabilities

The ARC of North Central Virginia

www.arcofncv.org

PO Box 3186, Warrenton, VA 20188

571-399-5390

Largest national community-based organization advocating for and with people with intellectual and developmental disabilities (I/DD) and serving them and their families. They work to uphold the vision that every individual and family living with I/DD has access to the information, advocacy, and skills they need to support their full inclusion and participation in the community throughout their lifetimes.

Canine Companions

bshert07@gmail.com

Founded in 1975, Canine Companions is a non-profit organization that enhances the lives of people with disabilities by providing highly trained assistance dogs free of charge, and ongoing support to ensure quality partnerships. For more information, please contact Nancy Lagasse at the email above.

The disAbility Resource Center of the Rappahannock Area

www.cildrc.org

540-373-2559 (Fredericksburg, main office)

540-360-5023 (Culpeper)

drc@cildrc.org

A Center for Independent Living (CIL) that serves people with disabilities, their families and caretakers, and community members. Currently working to form a CIL in Culpeper. Also offers assistive equipment in their Fredericksburg location.

Free Clinics

Free Clinic of Culpeper

freeclinicofculpeper.org

610 Laurel St., Suite 3, Culpeper

540-829-5032

Part of the nonprofit Culpeper Wellness Foundation and provides confidential medical care to those in Culpeper who do not have health insurance or the means to pay for healthcare. Medication access (non-opioid prescriptions).

Fauquier Free Clinic

www.fauquierfreeclinic.org

35 Rock Pointe Lane, Warrenton

540-347-0394

Serves the Fauquier and Rappahannock communities and provides comprehensive medical, dental and mental health care to eligible residents, those who are uninsured and those with Medicaid.

Living Water Community Clinic

www.livingwaterclinic.life

32345 Constitution Highway, Suite P, Locust Grove

540-854-5922

Clinic for free medical, mental health, and spiritual care to uninsured adults in Orange and Culpeper counties.

It's not just a hearing problem It's a health problem

Even with mild hearing loss, your risk of dementia can double.

In a 25-year study, people not using hearing devices had a higher risk of dementia. Oticon hearing devices with BrainHearing™ technology provide the clearest, purest signal possible and are a great choice to treat your hearing loss.



Improve your hearing —
and your health — with
**Oticon and Wagner Hearing
Aid of Culpeper. Call today
for an appointment.**

Risk of dementia with UNTREATED hearing loss



*Self-Reported Hearing Loss, Hearing Aids, and Cognitive Decline in Elderly Adults: A 25-Year Study (Amieva et al., 2015).



767 Madison Road, Suite 110
Culpeper, VA 22701

(540) 759-7716

www.helpuhearculpeper.com



Call today to schedule your appointment and receive a **FREE** hearing evaluation, live listening demonstration and risk-free trial of the latest Oticon life-changing hearing technology

oticon
life-changing technology

HEALTHCARE

Madison Free Clinic

www.madisonfreeclinic.org

125 N Main Street, Madison

540-948-3667

Non-profit organization that enables uninsured residents of Madison County, Virginia who meet the guidelines, to be provided with medical care and medications. The clinic also provides limited dental and vision care, in addition to nutritional counseling.

Orange County Free Clinic

101C Woodmark Street, Orange

540-672-0793

Clients must be residents of Orange County, uninsured or under-insured and have incomes that meet household income levels at or below 200% of the federal poverty guidelines. Also includes under-insured patients who have insurance, but do not have any coverage for doctor visits.

Rappahannock - See Fauquier Free Clinic

Free Clinics

A free clinic is a health care facility offering services to economically disadvantaged individuals for free or at a nominal cost, and serves those who have no health insurance. Some offer dental services.

Health Department

Rappahannock Rapidan Health District

<http://www.vdh.virginia.gov/rappahannock-rapidan/>

540-316-6280

See individual county contact info on County Tear-Out sheets - pages 13-22.

Home Care, Home Health, Companion Care

A Brighter Day

www.abrighterdayhomecare.org

540-359-6422

Compassionate and personalized in-home care to Culpeper, Fauquier, and Rappahannock Counties

ACTI-KARE

actikare.com/piedmont

540-727-0024

Personal care, Alzheimer's care, dementia and memory care, companion care, hospice care and respite care. In-home companion care program includes services such as meal preparation, light housekeeping, shopping, errands.

AmeriCare Plus

www.americarepluspc.com

844-522-3883 or 844-407-CARE (2273) (toll-free)

Hourly personal care, live-in companion services, bed & bath, holiday assistance, mother's helper, pet assistance

Orange County Free Clinic...



"Uneggspectedly" and out of the "blue"...you're not feeling well!

Primary Healthcare visits, including mental health counseling, medical supplies, medications, lab tests, referrals to specialists and women's wellness visits are available at the Orange County Free Clinic, with an appointment.

Get to feeling better!

We're registering new patients now...

Now waiting!

Call Today...540-672-0793

(Se Habla Espanol)

*Income guidelines apply



*In addition, our Medication Assistance Program (MAP) is available to help with unaffordable medications without enrollment at OCFC and regardless of locality.

OCFC is a 501c3 community based healthcare provider for those in need...

101 C Woodmark Street Orange County, VA 22960



HEALTHCARE

AT Home Care Staffing

www.athomecarestaffing.com

434-327-4610

In-home care services. Skilled nursing, physical therapy, occupational therapy, speech therapy, medical, social work, home health aides.

Cleansing Water, Inc.

540-341-0212

Works with the holistic needs of all clients, in body, mind and spirit. Provides in-home nursing, housekeeping, or companion services.

Capital Caring

capitalcaring.org

703-957-1800

Services include hospice care, advanced illness care, primary care at home, grief support.

Care Advantage, Inc.

<https://www.careadvantageinc.com/care-advantage-warrenton>

170 W Shirley Avenue, Suite 202

Warrenton, VA 20186

540-228-1690

Personal assistance and companionship, homemaker services, private duty nurse, hospice care support services, respite care. Accepts Medicaid waivers. Call for more info.

Companion Care Program of Rapp at Home

www.rappathome.net

17 Leggett Lane, Suite 110, Washington, VA

540-937-4663

info@rappathome.org

Provides skilled caregivers for support ranging from daily living to nursing assistance to caregiver respite. Available to anyone in Rappahannock County. Ask for Patty Hardee.

EverNest Home Care

www.evernestcare.com

70 Main St. Suite 11

Warrenton, VA 20186

571-483-8806

Personal Care and Companionship Services, Hospice Support, Alzheimer's and Dementia Care, Respite Care, etc.

FirstLight Home Care

www.firstlighthomecare.com

50 Culpeper Street, Warrenton

540-579-7570 (24/7)

Personal care, housekeeping, companion care, personal care services, person-centered dementia care, etc.

Fauquier Home Health Services

lhcgroupp.com/locations/fauquier-health-home-care-service

5 Rock Pointe Lane, Suite 200, Warrenton

540-316-2700

Chronic disease management, infusion therapy, physical therapy, skilled nursing, medication management, Alzheimer's and dementia care, as well as others.

There is a difference between **home health** care and **home care** services. Although home health care may include some home care services, it is medical in nature. Home care services include chores and housecleaning, whereas home health care usually involves helping someone to recover from an illness or injury. Home health care professionals are often licensed practical nurses, therapists, or home health aides. Most of them work for home health agencies, hospitals, or public health departments licensed by the state. (www.eldercare.acl.gov)

Home Instead

www.HomeInstead.com/711

1300 Sunset Lane, Ste. 3220

Culpeper, VA 22701

540-825-7180

gmullins@homeinstead.com

Personal care, Alzheimer's, hospice support, chronic illness care, home helper, transportation, companionship, nurse directed care.

Hope In Home Care

hopeinhomecare.org

1010 S. Main Street, Culpeper

540-718-9003

24-Hour emergency response, family respite care, recreational activities, personal hygiene, sitters, caring companionship, meal preparation, errand services, light housekeeping, etc.

Mid Atlantic Home Health

25 Winchester St, Warrenton

540-347-4774

Around-the-clock medical and non-medical care in the home.

Senior Helpers

www.seniorhelpers.com/va/warrenton

826-212-0656 / 540-690-0857

Senior Helpers of Warrenton and Culpeper offers a comprehensive suite of programs and services that support aging in-place, including companion care.

Virginia Home Care Partners

www.virginiahomecarepartners.com

540-419-1615

Serves Orange County and offers companion care, personal care, overnight care, dementia care, hospice care, and Parkinson's/ALS care.

HEALTHCARE

University of Virginia Medical Center

uvahealth.com

1215 Lee Street, Charlottesville

434-924-0000

Warren Memorial Hospital

www.valleyhealthlink.com/warren-memorial-hospital

351 Valley Health Way, Front Royal

540-636-0300

211 Virginia

Dial 2-1-1

211 Virginia is a free service that can help you find the local resources you need 24 hours a day, seven days a week. Dial 2-1-1 and a trained professional listens to your situation and suggests sources of help using one of the largest databases of health and human services in Virginia. Find information on housing, mental health, legal assistance, utility assistance, healthcare, transportation and more! All referrals are confidential. 2-1-1 VIRGINIA is a service of the Virginia Department of Social Services provided in partnership with the Council of Community Services, The Planning Council, the United Way of Central Virginia, and the United Way of Greater Richmond & Petersburg.

Deaf and hard of hearing: Dial 7-1-1 for Virginia Relay

No Wrong Door

<https://www.nowrongdoor.virginia.gov/>

888-992-0959

No Wrong Door helps older adults, caregivers, individuals with disabilities, veterans, and families access different services and support in a streamlined way. Linked by a secure online system, their statewide network allows you to share your information safely, in order to quickly and easily connect to the services you need. None of your information is shared without your permission.

Tell your story just once and it can be, with your consent, shared with multiple providers you need without having to tell your story over and over. There is “no wrong door” to accessing all the services you may need in your situation.

No Wrong Door Virginia is led by a Strategic Leadership Team comprised of the Department for Aging and Rehabilitative Services, the Department of Medical Assistance Services, the Department of Behavioral Health and Developmental Services, VirginiaNavigator, and the Virginia Hospital and Healthcare Association.

AT HOME CARE



AT Home Care Staffing

offers compassionate care for the elderly and disabled in their own home.

Personal Care • Private Duty 24 Hours A Day • 7 Days a Week

Now Hiring! Free PCA classes!

- Bathing/Dressing
- Laundry Assistance
- Meal Preparation
- Transportation for Errands
- Light Housekeeping
- And so much more!



Crystal Evatt,
Owner/
President

804-358-0631 | ATHomeCareStaffing.com

crystal.evatt@athomecarestaffing.com

Hospitals

UVA Culpeper Medical Center

www.novanthealthuva.org/

501 Sunset Lane, Culpeper

540-829-4100

Fauquier Hospital

(part of Fauquier Health)

www.fauquierhealth.org

500 Hospital Drive, Warrenton

540-316-5000

Mary Washington Hospital

www.marywashingtonhealthcare.com/Mary-Washington-Hospital.aspx

540-741-1100

1001 Sam Perry Blvd, Fredericksburg

Sentara Martha Jefferson Hospital

<https://www.sentara.com/hospitalslocations>

434-654-7000 or 800-633-6353

Martha Jefferson has multiple satellite locations in the Charlottesville and surrounding area, based on service or treatment. Visit their website or call for specific Information.

PPL Makes Self-Direction Easy!



PPL is the leading service provider for self-directed care programs. We enable members of Medicaid and other government- funded programs to choose their care providers and get care at home. Today, we work with 21 states, 49 programs and 19 MCOs providing services for more than 100,000 participants.

MEET YOUR PPL VIRGINIA COMMUNITY LIAISON

Laurie is PPL Virginia's dedicated Community Liaison. She's in your area spreading information and awareness of self-direction. She has two degrees - one in Social Work & Sociology and one in Education. She has worked as a social worker in the field of child and family services and care transitions and now self-direction."



"Having dealt with disabilities in my own family, I am excited to advocate for people needing care in my role with PPL."

Laurie
Community Liaison VA



To learn more, click QR code

Or go to:

www.pplfirst.com

Or call:

1-866-537-8386

MAKE EVERY MOMENT COUNT

When you look back on life,
There are certain moments
You wish you could live all over again.

At Hospice of the Piedmont,
We believe that every moment together
Can become a new memory to share.



www.hopva.org
540-825-4840

Hospice, Palliative Care & Grief Help

Capital Caring Health

www.capitalcaring.org

800-869-2136 (24-hour Care Line)

"Advanced Home Care and Hospice for All Ages at All Times"

Heartland Hospice

<https://www.gentivahs.com/services/hospice-care/heartland-hospice/>

540-349-3970

Hospice care wherever the residence is - whether it's in a long term care or independent living facility, or at home.

Hospice of the Piedmont

www.hopva.org

800-975-5501

info@hopva.org

A community-based nonprofit that has offered expert care and peaceful resolution to Virginia families for over 40 years. Hospice of the Piedmont cares for patients with serious illness and their families during the final months of life, and offers grief and bereavement services to the entire community.

Hospice care focuses on the care, comfort, and quality of life of a person who is approaching the end of life, usually estimated at 6 months or less. Attempts to cure any illnesses are stopped.

Hospice of the Piedmont: Palliative Medicine

www.hopva.org

833-888-0265

info@hopva.org

Palliative Medicine provides treatment for serious diseases like cancer, Alzheimer's, or organ failure while focusing on improving a person's quality of life. Palliative Care offers an added layer of treatment that relieves pain and provides comfort while someone is being treated for a serious illness.

Spiritual Care Support Ministries

7179 New Hope Lane, Warrenton

www.scsm.tv

540-349-5814

Bereavement and personal loss counseling and support. Spiritual Care Support Ministries (SCSM) provides faith-based education, training, counseling and spiritual support for those who are ill, dying, grieving, experiencing personal loss, and for those who journey with them.

Trinity Hospice Warrenton

www.trinityhospice.com

5 Rock Pointe Lane, #250, Warrenton

757-664-9441

areid@trinityhospice.com

Provides physical, emotional and spiritual support for patients and their families. Also ask about bereavement support groups.

HEALTHCARE

Mental Health

Healthy IDEAS (Identifying Depression - Empowering Activities for Seniors)

Contact your county's ECS Support Coordinator at [540-825-3100](tel:540-825-3100) or the Program Coordinator at [540-881-0491](tel:540-881-0491). Healthy IDEAS provides screening for symptoms and severity of depression, education about depression, effective treatment, and self-care, symptom management through engagement in meaningful activities and ongoing support, assistance with referral and linkage to primary and mental/behavioral health care providers, if needed.

Mental Health Association of Fauquier County

www.fauquier-mha.org

321 Walker Drive, Suite 302, Warrenton
540-341-8732

Offers information about mental health and substance use and referrals to local treatment providers for individuals and families. Provides mental health and substance use presentations. Collaborates with community partners to strengthen mental health and substance resources in Fauquier and Rappahannock Counties.

Mental Health America of VA

www.mhav.org

804-257-5591

Warm Line: 866-400-MHAV (6428) - Peer run support line
Crisis Line: Dial **988**

Education and support for individuals who have experienced challenges with trauma, mental health or addiction. Their programs incorporate recovery principles, encourage self-empowerment and model peer support practices.

Encompass Community Supports (Formerly Rappahannock Rapidan Community Services)

www.encompasscommunitysupports.org

General Questions: 540-825-3100

Crisis Services: 540-825-5656 - available 24 hours per day/7 days per week.

The mission of ECS is to improve the quality of life in Culpeper, Fauquier, Madison, Orange, and Rappahannock Counties by providing comprehensive behavioral health, developmental disability, substance use disorder, and aging services.

Regional Peer Warmline

833-626-1490

Staffed by individuals who have experience with mental health and/or substance use challenges. These individuals are trained peers and can talk about feelings of hopelessness and helplessness.

988 Suicide and Crisis Lifeline

<https://988lifeline.org/>

Dial **988** for immediate help!

National Suicide and Crisis Lifeline - Free confidential emotional support and resources for people in distress, their family members and their friends

CALL or TEXT 988 from anywhere across the USA.

For faster response, if you don't have a local area code as part of your phone number, dial **434-230-9704** to connect directly to the regional call center.

Support is also available in Spanish.

SUICIDE & CRISIS LIFELINE

Dial 988

4 Things To Know About Depression & Older Adults

Depression is a common problem among older adults, but it is not a normal part of aging. It can affect the way you feel, act, and think.



1

Depression can be treated.

It's important to seek help early on.

2

Signs and symptoms of depression vary.

For some older adults with depression, sadness may not be their main symptom.

3

Friends and family can help offer support.

They can help watch for symptoms and encourage treatment.

4

Living a healthy lifestyle can help reduce feelings of depression.

This may include eating a balanced diet and being physically active.

To learn more, visit www.nia.nih.gov/depression.

HEALTH INSURANCE & PRESCRIPTION DRUG COVERAGE

Health Insurance

Common Help

www.commonhelp.virginia.gov

Site that helps find healthcare coverage for Virginians.

Cover Virginia

www.coverva.org

On this website you can learn about Virginia's Medicaid and FAMIS programs. You can also get information about health insurance options available through the Federal Marketplace. You can apply online or search for someone who can assist you with your application.

Federal Insurance Medicare

www.medicare.gov

800-633-4227

Healthcare Marketplace

www.healthcare.gov

800-318-2596 (24/7)

The Health Insurance Marketplace® is a federal government service (through the Affordable Care Act) that provides health plan shopping and enrollment services for health insurance through websites, call centers, and in-person help. Allows one to shop for plans and compare side-by-side. Apply online, by paper, or call the number above for help.

Insurance Counseling

Encompass Community Supports (formerly RRCS): VICAP (Virginia Insurance Counseling and Assistance Program)

540-825-3100 (ask for VICAP Counselor in your county)

Part of a national network of programs that offer FREE, unbiased, confidential counseling and assistance for people with Medicare or who are about to become Medicare eligible. ECS has trained counselors who can meet with you one-on-one to provide you with information, so you are better able to make an informed decision about your healthcare needs.

Long Term Care Insurance

See Insurance Counseling above.

Long Term Care Services include medical and non-medical care for people with a chronic illness or disability. Long-term care helps meet health or personal needs. Most long-term care services assists people with Activities of Daily Living, such as dressing, bathing, and using the bathroom. Long-term care can be provided at home, in the community, or in a facility. For purposes of Medicaid eligibility and payment, long-term care services are those provided to an individual who requires a level of care equivalent to that received in a nursing facility.

To read more about long term care services and to better understand long term care insurance, go to the ACL's website: <https://acl.gov/ltc/costs-and-who-pays/what-is-long-term-care-insurance>

Medicare

Medicare is the federal health insurance program for people 65 and older, as well as people with disabilities.

Medicare Part A (Hospital Insurance)

Helps pay for in-patient hospital care, psychiatric hospital care, medically necessary short-term skilled nursing facility care following a hospital stay, home health care and hospice care.

Medicare Part B (Medical Insurance)

Helps to pay for doctors' services, outpatient hospital services, and various medical services and supplies.

Voluntary program with a monthly premium - assistance may be available for individuals with low income.

Medicare Part C (Medicare Advantage Plan/MAP)

Type of Medicare health plan offered by a private insurance company that contracts with Medicare to provide all Part A and Part B benefits. A MAP manages the healthcare of members. The company helps pay for medical care by doctors and hospitals that the member needs.

Medicare Advantage Plans include:

- Health Maintenance Organizations (HMO)
- Preferred Provider Organization Plans (PPO)
- Private Fee-for-Service Plans (PFFS)
- Medicare Medical Savings Account Plans (MSA)
- Medicare Specialty Plans

With Medicare Advantage Plans most Medicare services are covered and some not paid for under original Medicare. Most plans offer prescription drug coverage. In addition to a monthly premium one may be responsible for out-of-pocket costs such as annual deductibles, co-pays and co-insurance for office visits, hospital stays and outpatient services such as physical therapy. One may need a referral from a primary care physician. Doctors outside the provider network may be partially covered but it would cost more to use them.

Medicare Part D (prescription Drug Coverage)

Adds prescription drug coverage to original Medicare and other Medicare plans. Offered by insurance companies and other private companies that are approved by Medicare.

For more information about benefits visit

www.medicare.gov.



encompass
— Community Supports —

Formerly Known As – Rappahannock-Rapidan Community Services



Confused about Medicare

Get ALL your Medicare information and assistance from State certified, trusted and unbiased professionals for FREE at Encompass Community Supports, your local Area Agency on Aging since 1972.

Call today to speak with a counselor who serves the county in which you live.

Suspect Medicare Fraud?

Encompass Community Supports' counselors are trained to report Medicare Fraud through our Senior Medicare Patrol program.

For your Medicare needs, call us at 540-825-3100.



VA Insurance Counseling & Assistance Program

HELPING YOU NAVIGATE MEDICARE

This project was supported, in part by grant number 90SAPG0064 from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.



Preventing Medicare Fraud

Encompass Community Supports does not discriminate on the basis of race, color, national origin, sex, religion, age, disability, sexual orientation, gender identity, or any other characteristic protected by law, in employment matters and in its programs and services.

HEALTH INSURANCE & PRESCRIPTION DRUG COVERAGE

Aging Together offers free programs with expert speakers on a variety of subjects related to older adults, aging, caregiving, dementia, insurance, elder law, Veterans, positive aging and more. Many of our past programs are recorded on our website or YouTube channel. Check it out, along with hundreds of resources, on our website: www.agingtogether.org. For programs, upcoming and past, go to the "Programs" tab.



ARE YOU CARING FOR A LOVED ONE WITH A DISABILITY OR MEDICAL CONDITION?



Could you use a temporary break?

The Virginia Lifespan Respite Voucher Program may provide up to \$595.00 to reimburse family caregivers for the cost of respite care.

- Do you live in Virginia?
- Are you the Primary Caregiver?
- Does the person you care for have a documented disability or medical condition?

You may be eligible for this program!

For more information on the program or to receive an application:

Visit- <https://vda.virginia.gov/vlrv.htm>

Call- Liza White at (804) 662-7650 or toll free at (800) 552-3402

Email- liza.white@dars.virginia.gov



VIRGINIA DEPARTMENT FOR AGING
AND REHABILITATIVE SERVICES

VIRGINIA DEPARTMENT FOR AGING
AND REHABILITATIVE SERVICES
Division for Community Living
1610 Forest Avenue Suite 100
Henrico, Virginia 23229
(804) 662-7650

National Drug Discount Programs

America's Pharmacy
www.americaspharmacy.com

Blink Health
www.blinkhealth.com

Good RX
www.goodrx.com

National Drug Card
nationaldrugcard.com

Discount Drug Network
www.discountdrugnetwork.com
877-537-5537

Single Care
www.singlecare.com

Above is just a sampling - you can search for many more online. It's good to review and compare. Also check with major retail chains that have pharmacies and may offer their own discount drug programs.

Prescription Drug Cards

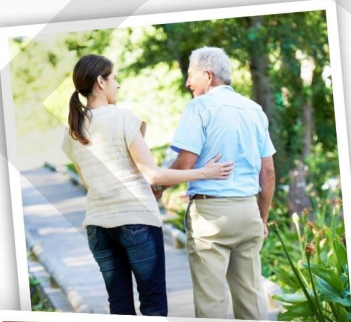
Although they all vary in policy and offerings, prescription drug programs are generally free cards which can often be downloaded directly from the program's website. (Some of the major programs are listed here). When you go to get a prescription at a pharmacy you present the drug card in order to receive a discount, in the same way you would use a coupon. Sometimes that discount is a significant drop in price from the regular cost of a drug. Prescription discount cards are designed to provide lower drug costs to patients paying for their medications in cash or credit card, whether it's toward the full cost of a prescription or sometimes a copay. There is no cost to use these cards, and they are available to you whether you have health insurance or not. Prescription discount organizations are able to offer these discounts by marketing and negotiating costs with drug companies and sometimes by charging small fees to the pharmacies. Ask at your local pharmacy what drug cards they accept, or check the discount card website for participating pharmacies. Most of the chain pharmacies take multiple program cards. And companies like Walgreens have their own discount program. Some drug programs also offer discounts on services and doctor appointments.

All programs vary in policies and offerings, so check their individual websites or call if they have phone numbers.

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theharboralf.cc



Follow our community!

HOUSING

ACCESSIBLE & EMERGENCY HOUSING, REPAIRS

ACCESS VA (Virginia's Accessible Housing Resource)

<http://www.accessva.org/>

877-428-8844

TDD/TTY: 7-1-1

Helps Virginians with disabilities find an affordable, accessible place to live. Also provides information on accessible housing resources, and an interactive map of Virginia Centers for Independent Living (CIL's).

Benevolent Fund

www.rappbenfund.org

370 Gay Street, Washington, VA

540-671-0421 (Berni Olson)

berniolson@rappbenfund.org

Provides financial and supportive services including for critical home repairs. Confidential and compassionate help to residents of Rappahannock County in times of crisis.

Community Touch, Inc.

www.communitytouchinc.org

540-439-9300

Offers a one year transitional housing program to homeless men, women and children with a broad range of needs. Also offers rental assistance and motel/hotel emergency assistance.

Culpeper Housing and Shelter Services (CHASS)

www.culpepershelter.org

215 E. Spencer St.

Culpeper, VA 22701

540-825-7434

Provides shelter and helps those in need obtain stable, permanent housing.

Eviction Helpline

(PROJECT OF THE VIRGINIA POVERTY LAW CENTER)

noevict@hotmail.com

833-663-8428 (833-NoEvict)

Leave message.

Free resource that provides tenants facing eviction or lease termination with legal information, advice and referrals.

Foothills Housing Corporation

Home Repair Loan Program

fhcorp.org

540-341-2805

Committed to helping acquire safe, decent affordable housing to those with low income. Help build and repair homes, build ramps, and offer financial counseling.

Foothills Housing Network Homeless Assistance

www.foothillshousing.org

540-724-6630

Partnership working to prevent and end homelessness within the region. Connects those experiencing homelessness and those at risk of homelessness to the providers best suited to meet their needs.



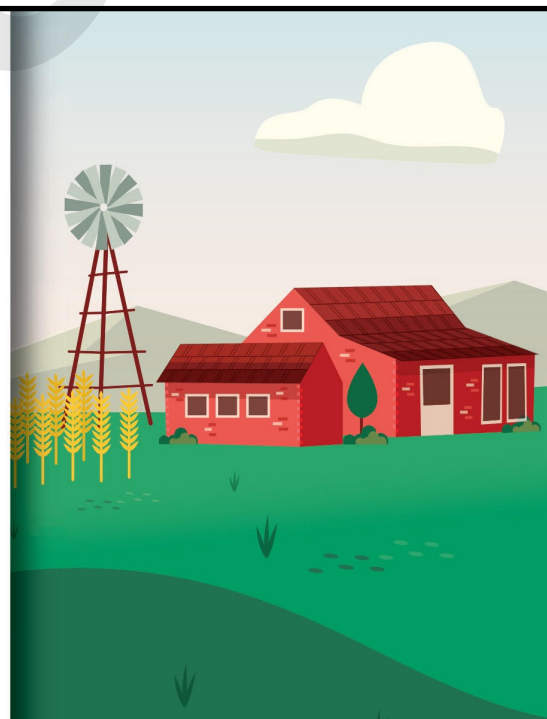
Rappahannock Benevolent Fund

OUR MISSION IS:

Providing emergency and self-sufficiency assistance with compassion and confidentiality to Rappahannock residents.

Our Vision is to ensure essential resources are available to Rappahannock County residents in the following three ways:

- 1 Emergency financial assistance,
- 2 Bridge Program - supporting people from crisis to stability,
- 3 Safe and Healthy Homes - Financial support to qualified low-income home owners for housing repairs.



Please contact us if you have any questions or are in need of services.

PO Box 133
370 Gay Street
Washington, VA 22747

540.671.0421
www.rappbenfund.org



HOUSING

ACCESSIBLE & EMERGENCY HOUSING, REPAIRS

Fauquier Family Shelter

www.familyshelterservices.org

540-351-0130 - Emergency Shelter

540-316-0036 - Vint Hill Transitional Housing

24-hour, 52-bed emergency shelter in Warrenton.

Emergency shelter as well as a transitional housing program.

LOWLINC

(Lake of the Woods, Living Independently in our Community)

www.lowlinc.org

855-LOWLINC (569-5462)

Member services for transportation, errands, home repairs, health and wellness programs and social engagement for older adults. Contact them for a full schedule of services and for membership information.

People Incorporated

www.peopleinc.net

833-277-9330 / 833-788-0387 español

info@peopleinc.net

Provides affordable housing, and repairs and improvements to low-income residences to increase the home's energy efficiency and reduce total residential energy expenditures.

Rapp at Home

www.rappathome.net

17 Leggett Lane, Suite 110, Washington, VA

540-937-4663

info@rappathome.org

Nonprofit organization that supports neighbor-to-neighbor assistance in order to sustain an independent lifestyle for those over age 50. Contact them for services including help with home repairs.

Skyline CAP

www.skylinecap.org

540-948-3916 / Madison & Warrenton

Supports safe, affordable housing including emergency home repairs, housing choice vouchers, affordable housing and counseling.



Why Choose Dogwood?

- Short-term Rehabilitation
- Long-Term Care
- Assisted Living Care
- Respite Care
- Care with Compassion



120 Dogwood Lane, Orange, VA 22960 • (540) 672-2611 • dogwoodvillageocva.org

HOUSING

Facility Search Sites

Access Virginia

www.accessva.org

Website that provides a way for Virginians with disabilities to find an affordable, accessible place to live.

Community Resource Finder

www.communityresourcefinder.org

Search here for housing and in-home care options. You will enter your zip code for facilities and services where you live.

No Wrong Door

easyaccess.virginia.gov

888-992-0959 (24/7)

They will connect you to information concerning healthcare, finances, food, education and more. Language interpretation for over 200 languages.

Medicare.gov

www.medicare.gov/care-compare/

Find & compare nursing homes, hospitals, doctors and clinicians, healthcare services, hospice organizations, inpatient rehab facilities, long-term care hospitals, dialysis facilities and other providers near you.

Veterans Long-Term Care Information

www.va.gov/health-care/about-va-health-benefits/long-term-care/

As a Veteran, you may be able to get assisted living, residential (live-in), or home health care through the VA. Find out how to access these long-term care services. Find living options for veterans.

Virginia Department of Social Services

www.dss.virginia.gov/facility/search/alf.cgi

Find assisted living facilities based on your zip code.

Assisted Living Facilities / Memory Care

Blue Ridge Christian Homes ★

www.blueridgechristianhomes.com

7034 Catlett Road, Bealeton

540-439-2627

blueridgechristianhomes@gmail.com

Countryside Assisted Living

(no website)

1240 Orange Road, Pratts (Madison County)

540-948-6318

The Culpeper ★

www.culpeperretirement.org

12425 Village Loop, Culpeper

540-825-2411

Dogwood Village ★

www.dogwoodvillageocva.org

120 Dogwood Lane, Orange

540-672-2611

Fox Trail Assisted Living Orange ★

www.foxtrailseniorliving.com

680 University Ln # 200, Orange

540-274-1847

The Harbor at Renaissance ★

www.renaissancealf.cc

118 William Mills Drive, Stanardsville

434-985-4411

Jackson House Assisted Living ★

8 Jackson Lane, Boston VA (Culpeper County)

540-987-8746

Our Father's House

www.ofhch.com

15260 Jubilee Road, Culpeper

540-727-8292

ofhbender@gmail.com

Poet's Walk ★

33 Woodlands Way, Warrenton

540-242-5236

Spring Oak Senior Living ★

www.nobleseniorservices.com

215 Southridge Pkwy, Culpeper

540-509-9988

239 Alexandria Pike, Warrenton

540-347-6000

The Villa at Suffield Meadows ★

www.virginiavilla.org

6735 Suffield Lane, Warrenton

540-316-3800

White Springs Senior Living ★

<https://www.springarborliving.com/va/warrenton/white-springs-senior-living>

349 Legion Drive, Warrenton

540-216-7557

★ = Offers Memory Care

THE CULPEPER

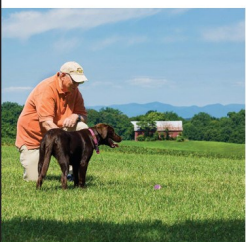
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A Faith-Based, Not-for-Profit Life Plan Community with over 75 years of experience, with brand new state of the art amenities, offering Independent Cottages, Assisted Living Apartments, All Private Memory Care, Long Term Care and Rehab to Home. All nestled on 100 beautiful acres in the foothills of the Blue Ridge Mountains.



The Culpeper | 12425 Village Loop | Culpeper, Virginia 22701
culpeperretirement.org | (540) 825-2411

HOUSING

Independent Living

Culpeper

The Arbors at Culpeper

arborsatculpeper.com

15255 Ira Hoffman Lane, Culpeper
855-279-2710 / 540-212-6484

The Culpeper

www.culpeperretirement.org

12425 Village Loop, Culpeper
540-825-2411

Leafin Lane Elder Housing Apartments (low income)

540-829-7396

Provides very-low-income elders with options that allow them to live independently. Tenants must meet the very-low-income guidelines established by HUD and head-of-house must be at least 62 years of age.

The Meadows Senior Apartments

www.northridgeapthomes.com/meadows

1050 Claire Taylor Court, Culpeper
540-825-6300

Apartment catering to active seniors and senior living.

Fauquier

Mintbrook Senior Apartments (low income)

4475 Bacon Street, Bealeton
540-402-6005

Moffett Manor

www.moffettmanorapartments.com

115 Manor Court, Warrenton
540-341-8299

The Oaks

oaksofwarrenton.com

305 Oak Springs Dr, Warrenton
540-349-9725

Skilled Nursing / Nursing Home Facilities

Autumn Care of Madison

<https://www.saberhealth.com/locations/autumn-care-of-madison>

540-948-3054

Brookside Nursing & Rehabilitation

<http://brooksiderehabandnursing.com/>

540-347-4770

The Culpeper

www.culpeperretirement.org

12425 Village Loop, Culpeper
540-825-2411

Culpeper Health & Rehabilitation

www.mfa.net/center/culpeper-health-rehabilitation-center

602 Madison Road, Culpeper
540-825-2884

Dogwood Village

www.dogwoodvillageocva.org

120 Dogwood Lane, Orange
540-672-2611

Fauquier Health & Rehabilitation Center

www.fhrnc.org

360 Hospital Drive, Warrenton
540-316-5500

Mountain View Nursing Home

<https://www.mvnursing.net/>

540-948-6831

Puller Veterans Care Center (PVCC)

<https://www.dvs.virginia.gov/veterans-care-centers>

540-680-5200

Veterans facility under construction at time of Resource Guide printing. Vint Hill, Fauquier County. For admission related questions, contact PVCCAdmissions@dvs.virginia.gov.

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Luxurious Assisted Living and Memory Care Home

Only 8 Residents Per Home

Our mission is to create a nurturing and secure environment for seniors that prioritizes the individuality of each resident.



Lots of amenities like TV & cable, library, 24 hr security



Dining tailored to individual preferences



Rooms to provide the utmost comfort and privacy



4:1 resident to caregiver ratio



Spa and beauty salon for relaxation and pampering



Fun activities designed to cater to the diverse interests of our residents

Property Locations:

7442 Foxview Dr., Warrenton
and
524 Falmouth St., Warrenton

Call to schedule a tour:

(540) 299-7570





Passionate Caregivers, Exceptional Care

Around the clock care ranging from 6 hours to 24 hours per day wherever our clients call home.

- Personal Hygiene Care
- Alzheimer's & Dementia Care
- Medication Reminders
- Exercise & Range of Motion Support
- Meal Prep
- Light Housekeeping
- Transportation
- Hospice Support + **MORE**

We're committed to finding individuals with the right heart posture. This innate sense and passion for caring for others defines the EverNest team. From personal care services to companionship services and beyond, our home care offerings are tailored to suit each of our client's lifestyles and needs.

Please call us to arrange a free consultation!

Licensed Home Care Agency through the Virginia Department of Health



571.483.8806 • evernestcare.com • 70 Main St. Suite 11, Warrenton



Coordinating Independent Lifestyles

www.careisthere.com

800-434-1633

Call for a free consultation

Patient advocacy
We work for you!



ENERGY
SOLUTIONS



**SAVE MONEY & IMPROVE COMFORT
ALL AT NO COST TO YOU!**



Typical Home Upgrades



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HVAC



INSULATION



AIR SEALING



AND MORE!

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to See if You
Qualify!**



+ 888 229 3714



**chpenergysolutions
@chpc2.org**



chpenergysolutions

CHP is a Virginia-based non-profit serving Culpeper and surrounding counties. We provide no-cost, government and utility-funded programs to qualifying renters and homeowners. Programs provide all energy efficiency and weatherization improvements at no-cost!

Assisted Living Visit Checklist

Assisted living promises to help maintain independence by offering support with the activities of daily living. So what do you need to look for to choose the right community? Start with this checklist when you visit and tour.

Location:

- ☐ Community is conveniently located for family and friends to visit
- ☐ Surrounding neighborhood is safe and free of crime
- ☐ Entertainment venues, shopping centers and restaurants are close by
- ☐ Medical facilities – and personal physician – are near

Personal Care & Support Services:

- ☐ What is the staff-to-resident ratio?
- ☐ A nurse is on-site or on-call 24/7
- ☐ The community is well staffed during the overnight hours
- ☐ A 24-hour emergency response system is in place
- ☐ A plan is in place for the resident who needs additional care and support, including moving to a different care community
- ☐ During visit, residents appear look tidy and well cared for
- ☐ Caregivers interact with residents in positive, calm and respectful ways
- ☐ Visitors are greeted promptly and warmly

Financial Affairs:

- ☐ You have a list of services included in the monthly resident fee – and a list of additional possible monthly fees
- ☐ You have a list of care charges
- ☐ Housekeeping and laundry services are included in the monthly fee
- ☐ Transportation is included or assessed an additional fee
- ☐ Monthly fees change annually, with advance notice of the change given to residents

Caregiver Experience & Training:

- ☐ Background checks are completed prior to hire
- ☐ Staff is screened and evaluated for their ability to work with older adults in the assisted living setting
- ☐ The community has its most recent survey results posted or displayed for families to review
- ☐ Staff are trained and retrained at regular intervals



A SENIOR LIVING RESOURCE

Assisted Living Visit Checklist

Life Enrichment Programs:

- ☐ Activities are scheduled throughout the day and evening
- ☐ Programs are offered that engage mind, body and spirit
- ☐ Senior-friendly fitness classes are included
- ☐ Craft groups, card clubs and informal resident gatherings have well-lighted, convenient, dedicated spaces
- ☐ Regular outings to movie theater, local restaurants, museums and other destinations of interest to residents – transportation included – are scheduled
- ☐ Outdoor spaces are available for walking, gardening and recreation

Dining Services:

- ☐ Dining room looks and smells inviting, and the setting allows easy access for wheelchairs and assisted walking
- ☐ Dining room table, chairs and linens are clean and in good condition
- ☐ Residents can choose their own meal times
- ☐ Residents dine during designated meal times only
- ☐ Three daily meals, snacks and beverages are included in the monthly rate

- ☐ Residents may invite guests for meals
- ☐ The community accommodates special diets
- ☐ Dietician or nutritionist is involved in meal planning

Physical Plant:

- ☐ Resident apartments have safety features including an emergency alert system and a fire suppression system
- ☐ Safety features are in place such as handrails and grab bars
- ☐ Residents are free to decorate their apartments according to their personal taste
- ☐ Additional storage is available for residents
- ☐ Community is clean and well maintained
- ☐ Parking area is convenient and well lighted

And finally, note how you feel. Does the community look and feel like a place you would be comfortable calling home? If you have the chance to interact with other residents and their families, what can they tell you about the community?

Explore more of our resources at:
WhereYouLiveMatters.org



A SENIOR LIVING RESOURCE

Memory Care Visit Checklist

When visiting memory care communities on behalf of a loved one, this checklist can help you make the most of your tour.

Location:

- ☐ Location is convenient for visiting your loved one as frequently as you wish
- ☐ Surrounding neighborhood is safe and free of crime
- ☐ The community is located near medical facilities

Physical Plant:

- ☐ Doors are locked and a system is in place to alert staff if a resident wanders out
- ☐ There is a secure outdoor area for residents
- ☐ The memory care program offers a peaceful, calm setting
- ☐ There is a dedicated memory care dining room with its own dedicated staff
- ☐ The community is clean, free from odors and well maintained
- ☐ Rooms or suites are private
- ☐ Bathrooms are visible and easily accessible for someone with memory loss
- ☐ Smoke detectors and a sprinkler system are in place

- ☐ Each resident room has a window
- ☐ There are handrails in all hallways and grab bars in the bathrooms
- ☐ A 24-hour emergency response system is in place

Life Enrichment Programming:

- ☐ Staff is specially trained for working with older adults who have Alzheimer's disease or other form of age-related dementia
- ☐ The calendar of life enrichment activities shows a consistent daily schedule to support those who have memory loss
- ☐ Staff members assist with and participate in activities
- ☐ Memory care activities help residents feel productive
- ☐ Individualized plans for care are in place for each resident, 24/7

Memory Care Visit Checklist

Dining Services Program:

- ☐ Residents are assessed and their meal services are adapted to their particular needs
- ☐ Finger foods are served for residents who have difficulty using utensils
- ☐ Resident nutrition is tracked and weight monitored
- ☐ Residents are assigned seating, so they eat every meal in the same spot
- ☐ The dining room is peaceful and free from loud music and excessive activity
- ☐ Dining room is smaller in size to help cut down on distractions during mealtimes
- ☐ Staff members assist at mealtimes

Staff Practices, Training & Development:

- ☐ Background checks are completed prior to hire
- ☐ Staff is screened and evaluated for their ability to work with people who have Alzheimer's and other forms of dementia
- ☐ Caregivers interact with residents in positive, calm and respectful ways
- ☐ A nurse is on site or on call 24/7
- ☐ The community has its most recent survey results posted or displayed for families to review

Entrusting another with the care of your loved one is difficult. Consider bringing an observant family member or friend to complete this checklist when you visit the memory care community.

Explore more of our resources at:
WhereYouLiveMatters.org

NURSING HOME CHECKLIST ✓

(Source: medicare.gov)

Name of Nursing Home: _____

Address: _____

Phone number: _____

Date of visit: _____

BASIC INFORMATION	Y	N
Is the nursing home Medicare certified?		
Is the nursing home Medicaid certified? Note: "Certified" means the nursing home passed an inspection conducted by a state government agency. Medicare only covers care from nursing homes that are certified.		
Are the nursing home and current Administrator licensed in my state?		
Does the nursing home have a bed available?		
Does the nursing home offer specialized services, like a special care unit for a resident with dementia or ventilator care?		
Is the nursing home located close enough for friends and family to visit?		
Are there resident policies I must follow? Will I get a written copy of these policies?		
Are there extra charges for other services, like beauty shop services?		
Will the nursing home tell me in writing about their services, charges, and fees before I move into the home? Note: Medicare- and/or Medicaid- certified nursing homes must tell you this information in writing. Get a copy of the fee schedule to find out which services are available, which are included in your monthly fee, and which services cost extra. Then, compare nursing home costs.		
Is the nursing home Medicare certified?		
SAFETY & CARE	Y	N
Have you checked the nursing home's star ratings on Medicare.gov?		
Is the nursing home taking action to improve quality or staffing as needed?		
Can residents still see their personal doctors? If needed, does the facility help arrange transportation for this purpose?		
Does the nursing home have an arrangement with a nearby hospital?		
Are care plan meetings held with residents and family members at times that are convenient and flexible whenever possible?		
Does the nursing home's inspection report show quality of care problems or other citations (failure to meet one or more state or federal requirements)? Note: The nursing home must have the report of the most recent state or federal survey of the facility available for you to look at. These reports tell you how well the nursing home meets federal health and safety regulations. Reports can also be found on most state survey agency websites and Medicare.gov.		
PREVENTING ABUSE	Y	N
Does the relationship between staff and residents appear to be warm, polite, and respectful?		

PREVENTING ABUSE	Y	N O
Does the nursing home check to make sure they don't hire staff members with a finding or history of abuse, neglect or mistreatment of residents in the state nurse aid registry?		
Does the nursing home have policies and procedures on prohibiting and reporting abuse and neglect?		
Is the nursing home taking action to keep residents safe from abuse, neglect, mistreatment, or exploitation?		
Is there information about how to report concerns about the care and safety of residents?		
Is there information about how the facility responds to concerns that are reported?		
Has the nursing home been cited for issues related to abuse in the last year or two? Note: Nursing homes cited for abuse will have the following icon next to their name on Medicare.gov: 		
NURSING HOME APPEARANCE	Y	N
Are residents clean, well groomed, and appropriately dressed for the season or time of day?		
Is the nursing home free from overwhelming unpleasant odors?		
Does the nursing home appear clean and well kept?		
Is the temperature in the nursing home comfortable for residents?		
Does the nursing home have good lighting?		
Are the noise levels in the dining room and other common areas comfortable?		
NURSING HOME LIVING SPACES	Y	N
Is the furniture sturdy, yet comfortable and attractive?		
Are exits clearly marked?		
Are there quiet areas where residents can visit with friends and family?		
Does the nursing home have smoke detectors and sprinklers?		
Are all common areas, resident rooms, and doorways designed for wheelchairs?		
Can the nursing home provide for special dietary needs (like low-salt or no-sugar- added diets)?		
Are nutritious snacks available?		
Does the staff help residents eat and drink at mealtimes, if needed?		
Are exits clearly marked?		
Are there quiet areas where residents can visit with friends and family?		
Does the nursing home have smoke detectors and sprinklers?		
Are all common areas, resident rooms, and doorways designed for wheelchairs?		
Can the nursing home provide for special dietary needs (like low-salt or no-sugar- added diets)?		
Are nutritious snacks available?		
Does the staff help residents eat and drink at mealtimes, if needed?		

STAFF	Y	N
Do staff knock on the door before entering a resident's room?		
Do staff refer to residents by name?		
Does the nursing home offer a training and continuing education program for all staff?		
Is there licensed nursing staff 24 hours a day, including a Registered Nurse (RN) present at least 8 hours per day, 7 days a week?		
Do Certified Nurse Aides (CNAs) help plan the care of residents?		
How many nurses, including CNAs, will be available to help me during the day, at night, and on weekends? Note: The nursing home is required to post this information.		
Is there a person on staff assigned to meet my social service needs, and can I meet with him or her?		
Will staff call my doctor for me if I have a medical need?		
Has there been a turnover in administrative staff, like the administrator or director of nursing, in the past year?		
Is my primary language spoken by staff? If not, is an interpreter available or another system in place to help me communicate my needs?		
RESIDENTS' ROOMS	Y	N
Can residents have personal belongings and furniture in their rooms?		
Does each resident have storage space (closet and drawers) in their room?		
Does each resident have a window in their bedroom?		
Do residents have access to internet, a computer, a personal phone, and television?		
Do residents have a choice of roommates?		
Are there policies and procedures to protect residents' possessions, including lockable cabinets and closets?		
ACTIVITIES	Y	N
Can residents, including those who are unable to leave their rooms, choose to take part in a variety of activities?		
Do residents help plan or choose the activities that are available?		
Does the nursing home have outdoor areas for resident use?		
Is staff available to help residents go outside?		
Does the nursing home have an active volunteer program?		
Do I get to choose what time to get up, go to sleep, or bathe?		
Can I have visitors at any time – even early or late hours?		
Would I be able to leave the facility for a few hours or days if I choose to do so? Are there procedures for leaving?		
Does the nursing home offer the religious or cultural support I need? If not, what type of arrangements will they provide to meet my needs?		

CARING FOR RESIDENTS WITH DEMENTIA	Y	N
Does the nursing home have specific policies and procedures related to the care of residents with dementia?		
If so, does the policy include the use of non- medication based approaches to care as a first attempt to respond to behavioral symptoms (which are often a means of communication) for residents living with dementia?		
What percentage of residents who have a diagnosis of dementia are currently being prescribed an antipsychotic medication?		
What's the nursing home's current rate of antipsychotic medication use?		
Does the nursing home participate in any efforts related to reducing antipsychotic medication use in nursing homes (like the National Partnership to Improve Dementia Care)?		

GO TO A RESIDENT OR FAMILY GROUP MEETING

While you're visiting the nursing home, we recommend that you ask if you can attend a resident or family group meeting. These groups are usually organized and managed by the residents or the residents' families to address concerns and improve the quality of care and life for the resident.

If you're able to go to a meeting, ask a group member these questions:

- What improvements were made to the quality of life for residents in the last year?
- What are the plans for future improvements?
- How has the nursing home responded to recommendations for improvement?
- Who does the group report to?
- How does membership in the group work?
- Who sets the agendas for meetings?
- How are decisions made (for example, by voting, consensus, or one person makes them)?

VISIT AGAIN

It's a good idea to visit the nursing home a second time. It's best to visit a nursing home on a different day of the week and at a different time than your initial visit. Staffing can be different at different times of the day and on weekends.

(Source: [medicare.gov](https://www.medicare.gov))

NOTES

LEGAL & FINANCIAL

Disability Law

disAbility Law Center of Virginia

www.dlcv.org (dLCV)

800-552-3962

info@dlcv.org

Services include information and referral, legal representation, technical assistance, short-term assistance, systemic advocacy, monitoring and training. dLCV is independent from state and local government.

Elder Law

Legal Aid Works

www.legalaidworks.org

LAWCULP@legalaidworks.org

1200 Sunset Ln, Culpeper, VA 22701

540-825-3131

National Academy of Elder Law Attorneys

<https://www.naela.org/findlawyer?>

Email: naela@naela.org

This site will help you find a lawyer who specializes in serving older adults. Enter your zip code to find an elder law attorney near you.

Funeral Planning

US Funerals Online

www.us-funerals.com

Enter your zip code to find a funeral home near you.

Medicare Advice

VA Insurance Counseling and Assistance Program (VICAP)

www.vda.virginia.gov/vicap.htm

Free assistance for Medicare

(See ad page 42)

Tax Information

AARP Tax-Aide

www.aarp.org (search for Tax Aide)

or use direct address: www.tinyurl.com/aptaxaide

Volunteers prepare and electronically file tax returns free for low to middle income taxpayers. Volunteers are located nationwide, and are trained and IRS-certified yearly to assure they know about and understand the latest changes and additions to the tax code. Tax help is provided in safe environments using a variety of methods based on a number of factors, including where you are located, COVID-19 spread, and volunteer availability.

Finding an Elder Law Attorney

Your first question should be: How do I find an elder law attorney? Before making the effort, step back a moment and try to determine whether you actually have a legal problem in which an attorney needs to be involved. If you're not sure, ask your clergy, your financial advisor, a social worker, or a trusted friend to help decide whether this is a legal issue rather than a medical or a social services issue. Legal expertise is expensive and it serves you well to know that you actually need legal assistance before seeking an attorney. There are many places to find an attorney in your city or state who specializes in working with problems facing people as they age. Check with local agencies to obtain good local referrals. Some groups to contact include:

- Alzheimer's Association
- AARP (American Association of Retired Persons)
- Area Agency on Aging
- Hospital or nursing home social services
- National Academy of Elder Law Attorneys (NAELA)
- Social Security Administration
- State or local bar association
- Support groups for specific diseases

If you know any attorneys, ask them for a referral to an elder law attorney. An attorney is in a good position to know who handles such issues and whether the person you've selected is a good attorney. Such persons are often the best and safest referrals.

Source: www.naela.org

Key questions to ask when interviewing a lawyer:

1. How long have you been practicing elder law?
2. Are you a certified elder attorney?
3. What percentage of your law practice is elder law?
4. Will you see me and my family through the entire process?
5. Do you do home visits?
6. What will it cost?
7. Will I work with you or someone else in the office?
8. How long does it take you to return phone calls and emails?
9. Are you a member of the National Academy of Elder Law Attorneys (NAELA)?
10. What recognition have you received as an elder law attorney?
11. What will happen to my file when you stop practicing?



Society should treat older people as equals

One of our society's strengths is our belief in justice. A just society ensures that everyone, regardless of age, can participate and contribute in meaningful ways. Too often, we limit opportunities for older people and minimize their contributions. This is unjust to older people and a loss to our communities. To live up to our ideals, we must confront the injustice of ageism.

Ageism harms us *all*

Ageism is discrimination or unjust treatment of older people based on stereotypes.

Starting at an early age, ageism shapes the way we think about ourselves and others as we grow older.

Underlying ageism is implicit bias – the unconscious attitudes and beliefs that lead to snap judgments about older people.

Ageism is bad for our health, making us sicker and costing our nation billions in avoidable health care costs.

Ageism stifles the economy by limiting the participation of older workers, despite their years of experience.

“

This is what ageism sounds like:

I'm having a senior moment.

These wrinkles and grey hair have got to go.

I'm too old to try that.

You look good for your age.

It's time to put her/him out to pasture.

Those are just aches and pains from old age.

Sweetie, you don't look a day over 29.

”



The solution: confront ageism by telling a new story

The Reframing Aging Initiative is generating a groundswell for change – from local efforts to national leaders – to tell a more balanced story of aging.

This story explains that good ideas know no age limit, and that experience and wisdom can be tapped to benefit us all.

Our words matter. Changing the way we talk will change attitudes about aging, and ultimately, will advance policies and programs that support us at every age and stage of life.

This initiative is powered by research and proven to change how people think about aging.

What we need is you!



**JOIN US IN TELLING A
NEW STORY ABOUT AGING!**

www.reframingaging.org

WHAT CAN I DO?



Practice using the tips on the Quick Start Guide



Learn about the public's understanding of aging at www.reframingaging.org



Take the Implicit Association Test to measure your implicit bias (www.implicit.harvard.edu)



Call out ageism when you see it or hear it



Request a workshop or presentation for your organization



Subscribe to *Caravan*, the newsletter of the Reframing Aging Initiative

Quick Start Guide

Our Words Matter

Here Are Tips on How to Choose Them Well

Instead of these words and cues:	Try:
"Tidal wave," "tsunami," and similarly catastrophic terms for the growing population of older people	Talking affirmatively about changing demographics: "As Americans live longer and healthier lives..."
"Choice," "planning," "control," and other individual determinants of aging outcomes	Emphasizing how to improve social contexts: "Let's find creative solutions to ensure we can all thrive as we age."
"Seniors," "elderly," "aging dependents," and similar "other-ing" terms that stoke stereotypes	Using more neutral ("older people/Americans") and inclusive ("we" and "us") terms
"Struggle," "battle," "fight" and similar conflict oriented words to describe aging experiences	The Building Momentum metaphor: "Aging is a dynamic process that leads to new abilities and knowledge we can share with our communities."
Using the word "ageism" without explanation	Defining ageism: "Ageism is discrimination against older people due to negative and inaccurate stereotypes."
Making generic appeals to the need to "do something" about aging	Using concrete examples like intergenerational community centers to illustrate inventive solutions

Learn more at www.reframingaging.org

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WORSHIP SERVICES

Wednesday: Midweek Worship at Noon and 7:00 PM (30 minutes)

Saturday: Praise Worship at 6:00 PM

Sunday: Traditional Worship at 8:00 AM and 10:30 AM

REFORMATION LUTHERAN CHURCH



A church that specifically welcomes older and middle age adults, helping them to grow in Jesus.

540-825-1376

**601 MADISON ROAD
CULPEPER, VA**

PROGRAMS

Programs for middle agers and older adults include:

Day Worship

Bible Studies

Visitation

Counseling

**Senior Adult Case Management
Social and Recreational Activities**

www.culpeperlutherans.org



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400 B Southridge Parkway, Culpeper, VA • P: 540.825.8005 • F: 540.825.4651
www.thejonesgroup.cpa • info@thejonesgroup.cpa

LIFE ENRICHMENT

Activities & Entertainment Online

AARP Online Community Center

aarp.org/virtual-community-center

“Designed to be like your local brick-and-mortar community center in that it offers a wide variety of interesting experiences”. All virtual entertainment and events: Hear talks from popular writers, get cooking lessons from well-known chefs, take a yoga class, watch movie screenings, attend a virtual museum tour, learn about finances, etc. Each day has a different calendar of events - view the schedule on the website. You may be asked to register for the link info, but the programs are generally free.

The Foundation for Art and Healing

www.artandhealing.org/stuck-at-home-resources

This website includes a number of additional resources for activities while staying at home. How about “94 Things to Do at Home”, “The Unlonely Film Festival”, “MOOC (Massive Open Online Courses (all free!))”, to name just a few. Check it out and explore!

Ted Talks

www.ted.com/talks

Pick a subject - any subject...TED is a nonprofit devoted to spreading ideas, usually in the form of short, powerful talks (18 minutes or less). TED.com is building a clearinghouse of free knowledge from the world's most inspired thinkers — and a community of curious souls to engage with ideas and each other, both online and at TED and TEDx events around the world, all year long.

Continuing Education

Culpeper Literacy Council

www.culpeperliteracy.org

415 South Main Street, Suite 204. Culpeper
540-825-5804

Classes for students who wish to learn English or learn about United States Citizenship. CLC also provides free one-on-one tutoring to adults who want to learn to read, or improve their basic math skills.

Madison Literacy Council

www.madisonliteracy.org

540-948-5514

Provides education services to adult residents of Madison County to enhance their quality of life as jobholders, parents, and life-long learners. Help with GED, math, reading & writing, computer skills and English language.

Germanna Community College

www.germanna.edu

540-891-3000

Germanna's Workforce and Community Education programs offer online classes to learn new skills or for personal development and enrichment. You will need to create an account and there is a fee structure for classes. You may earn a certificate at completion of some courses. There are campuses in Culpeper and Locust Grove.

Literacy Volunteers of Fauquier County

lvfc.net

320 Hospital Dr, Suite 10, Warrenton

540-422-8465

English language and basic education for adult learners.

Laurel Ridge Community College

www.laurelridge.edu

Take online classes, learn new job skills, or work toward a degree. GED classes are also offered here.

Piedmont Regional Adult Education (PRACEP)

www.pracep.org

540-718-8243

info@pracep.org

For GED classes or English language classes. Classes have moved virtually during the pandemic so you will need a computer and Wi-Fi. Normally has in-person class programs. Serves the entire region.

County Parks & Recreation

Contact your county's Parks & Rec office (part of the county government) and find out what programs they are offering. Most offer classes, travel experiences, recreational activities, and other programs, including some geared specifically to older adults.

Culpeper County Parks & Recreation

<https://web.culpepercounty.gov/parksrec>

16388 Competition Drive, Culpeper

540-727-3412

Fauquier County Parks & Recreation

www.fauquiercounty.gov/government/departments-h-z/parks-and-recreation

320 Hospital Drive, Suite 6, Warrenton

540-422-8550

Madison County Parks & Recreation

www.hooverridge.com

158 Primary School Drive, Madison

540-308-1247

HOW the HECK do I ZOOM? *Websites that can help:*

Seniors Guide: Step-by-step Guide to a Zoom Meeting

tinyurl.com/57apk23b

Senior Planet has a pdf written document you can download

tinyurl.com/srplanet

Zoom Support

<https://learn-zoom.us/show-me>

Multiple “Show Me” videos on Zoom, including the basics.

RETIREMENT! WHAT TO DO NOW?

Positive aging starts with a positive retirement.



ONCE THE ENTHUSIASM FOR NEW-FOUND RETIREMENT HAS CALMED, OFTEN OLDER ADULTS ARE LOOKING FOR WAYS TO FILL TIME. HERE ARE SOME EASY AND NO/LOW COST IDEAS. FIND MORE AT WWW.AGINGTOGETHER.ORG.

REMAIN ENGAGED

1

With Social Isolation challenges on the rise, it's so important to stay connected. Some ways might be:

- Start or join a book club, garden club, photography club, or any other club that meets your interests!
- Make a point to meet friends for regular lunch dates or outings.
- Join a faith-based organization for community fellowship.

2

CONTINUE TO LEARN

Lifelong learning means there is never a time where education should stop!

- Check out classes at the local community colleges. Often they have personal learning classes both in classroom and online.
- Seek out all kinds of instructional programs at your county Parks & Rec.
- Learn a new language.
- Become more tech savvy! Check your local library for possible classes.



3

CREATE A ROUTINE

Create structure in your day to help your life feel purposeful and interesting.

- Wake up, and have breakfast and dinner around the same time every day.
- Plan regular activities, like grocery shopping, going to the library, or going for a daily walk.

VOLUNTEER!

4

Volunteering offers support to an organization that needs it, while giving a sense of purpose to the volunteer. Fortunately in our region that are many opportunities to offer help. Look in your local paper, online, or check these organizations:

- The PATH Volunteer Hub: www.letsvolunteer.org - keeps an aggregate listing of volunteer needs from organizations all over the region. Pick an opportunity based on your skills and interests.
- The Regional Transportation Collaborative: www.rtcmc.org/give-a-ride - The region is in need of volunteer drives to help people get to doctors appointments, the grocery store, etc. Be someone's hero!
- Aging Together: www.agingtogether.org/volunteer - Aging Together often needs volunteers to help with special event committees, community fairs, dementia training, and more!

ENJOY HEALTHY ACTIVITIES

5

Now that you can create your own lifestyle, it's a great time to get in shape or start a new athletic pursuit.

- Get regular exercise - even a short daily walk is good for the heart and overall wellbeing. Having a pet is a great excuse for a daily outing!
- Find a new hobby (Pickleball is one of the fastest growing senior activities in the USA, and offered all over the region.)
- Take a cooking class for ideas on creating your own healthy meals.





Downsize Without Stress!



Expert Estate Auctions operates with integrity, compassion, and professionalism while providing affordable downsizing services via our online auction platform. There is no upfront cost to the seller and 95% - 100% of the home is empty at the end.

CALL 703-957-8569 or EMAIL info@expertestateauctions.com today to schedule your FREE Consultation!

THE MILLENNIAL GENERATION (Born 1981-1986)

Key Events: Columbine, 911, The Iraq War, The Internet, Start of Social Media

Currently the largest generation; Communication is by IMs, texts, email; looking for work-life balance and will leave an organization if they aren't satisfied; competitive.

GENERATION Z (Born 1987-2010)

Key Events: The Great Recession, Arab Spring, Rise of AI, First Black President

First digitally native generation - masters of technology because they grew up with it; first global generation; reject confining labels; place high value on meaningful work; ambitious; pragmatic from watching parents struggle in the great recession.

GENERATION ALPHA (Born 2010 - 2024)

Key Events: COVID 19 Pandemic, iPad launched, Instagram
Hyper-connected with digital devices and ultra independent; life is dominated by smart technology and social media; high ability to "influence" how the public spends money with internet presence; expected to be the largest generation in history.

Multigenerational interactions help remove negative stereotypes about older adults and aging. Understanding how different generations were influenced and what their culture was like when they were younger, helps explain why there are vast differences in the way people view the world. For more reading see links below or Google about defining generations.

Library of Congress

<https://guides.loc.gov/consumer-research/market-segments/generations>

Pew Research Center

<https://www.pewresearch.org/short-reads/2023/05/22/5-things-to-keep-in-mind-when-you-hear-about-gen-z-millennials-boomers-and-other-generations/>

AGING TOGETHER: HOW GENERATIONS DIFFER

THE GREATEST GENERATION (Born 1901-1927)

Key Events: World War II, The Great Depression

Lived in a world without radio, tv, and airplanes, often grew up with no electricity or refrigeration; communication by letter writing; community-minded with a strong sense of commitment to family, jobs and civic groups; marriage is for life; excellent team players; use cash, not credit to avoid debt.

THE SILENT GENERATION (Born 1928-1945)

Key Events: Korean & Vietnam Wars, Dust Bowl, Rise of suburbs

Increased use of automobile and first generation to watch television; traditionalists; hardworking with loyalty to corporation - kept jobs for life; disciplined, self sacrificing, cautious; thrifty as outcome of Depression; wealthiest & most free spending retirees in history; divorce & children out of wedlock unacceptable

THE BABY BOOMER GENERATION (Born 1946-1964)

Key Events: Vietnam War, Civil Rights Movement, Watergate, Moon Landing, Cold War

Largest generation in US history; goal-centric and self assured; resources limited after wars, so resourceful; relationships are important; competitive; workaholics; pay your dues for success; 10,000 Baby Boomers turn 65 and retire every day (source: AARP.org).

GENERATION X (Born 1965-1980)

Key Events: End of Cold War, The AIDS Epidemic, Fall of the Berlin Wall, Dot-Com Boom, MTV

Raised after the big wars but before the tech boom, both parents worked, or were divorced, so were more independent growing up; value individualism and a high work ethic - workaholics; first to have personal computers; email communication.

healthy aging



your way!



Choose from classes that help you ...

Build strength
Support balance

Develop flexibility
Increase joint comfort



Ask about our FITScripts program
An exercise prescription for optimal health!

Powell Wellness Center
Stop by! 1005 Golf Drive, Culpeper | 540-445-5406

JOY Delivered

Nature Gifts for
Friends and Family.



Shop online or in-store to have joy delivered to your friends and loved ones in assisted care facilities. We can ship food, feeders, or other gifts for you to brighten the day of someone.

"We Sell Joy!"

Shop at:

<https://culpeper.wbu.com/>

Phone: (540) 829-9453

Store Hours:

Tuesday 12-4

Wed-Monday: 9:30-5:30



Engaging and Sharing With Your Grandchildren

- **Connect with tech:** (use smartphone and tablets to connect long distance with live facetime applications) - if you need help understanding how to use all the modern smart technology, find tech classes at places like community colleges or at your county library.
- **Pass down family stories:** Write your history down in a notebook or on a computer document; Buy one of the question-and-answer books that engage answers about specific life topics and start filling it out; Create a video through online applications like YouTube or use a legacy preservation service like the advertiser below.
- **Keep photo books:** Gather the photos you've collected in places like shoeboxes and spend time putting them into a photo album, or send them to an online site that will create a hardcover book for you.
- **Create your own memories now by engaging in intergenerational activities with your grandchildren.** The memories will last lifetimes!



LASTING LEGACY

VIDEO MEMOIRS

Based in Warrenton, VA (325) 660-8690 LastingLegacyVideo.com grantrampy64@gmail.com

We Come To You

We will work with you in person to determine which storytelling format fits your needs.



Price Is Up To You

We have a variety of made-to-order video package options beginning at \$795.

DON'T WAIT – TELL YOUR STORY



PATH Resource Center

The **PATH Resource Center** connects our community to helpful services and local volunteer opportunities. Read on to learn more about how we can help you find services or start volunteering!



PATH
Volunteer Hub

A one-stop shop for volunteering: connecting volunteers to opportunities, and helping organizations find the volunteers they need.

540-680-4148
letsvolunteer.org



PATH
Community Link

A free, confidential call center, connecting community members in need with area organizations or services that can help. Se habla Español.

855-495-LINK (5465) toll free
communitylink@pathforyou.org
www.pathcommunitylink.org

PATHFORYOU.ORG/RESOURCE-CENTER

LIFE ENRICHMENT

Orange County Parks & Recreations
orangecountyva.gov/300/Parks-Recreation
11350 Porter Road, Orange
540-672-5435

Employment

AARP

www.aarp.org/jobs

AARP offers tip sheets on employment transitions. AARP's Job Board can filter by employers who are pledged to hiring those 50 and over, and Veterans.

Culpeper Career Resource Center (CCRC)

www.ccrcc-jobs.com

219 E. Davis Street, Suite 100, Culpeper
540-727-1055

A community resource serving workers looking for employment and employers seeking employees. Computers are available to help job seekers find the right online resources. Please visit their website for more info.

Virginia Career Works Centers

vcwpiedmont.com

Culpeper Center: 210 E Stevens St., Suite 200, Culpeper
540-212-4570

Orange Center: 127 Belleview Ave, Orange
540-661-3419

Offers job search and resume writing assistance, as well as job skills training. Call for an appointment and more information.

Virginia Employment Commission

www.vec.virginia.gov

State government site that offers resources, locations of regional workforce centers, job fair listings, and more. Also has information about unemployment benefits.

The Workplace/Fauquier County

www.fauquiercounty.gov

540-422-8422

workplace320@gmail.com

Career resource center (not an employment agency) available to all county residents to assist them in finding employment.

ELECTIONS

Local Election Offices

(Voter info, registrar contact info, polling places, etc.)

Culpeper County Voter Registration & Election Office

<https://web.culpepercounty.gov/registrar>

131 N. Main Street, Suite 301, Culpeper
540-825-0652

Fauquier County Office of the General Registrar

<https://www.fauquiercounty.gov/government/departments-h-z/registrar>

528 Waterloo Rd, Suite 200, Warrenton
540-422-8290

Madison County Voter Registrar

<https://www.madisonco.virginia.gov/registrar>

414 N. Main Street, Madison
540-948-6533

Orange County Office of Voter Registration & Elections

<https://orangecountyva.gov/354/Voter-Registration-Elections>

130 N. Madison Road, Orange
540-672-5262

Rappahannock County Voter Information

https://www.rappahannockcountyva.gov/residents/voter_information/index.php

262-A Gay St. Washington
540-675-5380

National Dates for Major Elections:

November 5, 2024 (presidential)

November 4, 2025 (Virginia gubernatorial)

Who Is my Legislator?

Virginia Department of Elections

<https://whosmy.virginialgeneralassembly.gov/>

Fill in your address on this website, and results will tell you the Virginia state legislative members (VA House of Delegates and VA State Senators); and the United States legislators representing Virginia (US Senate and US Congress) for the district in which you live.

Also here:

- Find your voting place
- Find out about absentee and early voting

EXERCISE & FITNESS

Culpeper Sports Complex

<https://web.culpepercounty.gov/parksrec/page/culpeper-sports-complex>

16358 Competition Drive, Culpeper VA 22701

The park is the home to many visitors throughout the year not to just play sports, but to walk or run the parks "Conner's Trail", bird watch, and relax at the Five Senses Gardens.

LIFE ENRICHMENT

Healthy Steps Chair Exercises

www.tinyurl.com/Healthysteps1

www.tinyurl.com/healthysteps2

Designed to maximize participation and activity, regardless of physical ability, Healthy-Steps is fun and easy to do, and no special abilities are required. Grab a chair and go to the YouTube links above.

PATH Recreation & Fitness Center

<https://pathrecreationandfitnesscenter.org/>

19002 Crossroad Parkway

Culpeper, VA 22701

prfc@culpeperwellness.org

540-825-0000

Managed by the Culpeper Wellness Foundation, community focused facility offering recreation and fitness opportunities for all ages in a friendly and supportive atmosphere.

Powell Wellness Center

powellwellnesscenter.org

1005 Golf Drive, Culpeper

540-445-5406

Managed by Culpeper Wellness Foundation. Offers exercise and pool facilities, personal training, health education and nutrition services.

Warrenton Aquatic & Recreation Facility (WARF)

<https://www.warrentonva.gov/201/WARF>

800 Waterloo Road, Warrenton

540-349-2520

Features an indoor competition pool, therapeutic spa, and a leisure pool with water slide, lazy river, vortex and zero depth entry for easy access by toddler, seniors and those in wheelchairs. The WARF also has a well-equipped fitness room and a multi-purpose room where fitness classes are held.

Out and About

Library of Congress, Packard Campus Theater

www.loc.gov (search for Packard Campus)

19053 Mt. Pony Road, Culpeper

Home to more than 1.1 million film, television, and video items from the National Audio-Visual Conservation Center stored underground on 90 miles of shelving. The campus hosts a regular series of film and television programming and occasional concerts in its 205 seat theater. The state-of-the-art projection booth is capable of showing everything from nitrate film to modern digital cinema. All programs at the Campus are **free** and open to the public. Limited seating means first-come, first-served. Movie schedule is on their website.

Parks

Culpeper:

<https://www.culpeperva.gov/Community/Parks>

There several parks in Culpeper County. Discover them on the website above. Many have great walking trails!

Fauquier

www.fauquiercounty.gov

Click on "Living" tab and then go to "Parks" under Parks and Recreation for a complete list of parks in the county.

Madison

Hoover Ridge

www.hooverridge.com

Primary School Dr, Madison

Rappahannock

The Rappahannock County Park

www.rappahannockcountypark.weebly.com

7 Park Lane, Washington , VA

540-675-5330

State of Virginia (& National)

National Park Service

www.nps.gov/findapark/index.htm

We are blessed with a number of the national parks at our doorstep, or that make a day trip. Search them out on the website above.

*Seniors are offered a significant discount to the annual pass rate (\$20 at time of printing; off \$80 regular)

**Veterans and military pay no entrance fees.

Senior Gold Card (Fauquier County Public Schools)

www.fcps1.org (click on "community")

Available to any Fauquier County senior citizen age 60 and older, is an admission ticket to almost any FCPS school event that charges admission. This benefit is an expression of gratitude for the contribution senior citizens make to the local community.

Silver Citizens Club/Culpeper

<https://web.culpepercounty.gov/parksrec/page/services-children-teens-seniors>

540-727-3412

To join show up during meeting time and speak with Marshall Conner. Meets every Wednesday at the Culpeper Fieldhouse (16388 Competition Dr., Culpeper) from 10:00am-2:00pm. The Club is for citizens 55-better. It's a great way to make new friends, socialize with old ones, get off the couch and learn new ways to have fun. Regular guest speakers. Pot luck lunch. \$10/year Culpeper County residents; \$15/year nonresidents



Downsize Without Stress!



Expert Estate Auctions operates with integrity, compassion, and professionalism while providing affordable downsizing services via our online auction platform. There is no upfront cost to the seller and 95% - 100% of the home is empty at the end.

CALL 703-957-8569 or EMAIL info@expertestateauctions.com today to schedule your FREE Consultation!

Helping Someone Transition to Long Term Care

Transitioning a loved one to long-term care can be difficult, but there are many ways you can help them feel supported and connected:

- Be patient and understanding of changing emotions. Kindness and caring go a long way.
- Involve them in decision making processes so they feel like they are still in control.
- Personalize their new space with their own possessions, and display photos everywhere. Bring a small loved piece of furniture and a favorite blanket or pillow. Plants also help enliven a new space.
- Hang a calendar on the wall to help them keep up with dates and holidays, or upcoming visits.
- You know your loved one best. Share things about them with staff - do they like to sleep in or wake up early? What is their favorite beverage? Television show? What activities do they enjoy?
- Communicate any concerns or questions you may have directly with the staff.
- Keep in regular touch with your loved one. Send notes, call on the phone or visit regularly if you are able.

PLAN SOME FUN IN YOUR DAY AT GALAXY!



Bowling
Mini-Golf
Arcade
Café
Pro Shop



Come out for some fun! Haven't bowled in years... that's ok! We have light weight balls. Gather with some friends and join one of our Senior Leagues on Tuesday morning or Thursday at noon! Or we'll match you up with others for a team. Not sure about joining a league just yet, then come bowl for fun and friendship.

Weekly Hours:
Sun-Mon Noon - 10pm
Tues 9am - 10pm
Wed-Thurs Noon - 10pm
Fri Noon - Midnight
Sat 9am - Midnight
*Leagues bowl Sunday night through Thursday night. Open bowling is available until 5:30 PM.

(540) 216-7195
www.galaxystrikes.com

Warrenton Circuit Rider Information

<https://www.warrentonva.gov/DocumentCenter/View/381/Blue-and-Gold-Route-Map-PNG?bidId=>

Blue route stop 12 (Jo-Ann Fabrics)

<https://www.warrentonva.gov/DocumentCenter/View/380/Green-Route-Map-PNG?bidId=>

Green route stop 7 (Jo-Ann Fabrics)

LIFE ENRICHMENT

Senior Villages

LOWLINC (Lake of the Woods, Living Independently in our Community)

www.lowlinc.org

855-LOWLINC (569-5462)

Member services for transportation, errands, home repairs, health and wellness programs and social engagement for older adults. Contact them for a full schedule of services and for membership information.

Rapp at Home

rappathome.net

17 Leggett Lane, Suite 110, Washington, VA

540-937-4663

info@rappathome.org

A non-profit serving the health, safety, and social needs of seniors. Contact Rapp at Home for physical and social activities.

Technology Help and Online Learning

GFC Global

learnfree.org

From Microsoft Office, email, basic computer courses, to reading, math, and more - GCF LearnFree.org offers more than 200 topics, including more than 2,000 lessons, more than 1,000 videos, and more than 50 interactives and games, completely free.

Goodwill Rappahannock

www.fredgoodwill.org

Goodwill partners with the Central Rappahannock Library and Google to offer free virtual basic computer workshops.

Libraries

Many of the libraries offer free computer classes and some are specifically geared toward older adults. Contact the libraries directly to find out their schedules.

Culpeper Public Library

tlc.library.net/culpeper

271 Southgate Shopping Center, Culpeper

540-825-8691

Fauquier Public Library

www.fauquierlibrary.org

Branches Fauquier:

Bealeton

10877 Willow Drive North, Bealeton

540-422-8500 (option 2)

Marshall

John Marshall Community Center

4133 Rectortown Road, Marshall

540-422-8500 (option 5)

Warrenton

11 Winchester Street, Warrenton

540-422-8500 (option 1)

Madison County Library

402 N. Main St. Madison

540-948-4720

madisoncountylibrary.org

Orange County Library

ocplva.org

146 N. Main St #A, Orange

540-672-3811

Rappahannock County Public Library

rappahannocklibrary.org

4 Library Rd, Washington, VA 22747

540-675-3780

Senior Planet

www.seniorplanet.org

Their courses, programs, and activities help seniors learn new skills, save money, get in shape, and make new friends. Follow an online exercise program, learn new technology skills, get creative, or listen to a podcast. Free and available to those age 60 and over.

Udemy

www.udemy.org

For short online classes in many subjects or categories. Great section on "Computer Basics for Seniors" for those who aren't used to computers or haven't used them before. You will need to create an account and this is a fee-based site. Classes are taught with recorded video instructors. Move at your own pace!

Tourism Offices

A great place to get ideas for day outings, things to do, restaurants in the region, and event schedules among other activities.

Culpeper: www.visitculpeperva.com

Fauquier: www.visitfauquier.com

Madison: www.madisonva.com

Orange: www.visitorangevirginia.com

Rappahannock: www.rappahannock.com

Regional Senior Centers

ECS (Encompass Community Supports) senior centers, located in all five counties in our region, provide nutritious meals and fellowship for eligible seniors age 60 and over. In addition to a lunch, participants enjoy the opportunity to socialize and meet new friends, experience educational opportunities, participate in wellness programs, and enjoy interesting and fun activities. Door-to-door transportation can be provided in most cases. Suggested donations are collected to help cover the costs of the meals. Senior Centers also conduct fundraising programs throughout the year to generate revenue for a wide variety of socialization and recreational activities, including trips.

Culpeper	540-825-5778
Fauquier	540-347-7729
Madison	540-948-4131
Orange	540-672-5926
Rappahannock	540-987-3638

Rappahannock County Estate Sales LLC

A full-service estate and downsizing sales company located in
Rappahannock County, VA



Over 40 years of experience conducting estate sales and
dealing in antiques and decorative arts

Free consultations
For information please call, text or email:

Darien Reece
202-361-1019
darienkerr@gmail.com

Don't just make donations — make a legacy.

Setting up a charitable fund or making a planned gift can
be much easier than you think — and it can cost less, too.

For over 24 years, donors of all stripes have trusted
Northern Piedmont Community Foundation to help them
maximize their impact on our region. No matter how
much or how little philanthropic experience you have,
NPCF can help you create a legacy gift that supports the
wellbeing of your community for years to come.

Contact us to get started:

(540) 349-0631 • info@npcf.org • www.npcf.org



Rappahannock Nature Camp

LIFE ENRICHMENT

Translation Assistance

PATH Community Link

Yesenia Reyes

888-495-LINK (5465)

communitylink@pathforyou.org

Contact Ms. Reyes of the PATH Community Link for help with English-Spanish translation needs such as exchange with doctors and other community organizations, or with help contacting someone in this guide.

Pronunciator

www.pronunciator.com

If you have a Culpeper County Library Card this is a free app that offers 163 language “courses” including one specific to COVID-19.

*Check other libraries in the region who may have acquired Pronunciator

Video Chat Resources

Video Chat refers to a face-to-face conversation held over the internet by means of webcams and dedicated software. To video chat with someone you need a computer or smart phone (like an Apple phone or an Android phone) and an application that connects you. A great way to keep in touch with family whether they live nearby or in another country! Some video chat resources include the following:

- **Facebook Messenger** - (you do not have to be a member of Facebook)
- **Skype**
- **Google Hangouts (for Google Users)**
- **Facetime (for Apple users)**
- **Whats App (mobile phones)**
- **GrandPad**
- **Zoom (see helpful “how to” websites on page 63)**

Google how to use these resources or go to YouTube ([YouTube.com](https://www.youtube.com)) for detailed videos.

Volunteer

Aging Together

www.agingtogether.org

540-829-6405

info@agingtogether.org

Aging Together seeks volunteers all year round for help with its signature annual events, administrative tasks, support for the Dementia Friendly initiative, volunteer driving, and more. County Team volunteers are also needed! Training included. See our website or contact us for more info.

Volunteer Driver Opportunities:

RTC (Regional Transportation Collaborative)

<https://www.rtcmc.org/give-a-ride>

540-445-0577

Encompass Community Supports Volunteer Opportunities: **Senior Centers**

For Volunteer opportunities contact Lola Walker:

lwalker@ecsva.org /540-825-3100, x3358)

Or contact the regional senior centers directly for more information.

Two's Company - Friendly Visitor/Caller Support Program

Enrich a life. Be paired with an Older Adult for weekly visits or calls. For more information, contact Lola Walker:

lwalker@ecsva.org/540-825-3100, x3358 or

Christine Wilson cwilson@ecsva.org/540-825-3100, x3013

Generations Central Adult Day Center (GCADC)

<https://generationscentral.org/>

540-403-0557

adultday@generationscentral.org

Support, engage with, and help those living with dementia while volunteering at GCADC.

Path Volunteer Hub

www.letsvolunteer.org

volunteerhub@pathforyou.org

540-680-4148

Find volunteer opportunities throughout the region within a vast network of different nonprofits who post opportunities on the PATH online volunteer database system. Search for opportunities to help, whether it's a big project or small task, and based on your interests, skills and amount of time you'd like to spend.

VolTran

www.voltran.org

For Volunteer Driver opportunities call 540-422-2600

voltranrides@gmail.com

WIFI Connection Sites

- Many of the public schools in each county offer Wi-Fi spots (be mindful that adults should not be hanging around while school is in session, and may be asked to leave by VA law.)
- Many public libraries have hotspots that are accessible both in the building and outside in the parking lot.
- Check with the fast food restaurants near you
- Some of the County Parks have Wi-Fi availability

Worship

Church Finder

www.churchfinder.com

There are literally hundreds of churches and faith based-organizations in our 5-county region. Enter your city and state to find a listing near you.



RAPPAHANNOCK
ELECTRIC COOPERATIVE

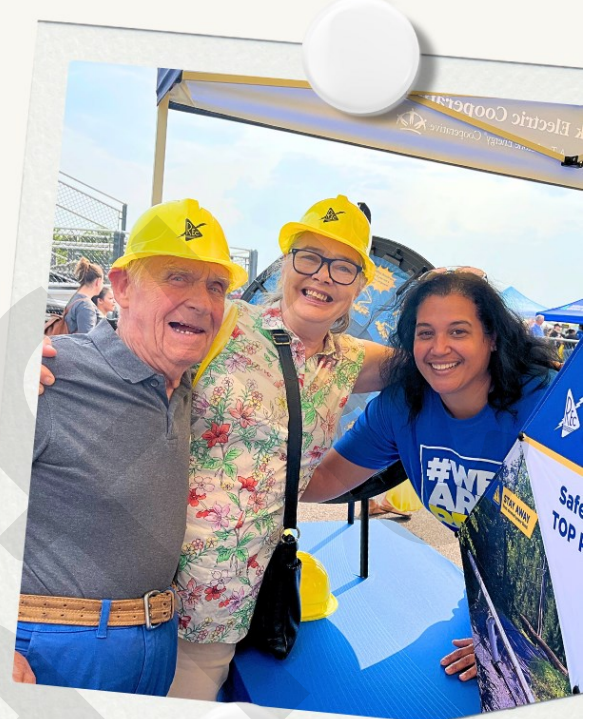
Focused on You

5 TIPS TO SAVE MONEY & ENERGY

1. **Space heaters use a lot of energy** and money to operate. Consider a heated blanket instead.
2. **Keep the thermostat at 68 degrees or the lowest setting** in winter and 78 degrees or the highest setting in summer.
3. **Switch to LED bulbs** which do not cost as much to operate as incandescent bulbs.
4. **Check air filters** once a month and change when dirty.
5. **Do not block vents** or return vents with furniture or curtains.

EXPLORE OUR HELPFUL SERVICES

- ✓ **SurgeAssist** - Helps cover the costs of repairing or replacing electrically powered devices in your home that have been damaged by an electrical surge.
- ✓ **Serious Medical Condition** - Assists members who have a serious medical condition and are dependent on electric services for their medical needs and support.
- ✓ **Caring Notice** - Allows a friend or relative to be notified if an electric bill becomes delinquent.



FOR MORE INFORMATION



800-552-3904



myrec.coop

SAFETY & SUPPORT

Assistive Technology, Aids & Medical Equipment

All Blessings Flow

www.allblessingsflow.org

434-422-8888

Mobile unit supplying used medical equipment and supplies to those in need. Also accepts gently used medical equipment. Comes to Dogwood Village on Fridays from 10am-12pm. 120 Dogwood Lane, Orange. Call in advance to confirm.

Culpeper County Library

www.youseemore.com

271 Southgate Shopping Center, Culpeper
540-825-8691

The library offers various assistive devices such as various strength magnifiers to help the visually impaired.

Community Support of the Piedmont

Comfortandcare.org

540-347-5922

169 Broadview Avenue, Warrenton

Medical equipment loan closet.

The disAbility Resource Center

www.cildrc.org

540-373-2559

Call Caption: 540-373-5890

The Equipment Connection of the disAbility Resource Center supplies assistive equipment through their Fredericksburg location's adaptive medical equipment reuse program. Check with the resource center about referral requirements.

Full Circle Thrift

fullcirclethrift.org

12308 Sperryville Pike, Culpeper

RECEIVES DONATIONS ONLY / Does not distribute. Bring used wheelchairs, walkers, and other assistive equipment to Full Circle and they will deliver to the local Veterans of Foreign Wars chapter for distribution.

To see about receiving needed equipment, contact Perry Smiley at the VFW: 540-547-3863.

Hot Wheels Program

Offered by American Legion Post 157 in Madison

540-547-6160

madisonlegion157@gmail.com

VAAL Post 157 collects and distributes used wheelchairs, walkers, canes, crutches, and shower seats after they have sanitized them. To donate or request an item people can call at the number above (please leave a message) or send an email.



The dRC is a *Center for Independent Living* supporting people with all disabilities of all ages to live a purposeful life, included in their communities, by providing services, training, peer mentoring, advocacy, and information and referral.

DISABILITY RESOURCE CENTER
OF THE RAPPAHANNOCK AREA, INC.

Do you live in Orange, Culpeper, Madison, or lower Rappahannock counties and want to learn more about independent living for people with disabilities? Contact the dRC!

409 Progress St., Fredericksburg, VA 22401

540-373-2559

Website: www.cildrc.org

Email: drc@cildrc.org



SAFETY & SUPPORT

Lake of the Woods Lion's Club

www.lowlions.org

540-518-2440

Free loans of medical equipment for Orange County residents. The preferred method for equipment requests is by appointment. For help with vision exams & eyeglasses or hearing aids contact the Lion's Club at 540-412-6566.

Mid-Day Lions Club (The Lion's Club of Culpeper County)

540-718-5114 (leave voice mail)

mail@culpeperlions.org

Meet the Mid-Day Lions Club at the Best Western/Baymont in Culpeper on Thursdays at Noon.

The hotel address is: 791 Madison Rd., Culpeper

Provides financial assistance to qualified residents of Culpeper County for sight and hearing tests, and for help acquiring eyeglasses and hearing aides. Adults should apply to The Department of Human Services located at SAM'S place,

Rappahannock Convalescent Loan Closet

www.rapploan.org

11929 Lee Hwy, Sperryville

540-937-HOME (4663)

Loans free medical equipment for those county residents in need. Rapp at Home and the Rappahannock Lions Club have partnered with the Loan Closet to continue the service and make it more accessible to the community. Call in advance to inquire.

Virginia Assistive Technology System

www.vats.org

800-552-5019

Through VATS Information and Assistance Program, callers can access information on assistive technology products, funding options, and resources that range from therapists to service providers to vendors of assistive technology devices and services. The toll free number will help you find resources in your community.

Domestic Violence

SAFE (Services to Abused Families, Inc.)

www.safejourneys.org

P.O. Box 402, Culpeper, VA 22701

800-825-8876 (24 hour hotline)

All services are free and confidential with a 24-Hour Hotline answered by an advocate ready to help.

The National Domestic Violence Hotline

www.thehotline.org

800-799-SAFE / 800-799-7233

24 hours a day, seven days a week, 365 days a year: highly-trained, expert advocates offer free, confidential, and compassionate support, crisis intervention information, education, and referral services in over 200 languages

Driving Safety

AARP on Driving

www.tinyurl.com/aarpdrive

It's hard to know when you or a loved one should stop driving, and even harder to tell a loved one it's time. Read this article from AARP to help and see links to other relevant driving topics.

Virginia GrandDriver

www.granddriver.net

800-552-3402 (Richmond)

Virginia GrandDriver helps older drivers and families navigate age-related changes to keep everyone independent and safe on the road.

Elder Abuse / Neglect

Adult Protective Services (APS)

888-832-3858

Report suspected abuse, neglect or exploitation of adults to APS at your local department of Social Services (see County Tear-Out Page at start of guide) or to the 24 hour hotline above.

National Center on Elder Abuse

ncea.acl.gov

855-500-3537

Provides info regarding research, training, best practices, and resources on elder abuse, neglect and exploitation.




FOR SAFETY'S SAKE
ACCESSIBILITY CONSULTING

UPDATE YOUR HOME TO SUPPORT YOU AND/OR YOUR LOVED ONES BEFORE CRISIS MAKES DECISIONS MORE COSTLY AND STRESSFUL

CUSTOM ACCESSIBILITY DESIGN/CONSULTING

- Aging in Place & Home Modification Safety Assessments. Reduce falls/injury, \$\$\$ home care services, nursing home placement
- Multi-Sensory Design (Autism, Dementia) reduce behaviors, elopement; meet sensory and health needs safely
- Universal Design: Churches, Group Homes, Investment Rentals & New Housing & Nonprofits

GET YOUR HOME TO SERVE YOU BETTER AS YOU AGE!

 www.forsafety.com  info@forsafetyot.com

 202-696-0634

Aging in Place
Occupational
Therapist &
Accessibility
Expert



SAFETY & SUPPORT

Fraud & Scams

Center for Combating Elder Financial Abuse

www.endefa.org

John Schwartz / Founder & President

jrschwartz86@gmail.com

Website to help protect our nation's 58 million seniors from financial predators.

Commonwealth of Virginia Office of the Attorney General: Consumer Protection

www.oag.state.va.us/consumer-protection/

804-786-2042

Check for, or report scams and fraud. You can file a complaint on their website.

Federal Trade Commission (FTC)

Bureau of Consumer Protection

www.ftc.gov or consumer.ftc.gov

The FTC is the federal agency that works to protect consumers against fraud and scams including identity theft and scams related to COVID19 among others.

reportfraud.ftc.gov

Use the above website to report a fraud online directly to the FTC.

Lemonaide

<https://lemonaide.org/>

Through awareness, Lemonaide aims to educate older adults and our communities about the crime of Elder Financial Exploitation and its prevention.

Stop Medicare Fraud!

If you suspect fraud call

1-800-MEDICARE (1-800-633-4227)

or go online:

<https://oig.hhs.gov/fraud/report-fraud/>

National Elder
Fraud Hotline



1-833-372-8311



Source: OVC

Report scams targeting seniors

Long Term Care Ombudsman

www.encompasscommunitysupports.org/

Regional Office:

15361 Bradford Road

Culpeper, Virginia 22701

540-825-3100

A Long-Term Care Ombudsman promotes quality care and protects rights for community members of long-term care facilities as well as persons receiving community-based care services at home. The ombudsmen, through Encompass Community Supports, are trained staff members who can help resolve problems and immediate concerns relating to the quality of care between persons and family members, and the facility or service provider. The ombudsman facilitates discussion, investigates complaints, and educates everyone involved about the rights of adults 60 and above. These services are free of charge.

US Department of Justice National Elder Fraud Hotline

833-FRAUD-11 (833-372-8311)

If you or someone you know has been a victim of elder fraud, call the National Elder Fraud Hotline.

Also available in Spanish.

Virginia Senior Medicare Patrol (SMP)

www.virginiasmvp.com

The SMP mission is to empower and assist Medicare beneficiaries, their families, and caregivers to prevent, detect, and report healthcare fraud, errors, and abuse through outreach, counseling and education.

Heating & Cooling Aid

CommonHelp

<https://commonhelp.virginia.gov/>

Contact the Enterprise Call Center at 855-635-4370.

The Virginia Energy Assistance Program (EAP) assists low-income households in meeting their immediate home energy needs. The EAP consists of four components: Fuel Assistance, Crisis Assistance, Cooling Assistance and Weatherization Assistance.

Senior Cool Care (Encompass Community Supports)

encompasscommunitysupports.org

540-825-3100 x3450

Distributes window air conditioners or fans to eligible seniors at no cost. Must be 60 or older and meet income guidelines. June-September.

Home Safety Inspections

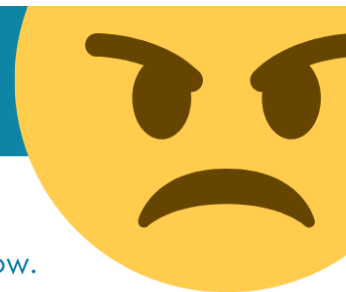
www.rappathome.net

540-937-4663

Rapp at Home offers home safety inspections and can make some safety improvements for you. For expensive improvements, we work with the Rappahannock Benevolent Fund to try to meet your needs.



FRAUD & SCAMS



There are thousands of scams and fraud hits daily, especially targeting older adults. And the initiators are becoming so savvy that sometimes it's hard to know. Below are just a few examples of prevalent scams & fraud that are happening.

Romance Fraud

Scammers create fake profiles on online dating websites to gain the trust of a potential victim, convince them they are interested in them romantically, and then steal from them. Often the scammer pleads the need for emergency funds, or that they may be able to sell valuable possessions such as jewelry for a high profit. When the victim gives in and hands over money or valuables the scammer disappears. In 2022 alone, over a \$1 billion in unrecoverable theft was reported stolen through romance fraud targeted at older adults in the US.

Caregiver Fraud

Caregiver fraud can evolve by both paid and family caregivers who extort money, especially from those older adults with cognitive issues or dementia. This can include unauthorized use of credit cards, bank accounts, personal information and email, all for personal gain. Much of this is accomplished online and is considered cybercrime.

Home Repair Scams

Scammers may offer to perform home repairs, such as installing new windows or renovating a bathroom, and then leave without doing any work. Or after a storm, scammers act as tree removal or home repair services. They come knocking on the door, make a verbal contract and ask for payment up front, then disappear without ever returning.

Computer Technical Support Scams

Scammers prey on the lack of knowledge about computers and cybersecurity many older adults face. A pop-up message or blank screen usually appears on a computer or phone, telling you that your device is compromised and needs fixing. They list a phone number and when you call for help, the scammer may either request remote access to your computer and/or that you pay a fee to have it repaired. They can take hundreds of dollars!

Health Care/Medicare/Health Insurance Fraud

In these types of scams, perpetrators may pose as a Medicare representative to get older people to give them their personal information, or they will offer bogus services, then use the personal information they provide to bill Medicare and pocket the money. Or scammers will threaten that the victim's Medicare will be canceled and they need to respond financially. Note: Medicare will never call, and they will never ask for personal information over the phone. Medicare cannot be "canceled".

Amazon Scams

Scammers impersonate Amazon by seeking verification for an order you didn't place. They may ask for email verification. They may claim there is a shipping problem with your order. They ask for a credit card number to fix the problem.

How to Determine a Possible Scam

High urgency of the person communicating with you or you will be pressured to act quickly, Pretending they know a person you know, Weird looking email address, It's too good to be true, Asking for personal information, Threatening something bad will happen, Trying to convince you it's an amazing opportunity.

Words Scammers Use - if you hear these, don't respond.

"Act now!"; "If you don't pay you will be arrested."; "Don't hang up!"; "You better move your money now"; "Go to a Bitcoin ATM"; "Buy gift cards"; "Don't trust anyone."; "Withdraw cash and give it to xyz person"; "Withdraw your money and buy gold bars"; "Only talk to me"; "I can access your computer remotely and fix the problem".

This is just a very small sampling of ways that older adults are targeted with scams and fraud. For more information or to learn how to report scams, see page 82.
Awareness is a big step toward prevention!



KEEPING SENIORS SAFE

Orange County Sheriff's Office

For info about Triad programs, contact
Deputy Ron Kesner, Triad Coordinator
at 540-672-1536 or rkesner@orangecountyva.gov



Senior Buddy Program (NEW!!) – Triad volunteers check in with seniors living alone to be sure they are OK

Project Lifesaver – A small wristband radio transmitter for individuals with dementia or autism who are at risk for getting lost so first responders can locate and rescue them

Guardian Alert Pendant – A small device for seniors living alone or with limited mobility that, with the push of a button, links wirelessly via landline or internet phone to 911

File of Life – A packet of medical info at home for first responders to access in case of emergency

Crime Prevention & Safety Education - Educational sessions on crime prevention and safety topics such as scams, financial exploitation, and senior abuse

Understanding Elder Abuse / Some types of Elder Abuse include:

- **Physical abuse:** may include slapping, hitting, beating, bruising or causing someone physical pain, injury or suffering. This also could include confining an adult against his/her will, such as locking someone in a room or tying him/her to furniture.
- **Emotional abuse:** involves creating emotional pain, distress or anguish through the use of threats, intimidation or humiliation. This includes insults, yelling or threats of harm and/or isolation, or non-verbal actions such as throwing objects or glaring to project fear and/or intimidation.
- **Neglect:** includes failures by individuals to support the physical, emotional and social needs of adults dependent on others for their primary care. Neglect can take the form of withholding food, medications or access to health care professionals.
- **Isolation:** involves restricting visits from family and friends or preventing contact via telephone or mail correspondence.
- **Financial or material exploitation:** includes the misuse, mishandling or exploitation of property, possessions or assets of adults. Also includes using another's assets without consent, under false pretense, or through coercion and/or manipulation.
- **Abandonment:** involves desertion by anyone who assumed caregiving responsibilities for an adult.
- **Sexual abuse:** includes physical force, threats or coercion to facilitate non-consensual touching, fondling, intercourse or other sexual activities. This is particularly true with vulnerable adults who are unable to give consent or comprehend the nature of these actions.
- **Self-neglect:** involves seniors or adults with disabilities who fail to meet their own essential physical, psychological or social needs, which threatens their health, safety and well-being. This includes failure to provide adequate food, clothing, shelter and health care for one's own needs.

(Courtesy National Adult Protective Services Association / www.napsa-now.org)



Suspicious that an adult is being abused, neglected or exploited?
Don't wait. Call the 24-hour, toll-free APS hotline at:

(888) 832-3858

Or call your local department of social services.
Calls may be made anonymously.



AND REHA

SAFETY & SUPPORT

Medical Alert Devices

MedicAlert Foundation

www.medicalert.org

800-432-5378 (8:00am-4:30pm PT, Mon-Fri)

Nonprofit, membership organization which protects lives by sharing information through their wearable IDs.

Madison County Sheriff's Office

540-948-5161

Contact them for MedicAlert buttons.

Orange County TRIAD

540-672-1536

Contact them for MedicAlert buttons.

Project Lifesaver /Fauquier County

<https://projectlifesaver.org/>

Project Lifesaver is all about "Bringing Loved Ones Home". Across the country, Project Lifesaver has over 3,000 saves with a 100% success rate with an average recovery time of less than 30 minutes. The proactive electronic tracking system is utilized to search for clients with Alzheimer's, Dementia, Autism and Down Syndrome who have wandered from home.

For questions regarding applications for Project Lifesaver in Fauquier County, please contact:

Lt. K. Kiernan

540-422-8590

Kristi.Kiernan@fauquiercounty.gov

1st Sgt. J. Anns

540-422-8709 or 540-408-3657

Jason.anns@fauquiercounty.gov

Cpl. J. Welch

540-422-8731 or 540-878-6183

Justin.welch@fauquiercounty.gov

Rapp at Home, Guardian Alert

www.rappathome.net

540-937-4663

The Guardian Alert, a medical alert system, allows you to push a wearable button to get immediate help in an emergency. Rapp at Home will install this in your home free of charge.

Phone Access

Lifeline Program

www.lifelinesupport.org

A program implemented jointly with the Federal Communications Commission (FCC) and the Virginia State Corporation Commission to assist eligible consumers with purchasing more affordable telephone service. Call your local telephone company or wireless company for enrollment details.

Ramps

Foothills Housing Corporation

fhcorp.org

540-341-2805

Has a disability ramp program where they will build and repair permanent ramps in Culpeper, Fauquier, Madison, Orange, and Rappahannock Counties. In Orange & Madison they will cover funding for no or low income residents. They also have a ramp lending program for portable, ADA approved aluminum ramps for persons who need a temporary ramp, for up to 12 months. If a ramp is available, it is loaned, at no cost, to the person in need. FHC will recover the ramp when it is no longer needed and recycle it to another family.

Service Animals

Canine Companions for Independence

www.cci.org/veterans

Nancy Lagasse / 540-219-5868

bshert07@gmail.com

Canine Companions for Independence places highly trained dogs with older adults and people with disabilities. They do not do diabetic and seizure alerts or seeing eye dogs.



EMERGENCY HOME REPAIR PROGRAM

Available for low-income homeowners in need of basic health and safety repairs.* Priority is given to seniors and persons with disabilities.



Plumbing Repairs



Electrical Repairs



Accessibility Ramps and Modifications

*Applicant must own and occupy the home. Awards based on meeting eligibility requirements and availability of funding.

**Call us to learn more:
(540) 948-3916 ext. 350**

WWW.SKYLINECAP.ORG

Home Safety Checklist

When assessing the safety of a senior's home, pinpoint exterior and interior risks with this checklist.

General Exterior Safety Issues:

- ☐ Exterior stairs are in good shape with secure handrails and motion-activated lighting
- ☐ Exterior doors have strong, working locks
- ☐ Sidewalks and walkways between residence and garage are in good condition, with no cracks or bumps that could present a fall hazard
- ☐ All windows have secure, working locks
- ☐ The yard has motion-activated lighting
- ☐ Garage has an electric door opener with automatic lighting, and the door is adjusted for reliable operation
- ☐ Mail and newspaper can be easily accessed
- ☐ Arrangements are in place for maintenance, including lawn care, snow removal, gutter cleaning and window washing
- ☐ Home security system is in working order, with signage displayed to deter break-ins

General Interior Safety Issues:

- ☐ Working smoke detectors are installed on all floors of the residence, including basement and attic, and near the entrance to the bedroom
- ☐ Working carbon monoxide detectors are installed on each floor and within 10 feet of the bedroom entrance
- ☐ Telephones are located in every room, or a cordless phone is available on each level of the residence
- ☐ Interior stairways have sturdy handrails, with treads in good shape and light switches at the top and bottom of the staircase
- ☐ No throw rugs are used in the home
- ☐ Walkways are free of tripping hazards, including clutter and furniture
- ☐ Frequently used rooms and hallways have motion-activated lights or night lights
- ☐ Furnace and air conditioning are inspected with each change in season
- ☐ Thresholds between rooms are level and in good repair
- ☐ Carpeting is free from tears and bumps that might create a fall risk
- ☐ Hot water heater is set at a safe temperature
- ☐ No space heaters are used in the home



A SENIOR LIVING RESOURCE

Home Safety Checklist

Primary Bathroom:

- ☐ Grab bars are installed near tub and toilet
- ☐ Fall-free tub or no-step shower is installed
- ☐ Elevated toilet seat is installed, if needed
- ☐ Most frequently used personal care items are stored within easy reach
- ☐ Emergency alert system is easily accessible, and the resident knows how to activate the system

Master Bedroom:

- ☐ A bedside grab bar is installed next to the senior's bed
- ☐ Telephone, glasses, flashlight and other necessities can be stored on the bedside table within easy reach
- ☐ On/off switch on the bedside lamp can be easily reached from the bed
- ☐ Pathways around the bed are free of clutter, extension cords and furniture

Living Area:

- ☐ Extension cords are safely hidden from foot traffic
- ☐ Throw rugs are removed

- ☐ Senior has a well-lit and comfortable chair or place on the sofa
- ☐ Flashlight is stored near the senior's favorite seating space

Kitchen:

- ☐ Most commonly used items are within easy reach and don't require a stepladder
- ☐ Stove has front-mounted controls, so there's no need to reach over hot cooking surfaces
- ☐ No curtains or towels are near stovetop, toaster or toaster oven
- ☐ Potholders are within easy reach
- ☐ A charged and tested fire extinguisher is easily accessible, and the senior knows how to operate it
- ☐ Working smoke detector is in place in or near the kitchen

If you aren't comfortable completing this assessment on your own, ask your senior's primary care physician for a referral to a physical or occupational therapist who routinely performs home safety evaluations.

Explore more of our resources at:
WhereYouLiveMatters.org

Genesis Construction Group



**WE OFFER
FINANCING!**



Make daily tasks in your kitchen easier by installing cabinet pulls, lever handles or pedal controls for sinks, removing the cabinets under the sink to easily roll up to it, and adding automatic shut-off appliances.

We can help transform your bathroom by installing a curbless shower, bidet, wand attachment to your shower head, walk-in tub, shower bench, grab bars, and a higher toilet, tailored to meet your specific needs and preferences.



Seeking to enhance accessibility in your bedroom? Consider incorporating affixed bed rails and adjustable closet shelving.



Update the exterior of your home by installing ramps, handrails, exterior lighting, and wide exterior doors for ease of mobility and safety.



Elevate safety and accessibility in your home with door chimes for added security, lever handles replacing door knobs for effortless operation, and widened doorways to accommodate mobility aids, ensuring convenience and peace of mind for you or your loved ones.



Great things to add throughout your home are motion-activated light sensors, rocker or touch light switches, neutral color paint schemes, flooring transitions, non-slip flooring options, stair lights, and talking smoke detectors, ensuring peace of mind and accessibility in every corner.



Genesis Construction Group is a small women owned business based out of Fauquier County. We specialize in Remodeling, Insurance Restoration, and Commercial Contracting. From foundation to roof, we bring the truth!

☎ 540-439-HOME (4663) 🌐 www.gteamva.com ✉ office@gteamva.com

TRANSPORTATION

LOWLINC

(Lake of the Woods, Living Independently in our Community)

www.lowlinc.org

855-LOWLINC (569-5462)

Member services for transportation, errands, home repairs, health and wellness programs and social engagement for older adults. Contact them for a full schedule of services and for membership information.

Rapp at Home

www.rappathome.net

17 Leggett Lane, Suite 110, Washington, VA

540-937-4663

info@rappathome.org

Rapp at Home volunteers provide a variety of village services free of charge to Rappahannock residents age 50 and older, including volunteer and contract transportation.

Regional Transportation Collaborative Mobility Center

www.rtcmc.org

710 U.S. Avenue, Culpeper

540-829-5300

Virginia's first One-Call/One-Click Mobility Center: Speak with a mobility specialist trained to connect you with the best resource for your transportation needs. The regional Mobility Center connects and coordinates services for individuals in Culpeper, Fauquier, Madison, Orange and Rappahannock Counties. Services include volunteer transportation, gas subsidies, pilot programs, charity rides, public transit, Medicaid transportation, and private provider options.

Virginia Regional Transit (VRT)

www.vatransit.org

540-825-2456

Go to website or call for following schedules:

Circuit Rider - Covers Fauquier County

Culpeper - Orange Connector - stops in Orange & Culpeper

Foothills Express - Connects Culpeper, Madison & Charlottesville

Toot Bus - Serves the towns of Orange and Gordonsville

Virginia Breeze - serves Town and County of Culpeper

Demand-Response Transportation Service (part of VRT above)

540-825-2456 or 540-341-3464

A curb-to-curb transportation service of Virginia Regional Transit open to the general public by reservation. This service provides transportation to the closest fixed route and/or specified destination.

Service may be limited depending on your residence. Reservations are taken on a first come, first served basis. Fares vary throughout the region. Services are available Monday through Friday, 8:00am-5:00pm.

VolTran

www.voltran.org

540-829-5300 to request a ride

540-422-2600 to be a volunteer driver

This grass-roots volunteer driver program provides free rides to individuals in need across the region.



TRUSTED
COMMUNITY
PARTNER
Regional
Transportation
Collaborative

Aging Together is a proud core partner of the Regional Transportation Collaborative (RTC). RTC, orchestrated through the Regional Planning Commission, coordinates partnerships aimed at improving and expanding livability for all. Aging Together staff provide pivotal support for RTC outreach, including marketing expertise and liaison services between Aging Together's county teams and RTC partners.

All of the organizations on this page are members of the RTC. Have you noticed the Trusted Community Seal (TCS) throughout the community? The TCS, developed in partnership with AARP, acts as a trusted symbol for the public and vulnerable individuals utilizing the wide variety and continually evolving transportation supports provided through the RTC programs and partners. If you are interested in partnering, learn more at www.rtcmc.org/tcp

www.regionalcollaborative.com
www.rtcmc.org

TRANSPORTATION



VOLUNTEER TO GIVE A RIDE 540-505-5900

Help individuals get to medical appointments, run critical errands, and access the community! Volunteer on your own schedule in the locations you choose; liability insurance provided.

www.volunteerdifference.com



American Legion

www.legion.org

Join or find a local post by entering your zip code.

American Legion Auxiliary

www.vaauxiliary.org

For 100 years, The American Legion Auxiliary has been serving, helping, and meeting the needs of our nation's veterans, military, and their families - both here and abroad.

Benefits.gov

www.benefits.gov

Provides online pathway to government benefits, sponsored by the Department of Labor.

Canine Companions for Independence

www.cci.org/veterans

Nancy Lagasse

540-219-5868

bshert07@gmail.com

Canine Companions for Independence places highly trained dogs with veterans with physical disabilities and PTSD free of charge. They will also place trained dogs with older adults and people with disabilities. They do not do diabetic and seizure alerts or seeing eye dogs.

Culpeper Veteran Walk-in Clinic

219 E. Davis Street, Culpeper (Take elevator at the end of hall. Go down to the basement)

804-773-0751

- Walk in only
- 4th Tuesday every month, 8:30am – 3:00pm

Disabled American Vets

www.dav.org

The DAV helps returning veterans transition back to civilian life by linking them with services that address their physical, emotional, and financial needs. Provides free, professional assistance.

<https://www.facebook.com/davchapter7va>

Elizabeth Dole Foundation

www.elizabethdolefoundation.org

Empowers and supports our nation's 5.5 million military caregivers; the spouses, parents, family members, and friends who care for America's wounded, ill, or injured veterans.

Healthcare access online

www.vets.gov

Access and manage all your veterans healthcare and benefits here.

Hero's Bridge

www.herosbridge.org

540-341-5378

info@herosbridge.org

They bridge Veterans age 65 and older to a better quality of life through age specific and innovative programs at no expense to them or their families.

Military.com

www.military.com

A website for military members, veterans and their families. You will find daily defense news, benefits information, veteran employment resources, spouse and family resources and supportive tools.

Military Benefits Info

www.veteran.com

Began in 2011 with the goal of becoming an independent source of military and veterans benefits information for the U.S. military community, including active duty, reservists, National Guard, military retirees, Veterans, and military spouses and their families.

Military Consumer

www.militaryconsumer.gov

A joint initiative to empower active duty and retired service members, military families, Veterans and civilians in the military community. Use these free resources as the first line of defense against fraud and for help when managing your money.

My Next Move

www.mynextmove.org/vets

Helps Veterans who are seeking new careers or jobs after military service.

National Call Center for Homeless Vets

877-424-3838

(part of US Department of Veterans Affairs)

National Cemetery

www.cem.va.gov

305 US Avenue, Culpeper

540-825-0027

National Resource Directory

nrd.gov

Online partnership for wounded, ill, and injured service members, Veterans, their families, and those who support them.

Operation First Response, Inc

www.operationfirstresponse.org

20037 Dove Hill Road, Culpeper

888-289-0280

Info@operationfirstresponse.org

Serves our nation's Wounded Heroes/Disabled Veterans and their families. Services provided from onset of injuries or illness, throughout their recovery period, and along their journey from military life to the civilian world. Financial aid varies as each case is based on individual needs.

Puller Veterans Care Center (PVCC)

<https://www.dvs.virginia.gov/veterans-care-centers>

540-680-5200

Veterans facility under construction at time of Resource Guide printing. Vint Hill, Fauquier County. For admission related questions, contact

PVCCAdmissions@dvs.virginia.gov.



VETERANS

US Department of Labor

<https://www.dol.gov/general/audience/aud-veterans>

This page provides a shortcut to information and services the U.S. Department of Labor (DOL) offers veterans.

US Department of Veterans Affairs

<https://www.va.gov/>

US government site on benefits and health care info for Veterans and current service personnel, as well as their families.

VA Caregiver Support

www.caregiver.va.gov

As a family caregiver you play an important role in caring for the Veteran at home and in the community. Find out about benefits and support systems for family caregivers of veterans.

Veterans Crisis Hotline

DIAL 988 (press 1)

Free, confidential resource that's available to anyone, even if you're not registered with VA or enrolled in VA health care. The caring, qualified responders at the Veterans Crisis Line are specially trained and experienced in helping Veterans of all ages and circumstances. Help Desk: 877-327-0022

Veterans Health Administration

Nearest Outpatient Clinics:

Charlottesville

<https://www.va.gov/richmond-health-care/locations/charlottesville-va-clinic/>

590 Peter Jefferson Pkwy, 2nd Floor, Ste 250, Charlottesville
434-293-3890

Fredericksburg

<https://www.va.gov/richmond-health-care/locations/fredericksburg-va-clinic/>

130 Executive Center Parkway, Fredericksburg
540-684-9040

Fredericksburg 2

<https://www.va.gov/richmond-health-care/locations/fredericksburg-2-va-clinic/>

10401 Spotsylvania Avenue, Suite 300, Fredericksburg
540-693-3140

Opening March 2025

VA Fredericksburg Health Care Center

This new 470,000+ sq. ft. health care center will replace the existing three smaller Fredericksburg area clinics and provide Veterans of the Fredericksburg and northern Virginia area with high-quality health care services. While this is not a hospital by definition (no inpatient services or emergency room), it will house many of the same outpatient services offered at the main hospital in Richmond, Virginia.

For more info: <https://www.va.gov/richmond-health-care/news-releases/coming-soon-fredericksburg-health-care-center-to-open-march-2025/>

My HealtheVet

Veterans online personal healthcare management system:

www.myhealth.va.gov

877-327-0022 Help Desk

Veterans Long-Term Care Information

www.va.gov/health-care/about-va-health-benefits/long-term-care/

As a Veteran, you may be able to get assisted living, residential (live-in), or home health care through VA. Find out how to access these long-term care services.

Veterans of Foreign Wars

www.vfw.org

The Veterans of Foreign Wars of the United States is a nonprofit veterans service organization comprised of eligible veterans and military service members from the active, guard, and reserve forces. Join, or find a post by submitting your zip code.

Veterans of Foreign Wars Auxiliary

vfwauxiliary.org

For more than 100 years, the VFW Auxiliary has been fulfilling its original objectives by supporting the Veterans of Foreign Wars, serving veterans, service members and their families, and spreading patriotism nationwide.

Vietnam Veterans of America

www.vva.org

Promotes and supports the issues important to Vietnam Veterans.

Virginia Department of Veteran Services

www.dvs.virginia.gov

Resource referrals, care coordination, and supportive services to Virginia's Veterans, National Guard, Armed Forces Reserves, family members and caregivers. The program's supportive peer and family services are focused on helping individuals identify, address and successfully resolve presenting needs and challenges with special emphasis on challenges resulting from stress related conditions or traumatic brain injuries connected to military service.

Virginia Employment Commission / Veterans

<https://www.vec.virginia.gov/veterans>

Veterans from all periods of military service are eligible for job referral, job training and job placement assistance through the Virginia Employment Commission (VEC).

Virginia Veterans Resource Guide online

<https://online.flippingbook.com/view/685161/>

Complete online guidebook for Veterans from the Virginia Department of Veterans Service.

You Can Quit 2

www.ycq2.org

Defense Department program to help U.S. Service members quit tobacco - for themselves and their loved ones.

GLOSSARY

Created in part with assistance from the “Aging Services Glossary” of Leading Age Virginia (www.leadingagevirginia.org). Used with permission.

Activities of daily living (ADLs)

Includes basic personal activities like bathing, eating, dressing, toileting, and mobility. A person's degree of independence in performing these activities is important in determining the appropriate level of care and services.

Activity Director

An individual who coordinates recreational programming and life enrichment activities, like art, music, and exercise programming to improve engagement, socialization, and well-being of residents in a care facility.

Advanced Healthcare Directive (see also Living Will)

Legal documents that allow a person to convey decisions about end-of-life care should they be unable to communicate these decisions themselves.

Adult Day (or Adult Day Centers, formerly referred to as Adult Day Care):

Provides a variety of structured, supervised programs for adults with disabilities who cannot remain alone at home during the day. These programs are regulated and licensed by the Department of Social Services.

Ageism

Stereotyping and discriminating against individuals, or groups, based on their age; a tendency to view older persons as debilitated, unworthy of attention, or unsuitable for employment;

Aging and Disability Resource Centers (ADRCs)

ADRCs raise visibility about the full range of available options; provide objective information, advice, counseling, and assistance; empower people to make informed decisions about their long-term services and supports, and help people access public and private programs. ADRCs provide unbiased, reliable information and counseling to people with all levels of income (www.acl.gov).

Aging in Place

Remaining in the community - ideally in one's own home - as one grows older.

Americans With Disabilities Act (ADA)

Civil rights law passed in 1990 that prohibits discrimination based on disability.

Area Agency on Aging (AAA)

A public or private non-profit agency, designated by the state to address the needs and concerns of all older persons at the regional and local levels. “Area Agency on Aging” is a generic term - specific names of local AAAs may vary, as in the **Encompass Community Supports (ECS)** in our region (Culpeper, Fauquier, Madison, Orange, Rappahannock). AAAs coordinate and offer services that help older adults. In our region older adults can get help with options counseling, chronic disease self management education, the emergency medical alert and fall care programs, home delivered meals, elder housing apartments, long-term care ombudsman services, the protective money management program, senior centers, Virginia counseling and assistance program (VICAP), and adult day care.

Assisted Living

Long term care service that provides housing along with personal and health care services to individuals who need assistance with normal daily living activities but are able to maintain a level of independence.

Assistive Technology (AT)

Used by individuals with disabilities to perform functions that might otherwise be difficult or impossible. AT can be any item or piece of equipment used to increase, maintain or improve the functional capabilities of aging individuals in all aspects of life. Some examples of assistive technology are simple reaching equipment, wheel chairs or scooters, hearing aids, computerized aids including text-to-speech and word prediction, close captioning, screen readers and mobile devices. Assistive aids also includes non-motorized and non-tech tools, like walkers, canes, grab bars, pencil grips, or ramps.

Caregiver

A family member or paid helper who regularly looks after a sick, elderly, or disabled person. A caregiver helps a person with their activities of daily living which may include emotional or financial support, as well as hands-on help. Generally, family members do not categorize themselves as “caregivers”, but they are. In fact the largest percentage of caregivers are family members.

Chronic Disease

A condition that lasts for a year or more and requires ongoing medical attention or limits daily activities. Chronic diseases can worsen over time and are usually not curable, but they can be controlled. Examples include Cancer, Heart disease, Diabetes, Arthritis, Stroke, Asthma, Multiple sclerosis, HIV/AIDS, Pain, among others.

Companion Care

A form of home care offering non-medical services including emotional support and socialization, household chores, transportation, and meal preparation to older adults and those with disabilities.

Dementia

Describes a group of diseases (including Alzheimer's Disease) which are characterized by memory loss and other declines in mental functioning.

Direct Care

Any activities by a health professional involving direct interaction, treatment, administration of medications, and/or other therapy or involvement with a resident or patient.

Do Not Resuscitate (DNR)

DNR stands for Do Not Resuscitate and tells health care providers and emergency medical personnel not to do cardiopulmonary resuscitation (CPR) on a person if they stop breathing or if their heart stops beating. The DNR only affects the decision about CPR, not any other treatments such as pain medicine, or nutrition.

Durable Medical Equipment

Equipment and supplies ordered by a health care provider for everyday or extended use. Payment for DME by Medicare may include: oxygen equipment, wheelchairs, crutches or blood testing strips for diabetics, and other items. Medicare defines Durable Medical Equipment as long lasting, used for a medical reason, not usually used by someone not sick or injured, and used in the home. Medicare Part B usually covers durable medical equipment prescribed by your doctor.

Durable Power of Attorney for Health Care

A legal document authorizing an individual to act on one's behalf when incapacitated or is otherwise unable to handle one's affairs.

Elder Abuse

Refers to any knowing, intentional, or negligent act by a caregiver or other person that causes harm or serious risk of harm to a vulnerable adult.

Elderspeak

Elderspeak is a way of speaking to older adults that's similar to baby talk, using simplified language and terms of endearment. Elderspeak can be harmful because it can make older adults feel devalued and sad. It's based on the stereotype that older people have reduced cognitive abilities, but it's not uncommon for older adults to be able to understand just as well as anyone else.

Encore Career

The term "encore careers" generally refers to people over 50 doing work and volunteering that combines continued income/compensation with personal meaning and social impact – to meet society's biggest needs; paid work with a social purpose. (see encore.org).

Family Council

A self-governing group of family members and friends of residents of a nursing home which works to improve the quality of care and quality of life of those residents.

Home Health Care (or In-Home Health Care)

Health care or supportive care provided by a professional in the person's own home, as opposed to care provided in group accommodations like clinics or nursing homes.

Home Care

Home care provides non-medical companion care, and personal care to an individual in their own home. Services may include light housekeeping, daily care assistance, medication reminders, meal preparation, shopping services and some others. There are fees for this service which are usually not covered by insurance.

Hospice Care

Kind of care that focuses on the quality of life for people and their caregivers who are experiencing an advanced, life-limiting illness. Hospice care provides compassionate care for people in the last phases of incurable disease so that they may live as fully and comfortably as possible (from www.cancer.org).

Independent Living

Living arrangement for those individuals who can live on their own with limited to no assistance with ADLs.

Independent Living Community

Communities with housing arrangements designed exclusively for older adults, generally those aged 55 and over who need little or no assistance with activities of daily living. They do not offer medical or nursing staff. They typically offer meal plans, social activities, housekeeping and yard maintenance, as well as transportation options.

Level of Care

Generally, refers to how much assistance a person needs with activities of daily living (ADLs) and health maintenance needs. Levels of care can be divided into independent living, assisted living, nursing home, adult day, and home health and hospice.

Living Will

Directs, in advance, an individual's wishes concerning the use of life-sustaining devices and procedures in the event of an incapacitating illness or injury.

Long Term Care

Provides a range of medical and/or social services designed to help people who have disabilities or chronic care needs. Services may be short-term or long-term, and may be provided in a person's home, in the community, or in residential facilities (e.g., assisted living or nursing home). LTC in Virginia primarily refers to nursing home and assisted living, but also includes adult day.

Long Term Care Ombudsman

An individual designated by a state or a local agency responsible for investigating and resolving complaints made by or for older people in long term care (LTC) facilities. Also responsible for monitoring federal and state policies that relate to LTC facilities, for providing information to the public about the problems of older people in facilities, and for training volunteers to help in the ombudsman program.

Medicaid

Health coverage to those with limited income and resources including eligible adults, children, pregnant women, elderly adults and people with disabilities. Medicaid is administered by states, according to federal requirements. The program is funded jointly by states and the federal government.

Medicare

National health insurance begun in 1966 under the Social Security Administration (SSA) and now administered by the Centers for Medicare and Medicaid Services (CMS). It primarily provides health insurance for Americans aged 65 and older who have paid into social security, but also for some younger people with disability status as determined by the SSA, and people with end stage renal disease and amyotrophic lateral sclerosis (ALS or Lou Gehrig's disease).

Memory Care

A form of senior living that provides specialized care for people with memory issues such as Alzheimer's and other forms of dementia. Many assisted living facilities and nursing homes have created special memory care units for those living with dementia. There are also stand-alone memory care facilities.

Options Counseling

A person-centered service for older individuals, persons with disabilities, or their caregivers.

Palliative Care

Specialized medical **care** that focuses on providing patients relief from pain and other symptoms of a serious illness, no matter the diagnosis or stage of disease. May include medical, spiritual, psychological and social care.

Person-Centered Care

Care in which the patients or residents of a care community actively participate in their own medical treatment with the primary goal of improving the individual's health outcomes, not just the population's outcomes. Person centered care encourages caregivers and facilities to "see the person" and not the medical condition.

Senior Villages

A "Senior Village" is a concept in which older residents (age 50 and older) of a community such as a neighborhood, town, or county form a nonprofit group to help one another remain in their own homes as they age. Senior Villages help empower the wish of most older adults to "age in place" or stay in their own homes and remain independent even if some of the activities of caring for the home and getting around become more difficult. So for instance, if someone needs help with driving to the doctor or mowing their lawn, they can access help from their own community, usually from people they already know which extends a sense of safety and security. Senior Village models typically offer social activities and exercise opportunities that those in their 50's and 60's enjoy while they are still mostly able to take care of their own homes.

Senior Villages, also referred to as Village Models, are planned around the concept of “neighbors helping neighbors” where connectedness to the community offers support and social engagement as well as opportunities to volunteer and get needed help. Villages are non-profit membership based communities which sometimes require a membership fee as there is staff that manage, plan and schedule the available community resources. In our region there are currently two senior village models: Lowlinc (Lake of the Woods Living Independently in Our Community) in Orange, VA and Rapp at Home in Rappahannock County.

Skilled Nursing

Type of high level care provided by licensed health professionals such as registered nurses. Additional professionals may include physical therapists, occupational therapists and speech-language therapists. It can be provided for short or long-term depending on the care required. Skilled nursing assures medical, psychological, or social needs are met and provides rehabilitation, nutritional help, and activities. Can be provided at home or in a facility, but must be ordered by a doctor if it is to be covered by Medicare or Medicaid or health insurance.

Social Isolation

Social isolation refers to the state of having little to no social contact or support, and few or no relationships with others.

Support Group

Support groups bring together people who are going through or have gone through similar experiences. For example, this common ground might be cancer, chronic medical conditions, addiction, bereavement or caregiving. Supports groups provide opportunities to share feelings and experiences and offer ideas for help.

TRIAD Programs

AARP, the International Association of Chiefs of Police (IACP) and the National Sheriff's Association (NSA) have a cooperative agreement to address crime prevention needs of older citizens and many counties have their own TRIAD. TRIAD provides services such as smoke detectors, emergency beacons, emergency cell phones, etc. Contact your local TRIAD to obtain info on available services and to find out about fraud prevention programs.

Triads in our region:

Culpeper County Triad

www.culpeperva.gov/government/community_services/triad.php

540-727-3430 x 5575

Orange County TRIAD

orangecountyva.gov/389/TRIAD

540-672-1536

rkesner@orangecountyva.gov

Fauquier County Triad

www.facebook.com/fauquiercountyriad

DIRECTORIO DE RECURSOS PARA ADULTOS MAYORES EN ESPAÑO

Agencias regionales que cubren todos los condados

Agencia del area de envejecimiento:

Rappahannock-Rapidan Servicios Comunitarios (RRCS)

www.rrcsb.org

Haga clic en “Servicios”, luego en “Servicios para Personas Mayores” para obtener información sobre programas que incluyen: Programa de Asistencia Nutricional Suplementaria (SNAP), comida entregada al domicilio, Programa Cool Air, Defensor del Pueblo de Atención a Largo Plazo, centro para personas mayores en cada condado y más.

RRCS Servicios de crisis

(Servicios de Emergencia y de Intervención de Crisis)

www.rrcsb.org

540-825-5656

rrcsb@rrcsb.org

Los servicios de crisis están disponibles las 24 horas al día. Los médicos de crisis brindan evaluación, asesoramiento en intervenciones de crisis, desvío hospitalario, evaluación previa a la admisión al hospital y otros servicios.

RECURSOS DE CUIDADO DE SALUD

Ceguera y deficiencia visual

VisionAware

visionaware.org

800-552-7015

VisionAware es una organización nacional que ayuda a quienes pierden la vista a seguir viviendo una vida plena e independiente al proporcionar información, técnicas de la vida diaria, un directorio de servicios nacionales y locales y una comunidad en línea. Hay un directorio donde usted puede buscar servicios gratuitos.

Clinicas gratuitas

Clínica Gratuita de Culpeper

freeclinicofculpeper.org

610 Laurel St., Suite 3, Culpeper

540-829-5032

La Clínica Gratuita de Culpeper es parte de la fundación sin fines de lucro Culpeper Wellness Foundation y brinda atención médica confidencial a quienes en Culpeper no tienen seguro médico o los medios para pagar la atención médica.

Clínica Gratuita de Fauquier

www.fauquierfreeclinic.org

35 Rock Pointe Lane, Warrenton

540-347-0394

La Clínica Gratuita de Fauquier sirve a las comunidades de Fauquier y Rappahannock y Brinda atención médica, dental y de salud mental integral a los residentes elegibles los que no tienen seguro y los que tienen Medicaid.

Clínica Comunitaria Living Water

www.livingwaterclinic.life

32345 Constitution Highway, Suite P, Locust Grove

540-854-5922

Clínica Comunitaria de Living Water es una clínica gratuita organizada para brindar atención médica, de salud mental y espiritual a adultos sin seguro en los condados de Orange y Culpeper.

Clínica Gratuita de Madison

www.madisonfreeclinic.org

125 N Main Street, Madison

540-948-3667

La Clínica Gratuita de Madison es una organización sin fines de lucro que permite a los residentes elegibles sin seguro médico del condado de Madison recibir atención médica y medicamentos. La clínica también brinda servicios dentales, de vista de forma limitada, y asesoramiento nutricional.

Clínica Gratuita de Orange

101C Woodmark Street, Orange

(540) 672-0793

Los clientes deben ser residentes del condado de Orange, sin seguro o con seguro insuficiente y tener ingresos que cumplan con los niveles de ingresos del hogar en o por debajo del 200% de las pautas federales de pobreza. Los pacientes con seguro insuficiente tienen seguro, pero no tienen cobertura para visitas al médico.

Diabetes

Programa de Autocontrol de la Diabetes

540-829-4315

mhorne@culpeperhospital.com

Un programa acreditado que les brinda a las personas que tienen diabetes las herramientas que necesitan para controlar la condición. Ofrecen clases grupales para ayudarle a vivir bien con diabetes y para aprender sobre medicamentos, pruebas, nutrición, ejercicio, etc. Aceptan la mayoría de los planes de seguro, incluyendo Medicaid y Medicare. Comuníquese con ellos para obtener más información sobre cómo unirse.

RECURSOS DE CUIDADO DE SALUD

The Sweet Spot

The Remington Drug Company (for info)

info@remingtondrug.com

540-439-3247

Una clases mensual de una hora que cubre los aspectos básicos de la vida con diabetes, incluyendo neuropatía, la alimentación saludable, la prevención de complicaciones de la diabetes y mas. Llame o envíe un correo electrónico para obtener mas información.

Hospicio y cuidado paliativo

Apoyo de Hospicio del Condado de Fauquier

hospicesupport.org

540-347-5922

Apoyo de Hospicio del Condado de Fauquier es una organización sin fines de lucro dedicada a brindar atención de apoyo, no medica, a personas con enfermedades terminales. También trabajan con organizaciones de veteranos.

Capital Caring Health

<https://www.capitalcaring.org/get-help/our-services/hospice/>

703-538-2066

540-891-1200

Heartland Hospicio

Hospicio Heartland - Heartland Hospice

<https://www.gentivahs.com/services/hospice-care/heartland-hospice/>

540-349-3970

Cuidados paliativos donde se encuentre usted, ya sea en un centro de cuidados a largo plazo, de vida independiente, o en su casa.

Hospicio del Piedmont

<https://www.hopva.org/>

434-817-6900 / 800-975-5501

info@hopva.org

Atención compasiva para pacientes con enfermedades terminales y sus familias, además apoyo para el duelo para miembros de la comunidad que enfrentan la muerte de un ser querido.

Kindred Health

<https://www.kindredhealthcare.com/our-services/hospice>

434-995-5367

Ministerio de Atención Espiritual - Spiritual Care Ministries

www.scsm.tv

540-349-5814

Asesoramiento y apoyo durante este en duelo y perdida personal.

El Ministerio de Atención Espiritual brindan educación, capacitación, asesoramiento y apoyo espiritual basados en la fe para quienes están enfermos, moribundos, en duelo, pasando por perdidas personales, y para quienes lo están apoyando.

Informacion sobre la pandemia covid-19

Centros para el Control y la Prevencion de Enfermedades (CDC) www.cdc.gov

Sitio web federal con la información mas actualizada sobre COVID-19, que incluye las pautas de seguridad, información sobre vacunas, respuesta al virus y artículos informativos.

Departamento de Salud de Virginia

www.vdh.virginia.gov/covid-19-vaccine

Para información sobre COVID-19 e las vacunas.

Rappahannock-Rapidan Departamento de Salud Línea Directa de COVID

540-316-6302 (24/7)

askrrhd@vdh.virginia.gov

Registro de Vacunación del Departamento de Salud de Virginia

vaccinate.virginia.gov/

(877) 829-4682

Sitio oficial del estado de Virginia para registrarse para la vacuna contra el COVID-19. Si no tiene Wifi o necesita ayuda, llame al numero de teléfono que aparece arriba.

VA COPES Warmline

www.vacopes.com

877-349-6428

Brinda apoyo para todos los residentes de Virginia que puedan estar luchando con los efectos como el miedo, dolor y ansiedad, y otras circunstancias debido al COVID. NO es una línea directa de emergencia o suicidio. Español disponible.

Programas Nacionales de Descuentos en Medicamentos (Buscar en línea para otras)

America's Pharmacy

www.americaspharmacy.com

Good RX

www.goodrx.com

National Drug Card

nationaldrugcard.com

Single Care

www.singlecare.com

Salud del comportamiento

Asociación de Salud Mental del Condado de Fauquier

www.fauquier-mha.org

Walker Drive, Suite 302, Warrenton

540-341-8732 321

La Asociación de Salud Mental del Condado de Fauquier ofrece información y recursos locales sobre salud mental y problemas de adicción para individuos y familias. También trabajan con socios de la comunidad para defender y fortalecer el apoyo para la salud mental y el uso de sustancias en el área.

Crisis de Adicción o Salud Mental

RRCS 24/7 Línea de Crisis: 540-825-5656

Línea Directa de Abuso de Sustancias

800-662-HELP (4357)

RECURSOS DE CUIDADO DE SALUD

Salud Mental de América de VA - Mental Health America of VA
www.mhav.org
800-950-6264

Línea de Ayuda: 866-400-MHAV (6428) – Línea de apoyo entre iguales

Línea de Crisis: 988

Ofrecen educación y apoyo para personas que han pasado por desafíos de trauma, salud mental o adicción. Los programas incorporan principios de recuperación, fomentan el auto empoderamiento y modelan prácticas de apoyo entre pares.



Regional Peer Warmline

833-626-1490

El personal del Warmline esta compuesto por personas que han vivido una experiencia con problemas de salud mental y / o uso de sustancias. Estas personas pueden hablar con usted sobre los sentimientos de desesperanza e impotencia.

Seguro de Salud

www.healthcare.gov

Servicios dentales

Piedmont Regional Clínica Dental

<https://www.vaprdc.org>

13296 James Madison Highway, Orange

Mailing Address:

PO Box 151, Orange, VA 22960

540-661-0008

Atención dental a personas de todas las edades que estén sin seguro o con seguro insuficiente. Sirve a todos en la región.

SEGURIDAD Y APOYO

Asistencia legal

Legal Aid Works

www.legalaidworks.org

1200 Sunset Ln, Culpeper, VA 22701

(540) 825-3131

Abogados de la Academia Nacional de Derecho de Ancianos

<https://www.naela.org/findlawyer?>

Correo electrónico: naela@naela.org

Vaya al sitio web e ingrese su código postal para encontrar un abogado de derecho de la tercera edad cerca de usted.

Informacion sobre los impuestos

AARP Tax-Aid (Ayudante de Impuestos)

www.aarp.org use la dirección complete a

continuación: www.tinyurl.com/aptaxaide

Los voluntarios de AARP Tax-Aide preparan y presentan electrónicamente declaraciones de impuestos gratis para personas de ingresos bajos. Los voluntarios de Tax-Aide se encuentran en todo el país y están capacitados y certificados por el IRS cada año para asegurarse que conozcan y comprendan los últimos cambios. La ayuda fiscal se proporciona en entornos seguros utilizando una variedad de métodos basados en una serie de factores, incluido el lugar donde se encuentra, la propagación del COVID-19 y la disponibilidad de voluntarios.

Tecnología de asistencial y dispositivos

Biblioteca del Condado de Culpeper

www.youseemore.com

271 Southgate Shopping Center, Culpeper

540-825-8691

La biblioteca ofrece varios dispositivos de asistencia, como lupas de fuerza, para ayudar a las personas con discapacidad visual.

Seguro de Salud

www.healthcare.gov

Servicios dentales

Piedmont Regional Clínica Dental

<https://www.vaprdc.org>

13296 James Madison Highway, Orange

Mailing Address:

PO Box 151, Orange, VA 22960

540-661-0008

Atención dental a personas de todas las edades que estén sin seguro o con seguro insuficiente. Sirve a todos en la región.

Sordos y discapacidades auditivas

Programa de Hot Wheels

Ofrecido por American Legion Post 157 en Madison, VA

540-547-6160

info@vaalpost157.com

VAAL Post 157 recolecta y distribuye sillas de ruedas, andadores, bastones, muletas y asientos de ducha usados desinfectados. Para donar o solicitar un artículo, las personas pueden llamar al numero arriba (deje un mensaje) o envíe un correo electrónico.

Lake of the Woods Club de Leones

www.lowlions.org

540-388-0110

El Club de Leones LOW ofrece prestamos gratuitos de equipo medico para los residentes del condado de Orange. El equipo disponible para préstamo incluye sillas de ruedas, andadores, andador, bastones, inodoros, sillas para ducha, muletas y otros artículos. Debe hacer un cita con anticipación llamando al numero que esta arriba.

SEGURIDAD Y APOYO

Mid-Day Lions Club (El Club de Leones de Culpeper)

540-727-1055, extensión 409

P.O. Box 777, Culpeper VA 22701

Brinda asistencia financiera a los residentes calificados del condado de Culpeper para pruebas de vista y audición, y para ayudar a adquirir anteojos y audífonos. Los adultos deben presentar su solicitud en el Departamento de Servicios Humanos ubicado en SAM'S Place, 219 E. Davis Street, Suite 100, Culpeper

Armario de Prestamos Para Convalecientes de Rappahannock

www.rapploan.org

11929 Lee Hwy, Sperryville

540-937-HOME (4663)

El Armario de Prestamos para Convalecientes en el condado de Rappahannock presta equipo medico gratuito para los residentes del condado que lo necesiten. El armario opera desde un edificio en Sperryville proporcionado gratuitamente por Virginia Farm Bureau. Rapp at Home y el Club de Leones de Rappahannock se has asociado con el armario para continuar el servicio y hacerlo mas accesible para la comunidad. Llame con anticipación para consultar.

Sistema de Tecnología de Asistencia de Virginia

www.vats.org

800-435-8490

VATS Brinda una variedad de servicios a través de tres programas principales: el Programa de Asistencia Técnica y Capacitación en Información y Asistencia, el Programa de Demostración y Préstamo de Dispositivos de Tecnología de Asistencia (AT) y el Programa de Reutilización y Intercambio de Dispositivos de Tecnología de Asistencia (AT). A través del Programa de Información y Asistencia de VATS, las personas pueden acceder a información sobre productos de tecnología de asistencia, opciones de financiación y recursos de terapeutas y proveedores de dispositivos y servicios de tecnología de asistencia. El numero gratuito le ayudara a encontrar recursos en su comunidad.

The disAbility Resource Center

www.cildrc.org

540-373-2559 (Fredericksburg)

drc@cildrc.org

El centro de recursos para discapacitados proporciona equipo de asistencia y puede ser gratuito.

Violencia domestica

Línea Directa Nacional Contra la Violencia Domestica

www.thehotline.org

(800) 799-SAFE / (800) 799-7233

Disponible las 24 horas del día, los siete días de la semana, los 365 días del año: defensores expertos altamente capacitados ofrecen apoyo gratuito, confidencial y compasivo, información de intervención en situaciones de crisis, educación y servicios de referencia en mas de 200 idiomas..

SAFE (Services to Abused Families, Inc.)

www.safejournies.org

P.O. Box 402, Culpeper, VA 22701

(800) 825-8876 (24 horas al día)

Todos los servicios son gratuitos y confidenciales con una línea directa las 24 horas al día que con un defensor listo para ayudar.

VIVIENDAS Y REFUGIOS PARA NECESIDADES ESPECIALES

ACCESS VA

<http://www.accessva.org/>

Recurso de Vivienda Accesible en Virginia

877-428-8844

TDD/TTY: 7-1-1

Accessva.org proporciona una manera para los residentes de Virginia con discapacidades encontrar un lugar asequible y accesible para vivir. También hay un mapa interactivo de los Centros de Virginia para la Vida Independiente.

Community Touch

www.communitytouchinc.org

540-439-9300

Condado de Fauquier. Ofrece alojamiento transitorio de un año para personas sin hogar con una amplia gama de necesidades. El programa ayuda con recursos y oportunidades de capacitación. Póngase en contacto con ellos para obtener mas información.

Culpeper Housing and Shelter Services (CHASS)

www.culpepershelter.org

602 S. Main St., Suite 3

Culpeper, VA 22701

540-825-7434

CHASS proporciona refugio y ayuda a los necesitados a obtener una vivienda estable y permanente.

Foothills Housing Network Asistencia para Personas sin Hogar

www.foothillshousing.org

540-724-6630

The Foothills Housing Network (FHN) es una asociación de organizaciones que trabajan juntos para prevenir y acabar con la falta de vivienda dentro la región Rappahannock-Rapidan .

Línea de Ayuda Para Desalojos

Noevict@hotmail.com

833-663-8428 (833-NoEvict)

Deje mensaje.

Ayuda para la Calefacción y el Aire Acondicionado

AyudaComún - CommonHelp

<https://commonhelp.virginia.gov/>

Llame al Centro de Llamadas Empresariales 855-635-4370. El Programa de Asistencia Energética de Virginia ayuda a los hogares de bajos ingresos con necesidades energéticas. El programa consta de cuatro componentes: asistencia de combustible, asistencia en caso de crisis, asistencia de aire acondicionado, y asistencia de climatización.

ALIMENTOS Y ROPA

Para consultas de alimentos regionales

BLUE RIDGE AREA LOCALIZADOR DE DESPEENSAS

www.brafb.org/find-help/pantry-locator/

Ponga su código postal o busque por condado para encontrar una despensa.

SNAP (Programa de Asistencia Nutricional Suplementaria)

www.dss.virginia.gov/benefit/snap.cgi

Las cuentas de SNAP son para hogares de bajos ingresos y se pueden usar como efectivo para comprar alimentos. Para aplicar, visite el sitio web o llame a la oficina de servicios sociales de su condado.

Servicios de Comidas A Domicilio

Encompass Community Supports

<https://www.encompasscommunitysupports.org/>

540-825-3100

Proporciona comidas congeladas para personas mayores que no tienen a nadie que les ayude a preparar los alimentos.

Condado de Culpeper

**** POR FAVOR LLAME ANTES DE VISITAR ESTAS ORGANIZACIONES DEBIDO A POSIBLES CAMBIOS DE HORARIO.**

Despensa de Comida de Culpeper (Iglesia St. Stephens)

www.ststephensculpeper.net/culpeper-food-closet

120 N. Commerce Street, Culpeper

Debe llenar una solicitud primero disponible en Sam's Place: 540-727-1055, oprime 0

(Vea listado de Sam's Place a la derecha.)

Despensa Móvil de Alimentos REVA

18230 Birmingham Rd., Madison

540-213-1319

Normalmente distribuye el cuarto miércoles del mes.

Ejército de Salvación

133 E. Culpeper St., Culpeper

540-317-5873

Ofrece comida a los clientes una vez al mes. Debe llenar una solicitud durante su primer visita.

Empoderando a Culpeper

(Distribución de Alimentos USDA Gratis)

Correo electrónico: empoweringculpeper@peopleinc.net

Iglesia Metodista Unida de Culpeper/1233 Oaklawn Dr., Culpeper

540-935-0047

Distribución normal 3er sábado de cada mes / 9:00am-11:00am.

Full Circle Thrift

fullcirclethrift.org

12308 Sperryville Pike, Culpeper

Tiene una variedad de ropa reciclada/donada para hombres, mujeres y niños. Full Circle Thrift dona sus ganancias para ayudar a satisfacer las necesidades de emergencia de los ancianos, las familias de bajos ingresos y los niños en el condado de Culpeper.

Iglesia Bautista de Shiloh

15055 Stevensburg Road, Brandy Station

540-718-8516

Despensa de alimentos 2do sábado del mes

9:00-11:00am

Mercado de Agricultores de Culpeper (Farmers Market)

www.facebook.com/CulpeperFarmersMarket/

540-825-4416

El mercado de agricultores del centro de Culpeper acepta estampías de comida. Están abiertos de mayo a octubre los sábados. Ubicado en la Iglesia Bautista Culpeper, 318 S. West Street, Culpeper.

Ministerio Manna

Ubicación: Iglesia Presbiteriana de Culpeper

301 South Main Street, Culpeper

540-825-8616

El Ministerio de Mana sirve almuerzos gratis a cualquier persona que lo necesite los lunes, miércoles y viernes de 11:00 am a 12:30 pm.

****Durante la pandemia, los almuerzos son para llevar y se sirven los miércoles de 11:00 am a 12:30 pm.**

Sam's Place

219 E. Davis St, Suite 100, Culpeper

540-727-1055, press 0

Asociado con la despensa de Culpeper. Debe llenar una solicitud primero. Llame para hacer una cita. Se puede acceder a comida o lina con la ayuda de Sam's Place.

Tienda Culpeper Goodwill

540-829-8068

504 Culpeper Town Square, Culpeper

Ropa, muebles, artículos para el hogar y mas de segunda mano.

Condado de Fauquier

**** POR FAVOR LLAME ANTES DE VISITAR ESTAS ORGANIZACIONES DEBIDO A POSIBLES CAMBIOS DE HORARIO.**

Banco de Alimentos y Tienda de Segunda Mano de

Fauquier

www.fauquierfoodbank.org

540-359-6054

249 East Shirley Avenue, Warrenton

fauquier_thrift@yahoo.com

El banco de alimentos proporciona productos básicos del USDA, caja de productos básicos para personas mayores, servicios de despensa, algunos suministros personales y leña a clientes registrados solo en el condado de Fauquier. Traiga la documentación adecuada como lo indica en el sitio web para registrarse. Se atiende clientes basado por sus ingresos; las familias no necesitan recibir asistencia publica para acudir al Banco de Alimentos

ALIMENTOS & ROPA

Casa De Clara

www.communitytouchinc.org

10499 Jericho Rd., Bealeton

540-439-9300

La despensa de alimentos de Clara es parte de los ministerios de Community Touch y proporciona alimentos para los hambrientos en Fauquier, Culpeper, Orange, Madison y otros condados circundantes. La comida es comprada y donada por el banco de alimentos de la Area Blue Ridge.

Despensa de Alimentos de la Iglesia Episcopal Grace

www.gracetheplains.org

6507 Main Street, The Plains

540-253-5177

Abierto al publico los martes y sábados desde 10:00am - 2:00 pm.

Fauquier FISH

www.fauquierfish.org

24 Pelham Street, Warrenton

540-347-3474

Fauquier FISH proporciona alimentos a personas y familias necesitadas. Llame por horas.

La Tienda Familiar del Ejercito de Salvación

www.virginiasalvationarmy.org/warrentonva/

540-341-8385

62 Waterloo Street, Warrenton

Vende ropa, artículos para el hogar y muebles a precios razonables. Las ganancias apoyan los programas locales. Se aceptan donaciones durante el horario comercial. Llame para horas de operación.

Tienda Gratuita de Hope Heals

www.hopehealsfreestore.org

hopehealsfreestore@gmail.com

606 Falmouth Street, Warrenton

La misión de Hope Heals es proporcionar ropa, zapatos y ropa de cama gratis.

Tienda de Segunda Mano del Arca de Noé por Community Touch, Inc.

www.communitytouch.org

540-364-8007

4199-D Winchester Road, Marshall

La tienda ayuda aquellos que necesitan muebles para el hogar y permite que aquellos que tienen los medios hacer donaciones. La tienda tiene muebles de temporada, artículos para el hogar y electrodomésticos de calidad y de bajo costo. Visite el sitio web para el horario.

Condado de Madison

**** POR FAVOR LLAME ANTES DE VISITAR ESTAS ORGANIZACIONES DEBIDO A POSIBLES CAMBIOS DE HORARIO.**

Mercado de Agricultores del Condado de Madison (Farmers Market)

www.madisonfarmersmarket.info

1110 Fairground Rd, Madison

Mercado con estacionamiento gratuito y un lugar seguro para que los niños jueguen mientras usted compra. Visite el sitio web para las temporadas de operación y los horarios.

MESA (Asociación de Servicios de Emergencia de Madison)

mesamadisonva.org

540-948-4427

10-11:30am

Despensa de alimentos y tienda de segunda mano. Horario limitado. Llame o consulte el sito web para mas información.

Condado de Orange

**** POR FAVOR LLAME ANTES DE VISITAR ESTAS ORGANIZACIONES DEBIDO A POSIBLES CAMBIOS DE HORARIO.**

Armario de Ropa de Orange

252 Blue Ridge Drive, Orange

540-223-6674

Caring Friends

1482 Elly Road, Aroda

540-948-6028

Comida disponible los jueves de 12:30-3:30pm

Despensa de Alimentos Love Outreach

www.tinyurl.com/lofoodpantry (Facebook)

252 Blue Ridge Drive, Orange

540-223-6674

LOFP esta abierto los miércoles de 9:00 am al mediodía y el tercer lunes de cada mes de 4:00—5:30 p.m. Cuando hay un quinto miércoles en un mes, la despensa esta cerrada. La entrega a domicilio se realiza el cuarto miércoles de cada mes entre las 8:00 am y el mediodía en la área de Orange y Gordansville. En su primera visita, necesitara darnos información sobre todas las personas en su hogar. Deberá proporcionar los nombres, la fecha de nacimiento y los ingresos de cada persona.

Despensa Móvil de Alimentos

540-248-3663

Despensa de Alimentos Mobile de Orange - Orange Mobile Food Pantry

Parque Booster, Orange

Productos Gratis

3er martes de cada mes de 10:00-11:30am.

Lake of the Woods Lions Club Despensa de Alimentos

www.lowlions.org/food-pantry

888-508-9274

(Lake of the Woods, Vivienda Independiente en Nuestra Comunidad)

www.lowlinc.org

855-LOWLINC (569-5462)

Servicios para miembros: transporte, mandados, reparaciones del hogar, programas de salud y bienestar y eventos sociales para adultos de la tercera edad.

Tienda Goodwill

Orange Village Shopping Center

500 N. Madison Road, Orange

Ropa, muebles, artículos para el hogar y mas de segunda mano.

ALIMENTOS & ROPA

Condado de Rappahannock

**** POR FAVOR LLAME ANTES DE VISITAR ESTAS ORGANIZACIONES DEBIDO A POSIBLES CAMBIOS DE HORARIO.**

Despensa de Alimentos del Condado de Rappahannock

www.rappahannockpantry.org

540-987-5090

Despensa de Alimentos de Rappahannock - Rappahannock

11763 Lee Highway, Sperryville

Martes y jueves, de 12 pm – 4 pm, y sábados de 10 am – 2 pm

Todos los residentes de Rappahannock son bienvenidos. solo servicio al carro esta disponible. Todos son bienvenidos.

Rapp at Home

www.rappathome.org

17 Leggett Lane, Suite 110, Washington, VA

540-937-HOME (4663)

info@rappathome.org

Necesita ayuda para hacer las compras o necesita comida en caso de emergencia? Comuníquese con Rapp at Home, una organización sin fines de lucro basada en membresía que atiende a adultos mayores de 50 años del condado de Rappahannock. Obtenga mas información sobre los servicios y la membresía, llamando al numero que aparece arriba o por correo electrónico.

ALOJAMIENTO

Vivienda de Emergencia

Culpeper Housing and Shelter Services (CHASS)

602 S. Main St., Suite 3, Culpeper

540-825-7434

Asistencia para personas sin hogar y para personas en riesgo de quedarse sin vivienda.

Foothills Housing Network Asistencia para Personas sin Hogar

www.foothillshousing.org

540-724-6630

Es una asociación de organizaciones que trabajan juntos para prevenir y acabar con la falta de vivienda dentro la región Rappahannock-Rapidan.

TRANSPORTE

Demand-Response Servicio de Transporte

540-825-2456 or 540-341-3464

Un servicio de transporte de acera abierto al publico en general con reserva. Este servicio proporciona transporte a la ruta fija mas cercana y / o al destino especificado. El servicio puede ser limitado dependiendo de su residencia. Las reservas se realizan por orden de llegada. Las tarifas varían en toda la región. Los servicios están disponible de lunes a viernes, de 8:00 am a 5:00 pm.

Centro de Movilidad Colaborativa de Transporte Regional - Regional Transportation Collaborative Mobility Center

www.rtcmmc.org

710 U.S. Avenue, Culpeper

540-829-5300

El primer centro de movilidad de Virginia: hable con un especialista en movilidad capacitado para conectarlo con el mejor recurso para sus necesidades de transporte. El centro conecta y coordina servicios para personas en los condados de Culpeper, Fauquier, Madison, Orange y Rappahannock. Los servicios incluyen transporte por voluntarios, subsidios de gasolina, transporte público, transporte de Medicaid y opciones de proveedores privados.

Rapp at Home

www.rappathome.org

17 Leggett Lane, Suite 110, Washington, VA

540-937-HOME (4663)

info@rappathome.org

Los voluntarios de Rapp en Casa brindan una variedad de servicios gratis a los residentes de Rappahannock que tienen 50 años o más, que incluye transporte por voluntarios y pagados.

Virginia Regional Transit

www.vatransit.org

540-341-3464

Vaya al sitio web o llame para conocer los horarios:

Circuit Rider - Cubre el condado de Fauquier

Culpeper - Orange Connector - para en Orange & Culpeper

Foothills Express - Conecta a Culpeper, Madison & Charlottesville

Toot Bus - Sirve las ciudades de Orange y Gordonsville

Virginia Breeze - sirve la ciudad y el condado de Culpeper

VolTran

www.voltran.org

540-829-5300 para solicitar transporte

540-422-2600 para ser conductor voluntario

Este programa basado en conductores voluntarios ofrece transporte gratis a las personas necesitadas en toda la región.

ENRIQUECIMIENTO DE VIDA

Actividades y entretenimiento

AARP Centro Comunitario en Línea

aarp.org/virtual-community-center

“Diseñado para ser como su centro comunitario local que ofrece una variedad de experiencias interesantes “. El entretenimiento y eventos virtuales incluyen: charlas de escritores populares, lecciones de cocina de chefs reconocidos, clase de yoga, proyecciones de películas, visitar un museo virtual, aprenda sobre finanzas, etc. Es posible que se le solicite que se registre, pero los programas generalmente son gratuitos.

Asistencia de traducción

PATH Community Link

Yesenia Reyes

888-495-LINK (5465) (se habla español)

communitylink@pathforyou.org

Comuníquese con Yesenia Reyes de PATH Community Link para obtener ayuda con las necesidades de traducción de inglés al español, como para citas médicas o para comunicarse con otras organizaciones comunitarias, o si necesita ayuda encontrando recursos que no están en este guía.

Educación continua

Consejo de Alfabetismo de Culpeper

www.culpeperliteracy.org

415 South Main Street, Suite 204. Culpeper

540-825-5804

El Consejo de Alfabetización de Culpeper ofrece clases para los estudiantes que deseen aprender inglés o aprender sobre la ciudadanía de los Estados Unidos. También ofrecen tutorial individual gratuita para adultos que quieran aprender a leer o mejorar sus habilidades de matemáticas básicas.

Consejo de Alfabetismo de Madison

www.madisonliteracy.org

Brinda servicios educativo a los residentes adultos del condado de Madison para mejorar su calidad de vida como trabajadores, padres y aprendices. Ayudamos con GED, matemáticas, lectura y escritura, conocimientos informáticos, y el inglés.

Consejo de Alfabetismo del condado de Fauquier

www.lfvc.org

320 Hospital Dr, Suite 10, Warrenton

540-422-8465

Brinda servicios para aprender inglés y educación básica para estudiantes adultos.

Educación Regional para Adultos de Piedmont(PRACEP)

www.pracep.org

540-718-8243

info@pracep.org

Brinda clases de GED o de inglés. Las clases se han movido virtualmente durante la pandemia, por lo que necesita una computadora y wifi. Normalmente tenemos clases in persona. Sirvamos toda la región.

Laurel Ridge Colegio Comunitario

www.laurelridge.edu

Tome clases en línea, aprenda nuevas habilidades laborales o trabaje para obtener un título. Las clases de GED también se ofrecen aquí.

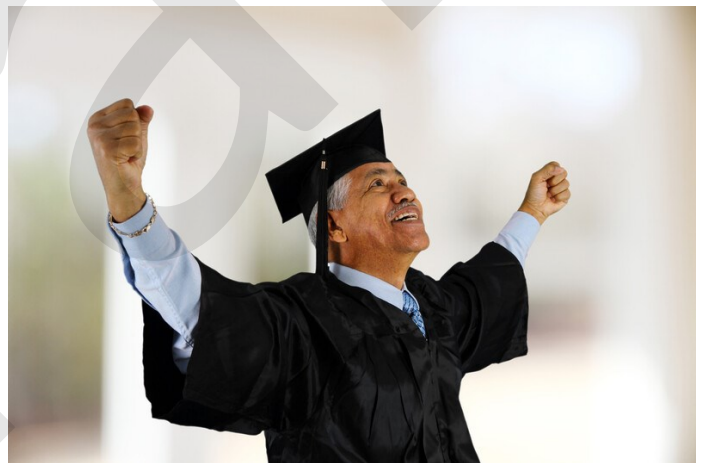
Ejercicio y estado físico

Healthy Steps Ejercicios de Silla

www.tinyurl.com/Healthysteps1

www.tinyurl.com/healthysteps2

Diseñado para maximizar la participación y la actividad, independientemente de la capacidad física. Healthy Steps es divertido y fácil de hacer, y no se requieren habilidades especiales. Tome una silla y vaya a los enlaces de YouTube que se encuentran arriba.



CONTACTOS IMPORTANTES DEL CONDADO

LLAME PRIMERO PARA EL ESTADO ACUTAL DE SERVICIOS Y HORARIO

CULPEPER

Departamento de Servicios Sociales (DSS)

Servicios Humanos de Culpeper

www.culpepercounty.gov

(Vaya a “Servicios” y después a “Servicios Humanos”)

540-727-0372

Departamento de Salud del Condado de Culpeper

web.culpepercounty.gov/Services/

Health-Services

640 Laurel St, Culpeper

(540) 829-7350

Teléfono del Alguacil (que no sea emergencia)

Oficina del Alguacil del Condado de Culpeper

540-727-7520

Teléfono de la Policía (que no sea emergencia)

Departamento de Policía de Culpeper

540-540-727-3430

FAUQUIER

Departamento de servicios sociales (DSS)

DSS De Fauquier

www.fauquiercounty.gov

(Vaya a “Gobierno” y después a “Servicios Sociales”)

540-422-8400

Departamento de Salud del Condado de Fauquier

330 Hospital Drive, Warrenton

540-347-6400

Teléfono del Alguacil (que no sea emergencia)

Oficina del Alguacil del Condado de Fauquier

540-347-3300

Teléfono de la Policía (que no sea emergencia)

Departamento de Policía de Remington

540-439-0344

Departamento de Policía de Warrenton

540-347-1100

MADISON

Departamento de Servicios Sociales (DSS)

DSS de Madison

www.madisonco.virginia.gov

(Vaya a “Gobierno” y después a “Servicios Sociales”)

540-948-5521

Departamento de Salud del Condado de Madison

1480 North Main Street, Suite A, Madison

(540) 948-5481

Teléfono del Alguacil (que no sea emergencia)

Oficina del Alguacil del Condado de Madison

540-948-5161

ORANGE

Departamento de Servicios Sociales (DSS)

DSS de Orange

www.orangecountyva.gov

(Haga clic en “Departamentos”, después baje abajo y haga clic en “Servicios Sociales”)

540-672-1155

Departamento de Salud del Condado de Orange

450 N. Madison Road, Orange

540-672-1291

Teléfono del Alguacil (que no sea emergencia)

Oficina del Alguacil del Condado de Orange

540-672-1200

Teléfono de la Policía (que no sea emergencia)

Policía de la Ciudad de Orange

540-672-1491

RAPPAHANNOCK

Departamento de Servicios Sociales (DSS)

DSS de Rappahannock

www.rappahannockcountyva.gov

(Haga clic en “S” para ver los servicios)

540-675-3313

Departamento de salud del Condado de Rappahannock

491-A Main Street, Washington, VA

540-675-3516

Teléfono del Alguacil (que no sea emergencia)

Oficina del Alguacil del Condado de Rappahannock

540-675-5300

ARE YOU A RESIDENT OF THE RAPPAHANNOCK AREA AGED 50 OR OVER?

Call Rapp at Home!

We help local seniors connect with their community and provide support to help them age in place for as long as they can.

How do we help?

- Transportation to appointments
- Grocery & Rx pick up
- Social and educational activities
- Home safety support
- Caregiver referrals
- Friendly visits

Get Involved!

- Volunteer
- Participate
- Collaborate
- Support



540.937.4663 www.rappathome.net info@rappathome.org



AGING TOGETHER

PO BOX 367, CULPEPER, VA 22701 / 540-829-6405

WWW.AGINGTOGETHER.ORG / INFO@AGINGTOGETHER.ORG

This guide can be downloaded on our website.

DISCLAIMER

This guide is intended as a helpful resource. While we have taken great efforts to insure the content in this guide is accurate, errors can occur. The information contained is provided “as is” with no guarantees of completeness, accuracy, or changes in details such as time or place. Aging Together assumes no responsibility for any of these inaccuracies. Please contact any provider prior to visiting, promoting or using to confirm information. If you feel a resource should be added to this guide, please contact Aging Together at info@agingtogether.org for consideration in the next edition.

**Resources are updated and new
resources are added regularly on
Aging Together’s website:**

www.agingtogether.org



Supreme Sage, Aging Together’s wise superhero fighting ageism



HOSPICE OF THE Piedmont

Telephone of the Wind

The Story Behind the Wind Phone

The idea of the Wind Phone originated in Japan with a man named Itaru Sasaki, who was grieving the loss of his cousin. In a secluded spot in his garden, he placed a rotary phone with no connection, using it as a way to “speak” to his loved one. The phone offered him comfort, imagining his words carried away on the wind.

Following the 2011 earthquake and tsunami that devastated Japan, Sasaki opened the Wind Phone to the public, inviting others to find peace through spoken memories and goodbyes. The Wind Phone became a place for comfort and solace. Today, the Wind Phone concept has traveled worldwide, offering a way for individuals to reflect and find healing.

Why Wind Phones Matter

Grief is a deeply personal and often nonlinear journey that touches each of us differently. Whether the loss is recent or from years ago, finding meaningful ways to process it is essential to healing. The Telephone of the Wind offers more than a quiet place—it provides a space to speak to loved ones who have passed, share memories, or sit in reflection.

Surrounded by nature, these installations offer peace, connection, and emotional release. As a nonprofit, we believe in creating spaces that nurture the emotional and spiritual well-being of our community. The Telephone of the Wind is one such space—where love endures, memories are honored and shared, and healing begins.

“This phone is for anyone with something left to say — be it a memory, a message, or a final goodbye.”

How to Use the Wind Phone

Using the Wind Phone is simple and open-ended—there's no "right" or "wrong" way to experience it. Here are a few gentle guidelines:

- **Pick up the phone receiver:** Imagine that it connects you to the person you wish to speak to.
- **Take a moment:** Whether you share a memory, speak a message, or sit in silence, allow yourself to feel whatever you need to.
- **Let your words be carried by the wind:** Speak freely, knowing your words will travel as far as you wish.

Each experience with the Wind Phone is unique. Some come to say things they never had the chance to say, while others simply find comfort in holding the receiver. However you use it, the Wind Phone is here for you.



Visit a Wind Phone

Darden Towe Park
1445 Darden Towe Park
Charlottesville, VA 22911

C.M. Crocket Park
10066 Rogues Road
Midland, VA 22728

Contact Us

Questions about our Telephone of the Wind or how to bring one to your community?
Contact our Community Navigator:

Hannah Barton
hannah.barton@hopva.org | (434)987-817-6900

We Need Warrenton's Help: The Battle to Protect Fauquier from Data Centers and Transmission Lines Continues

In 2022-2023, Town and County residents fought side by side to prevent transmission lines in central Fauquier and the Amazon data center in Warrenton. Thanks to citizens from all across Fauquier, we beat back the transmission lines and supported litigation that has put a dagger in the heart of the Amazon data center plan.



But new threats have emerged. **Four massive new data center campuses have been proposed in Remington. Their electricity load would be enormous – TEN TO TWENTY TIMES the electricity used by all Fauquier households.** That excessive load will inevitably lead to new transmission lines that would be routed through Vint Hill, Cedar Run, and other parts of Fauquier.

Please help us protect Fauquier's rural, agricultural heritage and landscape. Help us push back the growing pressure for more transmission lines. We ask that each of you write our Fauquier Planning Commission and Board of Supervisors this week. Use your own words to say:

- ***Please do not approve the Gigaland data center in Remington, or any of the other proposed data centers. The Remington data centers are massively out of scale with our rural, agricultural county.***
- ***The electric load is overwhelming. It will lead to more transmission lines in Fauquier. Gigaland alone will require 6-12 times as much electricity as all the homes in Fauquier.***
- ***For decades, Fauquier citizens and elected officials have worked to protect the Fauquier landscape and way of life -- to keep it agricultural, rural, and scenic. Please protect Fauquier's hard-earned heritage. Vote "NO" on more data centers and the transmission lines they will require.***
- ***We do not want Fauquier to turn into Loudoun and Prince William Counties with data center buildings, substations, and transmission lines marring the landscape.***

FAUQUIER PLANNING COMMISSIONERS:

john.meadows@fauquiercounty.gov
georgia.herbert@fauquiercounty.gov
diane.rotaman@fauquiercounty.gov
matthew.smith2@fauquiercounty.gov
jody.warfield@fauquiercounty.gov

FAUQUIER BOARD OF SUPERVISORS

kevin.carter@fauquiercounty.gov
rick.gerhardt@fauquiercounty.gov
ike.broadbush@fauquiercounty.gov
regan.washer@fauquiercounty.gov
daron.culbertson@fauquiercounty.gov

Sincerely,
The Protect Fauquier Executive Board,
Mike Fultz, Cindy Burbank, Denise Schefer, & PJ Leary
Contact for more information: cindy.burbank@comcast.net
And our Facebook page: <https://www.facebook.com/groups/754118002611166/>

Town of Warrenton, Virginia

Water & Sewer Discussion Materials



May 9, 2023

Overview



- Davenport & Company LLC (“Davenport”) serves as Financial Advisor to the Town of Warrenton (the “Town”).
- In Spring of 2022, Davenport, in concert with NewGen Strategies & Solutions (“NewGen”), presented a multi-year rate plan regarding the Water & Sewer Utility System (the “Utility System”) for the Town’s consideration.
- The Town is currently in the process of adopting its FY 2024 Operating and Capital Budget for the self-supporting Utility System.
 - This would represent the second year of rate increases previously introduced to Town Council.
- Key underlying assumptions related to the Utility System’s financial planning have shifted over the past year.
- Davenport was asked to assist NewGen in the development of an updated plan with a specific focus on capital funding and financial “best-practices”.

Goals & Objectives



1. Present the historical financial results of the Utility System;
2. Present the Utility System's current debt profile;
3. Review the previously presented multi-year rate plan and underlying assumptions;
4. Outline key changes in assumptions for the current update of the multi-year rate plan; and
5. Introduce an updated multi-year rate plan that maintains the self-supporting nature of the Utility System and projects financial metrics at or above industry-wide "best-practice" levels.

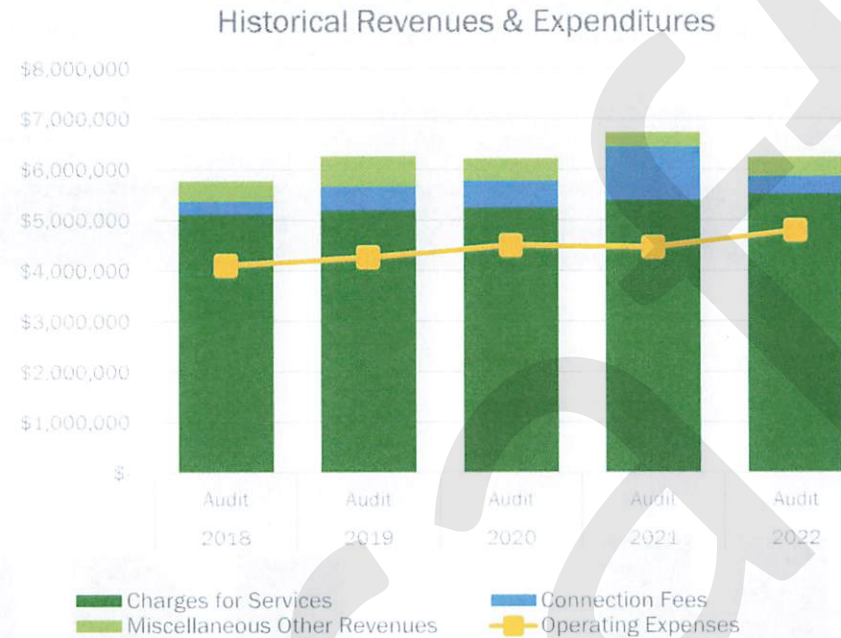


Utility System Observations

- The Town's Utility System has historically generated solid cash flows (i.e., debt service coverage) and maintained healthy reserves (i.e., days cash on hand).
- Charges for Service (i.e., Operating Revenues) have grown annually by roughly 1.5% over the last five years.
- Operating Expenditures have grown annually by roughly 3.2% over the last five years.
- The imbalance between revenue and expenditure growth has slightly decreased the financial strength and resiliency of the Utility System.
 - This is evidenced by a declining Debt Service Coverage Ratio. In FY 2022, the Utility System's Debt Service Coverage Ratio was 2.20x, the lowest level of the prior five years. (Note: Typically, 1.50x is considered a "best-practice", and 1.20x should be considered a minimum threshold).
- Maintaining a self-supporting utility system is critical for several reasons, including the fact that it insulates the General Fund from the additional burden of needing to cover utility-related costs.



Historical Revenues & Operating Expenditures

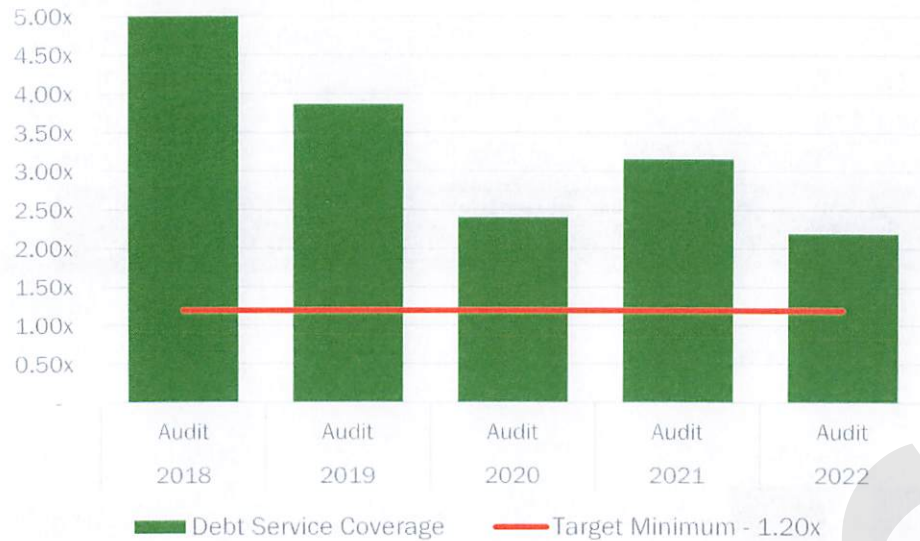


Town of Warrenton, Virginia		2018	2019	2020	2021	2022	5-Yr Avg.
Utility System Revenues & Operating Exp.		Audit	Audit	Audit	Audit	Audit	
1	Revenues						
2	Charges for Services	\$ 5,125,028	\$ 5,205,517	\$ 5,257,620	\$ 5,401,565	\$ 5,524,892	
3	Connection Fees	252,975	467,187	526,725	1,050,300	336,545	
4	Miscellaneous Other Revenues	410,571	605,718	450,362	294,821	388,072	
5	Total Revenues	\$5,788,574	\$6,278,422	\$6,234,707	\$6,746,686	\$6,249,509	1.5%
6	Growth	N/A	8.5%	-0.7%	8.2%	-7.4%	
7	Operating Expenses	\$4,107,605	\$4,266,934	\$4,504,090	\$4,467,687	\$4,798,238	3.2%
8	Growth	N/A	3.9%	5.6%	-0.8%	7.4%	
9	Net Revenue Available for Debt Service	\$1,680,969	\$2,011,488	\$1,730,617	\$2,278,999	\$1,451,271	

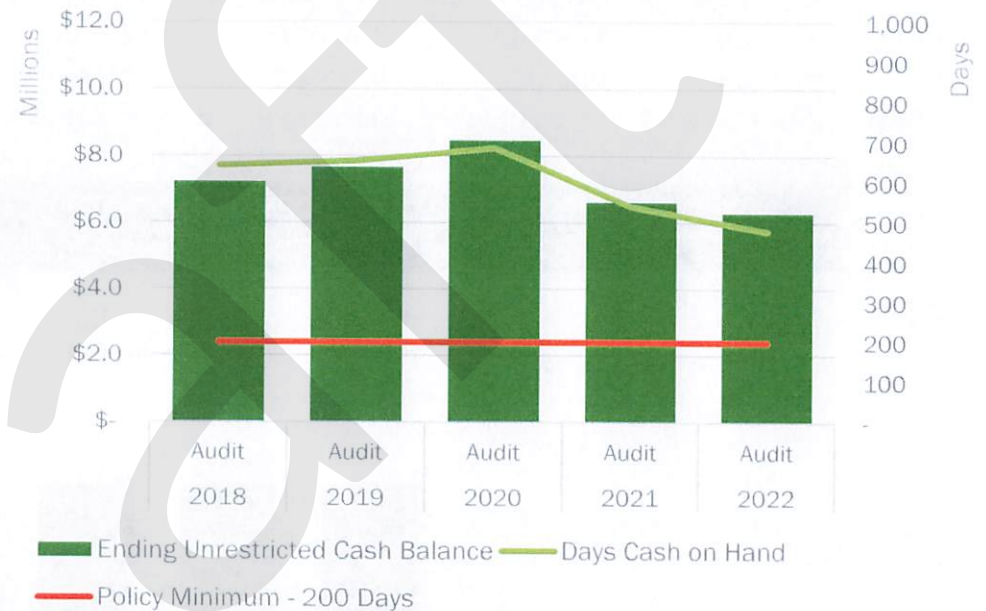
Selected Historical Financial Metrics



Debt Service Coverage



Cash Balance



Select Water & Sewer Utility System Financial Metrics	2018 Audit	2019 Audit	2020 Audit	2021 Audit	2022 Audit
1 Debt Service Coverage	11.65x	3.87x	2.41x	3.16x	2.20x
2 Target Minimum - 1.20x	1.20x	1.20x	1.20x	1.20x	1.20x
3					
4 Ending Unrestricted Cash Balance	\$ 7,220,020	\$ 7,653,103	\$ 8,473,309	\$ 6,612,579	\$ 6,287,203
5 Days Cash on Hand	642	655	687	540	478
6 Policy Minimum - 200 Days	200	200	200	200	200



Existing Utility System Debt Profile



- The Town issued the 2022 G.O. New Money Bond in the Fall of 2022 in the amount of \$5,150,000.
- The Interest Rate on the bond is fixed for the term of the bond at **2.90%**.
- The Town's debt service will increase in FY 2024 as full principal and interest payments begin on the 2022 G.O. New Money Bond.

Total Debt Service

Fiscal Year	Principal	Interest	Total
Total	\$15,733,000	\$4,314,855	\$20,047,855
2023	432,000	398,279	830,279
2024	740,000	453,627	1,193,627
2025	767,000	428,999	1,195,999
2026	790,000	403,510	1,193,510
2027	816,000	377,130	1,193,130
2028	845,000	349,773	1,194,773
2029	869,000	321,497	1,190,497
2030	899,000	292,303	1,191,303
2031	927,000	262,033	1,189,033
2032	963,000	230,602	1,193,602
2033	994,000	199,539	1,193,539
2034	1,024,000	169,822	1,193,822
2035	1,052,000	141,308	1,193,308
2036	1,080,000	113,252	1,193,252
2037	1,108,000	84,558	1,192,558
2038	1,137,000	55,225	1,192,225
2039	637,000	24,996	661,996
2040	653,000	8,403	661,403

Principal Outstanding as of 6/30/2022

2021 VRA Refunding	\$3,855,000
2021A GO Refunding	6,728,000
2022 G.O. New Money	5,150,000
Total Principal Outstanding	\$15,733,000



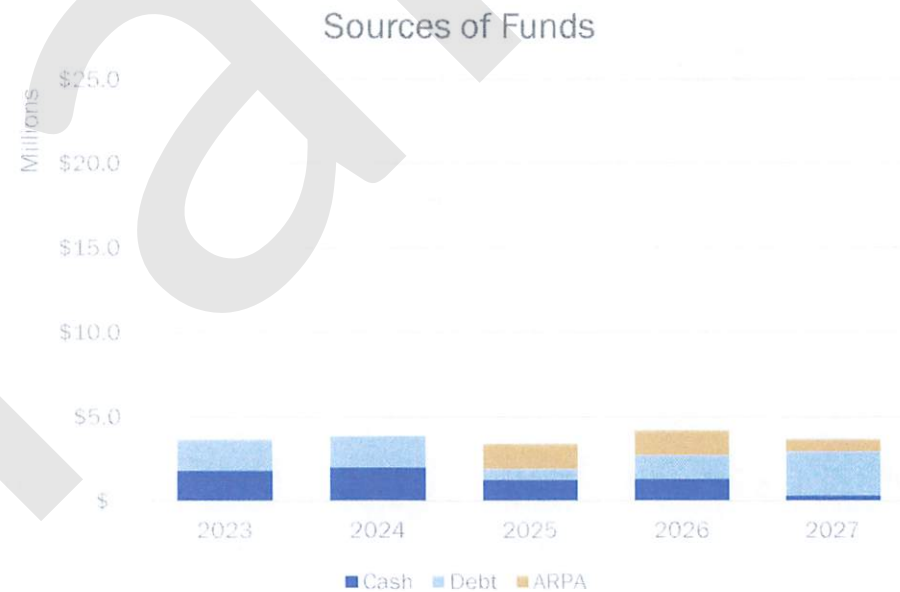
Multi-Year Financial Plan - Observations

- Over the last year, inflation has caused the prices of most goods and services to increase materially.
- Energy and other natural resource costs have seen significant price increases due to global pressures.
- This creates further increasing pressures on the Utility System's Operating Expenditures.
 - Budgeted Operating Expenditure growth was 28% in FY 2023 vs. FY 2022 Actuals.
 - Budgeted Operating Expenditure growth is approximately 9% in FY 2024 vs the FY 2023 Budget.
- Capital projects undertaken by local governments have also experienced significant increases due to supply chain issues and the significant amount of federal monies injected into the economy.
- A combination of the factors above as well as a back log of replacement and renewal projects have resulted in a CIP that is roughly three times the size of the CIP identified this time last year.



Projected Capital Needs (Presented April, 2022)

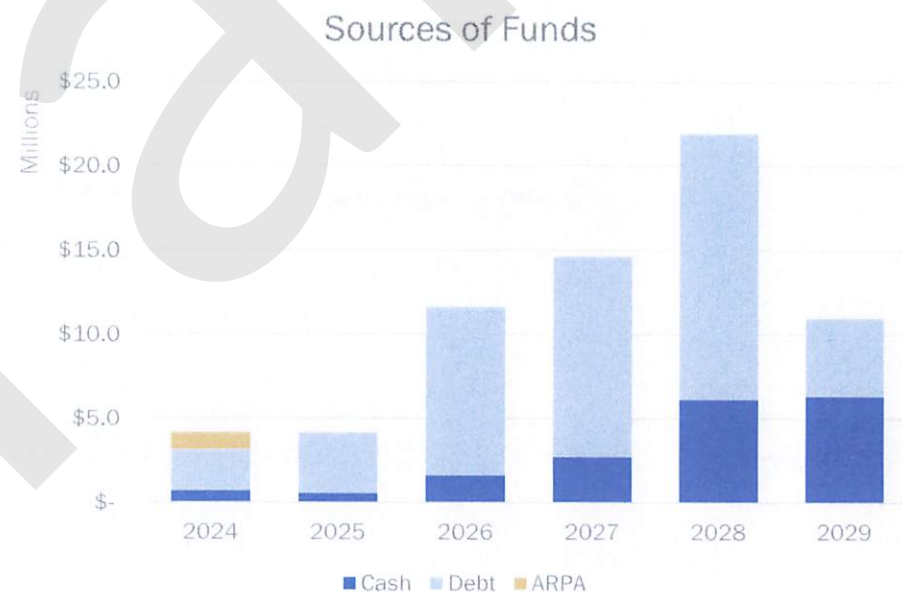
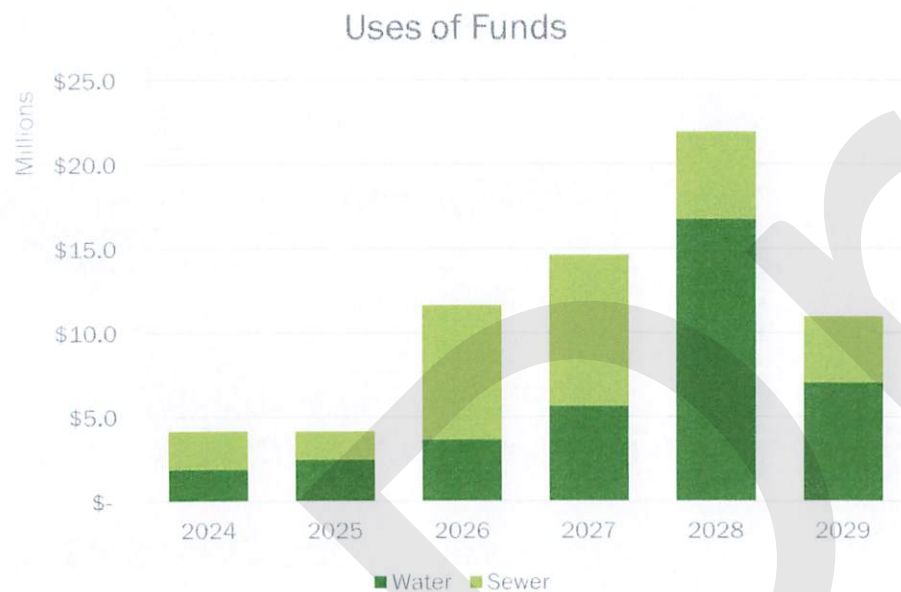
- The Town is contemplating funding a Capital Improvement Plan of approximately \$18-19 Million over the next 5 years, as reflected below.
- Approximately 45% is anticipated to be funded with debt (\$8.5 Million), 35% from cash (\$6.6 Million), and 20% from ARPA (\$3.8 Million).





Projected Capital Needs (As of May, 2023)

- The Town is contemplating funding a Capital Improvement Plan of approximately \$67.7 Million over the next 6 years, as reflected below.
 - Approximately 72% is anticipated to be funded with debt (\$48.6 Million), 27% from cash (\$18.1 Million), and 1% from ARPA (\$1.0 Million).





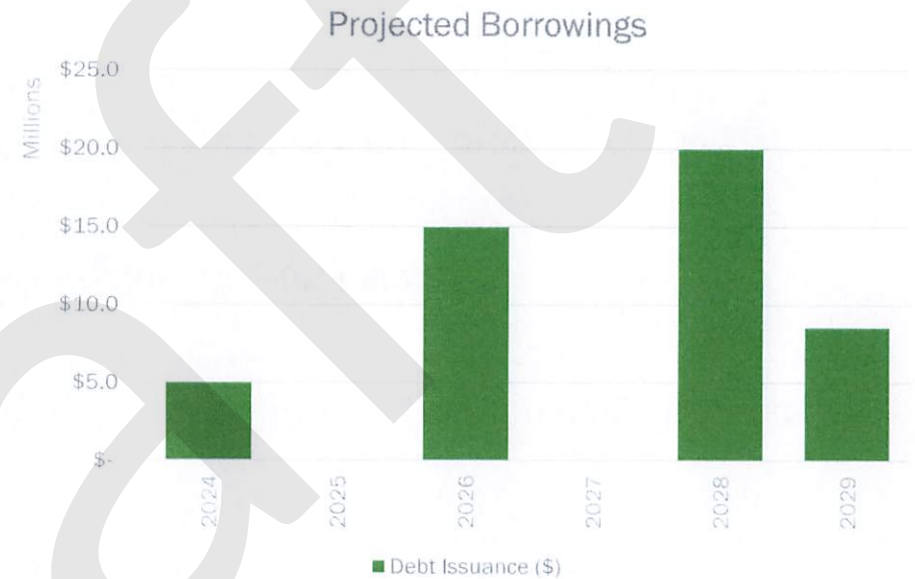
Multi-Year Plan of Finance

- Davenport recommends that the Town pursue a “just-in-time” funding strategy utilizing a combination of Cash, ARPA, and Debt.
- Key aspects of the Debt component include:
 - Paying interest-only for 2+ years to incrementally ramp up debt service and relieve pressure on rate increases;
 - 28 years of principal amortization in order to spread out the cost of borrowing over roughly 30 years;
 - The interest rate for the borrowing is assumed at 5.50% for planning purposes; and
 - Providing the Town with a preliminary core of dollars that can be spent down as projects occur.
- Future issuances can be reassessed annually to determine the magnitude / timing of additional funding.



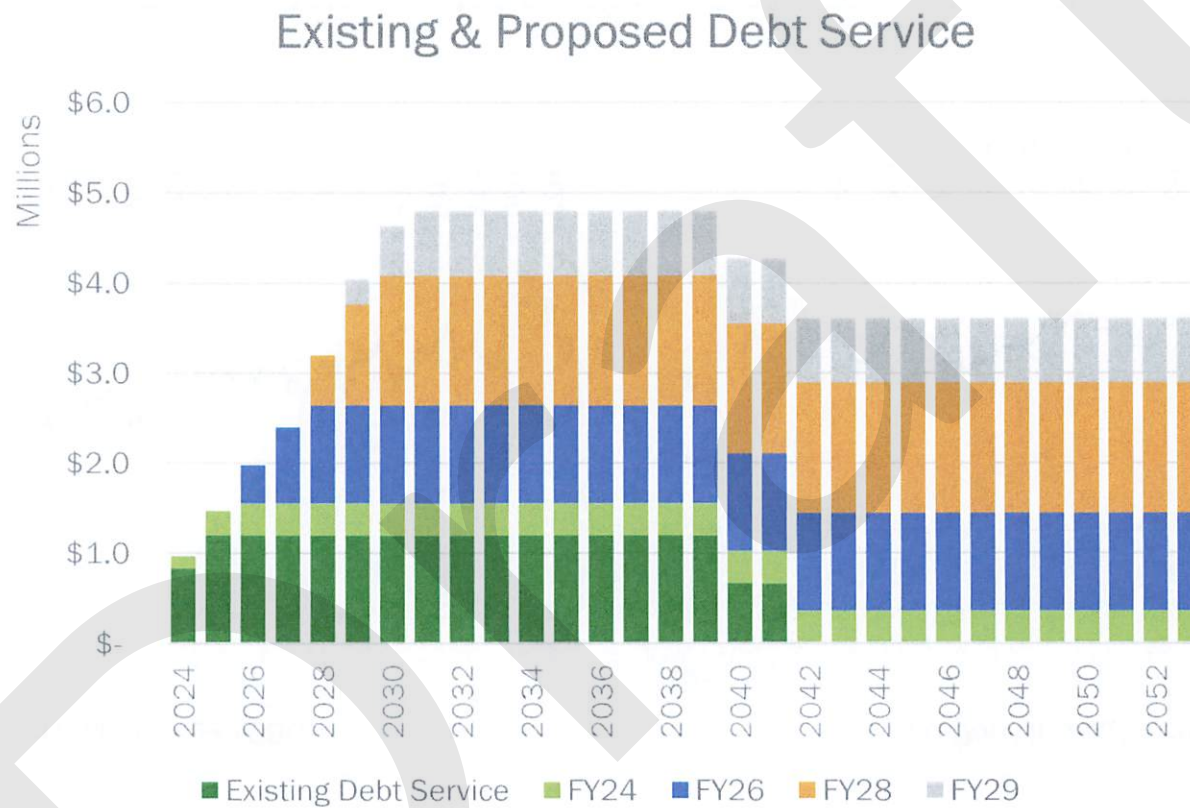
Projected Utility System Borrowings

Sources of Funds		Total
1	Cash	\$ 18,081,942
2	ARPA	1,000,000
3	Debt	48,587,699
4	Total Sources	\$ 67,669,641



FY	2024	2025	2026	2027	2028	2029
Debt Issuance (\$)	\$ 5,000,000	\$ -	\$ 15,000,000	\$ -	\$ 20,000,000	\$ 8,587,699

Existing & Proposed Debt Service



Note: Debt assumes 2 years of interest-only and 28 years of level principal and interest payments. Planning interest rate of 5.50%. Preliminary, and subject to change.



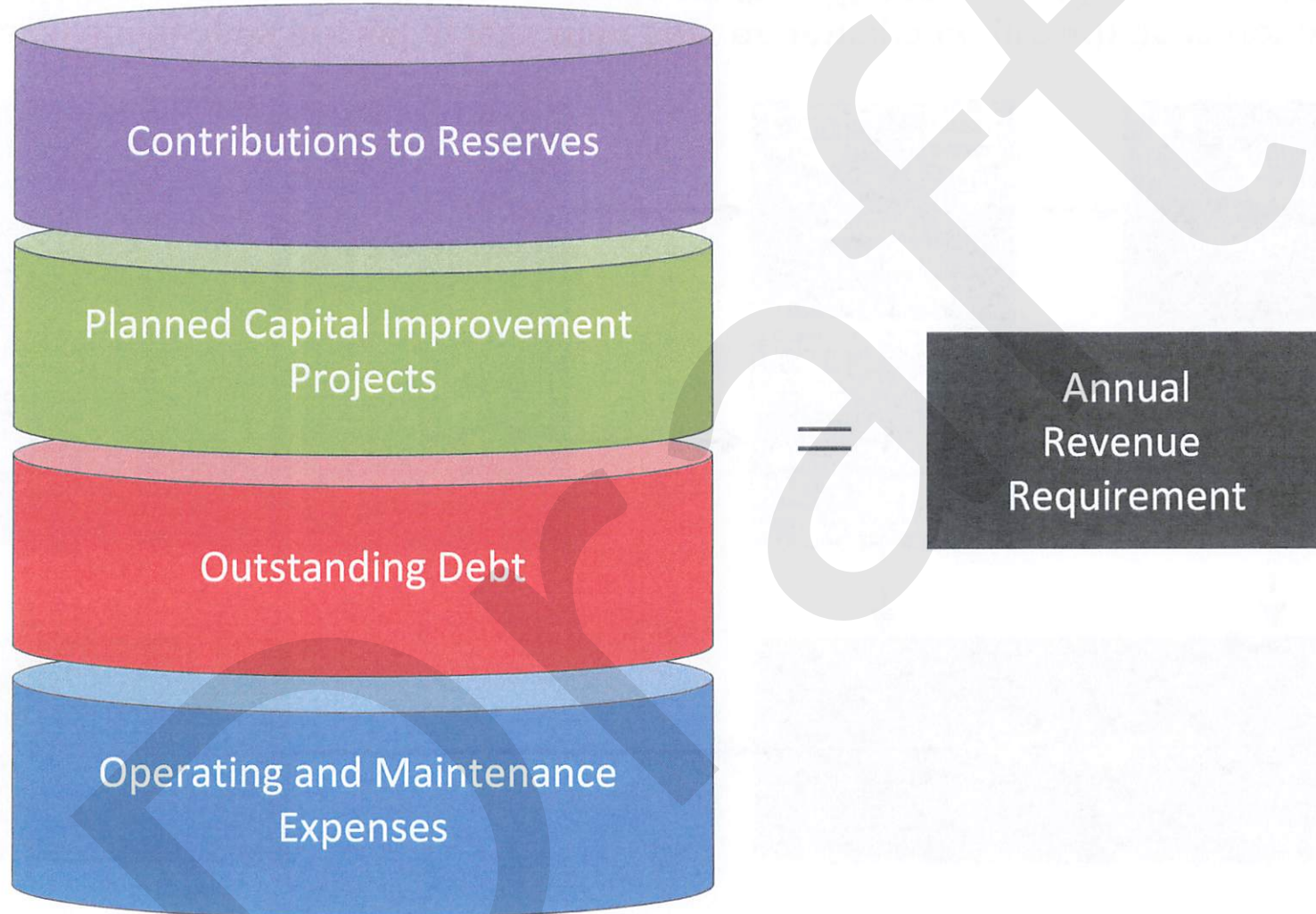
Interest Rate Environment | Tax-Exempt



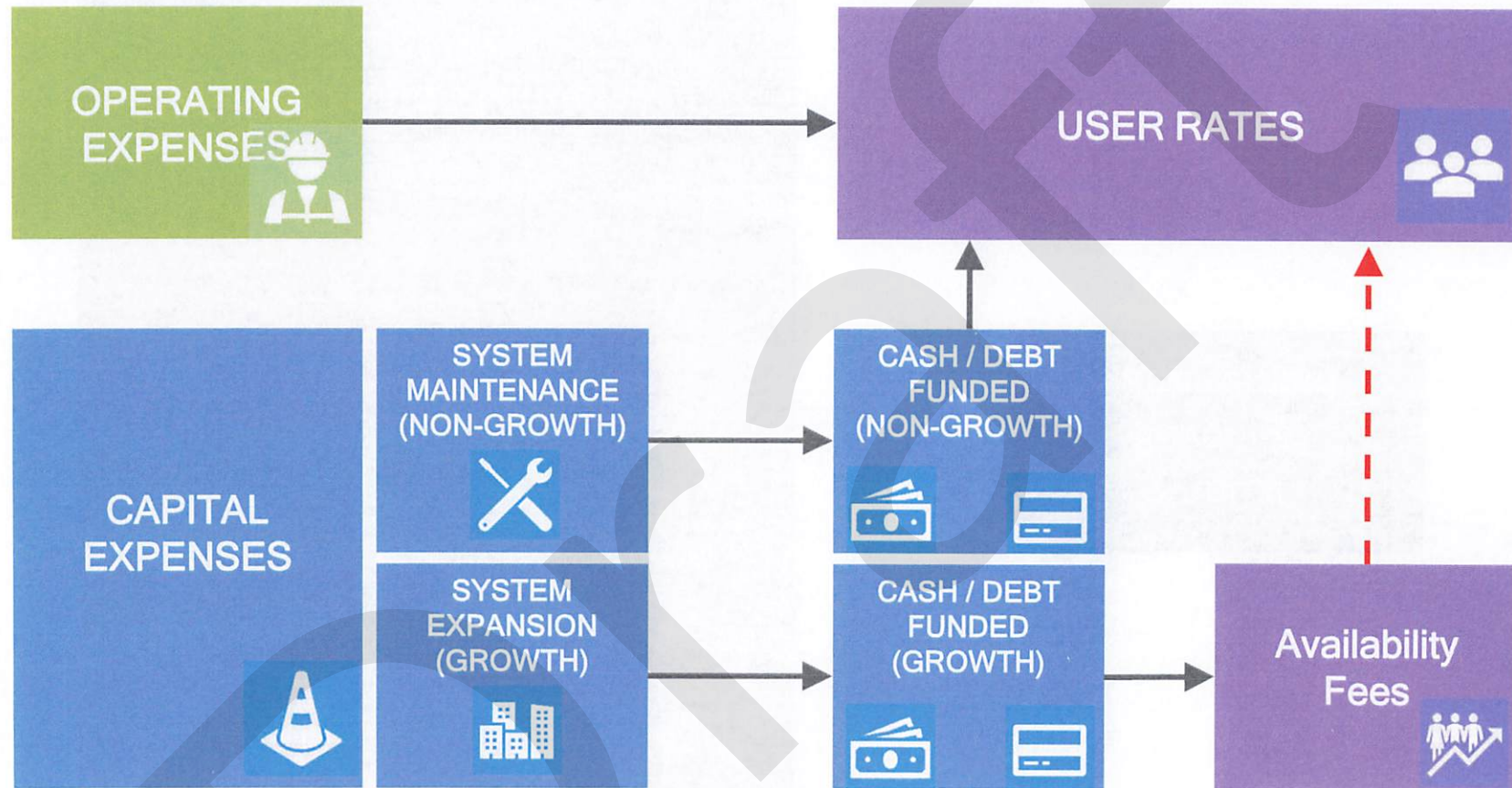
Interest rates increased during calendar year 2022, however, they still remain at historically favorable levels.

The 20-year interest rates above show the Bond Buyer's "20-Bond Index" which consists of 20 tax-exempt bonds with an average rating of 'Aa2'/'AA' (Moody's / S&P) that mature in 20 years. The 20-Bond Index serves as a general indicator of prevailing interest rates for tax-exempt borrowers. Updated as of 04/27/2023.

Revenue Requirement

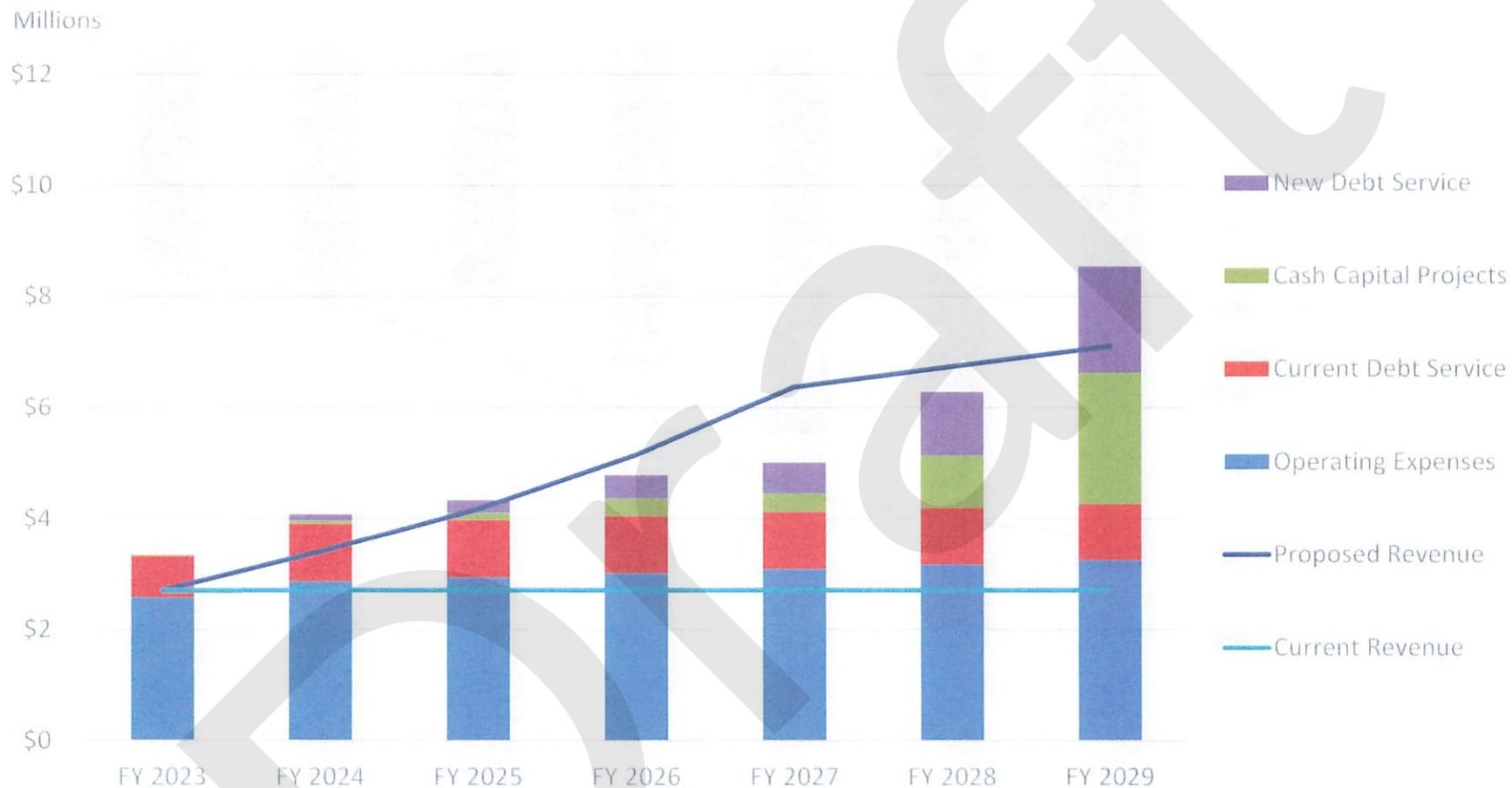


Relationship between User Rates and Availability Fees



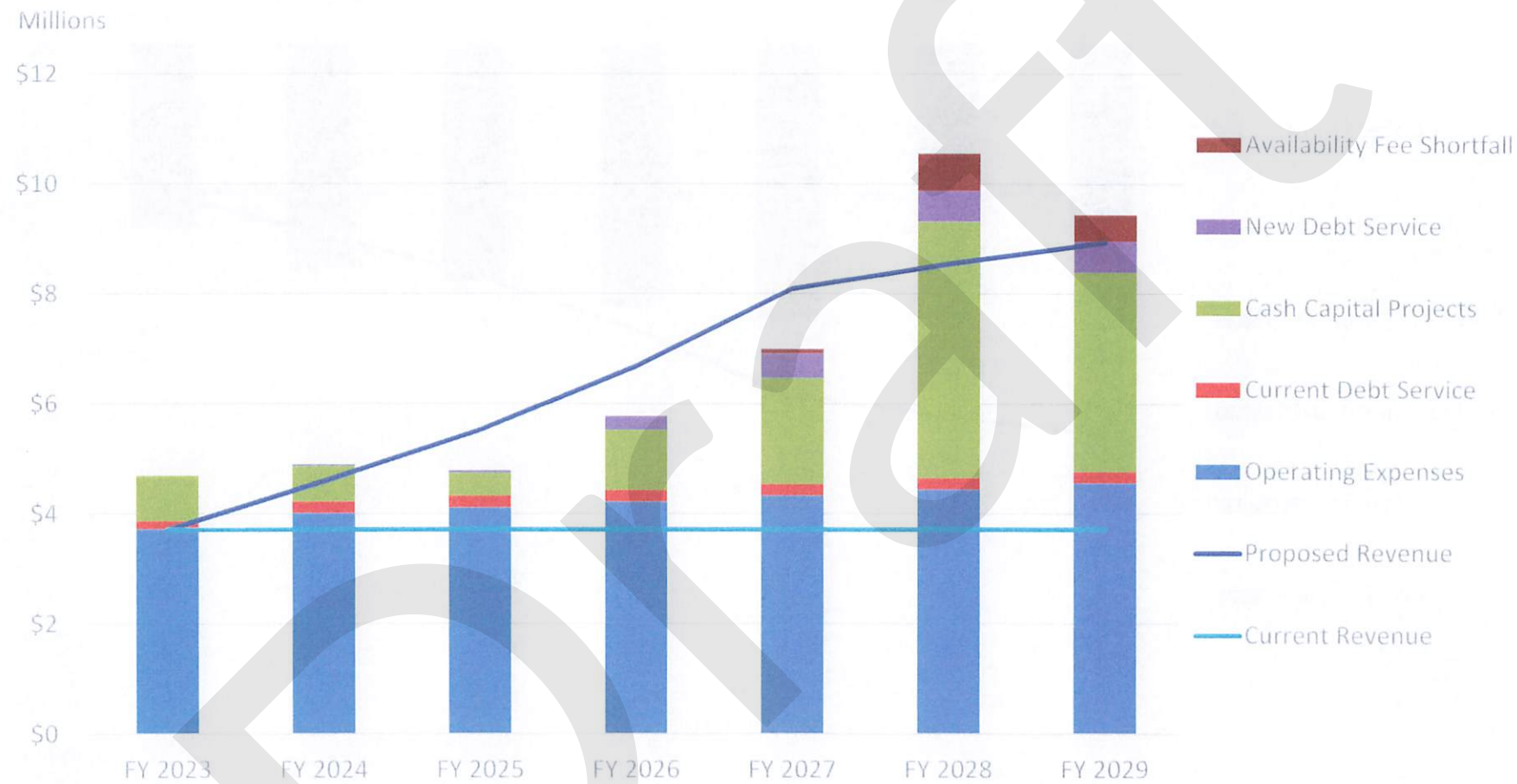
If availability fees are set at less than cost or anticipated growth does not occur, existing customers will have to make up the difference via higher user rates.

Revenue Requirements vs. Current and Proposed Revenue – Water



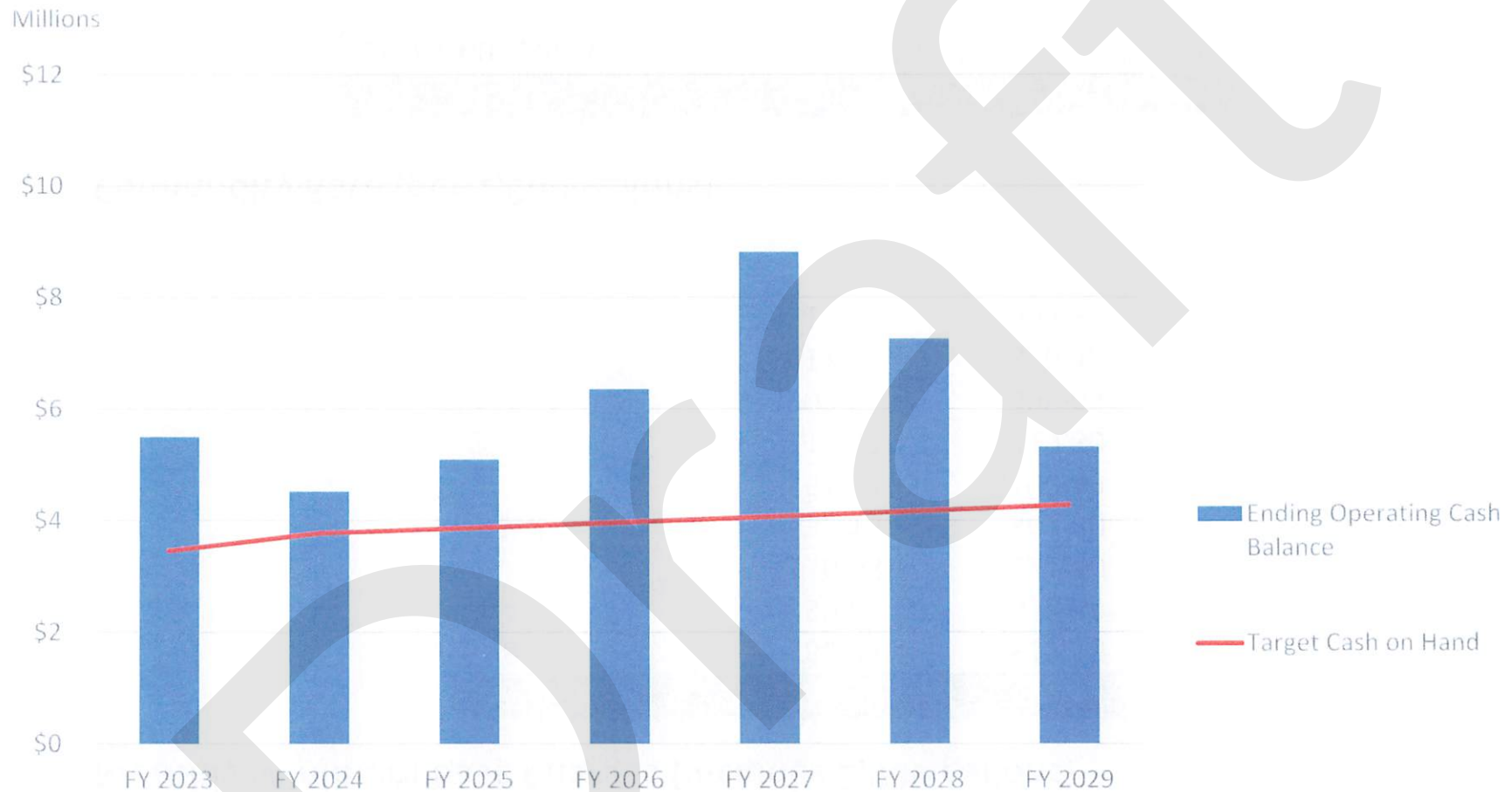
Proposed Revenue reflects a 25% increase in rate revenue from FY 2024 through FY 2027 and 6% in FY 2028 and FY 2029

Revenue Requirements vs. Current and Proposed Revenue – Sewer



Proposed Revenue reflects a 22% increase in rate revenue from FY 2024 through FY 2027 and 6% in FY 2028 and FY 2029

Operating Cash Balance – Combined Water and Sewer



The red line represents target equal to operating fund balance of 200 days of operating expenses. 1.2x debt service coverage is also met in all years after FY 2024.

Current In Town Charges and Rates (FY 2023)



Monthly Minimum Base Charges (includes 2,000 gallons)

Meter Size	Water	Sewer
5/8	\$6.43	\$12.56
3/4	\$9.65	\$18.84
1	\$16.08	\$31.40
1 1/2	\$32.15	\$62.80
2	\$51.44	\$100.48
3	\$112.53	\$219.80
4	\$202.55	\$395.64
6	\$417.95	\$816.40
8	\$514.40	\$1,004.80

Commodity Rate (per 1,000 gallons)

	Water	Sewer
Over 2,000 gallons	\$7.13	\$10.70

Out of Town rates are 1.5 times In Town rates



Projected In Town Water Charges and Rates

Charge/Rate	Current	FY 2024	FY 2025	FY 2026	FY 2027	FY 2028	FY 2029
Monthly Minimum Base Charges (includes 2,000 gallons)							
5/8	\$6.43	\$8.04	\$10.05	\$12.56	\$15.70	\$16.64	\$17.64
3/4	\$9.65	\$12.06	\$15.08	\$18.84	\$23.55	\$24.96	\$26.46
1	\$16.08	\$20.10	\$25.13	\$31.40	\$39.25	\$41.60	\$44.10
1 1/2	\$32.15	\$40.20	\$50.25	\$62.80	\$78.50	\$83.20	\$88.20
2	\$51.44	\$64.32	\$80.40	\$100.48	\$125.60	\$133.12	\$141.12
3	\$112.53	\$140.70	\$175.88	\$219.80	\$274.75	\$291.20	\$308.70
4	\$202.55	\$253.26	\$316.58	\$395.64	\$494.55	\$524.16	\$555.66
6	\$417.95	\$522.60	\$653.25	\$816.40	\$1,020.50	\$1,081.60	\$1,146.60
8	\$514.40	\$643.20	\$804.00	\$1,004.80	\$1,256.00	\$1,331.20	\$1,411.20
Commodity Rate (per 1,000 gallons)							
Over 2,000 gallons	\$7.13	\$8.91	\$11.14	\$13.93	\$17.41	\$18.45	\$19.56

Out of Town rates are 1.5 times In Town rates

Projected In Town Sewer Charges and Rates



Charge/Rate	Current	FY 2024	FY 2025	FY 2026	FY 2027	FY 2028	FY 2029
Monthly Minimum Base Charges (includes 2,000 gallons)							
5/8	\$12.56	\$15.32	\$18.69	\$22.80	\$27.82	\$29.49	\$31.26
3/4	\$18.84	\$22.98	\$28.04	\$34.20	\$41.73	\$44.24	\$46.89
1	\$31.40	\$38.30	\$46.73	\$57.00	\$69.55	\$73.73	\$78.15
1 1/2	\$62.80	\$76.60	\$93.45	\$114.00	\$139.10	\$147.45	\$156.30
2	\$100.48	\$122.56	\$149.52	\$182.40	\$222.56	\$235.92	\$250.08
3	\$219.80	\$268.10	\$327.08	\$399.00	\$486.85	\$516.08	\$547.05
4	\$395.64	\$482.58	\$588.74	\$718.20	\$876.33	\$928.94	\$984.69
6	\$816.40	\$995.80	\$1,214.85	\$1,482.00	\$1,808.30	\$1,916.85	\$2,031.90
8	\$1,004.80	\$1,225.60	\$1,495.20	\$1,824.00	\$2,225.60	\$2,359.20	\$2,500.80
Commodity Rate (per 1,000 gallons)							
Over 2,000 gallons	\$10.07	\$12.29	\$14.99	\$18.29	\$22.31	\$23.65	\$25.07

Out of Town rates are 1.5 times In Town rates

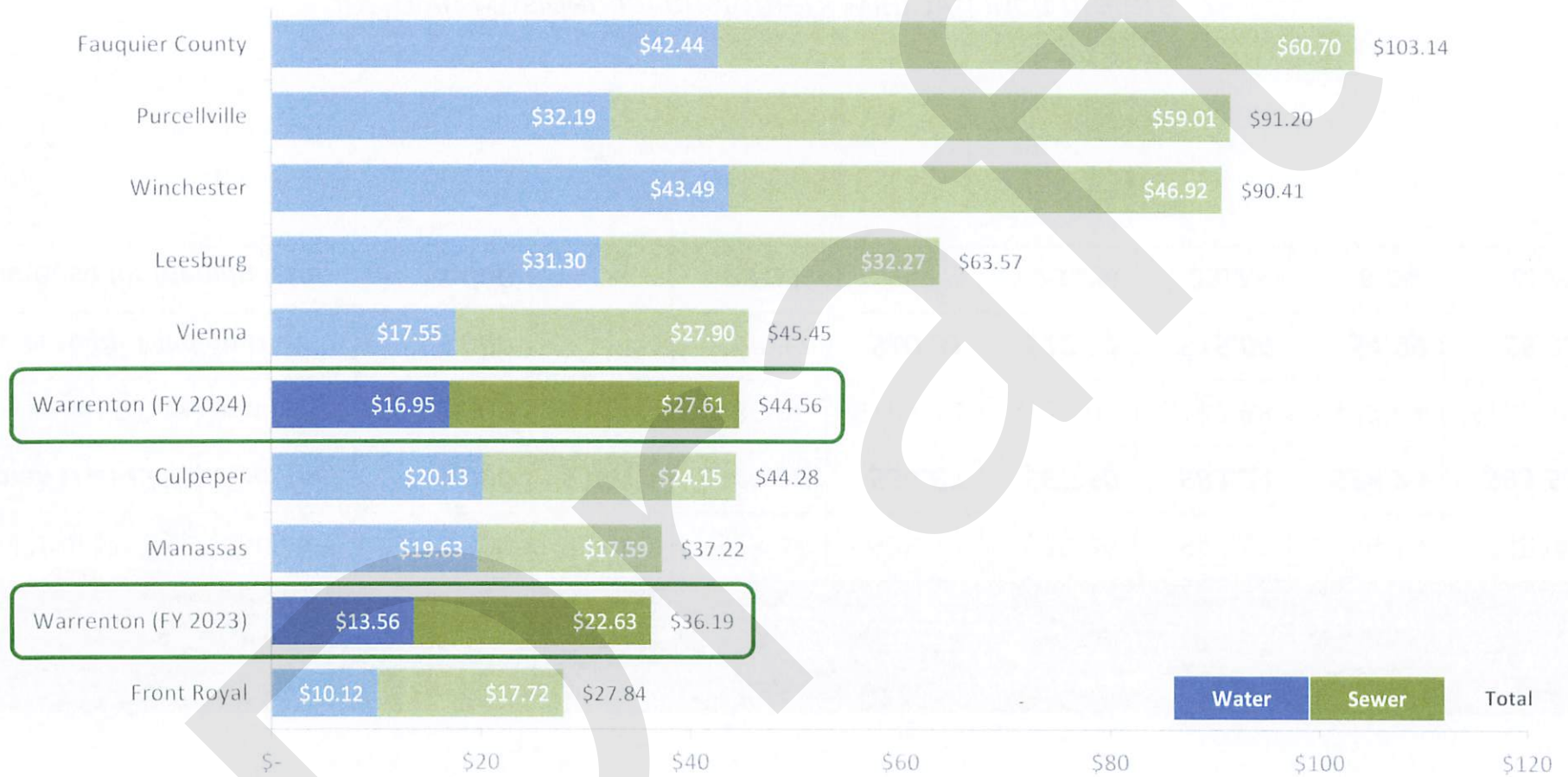


Combined Monthly Bill Impact

User	Monthly Usage (gallons)	Monthly Bill						
		Current	FY 2024	FY 2025	FY 2026	FY 2027	FY 2028	FY 2029
Small User (25 th percentile)	2,000	\$18.99	\$23.36	\$28.74	\$35.36	\$43.52	\$46.13	\$48.90
Median User (50th percentile)	3,000	\$36.19	\$44.56	\$54.87	\$67.58	\$83.24	\$88.23	\$93.53
Large User (75 th percentile)	5,000	\$70.59	\$86.96	\$107.13	\$132.02	\$162.68	\$172.43	\$182.79
\$ Increase for Median User	3,000		\$8.37	\$10.31	\$12.71	\$15.66	\$4.99	\$5.30
% Increase for Median User	3,000		23.1%	23.1%	23.2%	23.2%	6.0%	6.0%

In Town Residential customers with 5/8 inch meters

FY 2024 Combined Monthly Bill Comparison



smallest meter size and 3,000 gallons of usage (median for Warrenton customers)

NewGen Recommendations



- Adopt the projected water and sewer rates for FY 2024.
- Continue to evaluate the Town's evolving operating and capital needs.
- Review rates, charges, and fees on an annual basis and revise as needed.
- Consider a full cost of service study for all rates, charges, and fees every three to five years.

Next Steps



- Balance of Spring 2023: Town adopts Operating and Capital Budget and corresponding user rates.
- Summer/Early Fall 2023: Implement next phase of capital plan via a self-supporting utility borrowing.
- Fall 2023 into Winter 2023/2024: Update multi-year plan based upon actual results for FY 2023 and updated capital costs.

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The Town of Warrenton
P.O. Box 341
Warrenton, VA 20188
P (540) 347-1101
F (540) 349-2414

June 10th, 2025, Regular Town Council Meeting Minutes

Attachment 2: Citizen Comment emails and form submissions.

From: "noreply@civicplus.com" on behalf of "noreply@civicplus.com"
<noreply@civicplus.com>
Sent: 13 May 2025 07:49:26 -0500
To: "" <citizencomment@warrentonva.gov>
Subject: Online Form Submittal: Public Comment

[EXTERNAL EMAIL] DO NOT CLICK links or attachments unless you recognize the sender and know the content is safe.

Public Comment

Name	Alec Burnett
Address	279 Alexandria Pike
City	Warrenton
State	VA
Zip Code	20186
Email Address	[REDACTED]
Phone Number	5404225716
Committee, Board, or Commission Type	Town Council
Agenda Item	Consent Agenda
Comment	Why are the August 2024 Town Council minutes listed under the Consent Agenda for approval?

Email not displaying correctly? [View it in your browser.](#)

From: "noreply@civicplus.com" on behalf of "noreply@civicplus.com"
<noreply@civicplus.com>
Sent: 13 May 2025 09:05:08 -0500
To: "" <citizencomment@warrentonva.gov>
Subject: Online Form Submittal: Public Comment

[EXTERNAL EMAIL] DO NOT CLICK links or attachments unless you recognize the sender and know the content is safe.

Public Comment

Name	Andrea Dunn
Address	5092 RIDGE VIEW CT
City	Jeffersonton
State	VA
Zip Code	22724
Email Address	[REDACTED]
Phone Number	7038691958
Committee, Board, or Commission Type	Town Council
Agenda Item	WARF
Comment	I know I'm not a town member, but the WARF has been such a positive influence on our lives even in Culpeper. It has been a part of many stages of our lives here. From the daycare center when I was a new mom, to swim lessons for our child and even now my son takes classes with me when school is out. The WARF has allowed my son and his friends have have a safe and inviting environment to grow up in. Please don't lose this treasure!

Email not displaying correctly? [View it in your browser.](#)

From: "Jules Reid" [REDACTED]
Sent: Tue, 13 May 2025 14:30:04 -0400
To: "" <CitizenComment@warrentonva.gov>
Subject: Fwd: Delivery Status Notification (Failure)

You don't often get email from [REDACTED]. [Learn why this is important](#)

----- Forwarded message -----

From: Mail Delivery Subsystem [REDACTED]
Date: Tue, May 13, 2025 at 2:27 PM
Subject: Delivery Status Notification (Failure)
To: [REDACTED]



Address not found

Your message wasn't delivered to **CitizenComment@warrenton.gov** because the domain warrenton.gov couldn't be found. Check for typos or unnecessary spaces and try again.

[LEARN MORE](#)

The response was:

DNS Error: DNS type 'mx' lookup of warrenton.gov responded with code NXDOMAIN
Domain name not found: warrenton.gov For more information, go to
<https://support.google.com/mail/?p=BadRcptDomain>

----- Forwarded message -----

From: Jules Reid [REDACTED]

To: CitizenComment@warrenton.gov

Cc:

Bcc:

Date: Tue, 13 May 2025 14:27:05 -0400

Subject: Gagnon's Budget Proposal

Hello, my name is Jules Reid. I am a resident of fauquier county and a county employee as well. I'm emailing you today to express opposition to Gagnons proposed town budget. These budget cuts would be detrimental to our local community especially during an affordable housing crisis. Now more than ever these programs including, The fauquier food bank, fauquier free clinic, habitat for humanity and many others should be uplifted and upheld in order to promote wealth within our own communities. If you are having trouble finding funding for the previously stated programs, then consider adjusting the income and housing tax rates for higher earning households of fauquier county! I'm sure they are just as concerned about our wonderful community members at risk my this budget proposal.

Thank you for your time and consideration. I look forward to seeing how my input is regarded.

-Jules Reid

From: [REDACTED]np@icloud.com" on behalf of "dunaginp@icloud.com"
<dunaginp@icloud.com>
Sent: Mon, 19 May 2025 00:56:53 +0000
To: "Chair" <rstewart@warrentonva.gov>; "Vice Chair"
<tlasher@warrentonva.gov>; "Darine Barbour" <dbarbour@warrentonva.gov>;
"James Lawrence" <jlawrence@warrentonva.gov>; "Steve Ainsworth"
<sainsworth@warrentonva.gov>; "The public record:"
<planning@warrentonva.gov>; "citizencomment@warrentonva.gov"
<citizencomment@warrentonva.gov>
Subject: Planning Commission Public Hearing May 20, 2025

[EXTERNAL EMAIL] DO NOT CLICK links or attachments unless you recognize the sender and know the content is safe.

You don't often get email from [REDACTED] [Learn why this is important](#)

Dear Planning Commissioners:

I am writing to urge you to vote to remove, reverse and nullify the data center zoning ordinance and protect Warrenton from data centers.

The citizens of Warrenton spoke back in 2021-2023, expressing our overwhelming disapproval of putting any data centers in Warrenton. Sadly though, the town staff, along with several town council members, violated the trust of the citizens by not listening to their constituents, not honoring FOIA requests or requests for transparency, signing NDAs and holding secretive meetings that resulted in a decision to approve the data center zoning.

Now that we have new town council members who more closely represent the will of the people, it's time to revisit this issue. Your loyalty to the town citizens demands that you provide transparency on every aspect of how this deal was made and how we can reverse any corrupt decisions made over the past several years.

I expect you to listen to the many citizens who will speak out against data centers on Tuesday night. I expect you to put this amendment up for a vote at the town council. Remember that you work for us, the citizens of Warrenton.

Thank you!

Percy Dunagin
Ward 5

From: "Suzan Fultz" [REDACTED]
Sent: Mon, 19 May 2025 08:53:06 -0400
To: "" <citizencomment@warrentonva.gov>,"
<jlawrence@warrentonva.gov>; "" <tlasher@warrentonva.gov>,"
<dbarbour@warrentonva.gov>; "" <rstewart@warrentonva.gov>,"
<sainsworth@warrentonva.gov>; "" <planning@warrentonva.gov>;
"rstewart@warrentonva.gov" <rstewart@warrentonva.gov>;
"citizencomment@warrentonva.gov" <citizencomment@warrentonva.gov>;
"tlasher@warrentonva.gov" <tlasher@warrentonva.gov>
Subject: Comment for May 20 2025 Planning Commission Public Hearing RE:
Zoning Ordinance Text Amendment - ZOTA-25-1 A Text Amendment to Remove Data
Centers as a Permissible Use within the Industrial District.

[EXTERNAL EMAIL] DO NOT CLICK links or attachments unless you recognize the sender and know the content is safe.

Dear Planning Commissioners:

Thank you for your thoughtful deliberation over the removal of data centers as a permissible use within the Industrial District. Before finalizing your vote, please consider the following as comments for the Public Hearing tomorrow evening:

Consider that when the ZOTA was enacted, little was researched and considered about the detriments data center's pose to the quality of life in historic small Towns like Warrenton.

Consider there are no viable locations in Town far removed from residents, for a data center and the required substation and power line infrastructure along with acreage for generators that will be needed to support such an undertaking.

Consider the long years of construction; the permanent power lines; likely light pollution and noise from the data center being squeezed in and among your neighbors; the air and noise pollution from commercial-size diesel generators; the look and feel of a small town hosting data centers that may or may not

directly benefit its residents; the downfalls to tourism and small businesses after the Town has been forever industrialized.

Consider that data centers require substations, and substations become the ‘dots’ that Dominion uses to connect to other substations in other counties via high tension transmission lines. The Town will not have jurisdiction over a substation’s use once built.

On February 14, 2023, Warrenton Town Residents filled the seats in their local High School and spoke their distaste for data centers in their Town, pleading with their Council Members to say “NO” to a data center in Town. Why would a governing official go against the Town’s peoples’ wishes and retain a zoning policy that will invite more of the same?

This past election season, Warrenton Town Residents spoke their distaste for data centers once again by voting-in Council Members who heard their pleas, and promised to safeguard their Town from falling into the blight of data centers.

Here is an opportunity to honor the Town’s people whom you represent. Please VOTE to STRIKE the data center ZOTA, keeping the legacy of rural Fauquier alive to thrive, for generations to come.

Thank you for your time and commitment to your community.

Respectfully,

Suzan Fultz
7020 Beaconsfield Lane
Warrenton, VA 20187

Sent from my iPad

From: "Steven Wojcik" [REDACTED]
Sent: Mon, 19 May 2025 15:29:59 -0400
To: "" <citizencomment@warrentonva.gov>
Subject: Public Comment Re ZOTA-25-1

[EXTERNAL EMAIL] DO NOT CLICK links or attachments unless you recognize the sender and know the content is safe.

You don't often get email from [REDACTED] [Learn why this is important](#)

Dear members of the Planning Commission.

When the Town Council first approved "data centers" as an acceptable use at its August 2021 meeting, I spoke out against it because of the detrimental effect of noise on adjacent residential properties. At a minimum, I requested an exception for properties adjacent to residential areas. The then town manager dismissed my concern as due to outmoded technology. With this dismissal, which was taken at face value by Council members, any discussion opposing the zoning amendment was shut down. With several years behind us, problems of noise still plague "data centers." We also know of their overwhelming, staggering power requirements that dwarf the power needs of others in town. We also know of their polluting backup diesel power sources.

It's time for the Planning Commission and the Town Council to right the wrong that permitted this zoning change in the first place. Vote to remove "data centers" as an acceptable use in the Industrial District. Thank you.

Steve Wojcik
Town Resident
[REDACTED]

From: [REDACTED]
Sent: Tue, 20 May 2025 00:57:49 +0000 (UTC)
To: "Chair" <rstewart@warrentonva.gov>; "Vice Chair" <tlasher@warrentonva.gov>; "Darine Barbour" <dbarbour@warrentonva.gov>; "James Lawrence" <jlawrence@warrentonva.gov>; "Steve Ainsworth" <sainsworth@warrentonva.gov>; "The public record:" <planning@warrentonva.gov>; "citizencomment@warrentonva.gov" <citizencomment@warrentonva.gov>; "dunagin@icloud.com" <dunagin@icloud.com>
Cc: "veronique Dunagin" [REDACTED]
Bcc: "dharris@warrentonva.gov" <dharris@warrentonva.gov>; "csquyres@warrentonva.gov" <csquyres@warrentonva.gov>
Subject: Planning Commission Public Hearing May 20, 2025 - NO Data Centers

Some people who received this message don't often get email from [REDACTED] [Learn why this is important](#)

Dear Planning Commissioners:

I am writing to urge you to vote to REMOVE, REVERSE and NUILLFY the data center zoning ordinance and protect Warrenton from data centers.

So many citizens of Warrenton expressed their overall disapproval of putting ANY data centers in Warrenton but the town staff and several town councils members didn't listen to the citizens and not honoring FOIA requests -- no TRANSPARENCY -- and signed NDAs and held secret meetings where the decision to approve the data center. **SHAME on YOU!!**

We are blessed now to have new town councils members who are for the will of the people and it is time to revisit this issue.

I plan to come to the Tuesday night meeting to stand with all to put this amendment up for a vote.

Remember -- you work for me -- and all tax paying citizens of Warrenton.

Sincerely,

Veronique Dunagin
Ward 5

From: "Kevin Ramundo" [REDACTED]
Sent: Tue, 20 May 2025 08:52:37 -0400
To: "" <rstewart@warrentonva.gov>,"
<tlasher@warrentonva.gov>; "" <dbarbour@warrentonva.gov>,"
<jlawrence@warrentonva.gov>; "" <sainsworth@warrentonva.gov>,"
<planning@warrentonva.gov>; "sainsworth@warrentonva.gov"
<sainsworth@warrentonva.gov>; "rstewart@warrentonva.gov"
<rstewart@warrentonva.gov>; "dbarbour@warrentonva.gov"
<dbarbour@warrentonva.gov>
Cc: "" <citizencomment@warrentonva.gov>
Bcc: "csquyres@warrentonva.gov" <csquyres@warrentonva.gov>;
"dharris@warrentonva.gov" <dharris@warrentonva.gov>
Subject: CFFC Position on ZOTA-25-1
Attachments: Zota-25-1 CFFC Position.docx, ATT00002.bin

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Some people who received this message don't often get email from [REDACTED] [Learn why this is important](#)

Dear Planning Commissioners:

Please see the attached CFFC position that we hope you will consider in your deliberations today.

Respectfully Submitted,

Kevin Ramundo
President, Citizens for Fauquier County.

From: "L" [REDACTED]
Sent: Tue, 20 May 2025 19:22:29 +0000 (UTC)
To: "citizencomment@warrentonva.gov"
<citizencomment@warrentonva.gov>
Subject: Data Centers Zoning - Planning Commission Mtg for 5/20/25

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You don't often get email from [REDACTED] [Learn why this is important](#)

My citizen comments for tonight's meeting which I cannot personally attend.
Comments: Please do all you can to correct the zoning laws for the Town of Warrenton to NOT ALLOW DATA CENTERS in the town limits and a reasonable perimeter of the town limits.

Lillian H Read
(Leeds Square Condo Cmty in town off Lee Street)
224 Fairfield Drive,
Warrenton 20186
town resident since February 1987
Fauquier County resident since March 1973

I am a realistic regarding the world we live in. I understand that Data Centers are a necessary part of our world and technology; however, because we are such a small town, I don't think all the negative impacts to the environment and necessary additional power lines, etc. needed for these Data Centers are safe or appropriate for now and the future of the Town of Warrenton. Over recent years, I attended a number of the public hearings for the Data Center proposed for Warrenton and voted against it. I am am hopefully it will still not come to fruition for the current location.

Thank you Town Council members and Town Planning Commission for serving our town.

From: "noreply@civicplus.com" on behalf of "noreply@civicplus.com"
<noreply@civicplus.com>
Sent: 26 May 2025 07:57:23 -0500
To: "" <citizencomment@warrentonva.gov>
Subject: Online Form Submittal: Public Comment

Public Comment

Name	Ellen Phipps, Aging Together
Address	98 Alexandria Pike
City	Warrenton
State	VA
Zip Code	<i>Field not completed.</i>
Email Address	
Phone Number	4342271105
Committee, Board, or Commission Type	Town Council
Agenda Item	Budget
Comment	There are well over 2000 people over the age of 60 living in Warrenton, and this number is expected to triple by 2050 Aging Together helps people to age in place for as long as possible – over the years Aging Together has helped to create and sustain the following programs that serve older adults in Warrenton: • Volunteer driver program • Regional Transportation Coalition • Regional Resource Guide for Older Adults – 5000 copies printed this year. • Adult Day Intergenerational Center • First Responder/Law Enforcement Training for Dementia • The Art of Aging Expo • 5 Over 50 Event • Raising Aware and Proving for Support for families dealing with dementia – including the Annual Dementia Care Conference and, the Dementia Friendly initiative

- Educational programs
- Veterans Benefits Summit

The third edition of the Regional Resource Guide has recently been published and distributed

Aging Together, works with partner organizations such as TRIAD to protect older adults from fraud and scams

Aging Together has convened partners to address Social Isolation and developed a task force – the group is exploring intergenerational programs through the school system.

Aging Together has recently relocated our office from Culpeper to Warrenton – with other nonprofits to provide a “one stop shopping” for older adults. (Located with Vol Tran; Heros Bridge; Arc, and others)

Aging Together relies on funding from our localities to support older adults in our communities. The small staff works to ensure gaps in services are met and that older adults receive the support they need to age in place.

Without funding, Aging Together would not be able to provide these programs and services.

Thank you for your consideration of keeping level funding to Aging Together.

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From: "noreply@civicplus.com" on behalf of "noreply@civicplus.com"
<noreply@civicplus.com>
Sent: 27 May 2025 15:23:14 -0500
To: "" <citizencomment@warrentonva.gov>
Subject: Online Form Submittal: Public Comment

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Public Comment

Name	Jennifer G. Morrison
Address	169 Broadview Avenue
City	Warrenton
State	VA
Zip Code	20186
Email Address	[REDACTED]
Phone Number	5403475922
Committee, Board, or Commission Type	Town Council
Agenda Item	Reducing funding for local non-profits
Comment	I am the Executive Director for Community Support of the Piedmont formally known as Hospice Support of Fauquier County. We understand that you need to make some hard decisions over the next several weeks about the budget. We are one of the non-profits that you provide funding for. The funding we receive is \$4,250 from the Town of Warrenton. Over the last several years we have been working to make sure that the community knows that we provide services to all people in need, not just hospice patients. We changed our name to Community Support of the Piedmont to reflect the area and people we serve. We collect, sort, and store donated durable medical equipment and incontinent supplies to give out

to those in need. We are open Monday through Friday from 10am to 3pm.

Approximately, 45% of the people we serve reside in the Town of Warrenton.

Our budget in 2022 was \$127,067 and in 2025 it is \$125,075. (We did add \$17,000 in a grant from the Loeb Foundation for 2025 to allow us to purchase equipment and incontinent supplies only.) Our funding from PATH has been reduced the last several years and financial donations have decreased as well.

The request for services continues to increase. We have seen an increase of 8% over January to April of 2024 so far for 2025. In 2024, we assisted 37% more people than in 2023. We estimate that the value of the items given out last year was approximately \$225,000. We served 1802 people by loaning them 2294 pieces of durable medical equipment and we gave out 3587 incontinent, wound care, and nutritional items. We received donations from 767 people that included 1650 pieces of equipment and 3057 incontinent/miscellaneous items. We received 878 pieces of equipment from 512 people that returned items they had borrowed in the past. We have purchased a shed this year so we can store more items.

As the cost of items continue to increase more people are coming to us for help. The elderly population we serve continues to increase and often they are taking care of another elderly person without any family support. We are vital service to the community. Most of our clients are referred by health care providers and neighbors. We would appreciate your consideration of what the loss of funding would mean to us. We appreciate all of the support we have received from the Town and would be grateful for any further financial support.

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From: "Jim Jelinek" [REDACTED]
Sent: Thu, 29 May 2025 16:16:37 -0400
To: "" <mohalloran@warrentonva.gov>,"
<lkovalik@warrentonva.gov>; "" <rfrancis@warrentonva.gov>,"
<pmooney@warrentonva.gov>; "" <cnevill@warrentonva.gov>,"
<wsemples@warrentonva.gov>; "" <dmcguire@warrentonva.gov>,"
<egagnon@warrentonva.gov>; "" <bhamby@warrentonva.gov>,"
<jhartman@warrentonva.gov>; "" <ike.broadus@fauquiercounty.gov>,"
<rick.gerhardt@fauquiercounty.gov>; "" <regan.washer@fauquiercounty.gov>,"
<daron.culbertson@fauquiercounty.gov>; "" <kevin.carter@fauquiercounty.gov>,"
<citizencomment@warrentonva.gov>; "cnevill@warrentonva.gov"
<cnevill@warrentonva.gov>; "bhamby@warrentonva.gov"
<bhamby@warrentonva.gov>; "hsutphin@warrentonva.gov"
<hsutphin@warrentonva.gov>; "kevin.carter@fauquiercounty.gov"
<kevin.carter@fauquiercounty.gov>; "dmcguire@warrentonva.gov"
<dmcguire@warrentonva.gov>; "ike.broadus@fauquiercounty.gov"
<ike.broadus@fauquiercounty.gov>; "regan.washer@fauquiercounty.gov"
<regan.washer@fauquiercounty.gov>; "mohalloran@warrentonva.gov"
<mohalloran@warrentonva.gov>; "rfrancis@warrentonva.gov"
<rfrancis@warrentonva.gov>
Subject: Warrenton Town Council tax increase
Attachments: 29 May 2025-1.docx, 30 April 2025 .docx, American Households Financial Stress.PDF

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[You don't often get email from jimjelin@verizon.net. Learn why this is important at <https://aka.ms/LearnAboutSenderIdentification>]

>

From: "Stephen Clough" <sclough@warrentonva.gov>
Sent: Fri, 30 May 2025 16:04:10 +0000
To: "Carter Nevill" <cnevill@warrentonva.gov>
Cc: "citizencomment" <citizencomment@warrentonva.gov>
Bcc: "fcassidy@warrentonva.gov" <fcassidy@warrentonva.gov>;
"wsemples@warrentonva.gov" <wsemples@warrentonva.gov>;
"lkovalik@warrentonva.gov" <lkovalik@warrentonva.gov>;
"pmooney@warrentonva.gov" <pmooney@warrentonva.gov>;
"dmccuire@warrentonva.gov" <dmccuire@warrentonva.gov>;
"egagnon@warrentonva.gov" <egagnon@warrentonva.gov>;
"mohalloran@warrentonva.gov" <mohalloran@warrentonva.gov>;
"rfrancis@warrentonva.gov" <rfrancis@warrentonva.gov>
Subject: FW: Letter for Town Council
Attachments: Town Council Contribution Letter FY2026.docx

Mr. Mayor and Members of the Town Council.

Habitat has asked me to forward this message on to the Council for inclusion of the record for the Next meeting.

Thank you.

Town Council is bcc on this email.

Stephen Clough, CMC

Town Clerk, FOIA Officer
Department of the Town Clerk



21 Main Street
Warrenton, VA 20186
O:(540) 347-1101 x(124)
M: (540) 714-9270
warrentonva.gov

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From: Katie Heritage [REDACTED]
Sent: Friday, May 30, 2025 11:38 AM

To: Stephen Clough <sclough@warrentonva.gov>
Subject: Letter for Town Council

[EXTERNAL EMAIL] DO NOT CLICK links or attachments unless you recognize the sender and know the content is safe.

Good morning, Stephen. I hope you are doing well. Here is a letter from our CEO for the Town Council Members. Thanks and have a nice weekend, Katie.

Catherine M. “Katie” Heritage, JD, MPA, CAPM

Chief Strategy Officer

Fauquier Habitat for Humanity

98 Alexandria Pike, Suite 43 | Warrenton, VA 20186

Office: 540-341-4952 x102 | Cell: 703-244-6521



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[f /FauquierHabitat](#)

[@FauquierHabitat](#)

[@FauquierHabitatReStore](#)

We've partnered with **FreeWill** to create your will for free and support Fauquier Habitat for generations to come. [Get started today!](#)

From: "noreply@civicplus.com" on behalf of "noreply@civicplus.com"
<noreply@civicplus.com>
Sent: 30 May 2025 19:40:41 -0500
To: "" <citizencomment@warrentonva.gov>
Subject: Online Form Submittal: Public Comment

[EXTERNAL EMAIL] DO NOT CLICK links or attachments unless you recognize the sender and know the content is safe.

Public Comment

Name	Anthony Martin
Address	146 haiti street
City	Warrenton
State	VA
Zip Code	20186
Email Address	[REDACTED]
Phone Number	5408786592
Committee, Board, or Commission Type	Planning Commission
Agenda Item	Parking Spaces on Haiti
Comment	Hello I've noticed that Habitat for Humanity are going to get rid more paking spots on the bottom half of Haiti when they already knew there was a parking situation for example two of there new houses have a garage built in to the building but they are right in front of two parking spots that are currently there but then you have to be so far from the driveway so that will take another parking spot so that minus three public parking spots for the street and the ones without driveways I wanted to know if they could put the parking in the back like it was originally was or connect the driveways too the hill because that already has a entrance for it and wouldn't take parking spots away

please contact me at 5408786592 or



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Draft

From: "Jim Jelinek" [REDACTED]
Sent: Thu, 5 Jun 2025 17:56:14 -0400
To: "" <mohalloran@warrentonva.gov>,"
<lkovalik@warrentonva.gov>; "" <rfrancis@warrentonva.gov>,"
<pmooney@warrentonva.gov>; "" <cnevill@warrentonva.gov>,"
<wsemple@warrentonva.gov>; "" <dmcguire@warrentonva.gov>,"
<egagnon@warrentonva.gov>; "" <bhamby@warrentonva.gov>,"
<jhartman@warrentonva.gov>; "" <ike.broadus@fauquiercounty.gov>,"
<rick.gerhardt@fauquiercounty.gov>; "" <regan.washer@fauquiercounty.gov>,"
<daron.culbertson@fauquiercounty.gov>; "" <kevin.carter@fauquiercounty.gov>,"
<citizencomment@warrentonva.gov>; "cnevill@warrentonva.gov"
<cnevill@warrentonva.gov>; "bhamby@warrentonva.gov"
<bhamby@warrentonva.gov>; "hsutphin@warrentonva.gov"
<hsutphin@warrentonva.gov>; "kevin.carter@fauquiercounty.gov"
<kevin.carter@fauquiercounty.gov>; "dmcguire@warrentonva.gov"
<dmcguire@warrentonva.gov>; "ike.broadus@fauquiercounty.gov"
<ike.broadus@fauquiercounty.gov>; "regan.washer@fauquiercounty.gov"
<regan.washer@fauquiercounty.gov>; "mohalloran@warrentonva.gov"
<mohalloran@warrentonva.gov>; "rfrancis@warrentonva.gov"
<rfrancis@warrentonva.gov>
Subject: Re: Warrenton Town Council tax increase

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<https://theeconomiccollapseblog.com/10-signs-of-the-tremendous-economic-suffering-that-is-quickly-spreading-all-around-us/>

And you want to raise our taxes???!!!

On 5/29/2025 4:16 PM, Jim Jelinek wrote:

>
>>

From: "Jim Jelinek" [REDACTED]
Sent: Sun, 8 Jun 2025 20:28:49 -0400
To: "" <mohalloran@warrentonva.gov>,"
<lkovalik@warrentonva.gov>; "" <rfrancis@warrentonva.gov>,"
<pmooney@warrentonva.gov>; "" <cnevill@warrentonva.gov>,"
<wsemple@warrentonva.gov>; "" <dmcguire@warrentonva.gov>,"
<egagnon@warrentonva.gov>; "" <bhamby@warrentonva.gov>,"
<jhartman@warrentonva.gov>; "" <ike.broaddus@fauquiercounty.gov>,"
<rick.gerhardt@fauquiercounty.gov>; "" <regan.washer@fauquiercounty.gov>,"
<daron.culbertson@fauquiercounty.gov>; "" <kevin.carter@fauquiercounty.gov>,"
<citizencomment@warrentonva.gov>; "cnevill@warrentonva.gov"
<cnevill@warrentonva.gov>; "bhamby@warrentonva.gov"
<bhamby@warrentonva.gov>; "hsutphin@warrentonva.gov"
<hsutphin@warrentonva.gov>; "kevin.carter@fauquiercounty.gov"
<kevin.carter@fauquiercounty.gov>; "dmcguire@warrentonva.gov"
<dmcguire@warrentonva.gov>; "ike.broaddus@fauquiercounty.gov"
<ike.broaddus@fauquiercounty.gov>; "regan.washer@fauquiercounty.gov"
<regan.washer@fauquiercounty.gov>; "mohalloran@warrentonva.gov"
<mohalloran@warrentonva.gov>; "rfrancis@warrentonva.gov"
<rfrancis@warrentonva.gov>
Cc: "" [REDACTED]
Subject: Re: Warrenton Town Council tax increase

"Business Friendly In An Agricultural Environment" That's what the Fauquier county signs use to say. I didn't believe it then and still don't. There was a gentleman who spoke at the May town council meeting about how Warrenton doesn't have any good restaurants. Is this an example below of what he was trying to say? Why is this happening. Sure isn't business friendly



An update to our customers

To our dear guests,

It's with a heavy heart that we share some important news. Despite our best efforts, our ABC license has not been approved. As a small, independent business built around the idea of gathering with food and wine, this outcome has deeply affected our ability to operate in the way we originally envisioned.

We will continue to honor all reservations through the end of June. If you've booked a table with us, we look forward to welcoming you and sharing Luella's experience.

After June, we will transition to a chef-prepared, to-go-only format. This pivot allows us to keep cooking the food we love—seasonal, local, and thoughtfully made—while adapting to the realities of our situation.

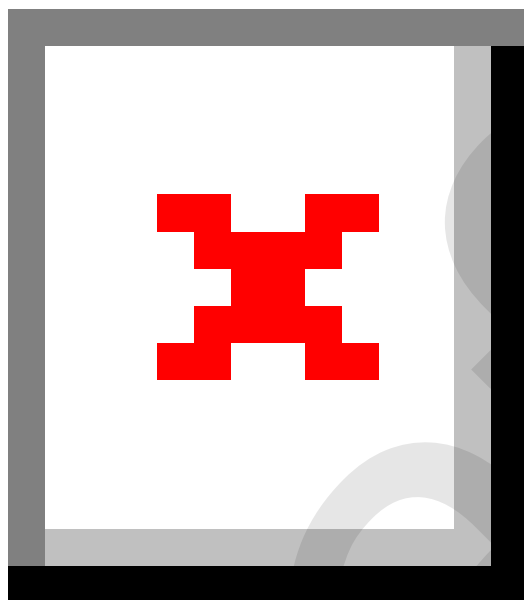
We are disappointed, but not defeated. Your continued support means everything to us, and we hope you'll stay with us on this new path. Please see our to go menu below.

With deep gratitude,

Stephen & the Luella's Team

We're here for you!

Have a question or concern? Call or email us.



12 Culpeper Street
Warrenton, Virginia
United States



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From: "Suzan Fultz" [REDACTED]
Sent: Mon, 9 Jun 2025 15:03:34 -0400
To: "" <pmooney@warrentonva.gov>,"
<rfrancis@warrentonva.gov>; "" <wsemples@warrentonva.gov>,"
<dmcguire@warrentonva.gov>; "" <lkovalik@warrentonva.gov>,"
<mohalloran@warrentonva.gov>; "" <egagnon@warrentonva.gov>,"
<citizencomment@warrentonva.gov>; "wsemples@warrentonva.gov"
<wsemples@warrentonva.gov>; "lkovalik@warrentonva.gov"
<lkovalik@warrentonva.gov>; "pmooney@warrentonva.gov"
<pmooney@warrentonva.gov>; "egagnon@warrentonva.gov"
<egagnon@warrentonva.gov>
Subject: Citizen Comment Re: Zoning Ordinance Text Amendment -
ZOTA-25-1 - A Text Amendment to Remove Data Centers as a Permissible Use
within the Industrial District

Some people who received this message don't often get email from suzan.fultz@gmail.com. [Learn why this is important](#)

Dear Council Members:

During tomorrow's worksession deliberation on item " **B. Zoning Ordinance Text Amendment - ZOTA-25-1 - A Text Amendment to Remove Data Centers as a Permissible Use within the Industrial District**", I respectfully offer the items below for your thoughtful consideration. While several of these points I shared with the Planning Commission last month, the items beginning in bold are additional thoughts I hope you will also consider with earnest.

- **Consider** the Town's responsibility to implement its Comprehensive Plan adopted April 13, 2021, four months prior to the adoption of the data center ZOTA on August 10, 2021. Plan Warrenton 2040 did not make mention of data centers as a viable economic development option in either its industrial districts, or anywhere within the Town's 4.5 mile radius.

- **Consider** Staff's May 20, 2025 presentation to the Planning Commission in which they identify Warrenton's industrial zoning districts as being "light industrial", i.e.: zones that do not allow uses with "...a lot of pollution, a lot of air pollution, a lot of light, a lot of noise." As we have learned in the past several years, data centers dropped into communities carry with them the risk of violating this "light industrial" zoning intent, especially with the threat of non-emergency, longer-term data center mega-generator use, as a result of the increasing strain on Virginia's power grid.

- **Consider** that in the May 20, 2025 presentation to the Planning Commission, the Town's Zoning Administrator pointed out "...the zoning ordinance does have criteria for the Planning Commission and Town Council to consider when looking at a text amendment..." - the first

being "...whether the proposed text amendment is consistent with the comprehensive plan, and second, whether the proposed text amendment is consistent with the intent and purpose of the zoning ordinance". Held in examination under this guiding light, the two points above demonstrate that the 2021 data center text amendment fails to meet these criteria.

- **Consider** this Rappohannock-Rapidan Regional Commission's closing description of the Town of Warrenton on their website under "Our Localities". And as such, consider that good government of a County seat inherently carries with it a responsibility to weigh deeply the impact of its decisions on the County as a whole. Governing in isolation, as on an island, is akin to forging a future while wearing blinders.

"Today, the Town continues to serve as the County seat of Fauquier County government, and as the social, economic and cultural center of the County as well. The Town continues to experience the steady population and job growth that has been occurring during of the latter decades of the 20th century, yet it retains a true "small town" character, with pleasant neighborhoods, diverse shopping opportunities, a vibrant main street and excellent parks and other public facilities."

- Consider that when the ZOTA was enacted in 2021, little was researched and considered about the detriments data centers pose to the quality of life in historic small Towns like Warrenton.

- Consider there are no viable locations in Town far removed from residents, for a data center and the required substation and power line infrastructure along with acreage for generators that will be needed to support such an undertaking.

- Consider the long years of construction; the permanent power lines; likely light pollution and noise from the data center being squeezed in and among your neighbors; the air and noise pollution from commercial-size diesel generators; the look and feel of a small town hosting data centers that may or may not directly benefit its residents; the downfalls to tourism and small businesses after the Town has been forever industrialized.

- Consider that data centers require substations, and substations become the 'dots' that Dominion uses to connect to other substations in other counties via high tension transmission lines. The Town will not have jurisdiction over a substation's use once built.

- On February 14, 2023, Warrenton Town Residents filled the seats in their local High School and spoke their distaste for data centers in their Town, pleading with their Council Members to say "NO" to a data center in Town. Why would a governing official go against the Town's peoples' wishes and retain a zoning policy that will invite more of the same?

- This past election season, Warrenton Town Residents spoke their distaste for data centers once again by voting-in Council Members who heard their pleas, and promised to safeguard their Town from falling into the blight of data centers.

- Here is an opportunity to honor the Town's people whom you represent. Please VOTE to STRIKE the 2021 data center ZOTA, keeping the legacy of rural Fauquier alive to thrive, for generations to come.

Thank you for your time and commitment to our shared community.

Respectfully,

Suzan Fultz
7020 Beaconsfield Lane
Warrenton, VA 20187

Sent from my iPad

29 May 2025

I wrote to the Town of Warrenton board of supervisors on 30 April 2025, shortly after the related article in the “Fauquier Now” publication, from 27 April 2025. I’m including a copy of it here in case you didn’t read it. After the follow up article on the budget in the “Fauquier Times” on 6 May 2025, I decided to attend the town council meeting on 13 May 2025. Based on what I read in the second article, it appears that, in response from possible citizen feedback, you decided to re think taxes and cuts in services, I agree with some of the cuts but am in total disagreement with any tax increases.

The main and necessary purpose of the government is to protect the citizens. Anything else is expendable. Serve the public instead of punishing them and placing undue burdens on them. 70% of Americans are financially stressed and don’t need the additional burden of higher taxes. See financial stress attachment. I was very disappointed to watch the board increase the real estate tax at the meeting. That was irresponsible. You were throwing a range of increase around willy-nilly without a true well thought plan with hard data. It was based on feelings and not cold hard facts. You essentially voted the government a pay raise, equivalent to a household getting an increase in salary, except, in this case, the household did not get a pay increase. The household just had additional burden placed on it. You should not do this. You need to operate the same as a household operates. If you don’t have the money, you don’t get to spend it. A household that makes a poor financial decision suffers the consequences of that decision, and cannot confiscate money from somewhere else, by raising taxes, when poor financial decisions are made. The citizens are not your ATM to take out money any time you want. The town employees have some nice benefits as it is. Some more than what the private sector has. Just like our federal government, there is waste at our town and local level.

You are suppose to be good stewards of our tax dollars, not to make irresponsible errors in that job. When you are throwing numbers or percentages around, it implies that you don’t have a cold hard grasp of the true cost. Therefore, nothing should be done until you fully and accurately understand all the details and ramifications. This is irresponsible when it comes to our confiscated tax dollars. If you are relying on data from someone else to help with your decision, you need to fully verify and understand that data. (trust but verify) You won’t have any price to pay for a bad decision on this, but the tax paying citizens will. This is evil. There is no valid reason to have a surplus which would just be sitting there to be misappropriated.

A comment was made that “we haven’t raised taxes in eight years”, to which I say, “so what”? However, tax revenues have increased over the last eight years. I’ll bet there is a lot of waste and misappropriation of our tax dollars. There is fat in the number of town employees. I was told by a former town council member that Brandie Schaeffer, mushroomed the number of town employees as well as other projects. We need to back up on that and trim the fat. If you

say there is not any fat then you have not looked close enough. Get rid of the fat and poor performing employees, then you can afford to pay the real performers more. At least that's how we do it in the private sector where we can't steal money to make how we feel should happen. Our local school system has a ton of fat and waste, primarily in the administration. There is operational fat as well. Look at the salary and perks they get. Not only do you need to get rid of the majority of the superintendent staff, none of them should be making any more than the teachers who are definitely underpaid. With all of the new housing coming into town, there will be a lot of new real estate tax revenue and thus no reason to increase tax rates. I was very disappointed at the meeting when I spoke and the town manager was not listening to me. I was addressing employee issues he had brought up earlier. It was obvious that the majority of the board has contempt for my views. However, there are plenty of other residents who feel the way I do about this. Have you actually sat down with each town employee and honestly evaluated their job description and their true performance? Have you had them write down what exactly it is that they do? Then verify it and its quality. The government needs to be lean and keep the really good employees with high standards and let the substandard go. It's irresponsible to increase pay by 3%. I see it as buying the favor from the employees. That is borderline tyrannical. Here's the definition:

Cevkpu'vcmgp'd {"ur geknlpwtguw"vj cv'wpf gto kpg"vj g"eqo o qp"i qqf "cpf" kptkpi g"wr qp"vj g"tki j wu"qh"qvj gtu"ecp"dg"uggp"cu"e"hqto "qh"v{tcpp {0Yj kg"vj g" vcf kkpncnf gdpkqp"qh"v{tcpp {"hewugu"qp"twg"d {"c"ulpi ng"lpf klf wcnqt"e" uo cmf tqwr .vj g"eqpegr v'ecp"dg"gzvgpf gf "vq"gpqo r cuu"ukwcvkpu'y j gtg" r qy gthwfi tqwr u"wug"vj gk"lpwpgg"vq"gzgtv'eqpvtqncpf "uwr r tguu"vj g"lpwtguw" qh"vj g"dtqcf gt'r qr wcvkp0

Qwt'hqwpf lpi "hvj gtu'y ctpgf "wu"cdqwwi qxgtpo gpv'xqvpki "lp"dgpgd'wu"hqt"ksugnd0

Ask any business owner about their problems finding good employees. You cannot just throw money at pay rates and expect to get good results. You just end up with highly paid incompetence. It takes hard work to find and evaluate good employees.

I think the WARF facility should be sold, instead of putting that mistake of the government burden on the tax payers. Or try to find wealthy donors to pay for it and offer the building to be named after themselves.

I'd like to see a provision passed that all tax changes must be brought to a vote by the citizens who will ultimately decide whether or not it should be implemented. The burden will then be placed where it needs to be, back on you to educate the citizens on the facts before they place a vote.

Here are a few quotes for you:

Government: If you think the problems we create are bad, just wait until you see our solution.

Chuck Coppes

Every government degenerates when trusted to the rulers of the people alone. The people themselves are the one safe depository. Thomas Jefferson

It is possible to have ethical leaders if they are truly honest.

Jim Jelinek

30 Apr 2025

I was shown the article below(link) by one of my coworkers. She found it on "Fauquier Now". I wouldn't have known about it otherwise. I'm trying to make ends meet just like most others in the county and don't have time to check your website for government happenings in the town and county. I would like to see emailed notices of all governmental meetings so I don't have to dig through a government website. This is a widely held belief. You have all of our email addresses, so this shouldn't be that difficult. We believe there should be no closed door sessions and your meetings should be open to the public for total transparency. Also, any proposed taxes and tax increases should be voted on and either approve or disapproved solely by the local tax paying citizens. And paper ballots please, not counted by a machine. Please give us a good reason for closed doors.

Have you read this article and did you read the 2 comments at the end:

https://www.fauquiernow.com/news/warrenton-town-council-continues-to-debate-tax-increases-financial-strain-from-warf/article_cc28b573-fcb2-4eef-b29d-d74afbeb6370.html

I am going to make some comments and observation related to this article. It is known that when one person writes to their politicians, it represents the sentiment of thousands more who do not write in. I use to own a dental practice, in Warrenton, since 1988, and sold it in January of 2024.

In the article above it was stated "the goal was to prepare residents for likely future tax increases." Instead of doing this, we should prepare government employees for cut backs.

And another quote: "Employees here go above and beyond with everything that they do. Warrenton and Fauquier County have never been at the same level of the employees that the rest of Northern Virginia has, and the cost of living is just offsetting. I cannot at all look at lowering it to 2%," she added, referencing her experience as a former Fauquier County employee. "Even with the COLA and merit increases, we're still going to be below, we're not going to be equal [to neighboring areas]."

You have a whole county and town of citizens who are struggling to make ends meet and you still want to raise their taxes? When I owned the dental practice the county switched from Delta Dental Insurance, which is substandard, to Anthem, which was a very good plan with lower out of pocket expenses for your employees. After a year or two the county switched back to the substandard Delta insurance. I had a patient who worked in the county who has since retired and moved out of state who told us that the difference in premiums between the two

different policies was negligible. So if your concerned about COLA, why not a better perk of a quality dental insurance. Delta is so bad that we quit participating with them over 5 years ago. Delta did not contribute to a sustainable business model. If you're paying attention, there are other practices in Warrenton that are dropping participation with Delta Dental as well. We had a number of patients who had left our practice when we dropped Delta Dental and then came back for a second opinion from another practice, who had been diagnosed for a lot of treatment which we deemed as unnecessary or nonexistent. Unnecessary diagnosis is a way participating practices can increase production from a substandard insurance. They send their lab work to China, which is inferior quality, and low cost to increase their profit. This is not across the board, but it does go on.

WARF concerns

Simple turned the discussion to the WARF, the town-owned facility built in 2007, which he described as "an extraordinary, valuable asset of the town," but one that has contributed to financial strain.

How is the WARF a valuable asset if it "contributes to financial strain"? Who thought the WARF through to begin with, and what was the business plan for viability? There was talk about "outside sources". How does a struggling, tax paying, family go about getting "outside sources"?

Who is the Davenport Company? What kind of sound guidance are they giving and how much are we paying them? What is their track record?

When the hard working citizens make a financial decision, it is usually thought out well, and within their budget, and if it isn't, and it fails, then there is no one to blame except themselves, and they shoulder the burden of that decision themselves, unlike when government screws up, then just raise our taxes and the deciding party suffers no consequences. The boondoggle WARF is an example of this as well as the clock tower on the courthouse. It would be interesting to follow the money on that and many other expenditures.

I put the "Fauquier Now" article, above, out to a lot of people on my email list. One comment was that our local government probably has the same bloat as we are finding in the federal government. I think it's time to investigate that and get rid of waste.

Why are we spending money on fireworks at the WARF on 4 July? How much do those fireworks cost? How much do the logistics cost to put on that show?

Why are we paying tax dollars to have high school graduations at Jiffy Lube when they could be held at their respective home high schools?

Why was a local resident refused his financial help with the Astro Turf at our high schools?

Why are we repaving roads with the present frequency when they could be patched to buy an extra year or two?

What is the cost of the town bus service and what is it's effectiveness?

Is there control of thermostats and electricity in government buildings after hours?

I'm sure one could find a lot of waste.

I am aware that a big chunk of our tax dollars goes to education. I have two grown sons who were never in the public school system and yet we were taxed for that and still am. I believe that if one doesn't place the burden of their own children in the public system, they should be exempt of that portion of taxes. Here is a link to a 5 minute video concerning our education system. It's titled "the Business of Education":

<https://www.foxnews.com/video/6274513802001#sp=show-clips>

This DOES go on in our county. Dr. Jeck was just one small element of the problem, who should have been fired right off the bat instead of being placated. If you want to save tax dollars, get rid of the majority of the fat administration. And pay the teachers more. I talk to teachers all of the time and their hands are tied with the BS that comes down from incompetent administrators. The teachers know best how to educate their students, not an incompetent paper pusher trying to justify their position with incompetent directions. Administrators should get the same pay as teachers and absolutely not have any perks that teachers don't have such as a government car and other paid expenses. Our teaches have a hard job, harder than the administrators. One teacher recently told me that she spends a lot of time training kids to take the standardized tests when she could be spending that time actually teaching them something useful. On top of this, they never know how they scored. Is it any wonder that the U.S. ranks 40 out of 40 developed countries in education? We use to be first, and on a much smaller budget, and without the administrative bloat.

I'm sure it's obvious that I'm venting here. But it is founded, I'm having a very difficult time seeing the value of what my wife and I are getting for our tax dollars. We pay real estate tax on our Fauquier County home and Warrenton office building of at least \$20,000 per year. And over \$3,000 annually of personal property tax for vehicles that we already paid state tax on. We really don't own our vehicles or home or office building, because if we don't pay our taxes, they would be confiscated from us just like our tax money. Maybe that's your plan? The new owner of the dental practice has to pay approximately \$9,000 for a business license, which I have a very hard time seeing the value here.

We live on Elmores Lane. The road is private, owned by the Elmores Family. We have an easement to get to our property on that road. We are the first house you come to. Ed Moore bought property passed us, and subdivided it, against the advice of a Mr. Norris with VDOT. Mr.

Norris was concerned about the egress and ingress on Dumfries Road with the number of lots. I don't know how he came up with some of the smaller lot sizes, but Ed Moore ended up with seven lots. That resulted in a lot of construction traffic which tore up the road. We have some really serious potholes. Ed said he was going to repave the road once all construction was completed. That never happened. And with all of the tax dollars we pay, the county won't touch the road, while I saw all of the local subdivisions getting repaved last year. Yes, I know, that's the county and not the town, but I have to vent.

Why the push to increase the taxes when you have just annexed 240 acres by Home Depot and the new large subdivision just off of Falmouth Street? Those will surely generate a whole lot of real estate tax revenue and make it unnecessary to raise our current tax rates. You should not be spending like drunken sailors. You need to act as if you are an ordinary household that can't go out willy nilly spending money. You need to be responsible stewards of our hard earned money. You should control your spending. You should be cutting our rates and giving us refunds. Cut out non vital services and expenses.

We live in the county and just got our real estate tax. There is an itemized tax on it for "storm water management". I was told that the state mandates that. I googled "does the state of virginia mandate a tax for storm water management". The answer came back as this:

"While the state of Virginia doesn't mandate a statewide tax for stormwater management, it does authorize localities to implement stormwater utility fees or other service charges to fund their local programs. These fees are designed to distribute the cost of stormwater management services among property owners based on their contribution to stormwater runoff. "

I have a friend who has rental houses in the town of Warrenton, and he questioned the storm water management fee, and got a run around and never got his questions answered. This is big lack of transparency. Who's working for who here? The individual builders are responsible for the storm water plan, and implementation of that plan on site. There is hardly any burden on the locality, so why the tax? The government employee role in this should be part of their job description. What is the flow of that tax revenue? This is a question my friend was unable to get an answer to.

Did the citizens get to vote for the home rehabilitation on Haiti Street? How much is that costing? Is the illicit drug activity now completely gone from there? Is there a work program for individuals who get "free" housing in the town or county to be able to "give back"?

I appealed the assessment on my house last go around and told the assessor that I didn't think I got the value out of my tax dollars that I should have with the schools being closed down for

covid. He told me "this locality is so awash in cash that they should not be taxing any of us". This leads me to post this link on how tax payers are being manipulated to pay more taxes:

https://www.youtube.com/watch?v=1pRPBKJQnyU&list=UUkIG6ilxW_PeYeDSpKSRGZQ&index=3

In the process of finding all of your email addresses, I came across this:

People also ask

Is it expensive to live in Warrenton, VA?

Warrenton is ranked 20 out of 273 cities across the US in terms of cost of living. The cost of living in Warrenton is 123.1% of the national average.

Jim Jelinek

what % of households are under financial stress



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A significant portion of households are experiencing financial stress. Surveys indicate that a large percentage of Americans are anxious about their finances, with many reporting difficulties in paying bills and managing debt. One study found that 77% of Americans feel anxious about their finances. Another survey revealed that 70% of Americans are feeling financially stressed. ⓘ

Elaboration:**Financial Anxiety:**

A recent survey revealed that 77% of Americans feel anxious about their finances. ⓘ

Difficulty Paying Bills:

LendingTree's report indicates that more than a third of American households (36.4%) reported having somewhat or very difficult times paying their usual household expenses in April 2024. ⓘ

Debt Concerns:

A CNN survey suggests that 76% of households live paycheck-to-paycheck, and credit card debt is growing. ⓘ

Impact of Inflation:

A CNBC survey found that 60% of respondents cited inflation as a main contributor to their financial stress. ⓘ

Economic Instability:

43% of respondents in the same CNBC survey cited economic instability as a contributor to their financial stress. ⓘ

Money-Related Stress - Duke Personal Assistance Service

According to a recent CNN survey, 71% of Americans identify money as a significant cause of stress in their lives. Further, 76% of...



Duke Personal Assistance Service

70% of Americans feel financially stressed, new CNBC survey finds

Apr 11, 2023

CNBC



2024 Household Financial Insecurity Report | LendingTree

Jul 8, 2024 — More than 1 in 3 American households are financially insecure in 2024. 36.4% of households reported in April that they ...

LendingTree



AI responses may include mistakes.

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Stress related to economic change is normal. A recent survey conducted by the American Psychological Association indicates that as many as 8 out of 10 Americans are stressed because of money concerns. In addition: 50% are stressed about their ability to provide for their family's basic needs.

Duke University
<https://pas.duke.edu> > ... > Emotional > Stress

Money-Related Stress - Duke Personal Assistance Service

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People also ask

What percentage of families struggle financially?

Are 77% of Americans anxious about their financial situation?

Is financial anxiety a thing?

What is the financial condition of the average American household?

May 30, 2025

Town of Warrenton Council Members
21 Main Street
Warrenton, Virginia 20186

Dear Council Members:

As the Warrenton Town Council contemplates a series of cuts to local non-profits, I feel it imperative to remind the Council and the community of the significant benefits that non-profits offer to local government.

Non-profits are often charged with delivering services that government cannot, or does not, wish to provide. They can do this more efficiently than government agencies, particularly in areas like human services. Non-profits have unique access to private donations and volunteers, which supplement government funding and enhance community engagement. Often, the smaller size and mission-driven focus of non-profits allow them to be more flexible and agile in responding to changing circumstances and community needs.

By leveraging private donations and volunteer labor, non-profits can often provide services at a lower cost than government, saving taxpayer dollars. Furthermore, they can connect local government with community organizations, facilitating partnerships and shared resource mobilization. Non-profits have an even broader impact by creating economic activity and jobs that ripple through the community.

This year, in view of cuts to federal funding, it is critical that non-profit organizations have the necessary funds to accomplish their missions. These federal cuts have already eliminated or reduced grants supporting a range of activities. In Virginia, further state funding cuts are anticipated, making support from local governments even more vital.

Here at Fauquier Habitat, federal and state reductions are already impacting our mission. Recent cuts have resulted in obstacles to obtaining mortgages and downpayment assistance for families who qualify for homeownership. We have been forced to curtail our critical home repair program—which provides needed improvements to ensure the health and

safety of our seniors, disabled and lowest-income residents. In addition, a demonstrated failure of the Town of Warrenton to support our organization poses a danger to future state and federal funding.

With regard to other non-profits, contemplated cuts in the Town's budget threaten to reduce public transportation, which will impact jobs, health and commerce; services to the aging; food assistance for needy families; and childcare. Taken collectively, these cuts pose a threat to community resilience and set a dangerous precedent for the future.

I would implore the Town Council to please take these considerations into account as they deliberate their FY2026 Budget.

Sincerely,

Melanie C. Burch

Melanie C. Burch
President and CEO

May 20, 2025

To the Town of Warrenton Planning Commission:

Ryan Stewart, Chair
Terry Lasher, Vice Chair
Darine Barbour
James Lawrence
Steve Ainsworth

Subject: ZOTA-25-1

Dear Commisioners:

Citizens for Fauquier County (CFFC) is writing in support of the Town Council-initiated text amendment to remove data centers as a permissible use within the industrial district. CFFC respectfully requests that the Planning Commission approve text amendment ZOTA-25-1 for the following reasons:

1. As alleged in the pending lawsuit against the Town and Amazon filed by CFFC and 10 town residents, the Data Center Text Amendment approved in August 2021 was adopted in violation of state law, thus rendering the Data Center Text Amendment void *ab initio*. The trial on that issue is set for March, 2026. The Court ordered that until that trial concludes and the Court issues a decision, work on the Amazon data center cannot move forward. To prevent any further Town resources to be spent on other data center applications that may be filed in the future under the current zoning, the Town should eliminate that possibility by amending the zoning ordinance now.
2. Data centers are highly impactful industrial uses with extraordinary power demands. More data centers means more transmission lines, and according to Dominion Energy, with very rare exception, transmission lines are not buried underground but are placed above ground on large power towers often requiring additional right of way. (I bring to your attention that the Governor vetoed the Board of Supervisors initiated approved bill to bury portions of a transmission line within Fauquier County for a single project several years ago.) Data centers and the unsightly infrastructure they require are not appropriate in the quaint, historic town of Warrenton.

3. Data centers are not part of the vision for the Town of Warrenton under the Town's Comprehensive Plan. Plan Warrenton 2040, adopted after a two-and-a-half-year public process involving 13 public meetings and over 16,000 individual engagements, does not provide for data centers in town.

And if the reasons cited above are not persuasive enough, CFFC would encourage the Planning Commission to remember all the public hearings it and the Town Council held regarding the Amazon data center application. As expressed time and time again over numerous months by many hundreds of citizens, the vast majority were opposed to the data center.

CFFC encourages the Planning Commission to support the text amendment to remove data centers from the Zoning Ordinance as a permissible use.

Respectfully Submitted,

Kevin Ramundo
President, Citizens for Fauquier County



The Town of Warrenton
P.O. Box 341
Warrenton, VA 20188
P (540) 347-1101
F (540) 349-2414

June 10th, 2025 Regular Town Council Meeting Minutes

Attachment 3: Signed Documents- Resolutions, Ordinances, Closed Session Motions



Motion for Convening a Closed Session

Council Meeting Date:

April 8th, 2025

I move that the Council convene in closed session to discuss the following:

- X As permitted by Virginia Code § 2.2-3711 (A)(1), a personnel matter involving:
_____ Discussion, consideration or interviews of prospective candidates for employment or appointment; OR
_____ assignment, appointment, promotion, performance, demotion, salaries, disciplining, or resignation of specific public officers, appointees, or employees of the Town; specifically dealing with Mr. Chap Petersen, Town Attorney.
- _____ As permitted by Virginia Code § 2.2-3711 (A)(3), a matter involving:
_____ discussion or consideration of the acquisition of real property for a public purpose; OR
_____ disposition of publicly held real property specifically involving _____ [Give location of property], because discussion in an open meeting would adversely affect the City's bargaining position or negotiating strategy.
- _____ As permitted by Virginia Code § 2.2-3711 (A)(4), a matter requiring the protection of the privacy of individuals in personal matters not involving the public business.
- _____ As permitted by Virginia Code § 2.2-3711 (A)(7), consultation with legal counsel or briefing by staff members or consultants pertaining to:
_____ probable litigation involving _____ [Give subject]; OR
_____ the pending case of _____ [Give case name], where such consultation or briefing in open meeting would adversely affect the negotiating or litigating posture of the City.
- _____ As permitted by Virginia Code § 2.2-3711 (A)(8), consultation with legal counsel regarding specific legal matters requiring the provision of legal advice by such counsel, relating to _____ [Give nature of matter].
- _____ As permitted by Virginia Code § 2.2-3711 (A)(29), discussion of the award of a public contract for _____ [Give nature of the contract] involving the expenditure of public funds, including interviews of bidders or offerors, and discussion of the terms or scope of such contract, where discussion in an open session would adversely affect the bargaining position or negotiating strategy of the City Council.
- _____ As permitted by Virginia Code § _____, a matter involving: _____.

[IDENTIFY THE APPLICABLE PARAGRAPH OF § 2.2-3711(A) OR OTHER LAW AND GIVE THE SUBJECT MATTER AND PURPOSE FOR THE CLOSED SESSION.]

Votes:

Ayes: Mr. Roy Francis; Mr. William Semple, Vice Mayor; Mr. Larry Kovalik; Ms. Michele O'Halloran; Mr. Eric Gagnon; Mr. David McGuire; Mr. Paul Mooney.

Nays:

Absent from Vote: None

CERTIFICATION MOTION AFTER RECONVENING IN PUBLIC SESSION:

(requires a recorded roll call vote)

I move that the Council certify that, in the closed session just concluded, nothing was discussed except the matter or matters (1) specifically identified in the motion to convene in closed session and (2) lawfully permitted to be discussed in a closed session under the provisions of the Virginia Freedom of Information Act as cited in that motion.

Votes:

Ayes: Mr. Roy Francis; Mr. William Semple, Vice Mayor; Mr. Larry Kovalik; Ms. Michele O'Halloran; Mr. Eric Gagnon; Mr. David McGuire; Mr. Paul Mooney.

Nays:

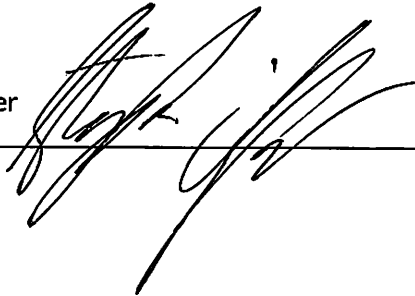
Absent from Vote: None

For Information:

Town Clerk

Effective date: April 8th, 2025.

Stephen Clough, Town Recorder

A handwritten signature in black ink, appearing to read 'Stephen Clough', is written over a horizontal line.

June 10, 2025
 Town Council
 Public Hearing
 Ordinance 2025-06

**AN ORDINANCE TO ESTABLISH BUSINESS, PROFESSIONAL AND OCCUPATIONAL LICENSE TAX
 RATES FOR THE TAX YEAR BEGINNING JULY 1, 2025**

BE IT ORDAINED by the Council of the Town of Warrenton, Virginia, that the following Business, Professional and Occupational License Tax Rates are hereby levied for the tax year beginning July 1, 2025:

Amusements	\$0.10 per \$100 Gross Receipts
Contractors, Builders or Developers	\$0.085 per \$100 Gross Receipts
Business, Personal or Repair Service Occupations	\$0.1683 per \$100 Gross Receipts
Financial or Real Estate Services	\$0.2678 per \$100 Gross Receipts
Professional Occupations	\$0.2678 per \$100 Gross Receipts
Retail Merchants	\$0.10 per \$100 Gross Receipts
Vending Machine Operators	\$200 plus \$0.10 per \$100 Gross Receipts
Wholesale Merchants	\$0.0425 per \$100 Gross Purchases
Public Utilities (Telephone & Telegraph)	½ of 1% of Gross Receipts

The license tax is the greater of \$30.00 or the tax computed on gross receipts. Flat fees apply to certain businesses as follows:

Fortune tellers, Clairvoyants & Practitioners of Palmistry	\$1,000.00 per year
Carnivals, Circuses and Speedways	\$1,000.00 per performance
Itinerant Merchants	\$500.00 per year
Peddlers	\$250.00 per year
Photographers (as defined in §58.1-3727 of the Code of Virginia)	\$30.00 per year
Savings and Loan Associations and Credit Unions	\$50.00 per year
Direct Sellers	(Total annual sales greater than \$4,000.00) \$0.10 per \$100 Total Annual Retail Sales -Or- \$0.0425 per \$100 Total Annual Wholesale Sales

Alcoholic Beverages (special license tax provision in addition to gross receipts tax):

Wholesale Beer License	\$75.00
Wholesale Wine Distributor	\$50.00
Retail On-Premises Wine & Beer - Hotel, Restaurant or Club	\$37.50
Retail Off-Premises Wine & Beer	\$37.50
Retail On-Premises Wine - Hotel, Restaurant or Club	\$25.00
Retail Off-Premises Beer	\$25.00

Votes:

Ayes: Mr. Roy Francis; Mr. William Semple, Vice Mayor; Mr. Larry Kovalik; Ms. Michele O'Halloran; Mr. Eric Gagnon; Mr. David McGuire.

Nays: Mr. Paul Mooney

Absent from Meeting:

For Information:
Budget Manager

ATTEST:

Town Recorder

June 10, 2025
 Town Council
 Public Hearing
 Ordinance 2025-07

**AN ORDINANCE TO ESTABLISH WATER AND SEWER RATES AND SERVICE FEES
 EFFECTIVE JULY 1, 2025**

WHEREAS, the Town of Warrenton charges certain fees and rates for usage pursuant to Article 2 of Chapter 17 of the Code of the Town of Warrenton (hereinafter referred to as the "Town Code") as authorized by Section 15.2-2119 of the Code of Virginia, 1950, as amended; now therefore

BE IT ORDAINED by the Council of the Town of Warrenton, Virginia, that the following water and sewer rates and fees are hereby effective beginning July 1, 2025:

Base Charge (for usage <2,000 gallons):

IN TOWN RATES

Meter Size	Water	Sewer	Total
5/8	\$12.56	\$22.80	\$35.36
3/4	18.85	34.21	53.06
1	31.41	57.01	88.42
1 1/2	62.81	114.01	176.82
2	100.50	182.41	282.91
3	219.85	399.04	618.89
4	395.73	718.26	1,113.99
6	816.56	1,482.12	2,298.68
8	1,005.00	1,824.14	2,829.14

OUT OF TOWN RATES

Water	Sewer	Total
\$18.84	\$34.20	\$53.04
28.28	51.31	79.59
47.12	85.52	132.64
94.22	171.01	265.23
150.75	273.62	424.37
329.78	598.56	928.34
593.59	1,077.39	1,670.98
1,224.84	2,223.18	3,448.02
1,507.50	2,736.22	4,243.72

Commodity Rate, per 1,000 gallons:

Usage	Water	Sewer	Total
> 2,000	\$13.93	\$18.29	\$32.22

Water	Sewer	Total
\$20.89	\$27.43	\$48.32

Bulk Water Rates

Base charge (<2,000 gallons)	\$47.29
Commodity rate (>2,000 gallons, per 1,000 gallons)	\$20.89

Flat Sewer Rates

In Town	\$61.21
Out of Town	\$91.80
Out of Town Commercial	\$298.10

Recreational Vehicle Wastewater Disposal

Flat Fee	\$10.00
----------	---------

Votes:

Ayes: Mr. Roy Francis; Mr. William Semple, Vice Mayor; Ms. Michele O'Halloran; Mr. David McGuire; Mr. Paul Mooney.

Nays: Mr. Larry Kovalik; Mr. Eric Gagnon.

Absent from Meeting:

For Information:

Budget Manager

ATTEST: _____

Town Recorder

June 10, 2025
 Town Council
 Public Hearing
 Ordinance 2025-08

**AN ORDINANCE TO ESTABLISH WARRENTON AQUATIC & RECREATION FACILITY (WARF) FEES
 EFFECTIVE JULY 1, 2025**

BE IT ORDAINED by the Council of the Town of Warrenton, Virginia, that the following Warrenton Aquatic & Recreation Facility (WARF) Fees are hereby effective beginning July 1, 2025:

WARRENTON AQUATIC & RECREATION FACILITY (WARF)		
DESCRIPTION	CURRENT FEE	PROPOSED FEE
ANNUAL MEMBERSHIP		
Town Resident, Adult	\$385	\$425
Town Resident, Senior/Youth	\$299	\$330
County Resident, Adult	\$485	\$535
County Resident, Senior/Youth	\$385	\$425
Non-Resident, Adult	\$585	\$645
Non-Resident, Senior/Youth	\$485	\$535
Family, Youth	\$245	\$270
Family, Town Resident Adult	\$345	\$380
Family, County Resident Adult	\$435	\$480
Family, Non-Resident Adult	\$525	\$580
MONTHLY MEMBERSHIP		
Town Resident, Adult	\$54	\$60
Town Resident, Senior/Youth	\$49	\$55
County Resident, Adult	\$65	\$70
County Resident, Senior/Youth	\$54	\$60
Non-Resident, Adult	\$75	\$85
Non-Resident, Senior/Youth	\$65	\$70
Family, Youth	\$38.50	\$40
Family, Town Resident Adult	\$49	\$55
Family, County Resident Adult	\$54	\$60
Family, Non-Resident Adult	\$65	\$70

25 VISIT PASS		
Town Resident, Adult	\$115.50	\$130
Town Resident, Senior/Youth	\$92.50	\$100
County Resident, Adult	\$155	\$170
County Resident Senior/Youth	\$126	\$140
Non-Resident, Adult	\$190	\$210
Non-Resident, Senior/Youth	\$145	\$160
DAY PASS		
Town Resident, Adult	\$5.50	\$6
Town Resident, Senior/Youth	\$4.50	\$5
County Resident, Adult	\$7.50	\$8
County Resident Senior/Youth	\$6.00	\$7
Non-Resident, Adult	\$8.50	\$9
Non-Resident, Senior/Youth	\$6.50	\$7
OTHER PASSES		
Group Fitness 15 Class Pass	\$135	\$150
Group Visit-Youth	\$3.50	\$4
Group Visit-Adult	\$5	\$5
PERSONAL TRAINING, MEMBERS		
One (1) 30-minute session	\$35	\$40
Five (5) 30-minute sessions	\$165	\$180
Ten (10) 30-minute sessions	\$310	\$340
One (1) 50-minute session	\$60	\$65
Five (5) 50-minute sessions	\$285	\$315
Ten (10) 50-minute sessions	\$540	\$595
PERSONAL TRAINING, NON-MEMBERS		
One (1) 30-minute session	\$40	\$45
Five (5) 30-minute sessions	\$190	\$210
Ten (10) 30-minute sessions	\$350	\$385
One (1) 50-minute session	\$65	\$70
Five (5) 50-minute sessions	\$310	\$340
Ten (10) 50-minute sessions	\$590	\$650
SWIM LESSONS, GROUP		
Eight (8) 30-minute lessons	\$89	\$100
Eight (8) 45-minute lessons	\$133	\$145
SWIM LESSONS, SEMI-PRIVATE		
One (1) 30-minute lesson	\$23	\$25
Five (5) 30-minute lessons	\$110	\$120
Ten (10) 30-minute lessons	\$210	\$230
One (1) 45-minute lesson	\$34	\$40
Five (5) 45-minute lessons	\$165	\$180
Ten (10) 45-minute lessons	\$315	\$345
SWIM LESSONS, PRIVATE		
One (1) 30-minute lesson	\$36	\$40
Five (5) 30-minute lessons	\$165	\$180
Ten (10) 30-minute lessons	\$300	\$330
One (1) 45-minute lesson	\$54	\$60
Five (5) 45-minute lessons	\$250	\$275
Ten (10) 45-minute lessons	\$450	\$495

BIRTHDAY PARTY PACKAGES, WARF		
Party Room	\$195	\$235
Aqua Studio	\$195	\$215

Votes:

Ayes: Mr. Roy Francis; Mr. William Semple, Vice Mayor; Mr. Larry Kovalik; Ms. Michele O'Halloran; Mr. Eric Gagnon; Mr. David McGuire; Mr. Paul Mooney.

Nays:

Absent from Meeting:

For Information:
Budget Manager

ATTEST: _____




Town Recorder

**AN ORDINANCE TO ESTABLISH SPECIAL EVENT FEES
EFFECTIVE JULY 1, 2025**

BE IT ORDAINED by the Council of the Town of Warrenton, Virginia, that the following Special Event Fees are hereby effective beginning July 1, 2025:

SPECIAL EVENTS		
DESCRIPTION	CURRENT FEE	PROPOSED FEE
SPECIAL EVENT APPLICATION FEE		
Application Fee	\$100	\$100
TOWN OF WARRENTON STAFF TIME, PER HOUR		
Police, Officer	\$40	\$45
Police, Corporal and above	\$50	\$55
Building Official	\$39	\$40
Fire Marshal	\$34	\$35
Inspector	\$29	\$30
Public Works	\$32	\$35
Manager on Duty	\$32	\$25
Customer Service Specialist	\$20	\$20
AMUSEMENT DEVICES, FLAT FEE		
Small Mechanical	\$55	\$55
Circular or Flat Ride Less Than 20' High	\$75	\$75
Spectacular Ride	\$100	\$100
Coaster < 30'	\$200	\$200
All Other Devices	\$55	\$55
MISCELLANEOUS		
Cone or Barricade Rental, Flat Fee	\$30	\$30
"No Parking" Sign Placement, Per Hour	\$20	\$20
Hard Barrier Fee, Per Vehicle	\$-	\$10
Street Sweeper, Per Hour	\$-	\$97

PARK FACILITY FEES		
DESCRIPTION	CURRENT FEE	PROPOSED FEE
PARK PAVILION RENTAL		
Half Day	\$75	\$75
Full Day	\$95	\$95
PARK AMENITY RENTAL, PER HOUR		
Sand Volleyball Court	\$25	\$25
Basketball Court	\$25	\$25
Pickleball Court	\$25	\$25
Field Rental	\$25	\$25

Votes:

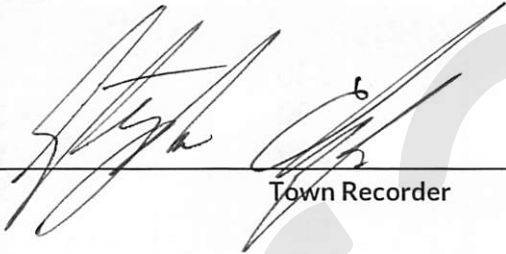
Ayes: Mr. Roy Francis; Mr. William Semple, Vice Mayor; Mr. Larry Kovalik; Ms. Michele O'Halloran; Mr. Eric Gagnon; Mr. David McGuire; Mr. Paul Mooney.

Nays:

Absent from Meeting:

For Information:

Budget Manager

ATTEST: _____
 Town Recorder

**A RESOLUTION TO ADOPT AND APPROPRIATE THE FISCAL YEAR 2026 BUDGET AND THE
FISCAL YEAR 2026- 2031 CAPITAL IMPROVEMENT PROGRAM**

WHEREAS Code of Virginia §15.2-2503 requires that the Town Manager submit a proposed budget to the Town Council on or before the first day of April each year, and that the Council approve the budget no later than the date on which the fiscal year begins; and

WHEREAS, Section 15-1 of the Code of Ordinances of the Town of Warrenton requires that the Town Council adopt a tax rate for all real estate and for tangible personal property no later than the fourteenth day of May of each calendar year; and

WHEREAS, the Town Manager submitted the Fiscal Year 2026 Proposed Budget to the Town Council on April 1, 2025 and work sessions were held by the Council during April and May 2025 to discuss the Proposed Budget and any changes thereto; and

WHEREAS, a duly advertised Public Hearing was held on May 13, 2025 to receive public comment and the tax rates for all real estate and tangible personal property were adopted on that date; and

NOW, THEREFORE BE IT RESOLVED, that the Fiscal Year 2026-2031 Capital Improvement Program for the Town of Warrenton is hereby adopted; and be it

RESOLVED FURTHER, that the update to the Budget and Expenditure Control Policy, is hereby adopted; and be it

RESOLVED FURTHER, that all outstanding encumbrances as of June 30, 2025 are hereby re-appropriated to FY 2026 to the same department or account for which they are encumbered in FY 2025, as approved by the Town Manager; and be it

RESOLVED FURTHER, that appropriations designated for capital projects and asset replacement projects that are unexpended as of June 30, 2025 are hereby re-appropriated to FY 2026 to the same projects; and be it

RESOLVED FURTHER, that all unencumbered FY 2025 appropriations lapse for budget items other than capital projects, asset replacement projects, contracts and grants, unless otherwise authorized by the Town Manager; and be it

RESOLVED FURTHER, that the Town Manager, or designee, may approve necessary accounting or budget transfers between funds to enable the proper accounting for capital projects, asset replacement projects, or other appropriations as authorized by the Town Manager; and be it

RESOLVED FURTHER, that the Fiscal Year 2026 Budget for the Town of Warrenton is hereby adopted and the amounts summarized below are hereby appropriated for the Fiscal Year Beginning July 1, 2025:

TOWN OF WARRENTON, VIRGINIA
PROPOSED BUDGET FOR FISCAL YEAR 2025-2026

General Fund	Adopted FY 2025	Proposed FY 2026
<u>Revenues</u>		
Real Estate Taxes	\$ 824,266	\$ 1,215,395
Personal Property Taxes	730,000	750,000
Other Property Taxes	43,417	45,000
Motor Vehicle License Taxes	220,000	220,000
Local Sales Taxes	1,050,000	1,080,000
BPOL Taxes	2,300,000	2,400,000
Meals Taxes	5,500,000	5,500,000
Lodging Taxes	280,000	300,000
Cigarette Taxes	319,000	300,000
Consumer Utility Taxes	480,330	520,330
Utility Franchise Taxes	53,276	53,000
Bank Franchise Taxes	1,200,000	1,240,000
Licenses, Permits & Fees	185,132	244,250
Fines & Forfeitures	77,500	77,500
Use of Money & Property	800,000	800,000
Charges for Services	1,085,018	1,075,500
Miscellaneous Revenue	186,845	192,445
State Revenue	3,421,983	3,434,680
Transfers	414,262	377,980
Non-Revenue Receipts	-	4,754,148
<u>Use of Fund Balance</u>	2,857,864	-
Total General Fund Revenues	\$ 22,028,893	\$ 24,580,228
<u>Expenditures</u>		
General Government	\$ 4,386,751	4,609,436
Public Safety	3,600,885	3,727,738
Public Works	5,351,953	5,567,925
Parks and Recreation	2,686,305	2,726,400
Community Development	1,328,781	1,350,265
Contributions	58,954	48,650
Non-departmental	443,290	436,468
Debt Service	822,972	830,169
<u>Transfer to Capital</u>	3,349,002	5,283,177
Total General Fund Expenditures	\$ 22,028,893	\$ 24,580,228

Other Funds

General Capital Project Fund	\$ 1,584,002	\$ 3,189,497
General Asset Replacement Fund	1,765,000	2,756,241
Water and Sewer Operating Fund	9,530,463	10,578,819
Water and Sewer Capital Fund	12,529,550	17,486,489
Stormwater Management Fund	1,291,232	1,327,993
<u>ARPA</u>	164,467	-
Total Other Funds	\$ 26,864,714	\$ 35,339,039
Less Interfund Transfers	(5,027,621)	(7,656,806)
Total Estimated Appropriations	\$ 43,865,986	\$ 52,262,461

Votes:

Ayes: Mr. Roy Francis; Mr. William Semple, Vice Mayor; Mr. Larry Kovalik; Ms. Michele O'Halloran; Mr. Eric Gagnon; Mr. David McGuire; Mr. Paul Mooney.

Nays:

Absent from Meeting:

For Information:

Budget Manager

ATTEST:


Town Recorder

A RESOLUTION OF THE TOWN COUNCIL OF THE TOWN OF WARRENTON ESTABLISHING THE PERCENTAGE RELIEF GRANTED TO QUALIFYING PERSONAL USE VEHICLES, SUBJECT TO THE TOWN OF WARRENTON'S PERSONAL PROPERTY TAX, FOR THE 2025 TAX YEAR

WHEREAS, the Personal Property Tax Relief Act of 1998, Virginia Code §58.1- 3253 et seq. ("PPTRA"), has been substantially modified by the enactment of Chapter 1 of the Acts of Assembly, 2004 Special Session I (Senate Bill 5005), and the provisions of Item 503 of Chapter 951 of the 2005 Acts of Assembly (the 2005 revisions to the 2004-06 Appropriations Act, hereinafter cited as the "2005 Appropriations Act"); and

WHEREAS, these legislative enactments require the Town of Warrenton to take affirmative steps to implement these changes, and to provide for the computation and allocation of relief provided pursuant to the Personal Property Tax Relief Act as revised; and

WHEREAS, these legislative enactments provide for the appropriation to the Town of Warrenton, of a fixed sum to be used exclusively for the provision of tax relief to owners of qualifying personal use vehicles that are subject to the personal property tax on such vehicles.

NOW, THEREFORE, BE IT RESOLVED by the Town Council of the Town of Warrenton, Virginia that:

Qualifying vehicles obtaining situs within the Town of Warrenton during tax year 2025, shall receive personal property tax relief in the following manner:

- Personal use vehicles valued at \$20,000 or less will be eligible for 100% tax relief;
- Personal use vehicles valued at \$20,001 or more shall only receive 100% tax relief on the first \$20,000 of value; and
- All other vehicles which do not meet the definition of "qualifying" (business use vehicles, farm use vehicles, motor homes, etc.) will not be eligible for any form of tax relief under this program.

Votes:

Ayes: Mr. Roy Francis; Mr. William Semple, Vice Mayor; Mr. Larry Kovalik; Ms. Michele O'Halloran; Mr. Eric Gagnon; Mr. David McGuire; Mr. Paul Mooney.

Nays:

Absent from Meeting:

For Information:
Budget Manager

ATTEST:



Town Recorder

June 10, 2025
Town Council
Regular Meeting
RES-25-06-03

**A RESOLUTION TO AMEND THE FISCAL YEAR 2025 ADOPTED BUDGET TO APPROPRIATE VIRGINIA
DEPARTMENT OF TRANSPORTATION GRANT FUNDING IN THE AMOUNT OF \$628,659 TO FUND
RESURFACING OF ROADWAYS WITHIN TOWN LIMITS**

WHEREAS, the Warrenton Town Council is charged by the Code of Virginia with the preparation of an annual budget for the Town of Warrenton; and

WHEREAS, on June 11, 2024, the Town Council adopted the Town of Warrenton Fiscal Year 2025 Budget; and

WHEREAS, during the fiscal year, certain events occur that necessitate amending the budget; and

WHEREAS, the Town has been approved by the Department of Transportation to receive \$628,659 of grant revenue funds for the resurfacing of Falmouth Steet from Falmouth Court to Main Street, Main Street from Falmouth Street to Alexandria Pike, and Alexandria Pike from Main Street to Old Alexandria Pike; and

NOW, THEREFORE, BE IT RESOLVED, that the Warrenton Town Council Hereby amends the Fiscal Year 2025 Adopted Budget to appropriate \$628,659 of grant revenue to implement the resurfacing of roadways within Town limits.

Votes:

Ayes: Mr. Roy Francis; Mr. William Semple, Vice Mayor; Mr. Larry Kovalik; Ms. Michele O'Halloran; Mr. Eric Gagnon; Mr. David McGuire; Mr. Paul Mooney.

Nays:

Absent from Meeting:

For Information:
Budget Manager

ATTEST:



Town Recorder

June 10, 2025
Town Council
Regular Meeting
RES-25-06-04

A RESOLUTION TO AMEND THE FISCAL YEAR 2025 ADOPTED BUDGET TO APPROPRIATE VIRGINIA DEPARTMENT OF TRANSPORTATION REIMBURSABLE GRANT FUNDING IN THE AMOUNT OF \$73,002 TO FUND IMPROVEMENTS TO MAIN STREET

WHEREAS, the Warrenton Town Council is charged by the Code of Virginia with the preparation of an annual budget for the Town of Warrenton; and

WHEREAS, on June 11, 2024, the Town Council adopted the Town of Warrenton Fiscal Year 2025 Budget; and

WHEREAS, during the fiscal year, certain events occur that necessitate amending the budget; and

WHEREAS, the Town has been approved by the Virginia Department of Transportation to receive \$73,002 of reimbursable grant revenue funds for the Improvements to Main Street project (TC-008); and

NOW, THEREFORE, BE IT RESOLVED, that the Warrenton Town Council Hereby amends the Fiscal Year 2025 Adopted Budget to appropriate \$73,002 of grant revenue to implement the Improvements to Main Street project.

Votes:

Ayes: Mr. Roy Francis; Mr. William Semple, Vice Mayor; Mr. Larry Kovalik; Ms. Michele O'Halloran; Mr. Eric Gagnon; Mr. David McGuire; Mr. Paul Mooney.

Nays:

Absent from Meeting:

For Information:
Budget Manager

ATTEST: _____


Town Recorder

June 10, 2025
Town Council
Regular Meeting
RES-25-06-05

**A RESOLUTION TO AMEND THE FISCAL YEAR 2025 ADOPTED BUDGET TO APPROPRIATE VIRGINIA
DEPARTMENT OF ENVIRONMENTAL QUALITY REIMBURSABLE GRANT FUNDING IN THE AMOUNT
OF \$325,096 TO FUND POND C RETROFIT**

WHEREAS, the Warrenton Town Council is charged by the Code of Virginia with the preparation of an annual budget for the Town of Warrenton; and

WHEREAS, on June 11, 2024, the Town Council adopted the Town of Warrenton Fiscal Year 2025 Budget; and

WHEREAS, during the fiscal year, certain events occur that necessitate amending the budget; and

WHEREAS, the Town has been approved by the Department of Environmental Quality to receive \$325,096 of reimbursable grant revenue funds for the conversion, enhancement, and retrofit of Pond C; and

NOW, THEREFORE, BE IT RESOLVED, that the Warrenton Town Council Hereby directs staff to sign the agreement for Grant No. 25-13 and amends the Fiscal Year 2025 Adopted Budget to appropriate \$325,096 of reimbursable grant revenue to implement the Pond C Retrofit.

Votes:

Ayes: Mr. Roy Francis; Mr. William Semple, Vice Mayor; Mr. Larry Kovalik; Ms. Michele O'Halloran; Mr. Eric Gagnon; Mr. David McGuire; Mr. Paul Mooney.

Nays:

Absent from Meeting:

For Information:
Budget Manager

ATTEST: _____


Town Recorder

June 10, 2025
Town Council
Regular Meeting
RES-25-06-06

A RESOLUTION TO AMEND THE FISCAL YEAR 2025 ADOPTED BUDGET TO APPROPRIATE VIRGINIA DEPARTMENT OF ENVIRONMENTAL QUALITY REIMBURSABLE GRANT FUNDING IN THE AMOUNT OF \$479,701 TO FUND RADY PARK STREAM RESTORATION

WHEREAS, the Warrenton Town Council is charged by the Code of Virginia with the preparation of an annual budget for the Town of Warrenton; and

WHEREAS, on June 11, 2024, the Town Council adopted the Town of Warrenton Fiscal Year 2025 Budget; and

WHEREAS, during the fiscal year, certain events occur that necessitate amending the budget; and

WHEREAS, the Town has been approved by the Department of Environmental Quality to receive \$479,701 of reimbursable grant revenue funds for the restoration of the stream at Rady Park; and

NOW, THEREFORE, BE IT RESOLVED, that the Warrenton Town Council Hereby directs staff to sign the agreement for Grant No. 25-18 and amends the Fiscal Year 2025 Adopted Budget to appropriate \$479,701 of reimbursable grant revenue to implement the Rady Park Stream Restoration.

Votes:

Ayes: Mr. Roy Francis; Mr. William Semple, Vice Mayor; Mr. Larry Kovalik; Ms. Michele O'Halloran; Mr. Eric Gagnon; Mr. David McGuire; Mr. Paul Mooney.

Nays:

Absent from Meeting:

For Information:

Budget Manager

ATTEST: _____


Town Recorder