

August 16, 2022

The Honorable David Thompson Walton County Chairman 111 South Broad Street Monroe, GA 30655

RE: ACCG - Group Health Benefits Program Health Promotion & Wellbeing Grant

Dear Chairman Thompson:

ACCG, Georgia's County Association, is pleased to announce that **Walton County** has been awarded the *Health Promotion & Wellbeing Grant* in the amount of **\$7000** from the ACCG GHBP Health Promotion & Wellness Program. Walton County was selected based on its grant application and commitment to employee health. A press release is enclosed to publicize the award.

Wellness programs have a demonstrated track record of improving employee health and quality of life while reducing medical claims and improving workplace morale. Walton County was one of 20 members participating in the ACCG - Group Health Benefits Program this year that qualified for a *Health Promotion & Wellbeing Grant*. This is the 19<sup>th</sup> year that ACCG - Group Health Benefits Program has awarded the ACCG GHBP *Health Promotion & Wellbeing Grants* to assist members in developing or expanding employee health promotion activities.

Please note that the designated HEALTH PROMOTION CHAMPION is required to attend <u>one</u> of the Local Government Risk Management Services (LGRMS) *Health Promotion Champion Training* workshops being offered. See attached flyer and registration is available at <u>www.lgrms.com</u>.

| September 13 | Tifton/Tift County         |
|--------------|----------------------------|
| September 14 | Metter/Candler County      |
| September 15 | Macon/Macon-Bibb County    |
| September 27 | Gainesville/Hall County    |
| September 28 | Cartersville/Bartow County |

UGA Tifton Conference Center Georgia Grown Innovation Center Anderson Conference Center Gainesville Civic Center Clarence Brown Conference Center

Upon completion of the LGRMS *Health Promotion Champion Training*, Walton County will receive the first half of the ACCG GHBP *Health Promotion & Wellbeing Grant* in the amount of \$3500, with the balance of \$3500 to be issued after the mid-point reporting.

Please contact Ben Pittarelli at 404.589.7840 or Sherea Robinson of LGRMS Health Promotion Services at 678.686.6281 for more information on the ACCG GHBP Health Promotion & Wellness Program.

Sincerely,

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Ben Pittarelli Health Program & Insurance Marketing Director

cc: Ms. Melissa Rusk

Insuring Georgia's Counties.



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# PRESS RELEASE

#### FOR IMMEDIATE RELEASE

## WALTON COUNTY

### RECEIVES

## ACCG – GROUP HEALTH BENEFITS PROGRAM HEALTH PROMOTION & WELLBEING GRANT

ATLANTA, GA (August 2022) – Walton County was recently awarded the ACCG – Group Health Benefits Program Health Promotion & Wellbeing Grant by ACCG, Georgia's County Association.

**Walton County** is one of 20 members to receive the ACCG GHBP *Health Promotion & Wellbeing Grant* based on its commitment to employee health and demonstrated collaboration with other community groups and organizations engaged in health promotion.

"A successful wellness program is designed to encourage healthy lifestyles, which helps to control health care costs and contribute to a happier, more productive workforce", said Chatham County Commissioner and President of the ACCG GHBP Board of Directors, Patrick Farrell. "Wellness programs greatly benefit everyone...the employees, their families and the employer."

The ACCG GHBP *Health Promotion & Wellbeing Grants* are awarded statewide to the members that undertake health and wellness initiatives to transform their living and working communities into healthier environments. The grants provide assistance in promoting worksite programs designed to enhance the health and wellness of county employees and family members.

As part of the grant process, the member designates a HEALTH PROMOTION CHAMPION to develop a workplace health promotion action plan and attend the *Health Promotion Champion Training* workshop offered by Local Government Risk Management Services (LGRMS). In addition, employees will be offered a confidential health assessment program using a Health Risk Appraisal, with blood pressure screening and health improvement feedback.

Wellness programs have a reliable track record of improving employee health and quality of life while reducing medical claims and improving workplace morale. ACCG offers wellness services to all members through LGRMS, a not-for-profit agency operated jointly with the Georgia Municipal Association.

The Association County Commissioners of Georgia – Group Health Benefit Program is available to all ACCG members. Currently, 52 counties and authorities participate in the health plan, and all are eligible to apply for the *Health Promotion & Wellbeing Grants* on an annual basis. ACCG is pleased to support Georgia counties in this important endeavor.