

## Waller County Senior Wellness & Support Investment Plan

Total Investment: \$38,000

Waller County continues to prioritize the health, mobility, and dignity of our senior residents. This targeted investment ensures long-term support for wellness programs, transportation access, and essential nutrition services.

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### Funding Breakdown

#### 1. Meals on Wheels Support

- \$3,000 per year for 5 years
- Total: \$15,000

Provides reliable, nutritious meals for homebound seniors—ensuring no elder in Waller County goes hungry or feels forgotten.

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#### 2. Senior Fitness & Programming (Flexible Request-Based Support)

- Up to \$4,000 per year for 5 years
- Total: \$20,000

Allows seasoned citizens to request funds as needed for fitness classes, programming, wellness workshops, or other senior health initiatives—ensuring adaptability and maximum community impact.

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#### 3. Senior Transportation Assistance

- \$1,000 per year for 3 years
- Total: \$3,000

Helps support Colorado Valley Transit dedicated shuttle service for seniors, wellness appointments, and community engagement opportunities.

“This \$38,000 investment directly supports senior wellness, mobility, and nutrition in Waller County. By funding exercise programs, social events, transportation, and Meals on Wheels, we

ensure that our seniors remain healthy, connected, and cared for. These programs represent our commitment to honoring the people who built this county.”

— Commissioner Kendric D. Jones, Precinct 3