A Cross-section Community Initiative





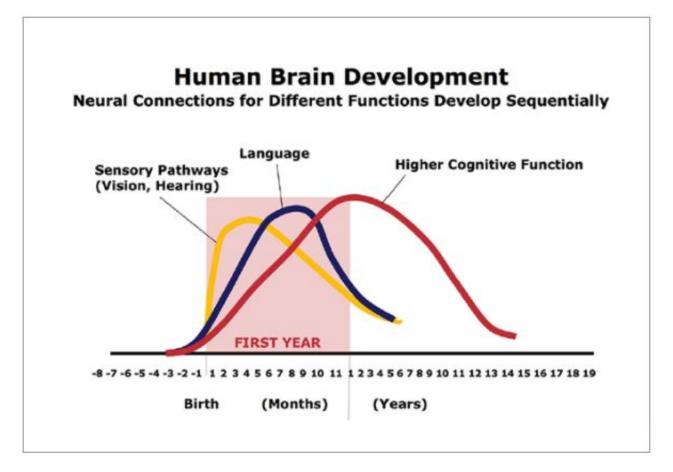




# Fayette County's children should thrive!

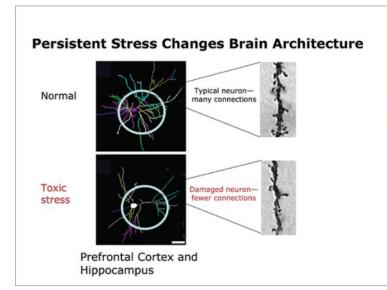


#### Brains are built over time.



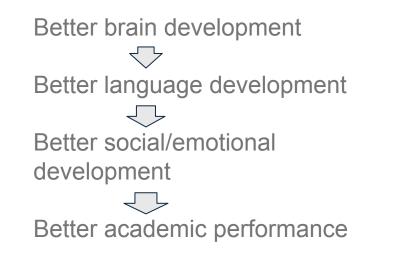
#### **Essential Scientific Findings**

- Genetics and experiences shape the developing mind.
- The brain is most flexible or "plastic" in the earliest years of a person's life.
- Cognitive, emotional, and social development is highly interrelated.
- Positive stress vs. toxic stress



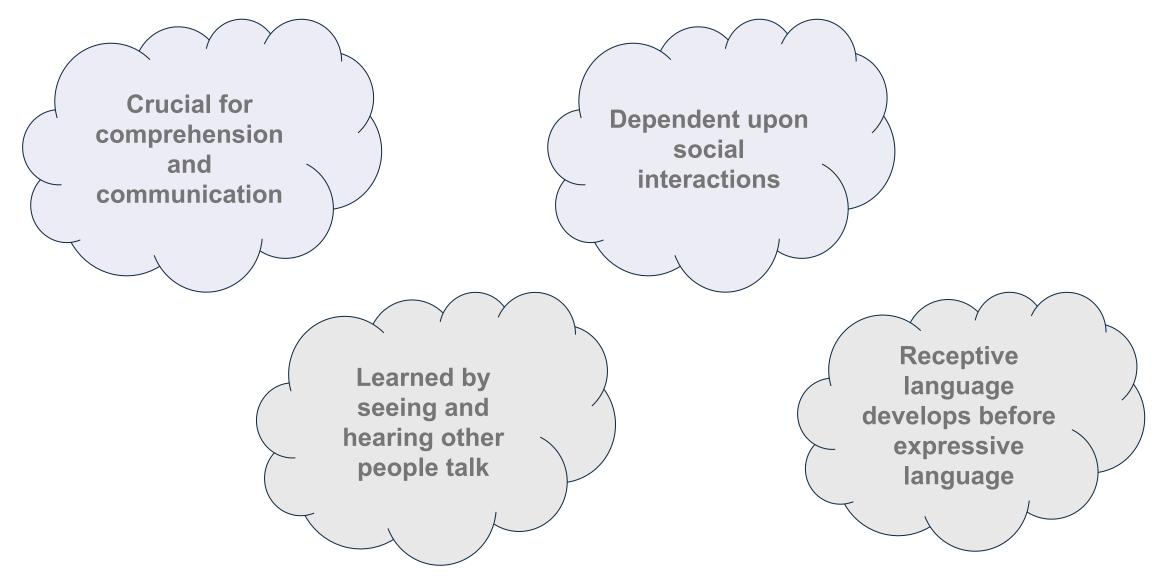
# The Role of Social Engagement

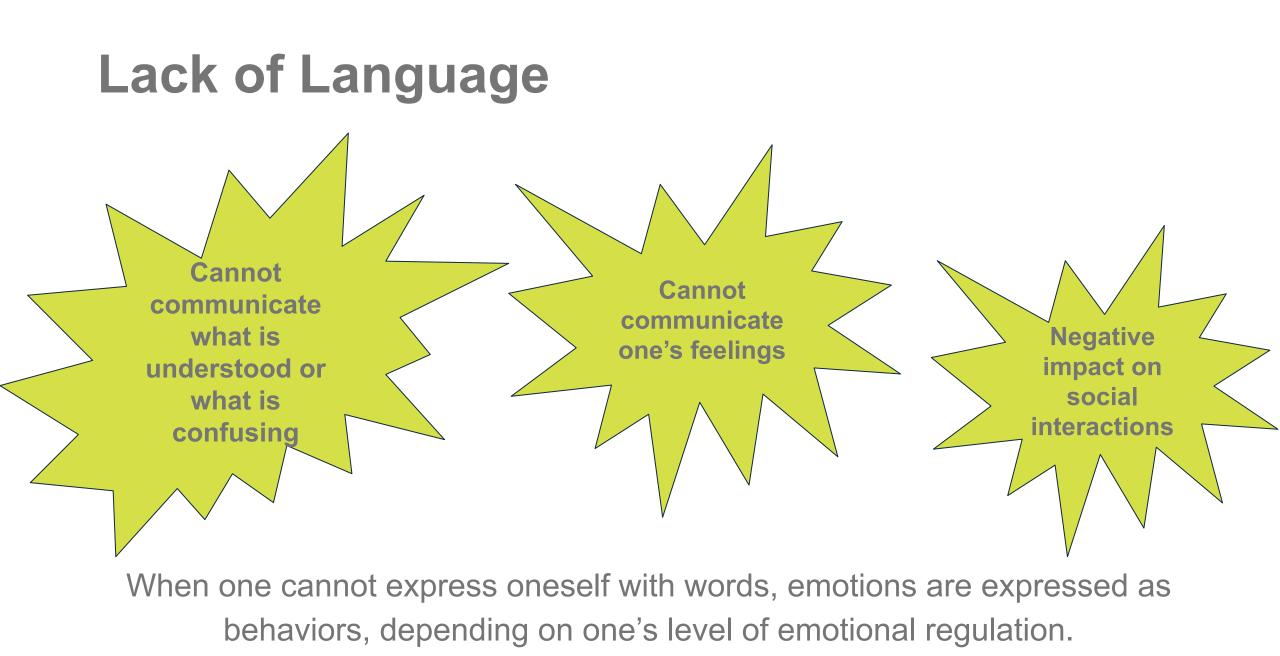
- From a neuroscience perspective, social interactions stimulate hormones that stimulate brain development.
- Positive social interactions





#### The Role of Language





# **Technology and Screen Time**

• Devices interrupt important social interactions between children and parents/caregivers



#### **Technology's Impact on Development**



Less language development

Delayed social emotional development





Lack of self regulation

Lower kindergarten readiness



# The What



- Cross-sector community initiative
- Working group
  - Fayette County educators, Fayette FACTOR, Piedmont Hospital, early learning leaders, family medicine physician, community advocates
- Vision: Children in Fayette County will enter kindergarten prepared to succeed.
- **Mission:** To support high quality early learning and healthy development for the community's youngest children

#### **Building Brains** from the Beginning

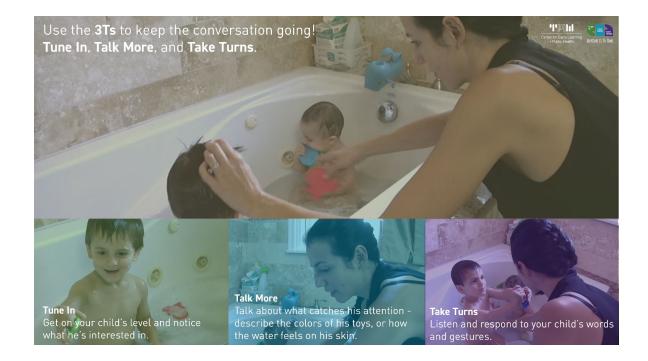
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Resource by Age

**Resource by Topic** 

#### **Thirty Million Words & The 3Ts**





Use the **3Ts** to keep the conversation going! **Tune In**, **Talk More**, and **Take Turns**. Tune In Notice what your child experiences as she brushes her teeth.

Talk More Narrate every step of the routine, as though giving a play-by-play.

Take Turns Respond to her actions and facial expression as if they were words in the conversation.



# The How



- **BuildingBrains.org** for communication and sharing resources
- Strategic planning
- Sharing The 3Ts strategies across our community
- Partnerships that help to disseminate information
- Funding

## How can the Town Council help?

- Share information regarding the **Building Brains from the Beginning** initiative, **BuildingBrains.org**, and **The 3Ts**.
- Let us know how we can help you spread the word.