

TO: Public Health & Safety Committee
FROM: John Doan, City Administrator
DATE: May 10, 2022
SUBJECT: Veteran Post-Traumatic Stress Disorder Briefing

1) Recommended Action:

No action required. This is a briefing only.

2) Background:

Kim Nedrow, President at the Balanced Being Inc. and Founder at the Association for Integrated Healing, both serve our military, veterans, first responders and their families dealing with trauma. We often ask what is trauma? What is trauma to you? Kim will talk about Post Traumatic Stress and Post Traumatic Stress Disorder (PTSD), and how people are being supported in their healing at the Balanced Being and what the Association for Integrated Healing (a charitable 501c3 nonprofit organization) is doing to support them as well. The City is a municipal service provider with police, fire, parks, court, land use planning, building safety, recreation, and human services responsibilities. How PTSD impacts veterans and what we can do to help across that spectrum of services is essential.

3) Policy Support:

VISION | MISSION | BELIEFS

- Opportunity | We seize opportunities to improve our community's social, environmental, and economic well-being. We endeavor to realize positive opportunities in adverse situations and periods of change.

Strategic Priorities and Goals 2021 – 2026

- Provide and Sustain Quality Public Safety Services
 - Empower employees and service providers with knowledge and resources to connect people to social and behavioral health services
 - Build a Community Recognized for Quality, Compassion and Humanity
 - Work with partner organizations and jurisdictions to implement our goals to build a more inclusive community
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4) Alternatives:

This is a briefing only.

5) Fiscal Notes:

There is no cost associated with this briefing.

6) Attachments:

No attachments.