



Changing Lives, One Meal at a Time.

Our Vision

No senior will go hungry or experience social isolation



Our Mission

We enrich the lives of seniors, and assist them in maintaining independence, by providing nutritious food, human connections and social support. We also use our expertise and capacity to serve other nutritionally at-risk populations.





OUR STORY

Meals on Wheels People was founded in 1970 by three caring women, Jean Wade, Martha Shull, and Cay Kreiger, who saw a need in the community that was not being met. They gathered in the basement of the Lincoln Street Methodist Church to serve a hot lunch to about a dozen seniors and then delivered 14 meals on paper plates wrapped in newspaper.





FAST FACTS

- Multiple locations across Multnomah, Washington, and Clark County
- FY23: 1,309,808 meals served
- FY23: 10,526 individuals served
- 6,000 meals prepared daily in Central Kitchen
- Friendly Chats, Pets, Meals 4 Kids, Medically Tailored Meals, The Diner Vancouver
- 1,752 volunteers per year
- \$10.50 per meal with social support services

JUANITA POHL CENTER

8513 SW Tualatin Rd.



Angie Boyd, Program Manager



TUALATIN CENTER

- Juanita Pohl Center
- FY23: 2,000 Home Delivered Meals
- FY23: 1,756 Total Congregate
- FY23: 1,133 Total Volunteer Hours





VOLUNTEER OPPORTUNITIES

Meals on Wheels People offers a variety of ongoing volunteer opportunities at Juanita Pohl and beyond:

- Meal Delivery
- Congregate Dining Support
- Friendly Chat Wellness Calls

Monday-Thursday | 1.5-hour shifts

Create an account, attend a new volunteer orientation, get background check approved.



QUESTIONS



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