

# Juanita Pohl Center Advisory Committee

## Annual Report



# Committee Members

- Susan Noack, Chair
- Amanda Ballard
- Mary Butler
- Peggi Federspiel
- Bob Grable
- Rob Wiedenmann
- Thea Wood



# Committee Role

- Dedicated to Programs & Services – Share Ideas for Future Programming
- Advocate for Active Older Adults in the Community & at the Center
- Support Efforts to Successfully Continue to Increase Attendance & Participation



# Partners & Sponsors

- AARP
- Alzheimer Association
- Durham News
- Cascadia VIEWS
- LAM Research
- Medicare Mark Fuchs
- New Horizons Big Band
- Oasis Senior Advisors
- Washington County



MEDICARE MARK





# Benefits

- Improve Health & Promote Healthy Lifestyles
- Life Enrichment & Wellness
- Greater Life Satisfaction, Sense of Purpose
- Social Connection & Interaction, Sense of Community, Reduced Isolation



# Program Engagement in 2025

## 16,525 program participants

- 27% increase in program participation from 2024 to 2025
- Arts & Culture: 245
- Lifelong Learning: 1,696
- Wellness & Longevity: 8,432
- Gather & Connect: 6,152



# Gather & Connect Activities

## NEW in 2025

- Coffee & Conversations
- Cards & Games w/LAM Research
- Crafts
- BUNCO
- Trivia w/Doug
- Gift Wrapping

*“Coffee & Conversations is a caring, compassionate and fun group that enjoys craft days, holiday parties, socialization, and more. All of these activities bring us closer as friends and creates a bond that we share with our community.”*

~ Cathy C. (Coffee & Conversations Group Leader)





# Active Older Adults at the Pohl Center



Veterans Recognition Breakfast



Mental Wellness Fair



Overnight Trip – Holiday Lights at Shore Acres





# Active Older Adults at the Pohl Center



Mat Pilates



Day Trekkers Hike



Drop-In Billiards



Tai Chi at Hoyt Arboretum

# Juanita Pohl Center Meal Program

- Number of meals served (January 1 – June 30, 2025): 360
- Number of meals served (July 1 – December 31, 2025): 1,800
  - Average 72 meals served per week
  - 400% participation increase from previous nutrition program
  - 83% of participants pay the requested donation of \$5 per meal
  - 58% cost recovery through donations, sponsorships, revenue as of December 31, 2025

*“As a result of the JPC Meal Program, I have met new people and think it is great that a person who comes to lunch alone can sit down at any table and be included.” ~ JPC Meal Program Participant*





# Juanita Pohl Center Meal Program

- Thank you to our Main Course Meal Program Sponsors:
  - Medicare Mark Fuchs
  - City of Tualatin Police Department
  - King City Senior Village



*"My husband and I feel like we are going out on a date & sometimes like we are at a party! Lots of help and lots of smiles to make us feel special." ~ JPC Meal Program Participant*



# Juanita Pohl Center Meal Program

- Looking toward the Future:
  - Recreation Team visited Portland Metro Area centers to learn about their respective meal programs
  - Exploring potential funding sources
  - Meal Program North Star



# Rentals

- Business Meetings
- Private Parties
- Special Events



- Building Rented 158 Times
- 13,740 Guests Attended

# Enhance Center's Appearance

Exciting changes are coming to the Juanita Pohl Center!

- 2025 CDBG Grant Building Updates to include:
  - Upgrade restrooms to ADA standards
  - Replacement of exterior doors to sliders
  - Additional interior updates





# Action Plan for 2026

- Provide & Expand High Quality Programs and Services for Active Adults With a Focus on Physical Health, Mental Wellness, Engagement & Connection
- Continue to Grow & Develop the Juanita Pohl Center Meal Program
- Foster the Creation of New Sponsorship Opportunities



# Questions/Comments?

