

WHEREAS, Parkinson's disease is the second most common neurodegenerative disease in the world, affecting between 1-1.5 million Americans and between 7-10 million people around the world; and

WHEREAS, the World Health Organization estimates that globally, the prevalence of Parkinson's Disease (PD) has doubled in the past 25 years, and disability and death due to PD are increasing faster than any other neurological disorder; and

WHEREAS, there is no known cause of Parkinson's, though scientists and researchers believe a unique combination of genetics, environment, lifestyle, and other factors are at play for each person who develops it; and

WHEREAS, currently, there is no objective test or biomarker to diagnose or predict Parkinson's, and no cure or treatment able to slow or stop the progression of the disease. While most people living with Parkinson's are older than 65, 15% of people with Parkinson's are diagnosed before age 50; and

WHEREAS, the effects of Parkinson's on movement-like tremors and slowness-are often the most visible symptoms, other impacts of Parkinson's not related to movement, like emotional and cognitive challenges, sometimes have an even greater effect on your quality of life; and

WHEREAS, even early in a diagnosis, rehabilitation therapies-including but not limited to physical, occupational, and speech therapies-are essential at all stages of Parkinson's to prevent or delay problems, minimize the impact of symptoms, and maintain daily functioning as Parkinson's progresses; and

WHEREAS, Parkinson's is not life-threatening; however, it is progressive and very complex and can affect almost every part of the body, ranging from how you move to how you feel, to how you think and process; education and support services like the ones provided by the Davis Phinney Foundation and other organizations are needed to inform, empower and improve the quality of life of those living with Parkinson's and their care partners.

NOW, THEREFORE, BE IT PROCLAIMED BY THE CITY COUNCIL OF THE CITY OF TUALATIN, Oregon that April 2025 is Parkinson's Awareness Month in the City of Tualatin.

INTRODUCED AND ADOPTED this 14th day of April, 2025.

CITY OF TUALATIN, OREGON
BY
Mayor
ATTEST:
BY
City Recorder

