

Juanita Pohl Center Advisory Committee

Annual Report



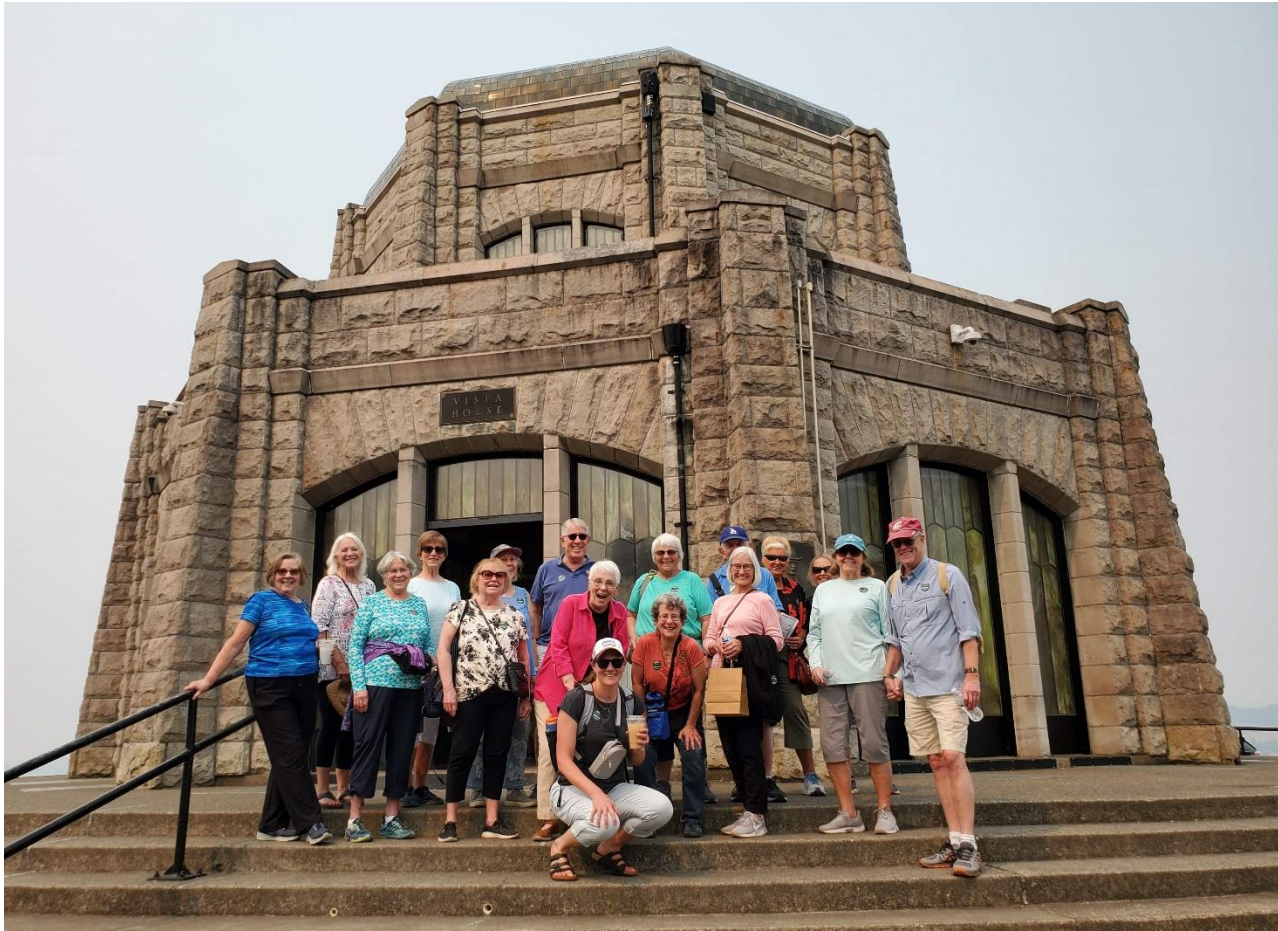
Committee Members

- **Susan Noack, Chair**
- **Amanda Ballard**
- **Peggi Federspiel**
- **Bob Grable**
- **Thea Wood**



Committee Role

- **Dedicated to Programs & Services – Share Ideas for Future Programming**
- **Advocate for Active Older Adults in the Community & at the Center**
- **Support Efforts to Successfully Continue to Increase Attendance & Participation**



Increase Participation/Utilization

Programs

- Arts & Culture
- Educational/Enrichment
- Environmental
- Evidence-Based
- Fitness & Wellness
- Intergenerational
- Social



Partnerships

- AARP
- Alzheimer Association
- Durham News
- Cascadia VIEWS
- Oasis Senior Advisors
- Meals on Wheels People
- Medicare Mark Fuchs
- New Horizons Big Band
- Tualatin Soil & Water Conservation District
- Washington County



Benefits

- **Improve Health & Promote Healthy Lifestyles**
- **Life Enrichment & Wellness**
- **Increase Quality of Life**
- **Social & Intellectual Engagement & Interaction**



Program Engagement in 2023

- **Arts & Culture: 314**
- **Educational/Enrichment: 479**
- **Evidence-Based: 98**
- **Fitness & Wellness: 6,911**
- **Pickleball: 201**
- **Social: 4,842**



Active Older Adults at the Pohl Center



Overnight Trip – Lighthouse Tour



Billiard Tournament Series



Veterans Recognition Breakfast

Active Older Adults at the Pohl Center



Earthwise Crew



Yang 24 Tai Chi



Day Trekkers Hikes

Rentals

- Business Meetings
- Private Parties
- Special Events



- Building Rented 204 Times
- 21,180 Guests Attended

Enhance Center's Appearance

- Reupholster Dining Room Chairs – bottoms/backs (October 2023)



Action Plan for 2024

- **Continue to Provide & Expand High Quality Programs and Services for Active Adults With a Focus on the Seven Dimensions of Wellness** **as outlined by the International Council on Active Aging*
 - Emotional, Cognitive, Physical, Vocational, Social, Spiritual, Environmental
- **Continue to Increase Diversity, Visibility & Awareness**
- **Foster the Creation of New Sponsorship Opportunities**



Questions/Comments?

