

# Juanita Pohl Center Advisory Committee

## Annual Report



# Committee Members

- Susan Noack, Chair
- Amanda Ballard
- Peggi Federspiel
- Bob Grable
- Gail McNally
- Thea Wood



# Committee Role

- **Dedicated to Programs & Services – Share Ideas for Future Programming**
- **Advocate for Active Older Adults in the Community & at the Center**
- **Support Efforts to Successfully Continue to Increase Attendance & Participation**



# Increase Participation/Utilization

## Programs

- Arts & Culture
- Environmental
- Evidence-Based
- Lifelong Learning/Enrichment
- Wellness & Longevity
- Intergenerational
- Social



# Partnerships

- AARP
- Alzheimer Association
- Durham News
- Cascadia VIEWS
- Cogir Tigard
- Oasis Senior Advisors
- Meals on Wheels People
- Medicare Mark Fuchs
- New Horizons Big Band
- Washington County



# Benefits

- **Improve Health & Promote Healthy Lifestyles**
- **Life Enrichment & Wellness**
- **Greater Life Satisfaction, Sense of Purpose**
- **Social & Intellectual Engagement & Interaction, Reduced Isolation**



# Program Engagement in 2024

- **Arts & Culture: 232**
- **Lifelong Learning/Enrichment: 876**
- **Evidence-Based: 88**
- **Wellness & Longevity: 8,379**
- **Pickleball: 332**
- **Social: 5,633**



# Active Older Adults at the Pohl Center



Veterans Recognition Breakfast



Billiard Tournament



Overnight Trip – Caves, Canoes & Meteors





# Active Older Adults at the Pohl Center



SilverSneakers Classic



Mental Wellness Fair



The Grotto

# Rentals

- Business Meetings
- Private Parties
- Special Events



- Building Rented 180 Times
- 16,800 Guests Attended

# Enhance Center's Appearance

- **New Siding & LED Sign (April-June 2024)**
- **Reupholster Dining Room Chairs – Seat Backs (September 2024)**



# Action Plan for 2025

- **Continue to Provide & Expand High Quality Programs and Services for Active Adults With a Focus on Physical Health, Mental Wellness, and Social Connection**
- **Continue to Increase Diversity, Visibility & Awareness**
- **Foster the Creation of New Sponsorship Opportunities**



# Questions/Comments?

