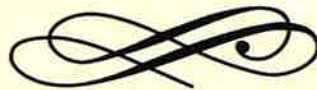


Office of the Mayor
Tomball, Texas



Proclamation



- WHEREAS,** the interest in and need for greater access to safe and effective non-drug, noninvasive approaches to pain management has increased; and
- WHEREAS,** the American College of Physicians (ACP) released updated low-back pain treatment guidelines in 2017 that promote the use of noninvasive, non-drug approaches such as spinal manipulation as a first line of defense against back pain, before the use of pain medications and surgery; and
- WHEREAS,** the CDC, in its draft 2022 prescribing guidelines, also promotes diverse approaches and varied pain management solutions and specifically encourages use of non-drug therapies as a first line of treatment for subacute and chronic pain and even some types of acute pain ; and
- WHEREAS,** doctors of chiropractic, who focus on the whole person with their non-drug, noninvasive treatments for pain management – most notably spinal manipulation – can play an important role in helping patients lessen their reliance on pain medications; and
- WHEREAS,** there is a growing body of research supporting the early use of chiropractic spinal manipulation in helping patients with chronic low-back pain to reduce or eliminate their need later for prescription opioid pain medications and surgery and
- WHEREAS,** with the theme ***“Chiropractic: On the Frontline for Pain,”*** **Chiropractic Health Month 2022** serves as a reminder to citizens of the City of Tomball, Texas, that non-drug treatments for low-back such as spinal manipulation provided by doctors of chiropractic can help to lessen or eliminate the need for riskier, potentially addictive treatments and should be utilized where appropriate before starting prescription opioid pain medications;

NOW, THEREFORE, I, LORI KLEIN QUINN, MAYOR of the City of Tomball, and the City Council of the City of Tomball, officially join with the Texas Chiropractic Association (TCA) and the American Chiropractic Association (ACA) in promoting the benefits of movement, good posture, healthy living and a nondrug approach to pain management with its *“Chiropractic: On the Frontline of Pain”* campaign by proclaiming the month of **October 2022, as:**

“CHIROPRACTIC HEALTH MONTH”



In witness whereof I have hereunto set my hand and caused this seal to be affixed.

Mayor Lori Klein Quinn

Attest: *Don Spivey*

Date: *October 12, 2022*