City Council Meeting
Agenda Item
Data Sheet

Meeting Date: 08/07/2023

Topic:

Approve an agreement with First Response Family Clinic for NFPA Firefighter Health and Wellness Physicals, for a not-to-exceed amount of $25,450, authorize the expenditure of funds therefor, and authorize the City Manager to execute the agreement. This amount is included in the FY 2022-2023 budget.

Background:

It is a significant fact that annually nearly half of all firefighter fatalities occur as a result of medical emergencies. The severe physical nature of firefighting and the harsh environmental conditions under which firefighters must perform their duties dramatically increases their susceptibility to stress and overexertion. Many of these deaths could potentially be avoided through early detection of underlying medical conditions by participation in an annual routine medical examination, which includes commonplace non-invasive medical testing. For the past 10 years all members of the Tomball Fire Department have participated in such physical examinations.

This past year the Tomball Fire Department began utilizing First Response Family Clinic, due to their ability to perform all tests required by NFPA 1582, the national standard for firefighter physical wellness examinations. By contracting with First Response Family Clinic there is a continuum of care from year to year for our firefighters. Furthermore, we are able to monitor progress with health plans as assigned by their physicians and associates; and ultimately the overall health of the Fire Department. The total cost of these examinations is within the FY 2022-2023 budget and is split between department 142 (City) and 145 (ESD #15) budgets.

Origination: Fire Department

Recommendation:

Approval

Party(ies) responsible for placing this item on agenda: Joe Sykora, Fire Chief

FUNDING (IF APPLICABLE)

Are funds specifically designated in the current budget for the full amount required for this purpose?

Yes: x No: _____ If yes, specify Account Number: #100-142/145-6304

If no, funds will be transferred from account: #_____ To Account: #

Signed: Joe Sykora, Fire Chief 07/31/2023 **Approved by:** _____

Staff Member Date City Manager Date