



Community Health Committee Meeting Minutes

April 22, 2026, 4:00 PM
Sweet Home City Hall, 3225 Main Street
Sweet Home, OR 97386

Mission Statement

The City of Sweet Home will work to build an economically strong community with an efficient and effective local government that will provide infrastructure and essential services to the citizens we serve. As efficient stewards of the valuable assets available, we will be responsive to the community while planning and preparing for the future.

Call to Order & Pledge of Allegiance

The meeting was called to order at 4:00 PM.

Roll Call

PRESENT

Chair Kelsey Ann Wray
Vice Chair Bob Dalton
Committee Member Michael Grenz
Committee Member Dr. Larry Horton
Committee Member Wanda Jones
Committee Member Dick Knowles
Committee Member Shirley Schumacher

STAFF

Jason Ogden, City Manager / Police Chief
Cecily Hope Pretty, Deputy City Manager
Adam Leisinger, Special Projects

GUESTS

Heidi Womack, Samaritan Hospital Nutrition & Diabetic Center

Approval of Minutes

- a) 2025-02-25 Community Health Committee Meeting Minutes

Committee Member Schumacher moved to approve the minutes of the Community Health Committee. Vice Chair Dalton seconded the motion. The motion carried by the following vote:

AYE: Wray, Dalton, Grenz, Horton, Jones, Knowles, Schumacher
NAY: None

Recognition of Visitors / Public Comment

There were no visitors to be heard.

Chair Wray recognized Heidi Womack to present under Community Partner Presentations.

Community Partner Presentations

- a) Samaritan Lebanon Hospital Nutrition & Diabetic Center – Heidi Womack

Heidi Womack stated that she was a registered nurse and certified diabetic educator. She reviewed Samaritan Lebanon Hospital's available diabetes services including diabetes self-management therapy, medical nutrition therapy, and diabetes foot care. She stated that self-management therapy was covered by most insurances including Medicare and Medicaid. She noted that classes were currently available in

person and would soon also be available virtually. She highlighted services related to accessing and using diabetes technology. She reviewed the components of the diabetes foot clinic and potential requirements to participate, particularly for Medicare and Medicaid patients. She noted that some services were available in the Sweet Home Clinic on Fridays, including one-on-one counseling for nutrition, monitoring, medications, and on-going support.

Committee Member Knowles asked how many patients were served by the program. Ms. Womack replied that it was approximately 1,200. She noted that overall, participants saw a reduction in their A1C.

Vice Chair Dalton invited Ms. Knowles to attend the Community Health Fair.

Committee Member Schumacher asked if family members could participate as well. Ms. Womack replied that family members and supporters were encouraged to participate.

Committee Member Jones noted the value of diabetic education to supplement the clinical experience and expand access to services.

Committee Member Grenz asked if there was typically a copay associated with Medicare patients. Ms. Womack stated that it depended on the provider and what kind of staff member was seen. She added that financial assistance was available for qualified applicants.

No action was required for this item. New Business was heard at this time.

New Business

a) Health Fair/Banners

Vice Chair Dalton stated that he would likely begin sending out applications for the Health Fair in May. He noted that he would send last year's list of participants to the Committee and asked for input on additional providers to invite. He asked the Committee to consider what kinds of banners to create to do more public advertising. Chair Wray suggested yard signs.

No action was required for this item.

b) Mental Health Resources

Vice Chair Dalton noted challenges with accessing a mental health provider in a timely fashion. He suggested that the Committee do more to put together a resource list centered around mental health resources.

Discussion ensued regarding the challenges to accessing mental health due to barriers with insurance coverage.

No action was required for this item.

c) Transportation

Vice Chair Dalton asked of challenges related to using transportation to access health services. Committee Member Jones replied that she saw issues with educating people about what is available and how to use the services in a way that could reduce their barriers.

No action was required for this item.

Committee Business for the Good of the Order

Committee Member Schumacher stated that Western University came to the Senior Center looking to advertise for participants in a class regarding falling and fall prevention.

Committee Member Knowles stated that May was Mental Health Awareness Month.

Adjournment

There being no further discussion, the meeting was adjourned at 4:54 PM.

ATTEST:

Chair

City Manager – Ex Officio City Recorder