

STAYING BUSY

- December 2024-

Town of Swansboro Parks & Recreation

All activities take place at the Recreation Center (830 Main St Ext) in Swansboro, unless otherwise noted. The Recreation Center's hours are as follows: Mon-Fri, 9 AM-7 PM, Sat, 8 AM-12 PM, closed Sunday. Call (910) 326-2600 for more info. Be sure to visit our website at swansboro.recdesk.com to register for programs/events.

Adult Programs

Onslow County Senior Services Nutrition Site:

Contact Onslow County Senior Services for more information.
Mon-Fri, 9 AM-12 PM

Fitness Programs

POUND Fitness Class

November 9th – December 7th 9 AM – 10 AM

Come get fit with RipStix! Join us at the Swansboro Recreation Center for our 5-week Pound fitness class with OFFICIAL POUND Instructor Karen Daly. Pound is a fun, total body workout that fuses the best strength training, Pilates, and cardio moves through drumming exercise. Register for the entire series for \$25 or drop-in for \$6 per individual session.

Tai Chi

October 21st – December 12th

Join Swansboro Parks & Recreation for Tai Chi with instructor Sifu Dr. Harold McMillion for a 6-week series, every Thursday starting March 7 at 2:00PM at the Swansboro Recreation Center. Tai chi is a series of gentle physical exercises and stretches. Each posture flows into the next without pause, ensuring that your body is in constant motion.

Events

SantaFest

December 7th 10 AM – 1 PM

SantaFest is coming to Swansboro Recreation Center! Join us on December 7th from 10 AM to 1 PM for a festive day of fun. Take photos with Santa, enjoy our cozy hot cocoa bar, create holiday crafts, play games, and make lasting memories. A big thank you to Lighthouse Realty Group for sponsoring this magical event. Don't miss out on the holiday cheer.

Programs

Holiday Wreath Class

December 5th 6 PM – 8 PM

Join us on December 5th at 6 PM for a festive Holiday Wreath Class at Swansboro Recreation Center. For \$30, create a beautiful holiday wreath to keep or gift, with all supplies included. Bring your own wine to enjoy while crafting; glasses will be provided. Celebrate the season with creativity and holiday spirit in a fun, relaxed setting!

Sprout Scouts-Merry Little Sprouts

December 13th 10 AM – 11 AM

Welcome to our Sprout Scouts program, designed specifically for our littlest ones ages 1-2. Our program aims to provide a stimulating and engaging environment where toddlers can explore, create, and play in a safe and nurturing setting.

Tiny Trekkers-North Pole Adventures

December 20th 10 AM – 11 AM

Welcome to our Tiny Trekkers program, designed specifically for our little ones ages 3-5! Our program offers a variety of age-appropriate crafts, activities, and games! From sensory play to art projects, there's always something fun and educational for our Trekkers to enjoy.

Handmade Holidays

November-December

Join us for our Handmade Holidays program, running from November through December! Participants will have the chance to create unique, personalized gifts perfect for the holiday season. Stay tuned for more information on how you can get involved!

November 19th- Snowman

December 3rd- Christmas Tree

December 10th- Gingerbread

December 17th- Reindeer

Fellowship Night

December 16th 6:30 PM – 7:30 PM

This program welcomes adults of all abilities to come together for a fun evening with a rotating theme or activity scheduled every month. This program is geared towards adults with disabilities and will be held once a month as an after dinner/evening group. We extend this invitation to anyone who is in their senior year of high school and above. For more information, call 910-326-2600 or come by the Swansboro Recreation Center, 830 Main St. Ext.

Music Therapy

December 21st 10:30 AM – 11:30 AM

Swansboro Parks and Recreation and Down Syndrome Network of Onslow and Carteret County are partnering to offer inclusive musical therapy sessions geared towards youth and young adults they are all FREE to attend! Sessions will be held at the Swansboro Recreation Center at 10:30 AM

Be on the lookout for additional programs

Register for programs at: swansboro.recdesk.com

Like us on Facebook: [Town of Swansboro](https://www.facebook.com/TownofSwansboro)

Follow us on Instagram: [@swansboro_recre8](https://www.instagram.com/swansboro_recre8)

