

STAFF REPORT



SUBJECT: Firefighter Wellness Physicals

DEPARTMENT: Fire Department

STAFF CONTACT: Robert Isbell

RECOMMENDATION:

Consider approval of Professional Services for Annual Firefighter Wellness Physicals

BACKGROUND:

This Program is a continuation of our firefighter wellness physicals. The Texas Commission on Fire Protection (TCFP) mandates that agencies must assess the wellness and fitness needs of the personnel in the department (Texas commission on Fire Protection rule 435.21). In line with this mandate, SFD has updated our policy regarding this rule and propose the use of Front Line Mobile Health to provide our annual assessments.

Frontline will now have baseline metrics from last year's assessments to follow our health trends and monitor any deviations in our health picture.

Although this service is a "professional service", we sought informal bids (2022) from other companies known for this specific work and Front Line Mobile Health offered a more comprehensive and firefighter centric testing. Many of the tests performed are not available with other providers.

FISCAL IMPACT SUMMARY:

The cost of the medical/physicals are \$32,995. This project was budgeted in the 2023-24 budget.

ALTERNATIVES

1. Not fund the program