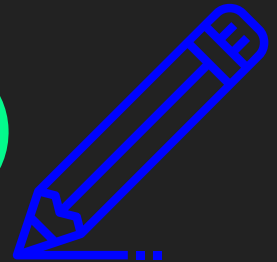




THINK

CREATE



WIN

2023 IF I WERE MAYOR STUDENT CONTEST
3 CATEGORIES: 4-5 GRADE; 6-8 GRADE; 9-12 GRADE
\$150 FIRST PLACE & \$50 SECOND PLACE PRIZES
SUBMISSIONS DUE MARCH 3, 2023

www.sthelensoregon.gov/news



If I Were Mayor...

Student Contest

2022-2023



The Oregon Mayors Association and your city invite you to enter the
"If I Were Mayor..." contest.

Share your creative ideas about what you would do as mayor.

Local winners are entered into the state contest for a chance to win a prize worth \$500!

LOCAL CONTEST DEADLINE: Friday, March 3, 2023, 5:00 p.m.

Contest Rules:

GENERAL RULES:

- All submissions must be accompanied by a completed entry form. All forms for students under age 18 must be signed by the student's parent or guardian. Entry forms may be photocopied.
- Only one submission per student and one student per entry will be accepted at the state level.
- Previous statewide winners may participate, but are not eligible to receive a prize in the same category they previously won in. They are eligible to receive a prize in a new category.
- State level submissions become the property of the Oregon Mayors Association (OMA).
- OMA retains the right to publish state-level entries along with the names and likenesses of each student.
- League of Oregon Cities (LOC) employees and dependents are not eligible to enter.

POSTERS (Take a photo of the poster, save as PNG, JPEG or BMP or PDF file)

- The poster contest is open to students enrolled in grades 4 and 5 or being home-schooled at the same grade level for the 2022-23 school year.
- Poster size must be a minimum of 17" and a maximum of 28" in height or width.
- Students are encouraged to be creative and may use any art medium (e.g., poster paints, felt pens, colored pencils, pastels, crayons, three-dimensional art, etc.). The poster may be in color or black and white.
- The student's name and a daytime phone number or email address for their parent or guardian must appear on the back of the poster.

ESSAYS (Formats allowed: Word, PDF, PowerPoint, or online essay format)

- The essay contest is open to students enrolled in grades 6 through 8 or being home-schooled at the same grade level for the 2022-23 school year.
- Essays must be 500 to 1,000 words in length and typed.
- The student's name and a daytime phone number or email address for their parent or guardian must appear at the top of the essay.

DIGITAL MEDIA PRESENTATIONS (Formats allowed: MP4 or online video format. PowerPoint is now for Essays only.)

- The digital media presentation contest is open to students enrolled in grades 9 through 12 or being home-schooled at the high school level for the 2022-23 school year.
- Presentations must be one to three minutes in length and may be submitted on disk or emailed.
- The student's name and a daytime phone number or email address for their parent or guardian must be written on the disk or disk sleeve or in the title of the electronic file.

First-place statewide winners will receive their prizes during the OMA Summer Conference, to be held August 10-12, 2023 in Hood River at Best Western Plus

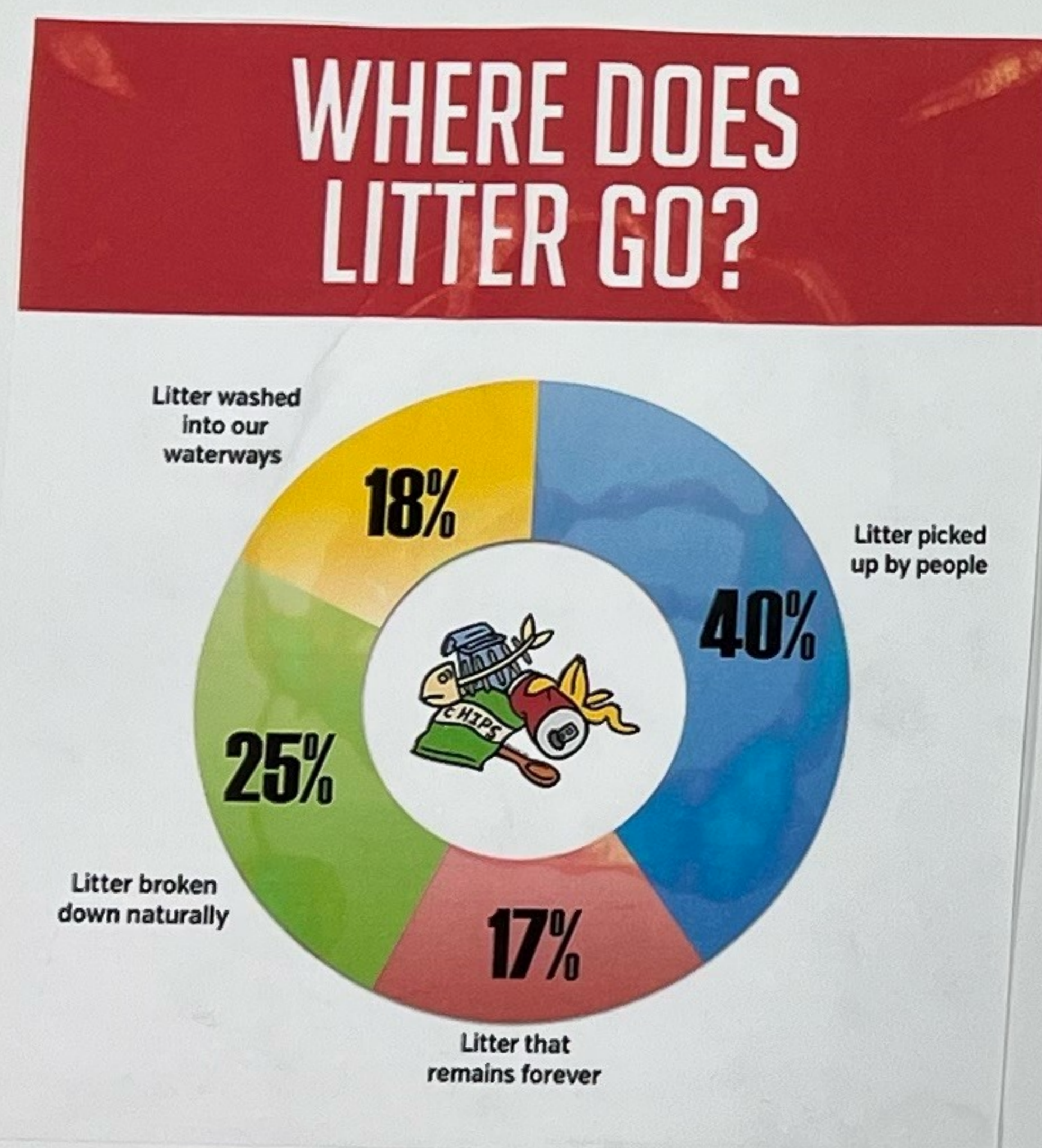
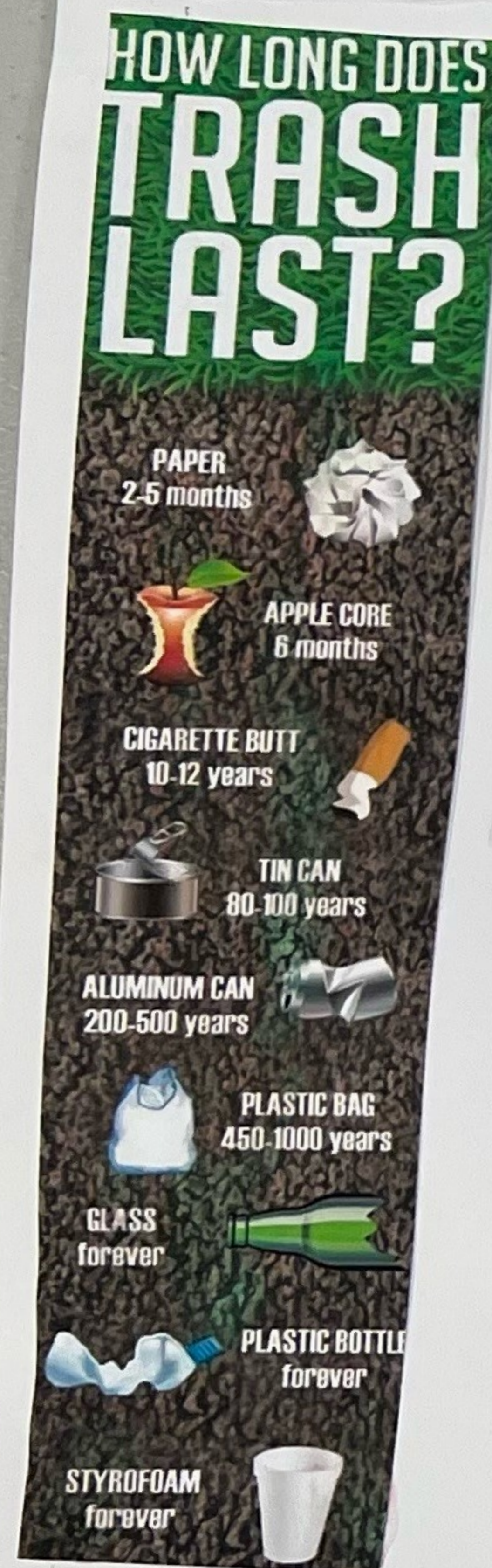
For more information about the state contest please contact Angela Speier at aspeier@orcities.org.

For more information about your local city contest, please contact your city at: [503.366.8216](tel:503.366.8216) lscholl@sthelensoregon.gov

If I were Mayor...



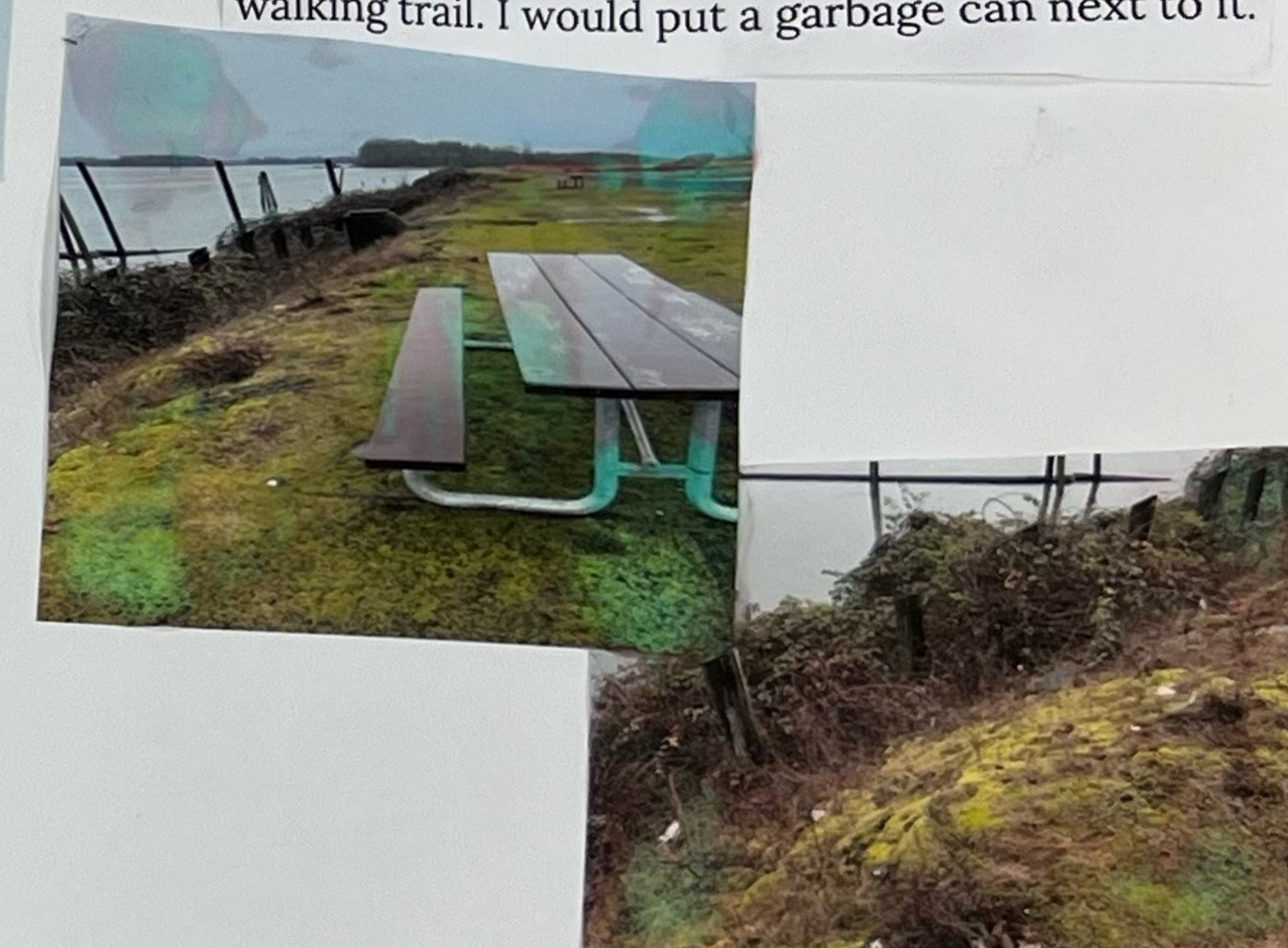
Cigarette butts were the most common garbage item when I picked up trash. As you can see cigarette butts last 10-12 years.



If I were mayor I would wake up every morning and pick up trash.



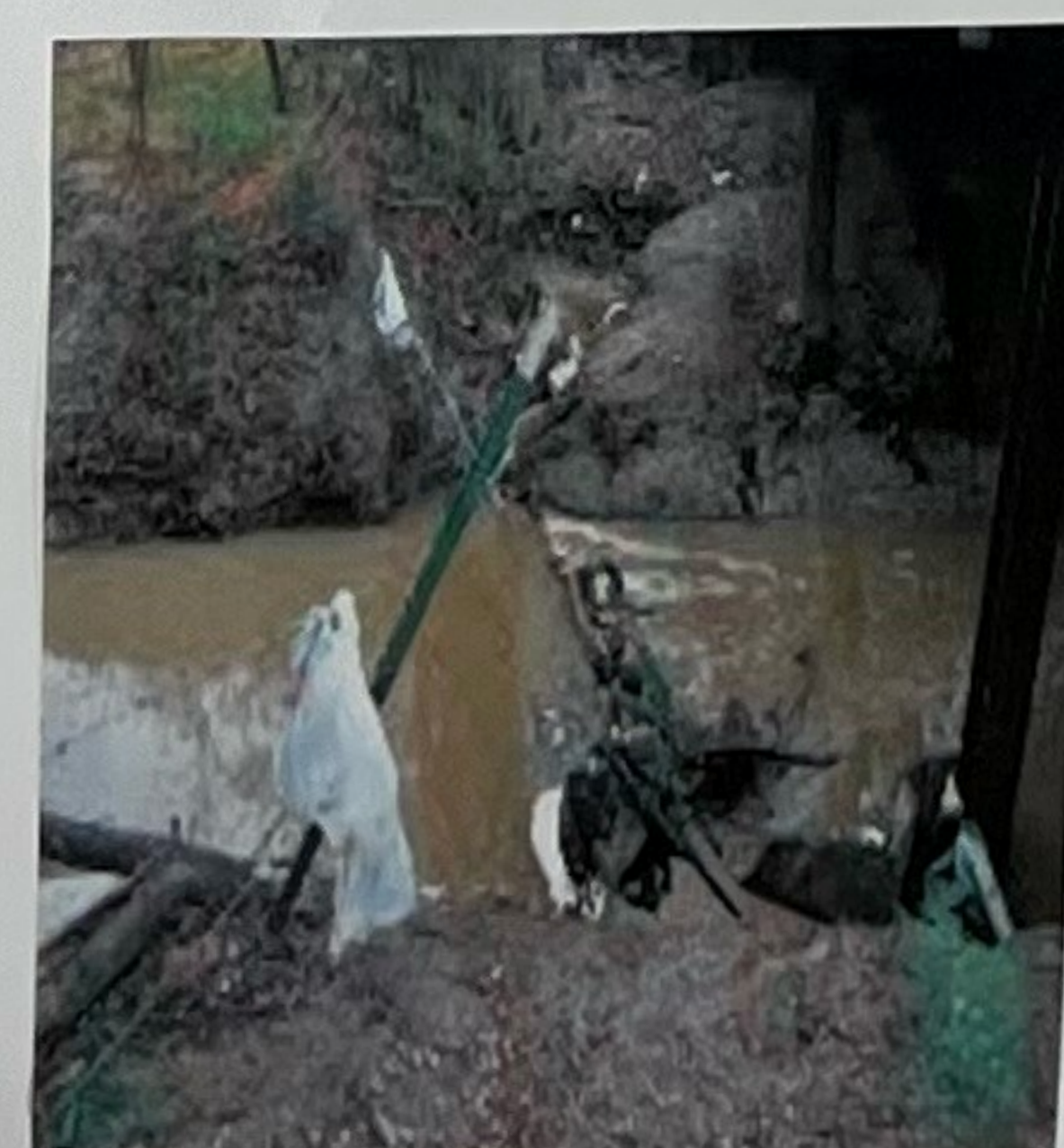
On the waterfront walking trail, there was a lot of dog poop. The free waste bags are not near the parking area or trail. I would move the dog waste bags to the front of the walking trail. I would put a garbage can next to it.



Picnic Table on the waterfront walking trail. There was a lot of garbage around it, over the hill and in the water. There were no garbage cans anywhere near the picnic tables.



Trash in a bush at Columbia View Park.



Over 8 million tons of plastic waste finds its way into our oceans every year.



Trash by the creek at Godfrey Park.



I would bring back the garbage can painting contest and place some of them on the waterfront walking trail. Especially by the picnic tables.

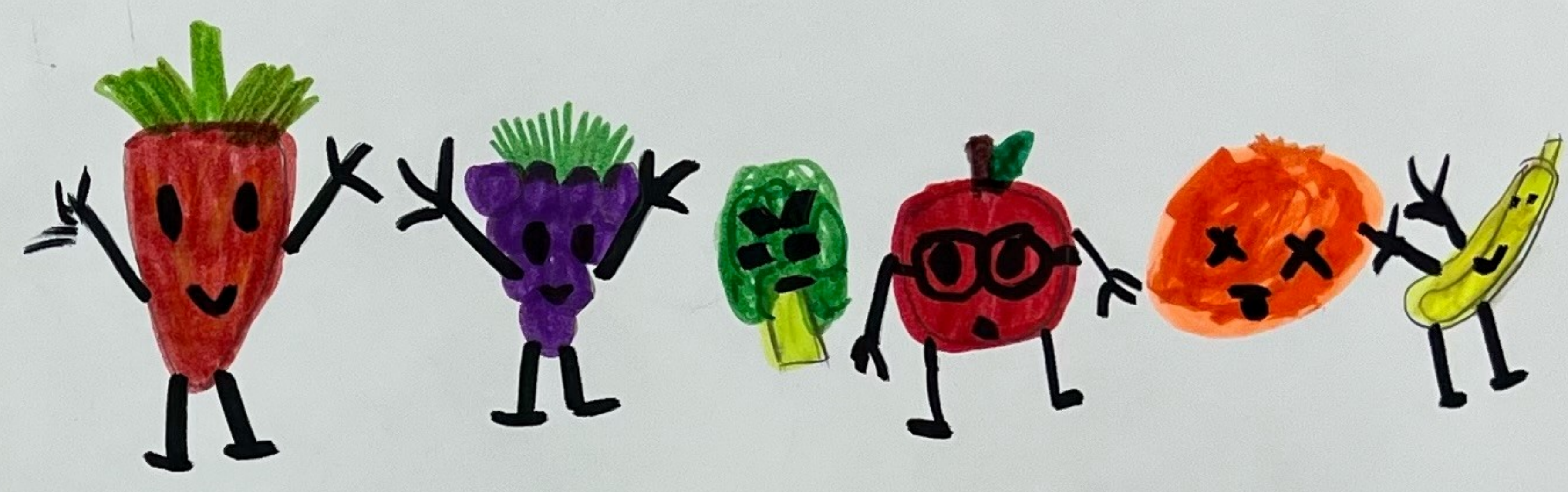


if I were Mayor?

if I were mayor open a Hospital



if I were mayor I would lower gas and Food Prices



Mayor

Mayor

if I were mayor I would open a community garden

Garden



if I were mayor I would open a Pet Shelter

Pet Shelter



if I were mayor I would raise Teacher's Salary.



if I were mayor I would lower Rent



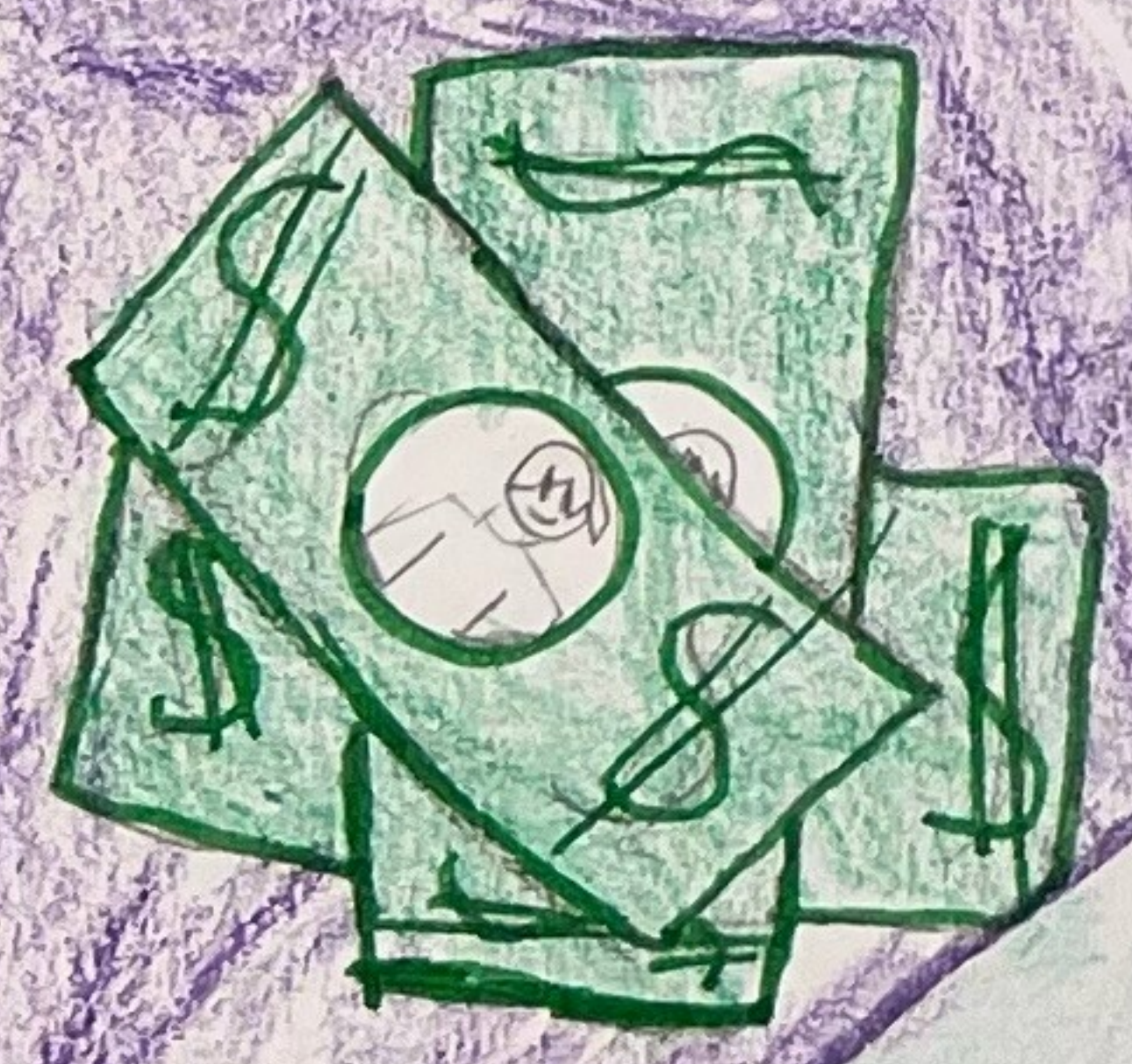
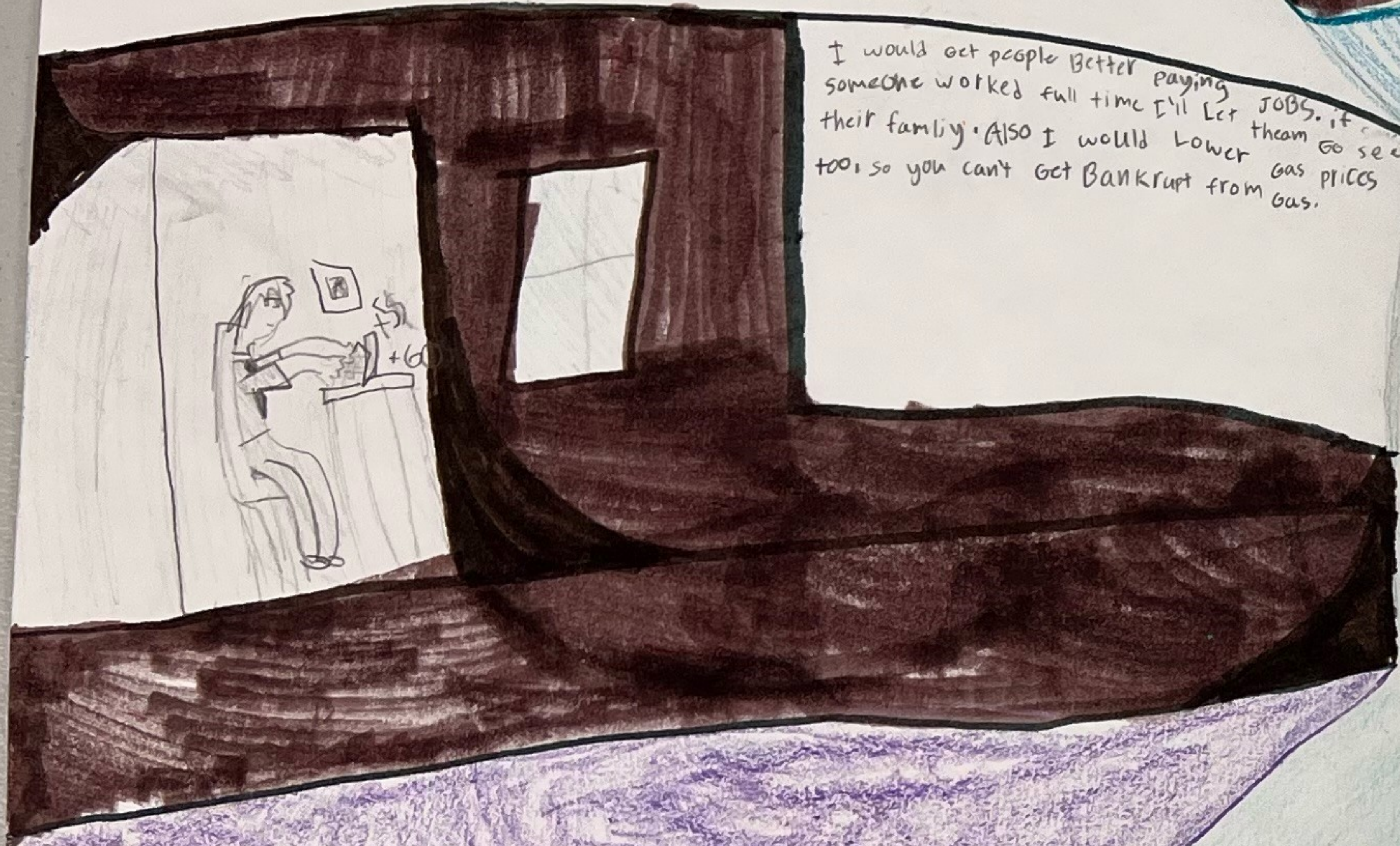
IF I were Mayor!

I would Gather groups of people to help Clean Beaches and the Ocean and make sure that people Recycle so there is LESS plastic in the ocean by Doing that LESS animals will get hurt.

I would get people Better paying someone worked full time I'll let them go see their family. Also I would Lower gas prices too so you can't get Bankrupt from gas.

I would convince people to Donate Cash to charity so the Less fortunet can afford homes and food.

I would Set a huge Community garden were you can Plant veggies, fruit and flowers. there is also a drinking fountain if you are thirsty

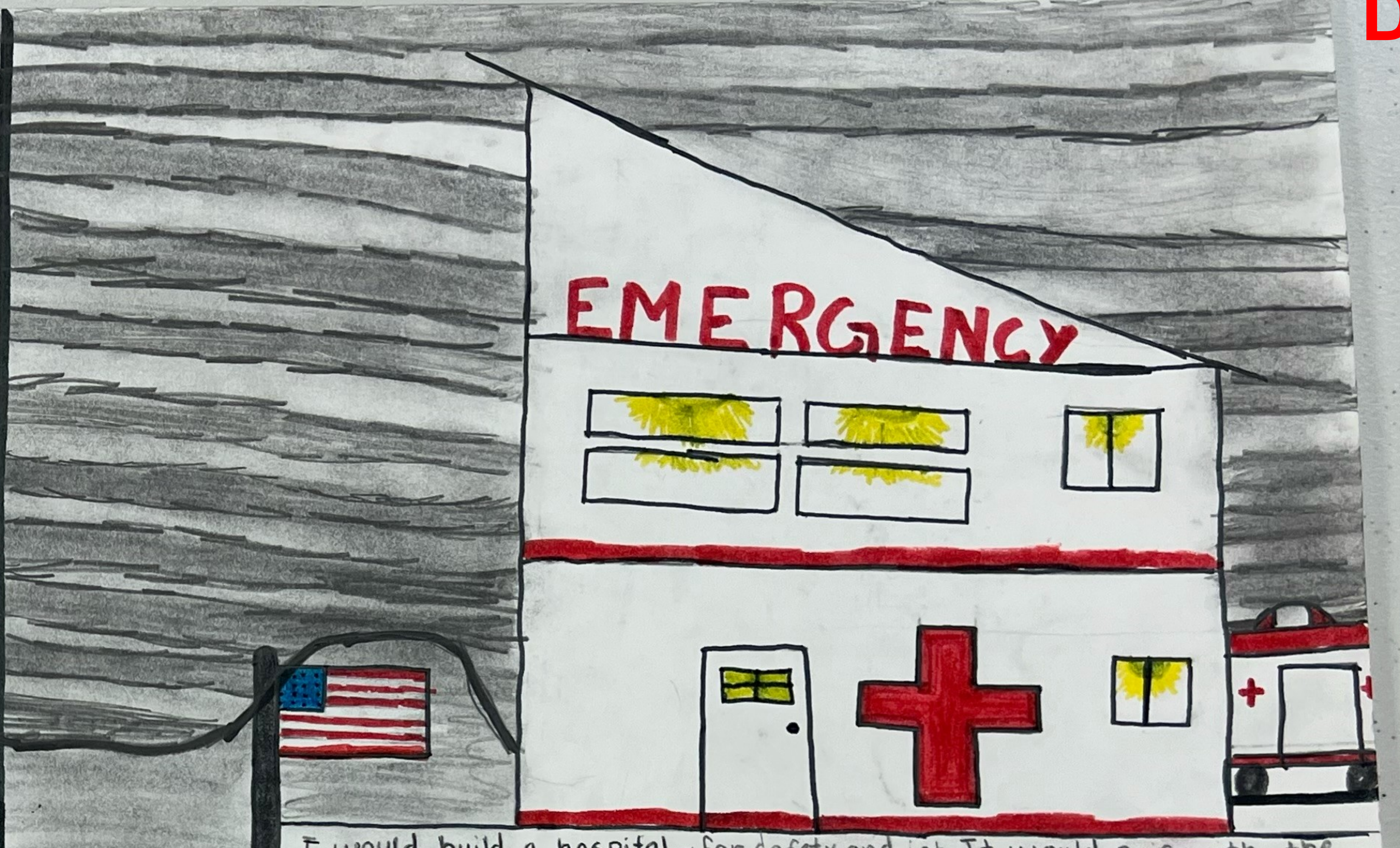




yay college

I would build a community college...
It would work with high schools.

Community college



I would build a hospital...for safety and job. It would pair with the community college for training. For people who can't drive, a local hospital would help their needs.



I would set up can for kids...
It would pay for school supplies. People could donate their green bags and the money collected would be used to buy art supplies, school supplies, PE equipment, music and etc.



I would build a community center...
for student with disabilities. It can work with the community college.

If I were Mayor...

If I Were Mayor

Raylan

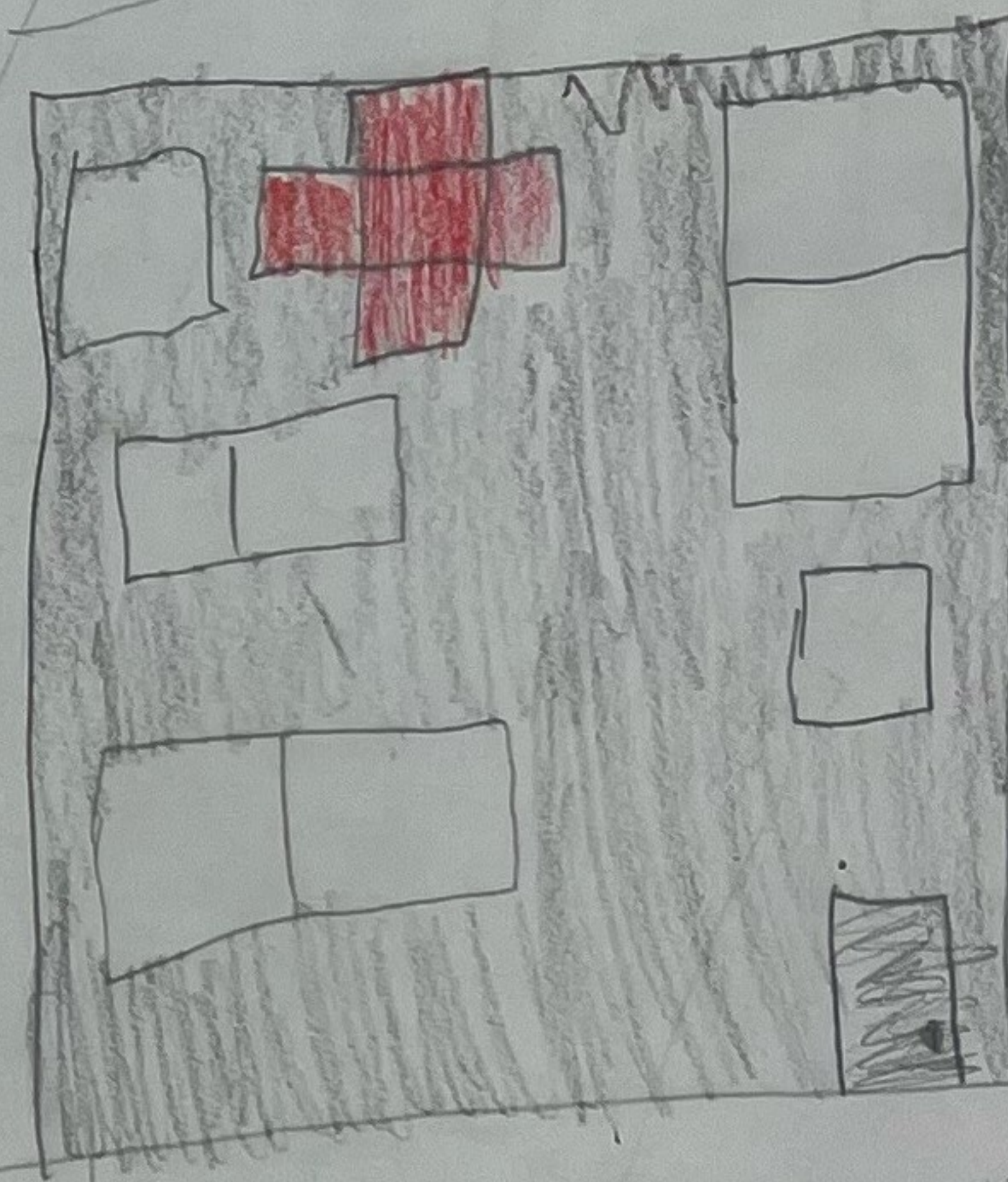
I would make a
homeless only restaurant

I would make more place's
like Liberty Hills. (I would also
stop them from taking down
Liberty Hills)

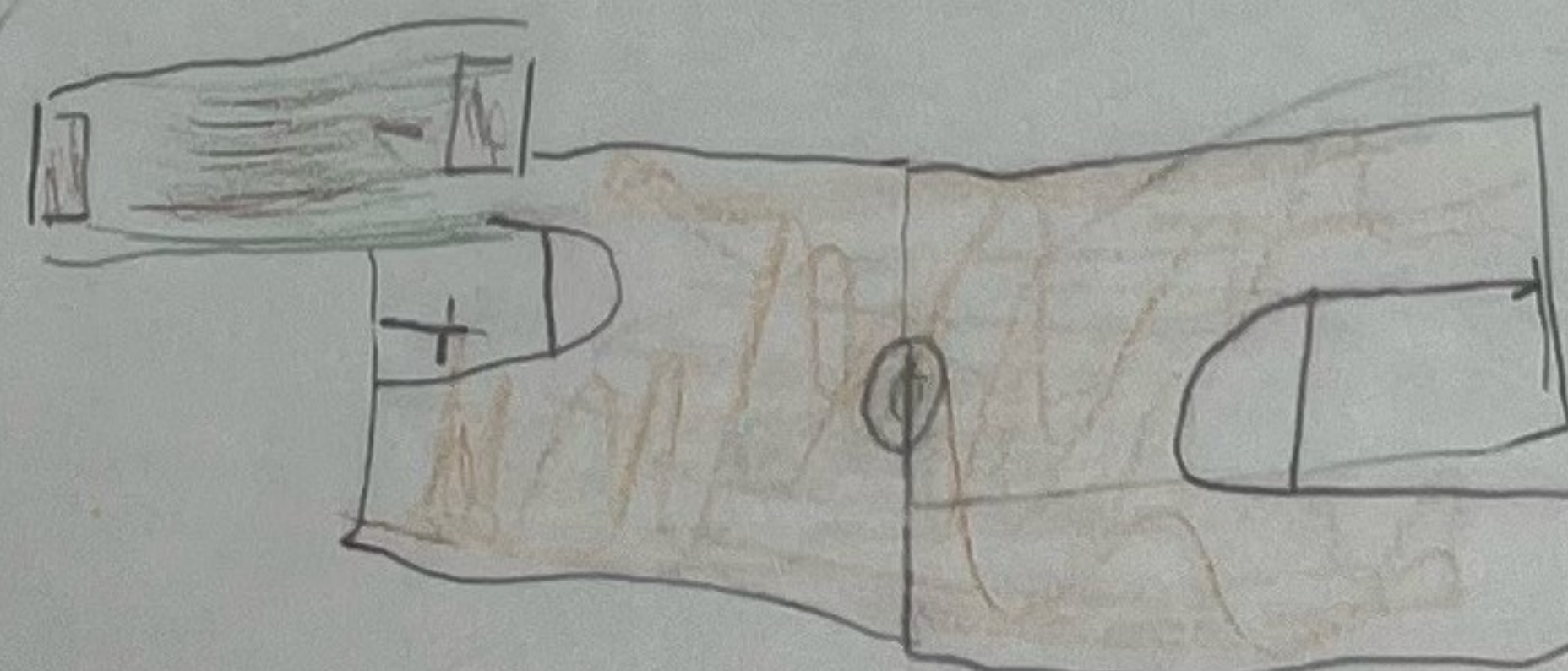
I would make a airport
for easier transport.



I would make
a hospital so people who
need it can get it.



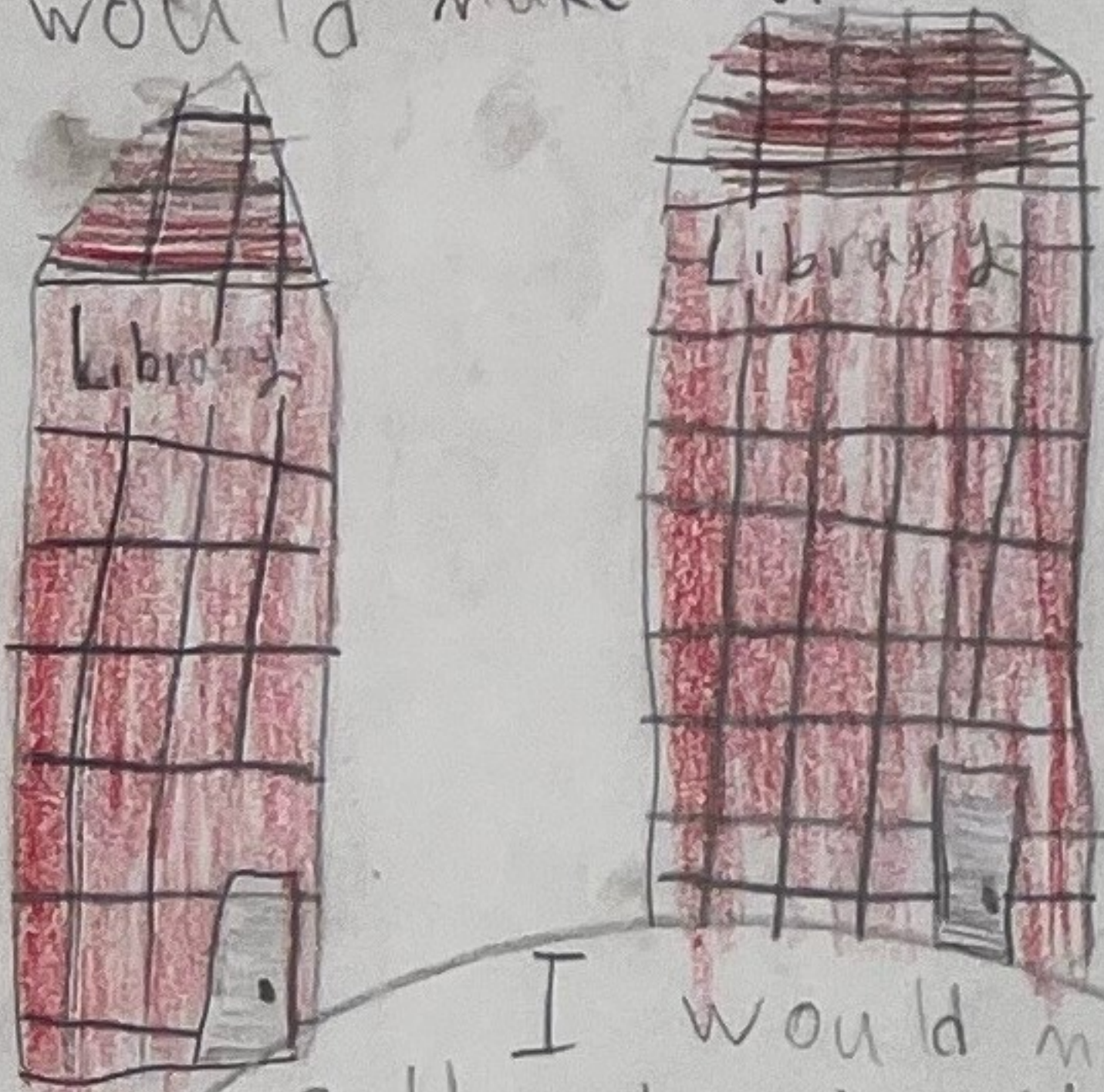
I would make more sport place's for basketball, soccer, and base ball.



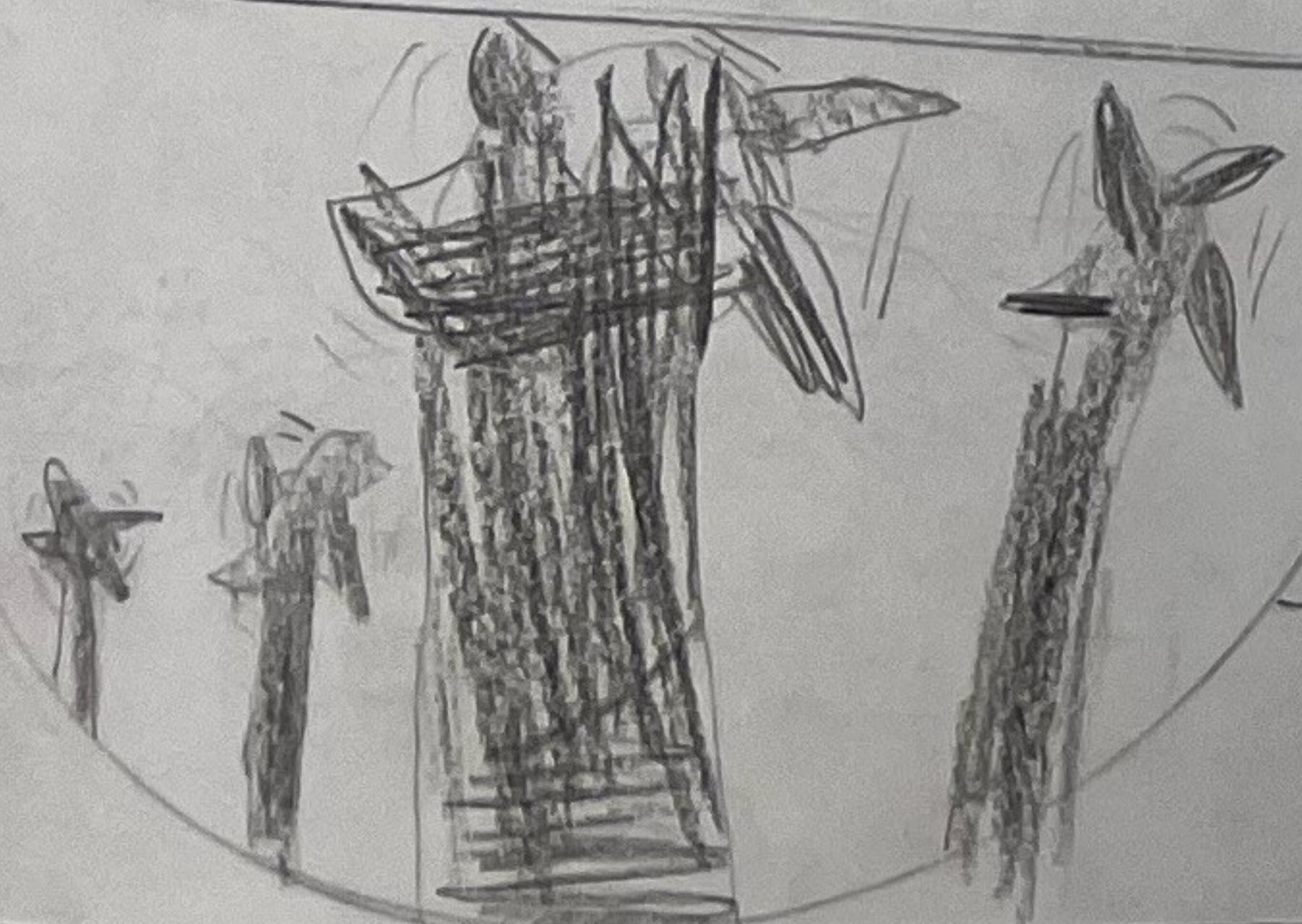
I would get
more pet control.



I would make more Libraries.



I would make
all electric city power
powered by element machines
like turbines.



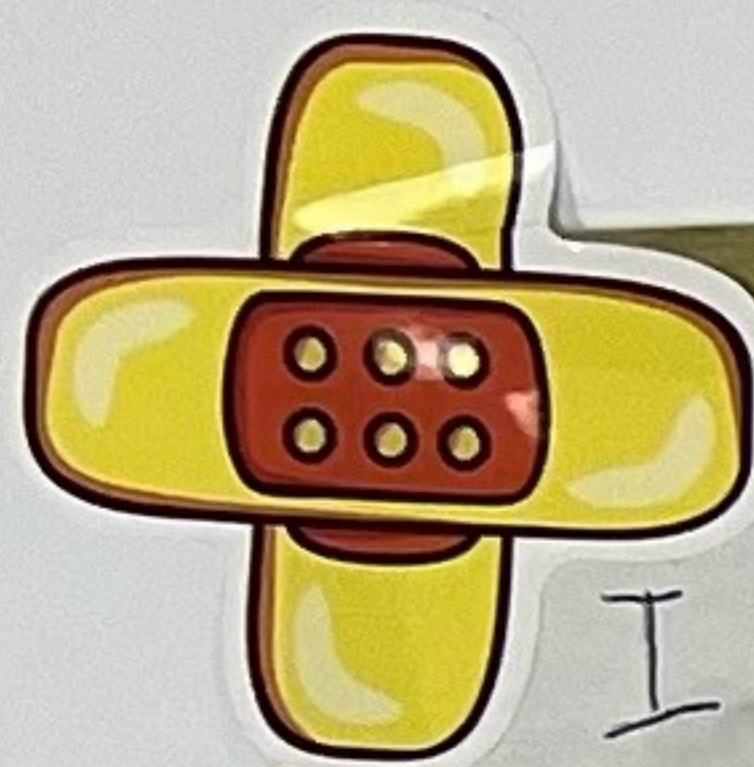
now
\$36.00
gallons 13.25

soon
\$3.00
gallons 13.25

I would
make gas prices
go down.

If I was the mayor

I would...



I think we need a hospital because so many apartments in St. Helens are being built. So when people get hurt many people are going to have to get medical care. people also have to drive a long way to be seen for medical emergencies. And gas is also very expensive.



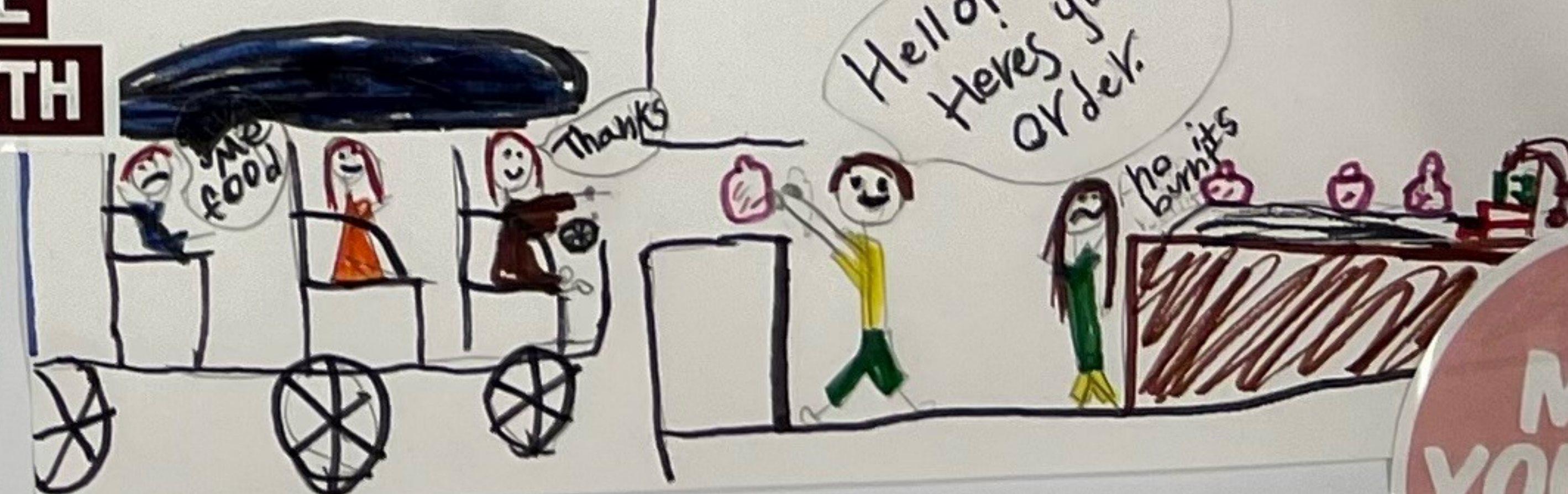
Our community needs bigger stores. The reason why is to help the growing population in St. Helens. The stores we need are grocery stores, retail stores, and we need entertainment places so that kids have more fun activities to do.



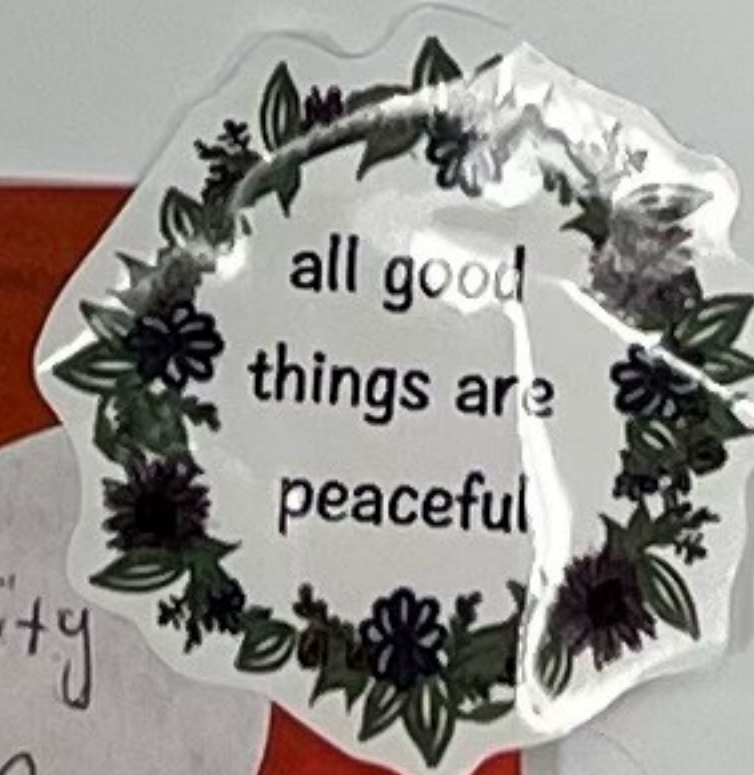
I think we also need more healthy fast food restaurants. A lot of people are trying to eat healthy and don't have a healthy fast food choice.

Healthy fast food

YOU
ARE
WORTH
IT



MAKE
YOURSELF
PROUD



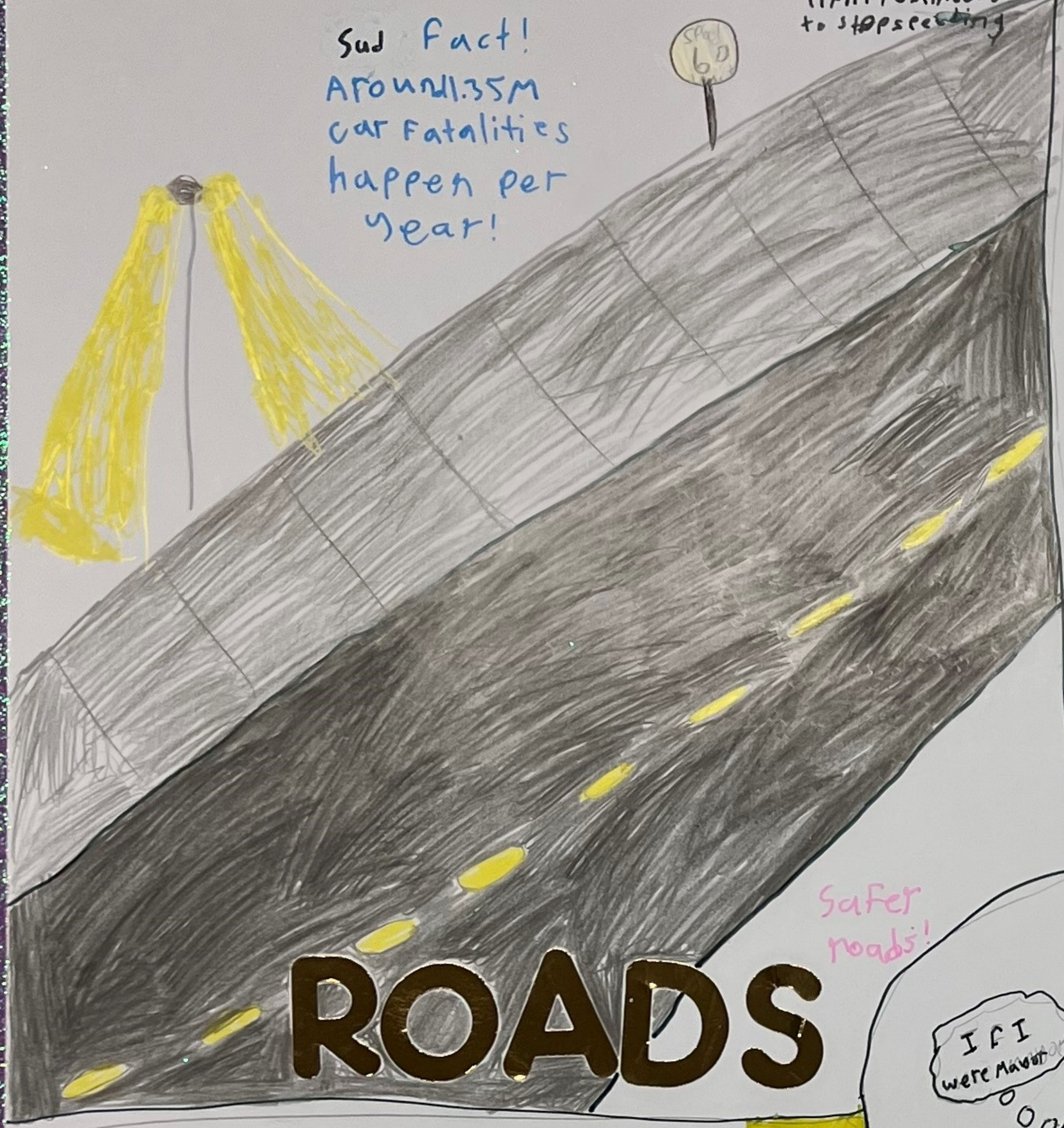
I also think our community needs more police officers. So many apartments are being constructed and there is a possibility that more crime will happen. That is why we need more police officers.



SAFER

- Add more streetlights on roads to prevent accidents
- Make more speed limit reminders to stop speeding

Sad Fact!
Around 1.35M car fatalities happen per year!



ROADS

MORE

- Make shelters a good place to have goods & services
- Make posters to tell people about jobs



Sad Fact!
582,462 people are homeless!

less homelessness!

JOBS

CLEANER

Fun Fact!
Parks look better when clean!!



PARKS

Don't Pollute!

KIDS

- Having more outside activities keep kids outside and active
- Most kids spend more time on screens than outside

Fun Fact!
The average amount of social media accounts is 8.5!



More outside!



ACTIVITIES

IF I WERE MAYOR
of St. Helens ... I would help
create...

Safe bike
lanes everywhere

Pedestrian bridge over the highway.

A basketball
court for people
to play at.

A bigger
library

A safe town
for everyone.

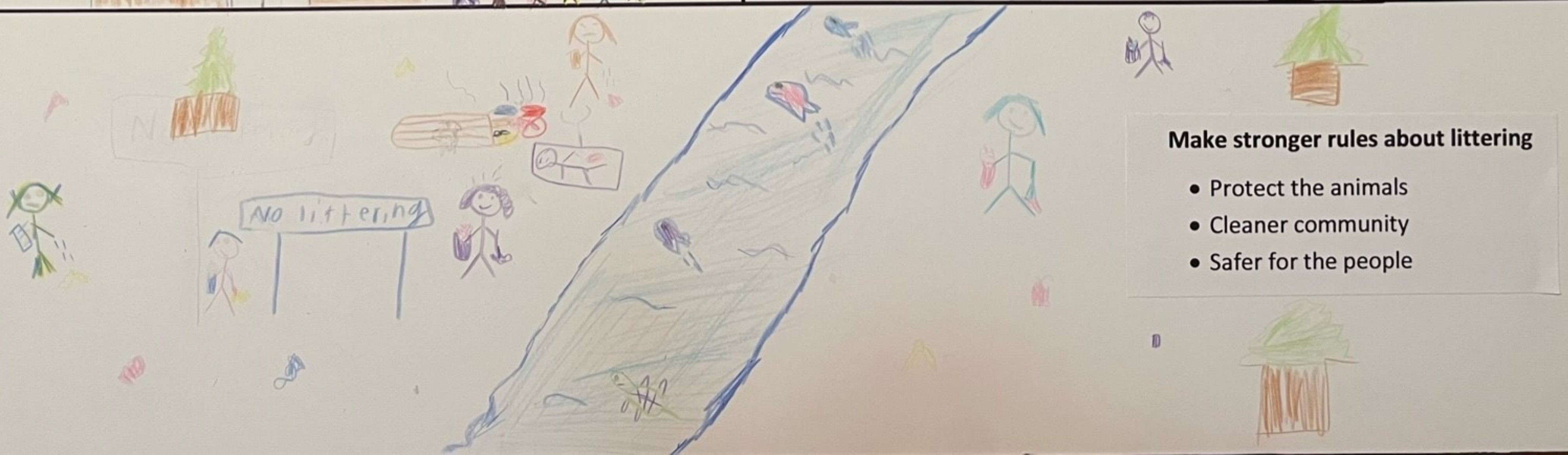
A clean river for people to fish, swim, and play in the sand.



IF I WERE MAYOR...

BY GENEVIEVE SMITH

I would educate the children about the city government and teach kids how to be involved and help their community. Tell them about what the government does for us. My classmates should know the Mayor helps keep our city safe and healthy.



I would put a honey bee yard
so we can get honey and they can
pollinate flowers



if I were mayor
I would put in a Dea

Dea



and finally I would put a community center
for kids to stay active after school and on the weekends
and on holidays it has a pool a small track a small turf
and batting cages



if I were mayor I would put a hospital because the closest
in Portland

EMERGENCY



If

we're

Mayor

If I were Mayor...

By Ivy Stram

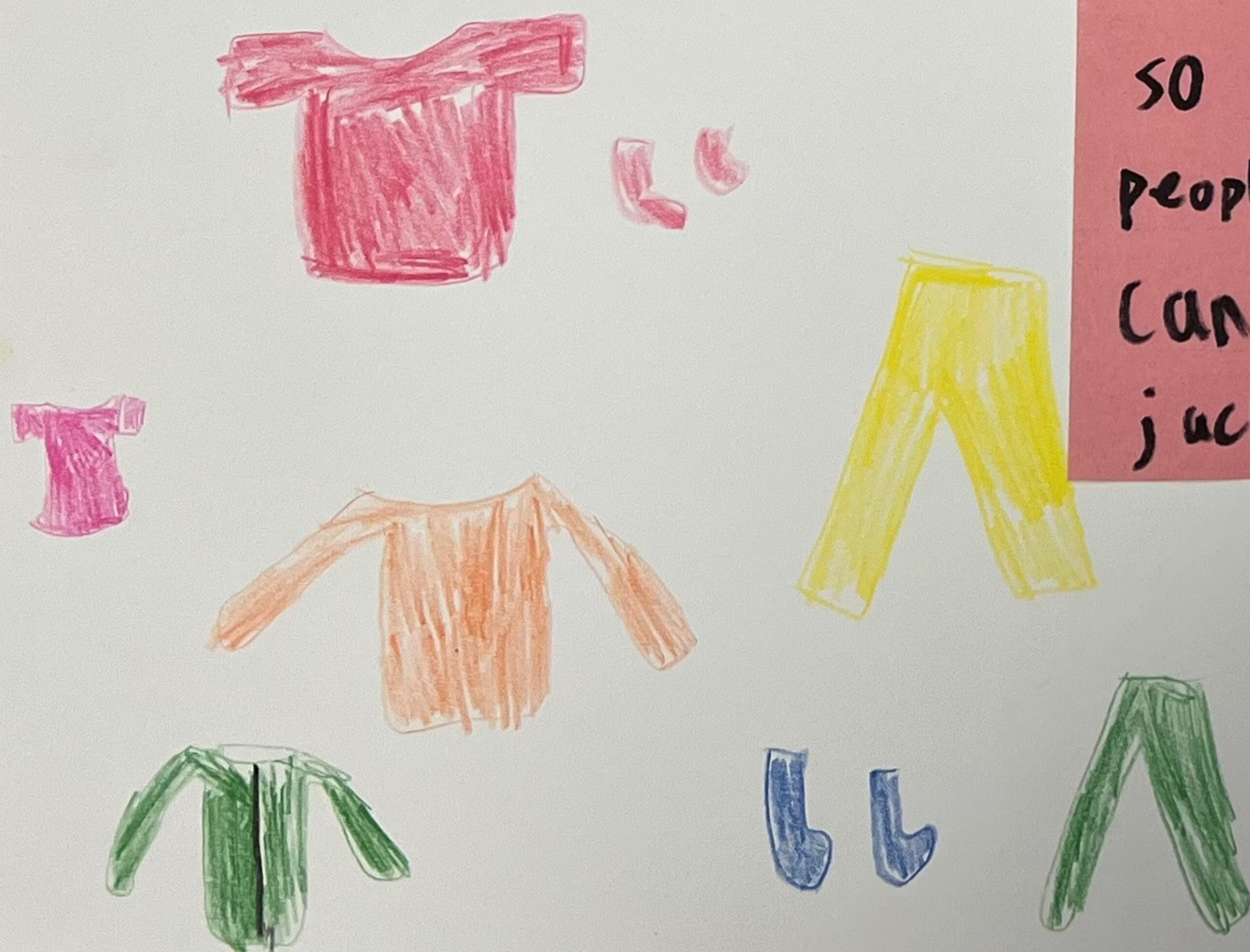


If I were Mayor I would have a community cleanup at Columbia View Park then restore it to make it safer and more likely for people to come there.

I would bring back Summer Lunch Programs to the parks with activities such as: scavenger hunts, Art projects, yoga, and cornhole.

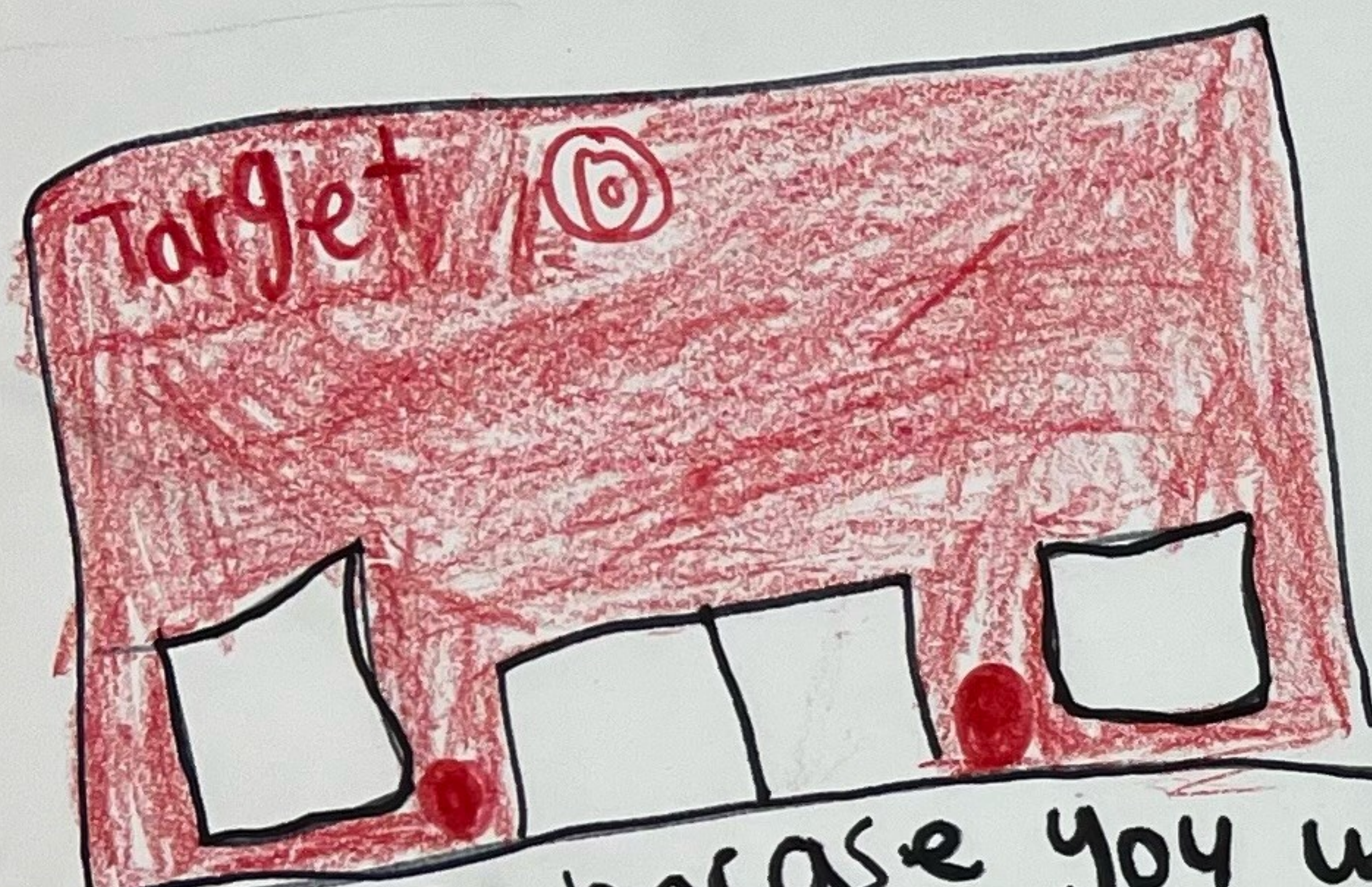


I would have a community closet so people can donate clothes to people in need so people in need can have warm clothes and jackets in the winter.



I would put more tax money to the Human Society so that they can rescue cats and dogs and find them good homes.

If I were Mayor
I would build a Target. Target will provide
jobs and access to essential things.

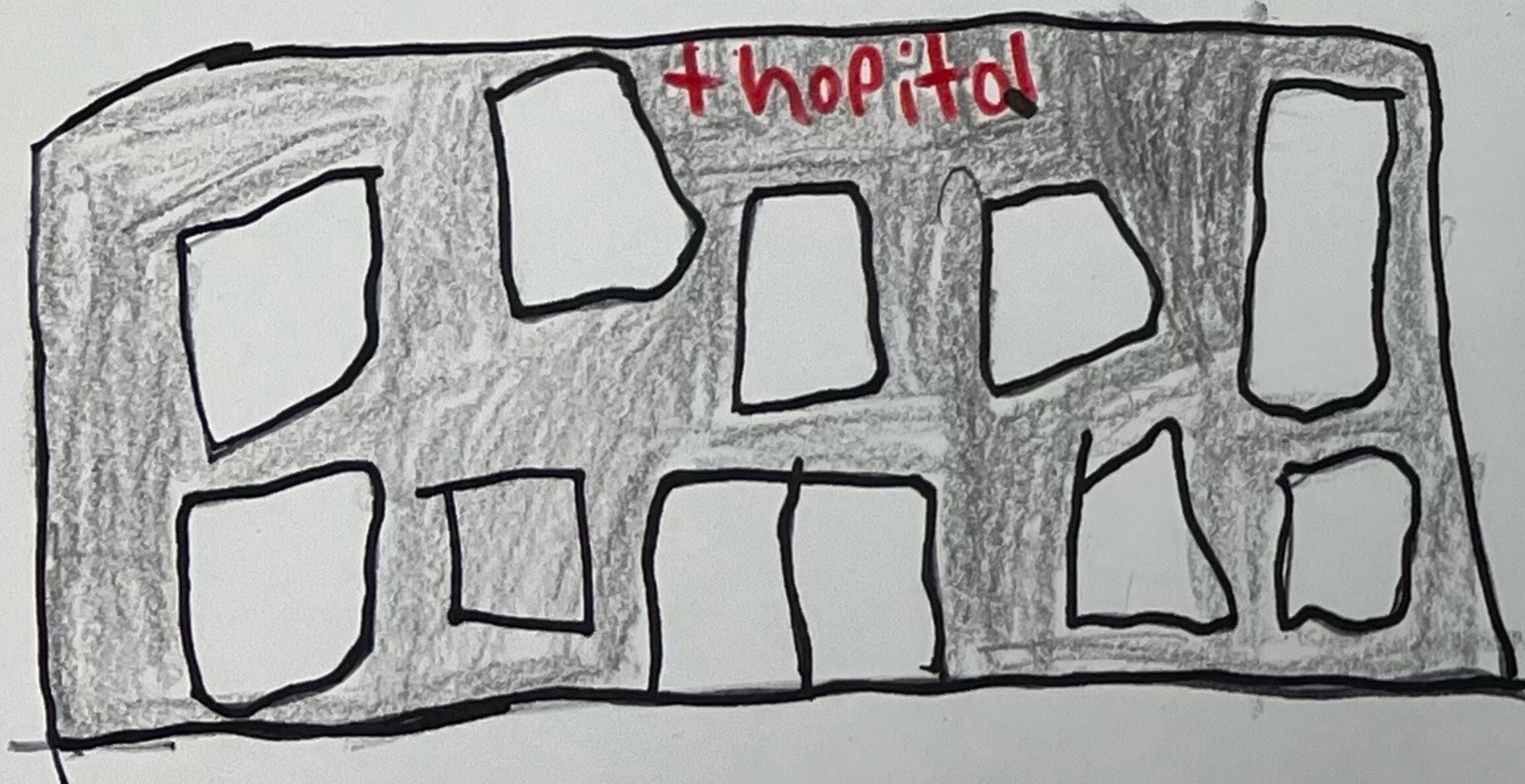


It would be because you wouldn't
have to drive so far.

A Petting Zoo also would open jobs for
people. And the animals are a baby jaguar and a
duck and more.



You wouldn't be so far from your family.



If I were mayor

Oregon has been called “the desert of childcare”. That’s not a title I want for our town. I feel like something should be done and can be done to fix this. If I were mayor I would start a childcare center run by volunteers for families that cannot afford it. There are very few affordable child care centers in St Helens. I think my idea will give more opportunities to the people of St Helens Oregon.

Sometimes parents don't have the money to send their kids to a childcare center which can be hard for that family. Childcare might range anywhere from \$10,000 to \$11,000 per year. That's about \$200 per week, and it gets expensive. The average wage of a person in St. Helens is \$46,000 per year before taxes. The average cost of living in St. Helens is \$46,542 per year. How can a below average family afford childcare? It might be impossible.

Due to rising prices, parents are having to make more money which means that they have to work longer hours or get second jobs. If they have to work longer hours or get second jobs that might mean that their kids will have to spend several hours at home unsupervised. Unsupervised children have a risk of higher levels of fear, stress, loneliness and boredom. I know from experience being left at home is not always fun. These could have long term effects on the child's life which can ruin future careers and relationships. Not having childcare is hard on parents, but as well as on the children.

The childcare center would be run by volunteers, and be a fun and inviting place for kids. As mayor I would reach out to the community for volunteers. High school helpers after school could come and volunteer, to. According to Western Connecticut State University, volunteering can provide a healthy boost to your self-confidence, self-esteem, and life satisfaction. As an extra precaution, we would also undergo background checks on the volunteers to keep everyone in the program safe. Former United States Representative Judy Biggert once said, “Research has shown time and time again that infants who receive high-quality child care and early education programs do better in school, have more developed social skills, and display fewer behavior problems.” The volunteers and program could have a positive and encouraging impact on the kids' lives. Some kids need more encouraging adult figures in their lives.

If we had volunteer-run childcare, Oregon could not be a desert of childcare. Parents might have more money for things they will need. Parents will have more time to spend with their kids since they will not have to work longer hours or work extra jobs. Volunteers would be encouraged in their lives to do good. Children in childcare would make new friends, and would be in a safe environment when away from their home. If I were mayor, I would give more opportunities to the people of St Helens.

If I were mayor of St. Helens, Oregon, my top priority would be to make the city a better place to live, work, play, and thrive. We can achieve this by addressing several key issues that affect our community.

First and foremost, I would focus on promoting sustainability and creating an environmentally friendly community. One way to do this would be to increase the daily recycling limit for cans and bottles from 144 containers per day per person to unlimited. By allowing citizens to recycle as many cans and bottles as they have, we can reduce the amount of waste in our landfills, rivers, and oceans and promote a more sustainable future for our community. Moreover, increasing the daily recycling limit can help those struggling economically. Increasing This will provide a supplemental income source for those teetering on the edge of homelessness, hunger, and even crime.

In addition to promoting sustainability, I would work to help our homeless population. I would create a program that incentivizes the homeless to clean up encampments by providing them with gift cards for local restaurants or grocery stores in exchange for bags of garbage from encampments. This program would benefit the homeless and the city, as it would reduce the amount of garbage city workers must clean up. It would also benefit local businesses by making the city cleaner, more livable, and a safer feeling for all who live, work, and travel through our community.

Another issue that I would address as the mayor is the rising cost of living. I would attract new businesses to our city that offer well-paying jobs and affordable goods and services. Doing so would create more job opportunities for our residents and stimulate our local economy while reducing the need for so many in our community to commute long distances. Additionally, I would work with local schools and community organizations to provide financial literacy for

students beyond just AVID students and job training programs for our residents. Investing in our people can help them achieve financial stability and improve their quality of life through equality means.

Furthermore, I prioritize the need for a sports recreational facility for our youth. Our youth sports would be more competitive, and more youth would be interested in sports if we could provide an indoor training facility for our sports programs. If we had a sports facility we could hold events and tournaments which would bring revenue to our community. Providing a sports training facility would be a great way to bring more jobs to our area and allow for our community as a whole to pay to play and train which financially supports the facility.

Finally, I prioritize transparency and accountability in city government. I would hold regular town hall meetings and public forums to hear our residents' concerns and ideas directly and not limit them to three minutes. Including community and listening to the concerns of the citizens is of absolute importance to growth and support within our city. We can build trust and confidence in our local government by promoting transparency and encouraging community participation.

In conclusion, as the mayor of St. Helens, Oregon, I am committed to creating a more livable and inclusive community for all residents. By promoting sustainability, helping the homeless, fighting inflation, providing a sports recreation facility, and prioritizing transparency and accountability in city government, we can build a brighter future for St. Helens. Working together can make our city a better place to live, work, play, and thrive.

High School Digital Presentation Submittals – CLICK ON LINK

Digital Presentation A https://youtu.be/zESEthERxpY	Digital Presentation B https://youtu.be/_B_0LfKk8u8
Digital Presentation C https://youtu.be/h8DYflzYaR0	Digital Presentation D https://youtu.be/mJphgZfe3e8
Digital Presentation E https://youtu.be/oRP6MmIBvbQV	Digital Presentation F https://youtu.be/f_IndlWLc0o
Digital Presentation G https://youtu.be/OWq9XB2Tgqk	Digital Presentation H https://youtu.be/rr-SDpVo60k
Digital Presentation I https://youtu.be/7-xPJBS79TM	Digital Presentation J https://youtu.be/HjN2UtmY5W0
Digital Presentation K https://youtu.be/kFO2Mb6oyIkV	Digital Presentation L https://youtu.be/q5797nZMGBE
Digital Presentation M https://youtu.be/Sw83jDj8H7Y	Digital Presentation N https://youtu.be/ej3Jxf427Bs
Digital Presentation O https://youtu.be/jnSvWKMWwZU	Digital Presentation P https://youtu.be/pT95cAuKxul
Digital Presentation Q https://youtu.be/e7YKLEPgvKE	Digital Presentation R https://youtu.be/_Rkst8pGzhl
Digital Presentation S https://youtu.be/sTJAAdCGn0w	Digital Presentation T https://youtu.be/xZU9IAcZrBU
Digital Presentation U https://youtu.be/1RmxTDbY5AA	Digital Presentation V https://youtu.be/77tJ7Z1G560
Digital Presentation W https://youtu.be/fzDHh8qCwLo	