

Sports & Recreation Update

September 2024

Sports

ADULT

- Cornhole
- Ultimate Frisbee - Open Play
- Pickleball
- Soccer - Open Play
- Co-Ed Softball
- Volleyball - Open Play

YOUTH

- Sideline Cheer
- NFL Flag Football
- Soccer

Sports – New Programming

Adaptive Youth Programming

- Sports
- Activities

Recreation – Before/After School Program

- 45 Unique Participants
- 6 Adult/12 Teens
- First Month
- Star Elementary School
- Morning/Afternoon Options
- Tutoring Services
- Activities
 - STEM
 - ART
 - P.E.

Recreation – Adult Fitness

- 50 Unique Participants
- Gentle Yoga
- Tai Chi
- Matt Pilates
- Barre Strength
- Restorative Yoga
- Rise HIIT
- Introductory Yoga
- High Fitness

Recreation – Upcoming Activities

- Daddy – Daughter Dance –
9/28
- School's Out Day Camp – 9/18
- Parent's Night Out – 9/27
- Car Care with Steve Green –
9/21
- Jiu Jitsu for Kids – Coming
Soon!