



**MAYOR'S PROCLAMATION
PARKS AND RECREATION MONTH
JULY 2023**

WHEREAS, parks and recreation is an integral part of communities throughout this country, including the City of Spring Lake, promoting health, wellness, and time spent in nature; and

WHEREAS, parks and recreation positively impacts mental health, cognitive performance, and well-being, while alleviating illnesses such as depression, attention deficit disorders, and Alzheimer's; and

WHEREAS, parks and recreation encourages physical activities, providing space for popular sports, hiking trails, swimming pools, and activities promoting active lifestyles; and

WHEREAS, parks and recreation serves as a leading provider of healthy meals, nutrition services, and education; and

WHEREAS, park and recreation programming and education activities are critical to childhood development; and

WHEREAS, parks and recreation contributes to a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, attraction and retention of businesses, and crime reduction; and

WHEREAS, parks and recreation plays a fundamental role in environmental well-being, ecological beauty, and resilience against natural disasters and climate change; and

WHEREAS, the United States House of Representatives has designated the month of July as Parks and Recreation Month, recognizing the vital contributions of parks and recreation to the fabric of our society.

NOW, THEREFORE, I, Robert Nelson, Mayor, of the City of Spring Lake Park, do hereby proclaim the month of July 2023 as

PARKS AND RECREATION MONTH

in the City of Spring Lake Park and do hereby commend the City's Recreation staff for the profound and enduring impacts they consistently make in our community.

Dated this seventeenth day of July, two thousand twenty-three.

Robert Nelson, Mayor

ATTEST:

Daniel R. Buchholtz, City Administrator