

## Daniel Buchholtz

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**From:** Heyer, Jean <Jean.Heyer@mail.house.gov>  
**Sent:** Wednesday, September 11, 2024 3:28 PM  
**To:** Heyer, Jean  
**Subject:** District Director Dispatch - Next town hall: Monday, September 30 in Spring Lake Park

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Hello!

With school back in session, please share this information with any tech-savvy teens you know:

Every year, Members of the U.S. House of Representatives host a district-wide **App Challenge for middle school and high school students**, encouraging them to learn to code and inspiring them to pursue careers in computer science.

Rep. Omar invites students who live in CD5 or attend school in our district to create and submit their original apps. Winning teams will be publicly recognized and each winning app may be put on display in the U.S. Capitol Building for one year. The competition deadline is October 24. Visit <https://www.congressionalappchallenge.us/about/> for more details and to register.

**Our next town hall will be on Monday, September 30 from 6-7pm at Park Terrace Elementary School, 8301 Terrace Road Northeast in Spring Lake Park. [RSVP HERE](#).** The Congresswoman will provide updates on her work and folks who attend will have the chance to ask questions.

As always, please reach out if you would like to meet, have information to share, or have a request for Rep. Omar to attend an event.

Jean

**Jean Heyer (she/her) | District Office Director**

Representative Ilhan Omar (MN-05)

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***Sign up for Rep. Omar's Newsletter [here!](#)***

----- Forwarded message -----

**From: Representative Ilhan Omar** <[MN05IO.outreach@mail.house.gov](mailto:MN05IO.outreach@mail.house.gov)>

Date: Thu, Sep 5, 2024 at 3:23 PM

Subject: Join our September 30th Town Hall



Dear Friend,

I hope you can join me for a town hall on September 30th to connect and discuss the issues facing our community. I'll provide updates on my recent work in Congress and will be answering your questions. Eventbrite registration is required.

Date: Monday, September 30th

Time: 6:00-7:00 pm CT

Location: Spring Lake Park Neighborhood

[RSVP HERE](#)



**Richfield Post Office Dedication**



I was honored to join Senator Amy Klobuchar, Richfield Mayor Mary Supple, and Representative Mike Howard at the ceremony renaming the Richfield Post Office in honor of Charles W. Lindberg.

As a U.S. Marine Corporal, Mr. Lindberg was one of the first Marines on Iwo Jima to raise the U.S. flag, four hours before the iconic photo was taken of the second group to raise the flag. When he returned home, he worked as an electrician in Richfield as a proud member of the International Brotherhood of Electrical Workers. His children told us how proud Mr. Lindberg was to serve alongside the brave men who fought in World War II, and he spent much of his life connecting with other veterans. We were especially grateful to have two of Mr. Lindberg's children, plus some of his grandchildren and great-grandchildren there to recognize his contributions to our country.

### **Suicide Prevention Among American Indian and Alaska Native Service Members and Veterans**



Our Indigenous heroes face unique challenges that demand our attention and action. I joined Secretary Denis McDonough at a crucial gathering focused on suicide prevention among American Indian and Alaska Native service members, veterans, and their families. I'm committed to working alongside The Department of Veterans Affairs to ensure culturally responsive mental health support and resources for all who've served our nation. Together, we can save lives and honor the sacrifices of our Native veterans.



## Visiting Seniors at Kenwood Isles



I recently had the pleasure of visiting the Kenwood Isles Condominium to meet with more than 60 senior residents and hear their stories and perspectives on our community. I listened to their experiences and learned about the issues that matter most to them, from healthcare to local services. If you would like us to visit a 55+ residence located in our district, please email [MNO5.Info@mail.house.gov](mailto:MNO5.Info@mail.house.gov).

## Visiting R&R Mushroom Cultivation Farm



I had a fun visit to R&R Cultivation, Minnesota's largest urban mushroom farm! This Twin Cities gem started in 2018 with just a small grow tent in a basement. Now they're cultivating thousands of pounds of 100% USDA-Certified Organic mushrooms in their 25,000 sq ft indoor farm. I learned so much about the variety of mushroom species and sustainable urban agriculture. It's amazing to see local, organic food production thriving on such a large scale in our community.

## Celebrating 15 Years of Service at the Minneapolis Passport Agency

# Passport Day

September 14, 2024  
9 AM - 2 PM CT

Paul Wellstone Federal Building  
212 3rd Ave S, Minneapolis, MN, USA

*Appointment required*



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Minneapolis Passport Agency is thrilled to celebrate its 15th anniversary by hosting a special Passport Day event on Saturday, September 14th from 9:00 AM to 3:00 PM at the Paul Wellstone Federal Building.

Saturday's event is a convenient way to apply for a passport for the first time or to renew a passport. Applicants can apply on a routine or expedited basis and without urgent proof of travel during this one-day event only. Appointments can be made [here](#).

In Service,

Ilhan Omar

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