



# **UNIVERSAL ADULT DAY CARE CENTER, LLC.**

7322 Lakeland Ave. N., Brooklyn Park, MN 55428 Phone: 763-999-4790 Fax: 763-999-4788

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## **PROGRAM SERVICES, AND CARE OFFERED BY UNIVERSAL ADULT DAY CARE CENTER, LLC.**

### **Home of the best community care giver**

1. Home
2. Our Philosophy
3. Our Programs
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## 10. Community Involvement

### 1. Home of the best care giver:

Welcome to Universal Adult Care Center, LLC. AKA (UNADC):

- I. POLICIES AND PROGRAMS INFORMATION REQUIREMENT- requirement found in Minnesota Rules, part 9555.9640, items A to N.

#### **(A) SCOPE OF OUR PROGRAMS, SERVICES AND CARE:**

The Universal Adult Day Care Center is an Adult and Senior Day Center with the most Universal program designed to provide health care and social type services to the culturally sensitive community. The variety of the services offered during the day is making it possible for adults and seniors to continue living with their family and loved ones in the comfort of their own home.

- A. Population to be served: People who are 18 years or older and have one or more following impairments:

- Physical impairment
- Cognitive impairment
- Limited abilities to perform activities of daily living
- Memory loss
- Social isolation
- Other impairments that required intermittent assistance throughout the day

- B. Individual conditions the center is not prepared to accept:

- People with a communicable disease requiring isolation
- People with a history of violence to self or others
- Unmanageable incontinence
- Uncontrollable wandering

- C. Participants right as describe in Minnesota Rules, part 9555.9670 items A to E:

- The right to participate in developing one's own plan of care
- The right to refuse care or participation
- The right to physical privacy during care or treatment
- The right to confidentiality of participant records
- The right to present grievances regarding treatment or care in accordance with part 9555.9640, item D.



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- D. Right to Contest: The center shall provide each participant with written notice ensuring that each participant or participant's guardian or caregiver has been informed of the participant's right to contest the accuracy and completeness of the data maintained in the record.
- E. Universal Adult Day Care Center's admission, employment practices, and policies comply with Minnesota Statutes, chapter 363, the Minnesota Human Right Act.: (see page 32 – 34 in the Universal Adult Day Care Center employment policy); (see page 3, UNADC Policy and procedure)
- F. Inquiries and consultation regarding adult day services are made to the DHS licensing division 651-431-6500.
- G. Universal Adult Day Care Center follows the requirements found in Minnesota Rules, part 9555.9720, subpart 10: (see page 36, UNADC Policy and procedure)

## OUR MISSION:

To provide a safe, caring, warm environment for adults and elderly to promote their independence in the community and help them with individualized service in culturally respectful manner.

## OUR VALUE:

- Dignity and respect for each client
- Individualized approach, adaptation of activities according to abilities, needs and interests.
- Excellence in care with continual improvements

In this busy country where the people's connections are so limited, here in our center participants acquire new friends, our participants will be able to share their life experience and learn new and exiting things. It doesn't matter how old or young our participants are, age does not define a person.

## BENEFITS OF ADULT DAY CARE:

- Enhance quality of life
- Increase mental stimulation
- Improve nutrition
- Increase level of physical activities
- Respite and providing an array of supportive services for caregiver
- Monitor personal health
- Support and resources for families
- Decreasing the participant's social isolation

## OUR SERVICES:

- Health Monitoring
- Nutrition



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- Socialization and Activities
- Cultural Activities
- Additional Services
- Educational
- Transportation
- Gardening
- Family and Community Involvement

## 2. Our Philosophy:

Welcome to Universal Adult Day Care Center: OUR PHILOSOPHY

### OUR MISSION

To provide safe, caring, warm environment for adults and elderly to promote their independence in the community and help them with individualized service in culturally respectful manner.

### OUR VALUE

- Dignity and respect for each client
- Individualized approach
- Adaptation of activities according to abilities, needs and interests
- Excellence in care with continual improvements

### ABOUT UNIVERSAL ADULT DAY CARE CENTER

#### WHAT ARE WE?

The Universal Adult Day Care Center is the Adult and Senior Day Care Center with very Universal program designed to provide health care and social type services to our culturally sensitive community, the variety of services offered during the day are making possible for adults and seniors to continue living with their family and their loved ones in the comfort of their own home.

#### WHAT ARE WE NOT?

Universal Adult Day Care Center is not a Nursing Home. Our program allows the person to maintain their independence and continue to live at home with their family and their loved ones for as long as possible.

#### WHY CHOOSE UNIVERSAL ADULT DAY CARE CENTER?

In this busy country where the people's connections are so limited, here in our center participants will acquire new friends, participants will be able to share their life experience and learn new and exciting things.

We are honored to provide the best caring environment with high integrity for our clients. The best thing for the center is appreciation and gratitude of our clients. They became a family to us, and we acquired many grandfathers and grandmothers throughout the years. Everything here is done with the thought of respect and



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dignity, it doesn't matter what impairment the client has, he/she will perform the best of their ability in all the activities offered.

### 3: Our Programs:

#### QUALIFICATIONS FOR THE PARTICIPATION

We welcome participants who are 18 years or older and have one or more following impairments:

- Physical impairment
- Cognitive impairment
- Limited abilities to perform activities of daily living
- Memory loss
- Social isolation
- Many others

#### OUR PROGRAMS - HEALTH MONITORING

- Regular medical checkups by registered nurse.
- Occupational Therapy Service
- Dietary Counseling & Supervision
- Monitoring of Vital Signs & Blood Glucose
- Support and resources for families
- Assistance with medication management
- CPR Trained and Medical School graduate Staff

#### NUTRITION

- Nutritionally balanced and Special diets meals
- Breakfast, lunch and healthy snacks in between

#### Socialization AND ACTIVITIES

- Daily gymnastics
- Field trips to the parks, lakes with fishing in the summer
- Attending the swimming pool
- Our own dance group under the direction of a professional choreographer
- Field trips to various museums and exhibitions in town
- Weekly visits to casino
- Craft groups including Laotian Arts and Crafts, drawing painting, etc.
- Celebration of holidays including New Years: Laotian, Hmong, American, Chinese, and many cultural celebrations, etc.
- Tournament in chess, bingo, cards, poker, ping pong, pool, etc.



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## ADDITIONAL SERVICES

- Free beauty makes up / barber shop service
- Caregiver Consultation Service
- Mail management and translation service

## EDUCATION

- Intellectual groups about literature, ethics, art, and medicine
- English as a second language lessons
- Impressive library of books in Lao, Hmong, Thai, and English
- Computer Classes, Internet access, web browsing
- Psychological seminars led by professionals include:
  - Increasing personal and mental stability
  - Memory improvements
  - Sleeplessness
  - What to do during stress
  - How to behave during conflicts, fears and getting over them
  - Relationships in family and community
  - Various psychological games and activities

## TRANSPORTATION

- Universal Adult Day Care Center offers round trip transportation
- Field trips to various museums and exhibitions in town
- Round trip to the garden during the summer
- Arrange round trip to the doctor visit and appointment

Universal Adult Day Care Center offers round-trip transportation, health monitoring and a variety of in-house activities such as lectures, exercise classes, day trips, movies and music. In addition, participants will receive a nutritious breakfast and enjoy a full-course luncheon menu, and light snacks in the afternoon.

## CONTACT US TODAY:

Participation in an adult day program can delay or eliminate the need for out-of-home placement. Unlike individuals who receive professional in-home care, participants in adult day programs benefit from peer relationships and socialization, which is shown to improve mental health and outlook. The Universal Adult Day Care Center's program also provides nutritious meals, transportation, wellness monitoring, medication administration, activities, cultural events, gardening, and family and community involvement. Please contact us on 763-999-4788 or 651-334-2036 to speak with one of our friendly representatives.



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Proposed Change to the building (interior and exterior) or other areas of the property:

Interior of the building:

- Complete tiles for the floor throughout the interior of the building.
- Add lights as needed to the banquet hall.
- Decorated paint throughout the banquet hall.

Exterior of the building:

- Added windows in the side of the building.

Operating hours:

- Monday to Friday from 8:00 am to 3:00 pm

Maximum number of employees will work at one time:

- 30 employees

Maximum number of participants / adults that will be watch at one time:

- 198 participants

Service that will be provided on the property.

- Day care services

Provide a site plan including such information as:

- Any change to the parking.
  - No change
- Any propose outdoor activity. No outdoor activity
- Any other new improvement on the property (such as signage, sheds, fences, garbage/refuse storage, landscaping, etc.)
  - Yes, it will be signage of Universal Adult Day Care Center, LLC. right next to Dala Thai Banquet Hall. The signage company will pull the permit.

Proof approvals from Minnesota Department of Human Services (DHS)

- Please see attach license from DHS.



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## STATE OF MINNESOTA

Adult Day Care Services License

Program Name: Universal Adult Day Care Center LLC



Doing Business At: 7322 LAKELAND AVE N  
Brooklyn Park, MN 55428-1228

**Hours:**

Monday	8:00 AM - 3:00 PM
Tuesday	8:00 AM - 3:00 PM
Wednesday	8:00 AM - 3:00 PM
Thursday	8:00 AM - 3:00 PM
Friday	8:00 AM - 3:00 PM

Services Provided: Adult Day Care Services

Total Capacity: 198

Age Groups Served: 18 and older

License Number: 1081612

Issue Date: 1/1/2025 Expiration Date: 12/31/2025

*Kulani R. Moti*

Kulani R. Moti  
Inspector General

*Jodi Harpstead*

Jodi Harpstead  
DHS Commissioner

Minnesota Department of Human Services  
Office of Inspector General, Licensing Division  
P.O. Box 64242, Saint Paul, MN 55164-0242  
<http://www.dhs.state.mn.us/licensing>

In accordance with the provisions of Minnesota State Statute Chapter 245A and Minnesota Rules, parts 9555.9600 to 9555.9730 established by the Department of Human Services, a license is granted to:

Universal Adult Day Care Center LLC  
1454 KINGSWOOD PONDS  
OVERLOOK  
Eagan, MN 55122-2880

For more information about a licensed program visit <https://licensinglookup.dhs.state.mn.us/>



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