

July is Park and Recreation Month



- Since 1985, America has celebrated July as the nation’s official Park and Recreation Month. Created by the National Recreation and Park Association (NRPA), Park and Recreation Month specifically highlights the vital and powerful role local park and recreation professionals, such as our staff at Spring Lake Park Recreation, play in conservation, health and well-being, and social equity efforts in communities all across the country.
- The services that park and recreation professionals provide are vital for our communities — from protecting open space and natural resources, to providing fitness programs, and, recently, providing essential services throughout the COVID-19 pandemic — Park and Recreation Month encourages everyone to reflect on the exponential value park and recreation professionals bring to communities.
- Spring Lake Park Recreation is leading initiatives and providing opportunities for people of all ages to achieve healthier lifestyles, promote and understand nature and conservation as well as bringing the community closer through a variety of programs and services.

About the National Recreation and Park Association

- The National Recreation and Park Association is a national not-for-profit organization dedicated to ensuring that all Americans have access to parks and recreation for health, conservation and social equity. Through its network of 60,000 recreation and park professionals and advocates, NRPA encourages the promotion of healthy and active lifestyles, conservation initiatives and equitable access to parks and public space. For more information, visit www.nrpa.org. For digital access to NRPA’s flagship publication, *Parks & Recreation*, visit www.parksandrecreation.org.