## STAFF IN-SERVICE SCHEDULE: FRIDAY, SEPTEMBER 30

Staff Arrive at 8:00 am - coffee and light breakfast

8:15-9:00 am - ALICE training with Sheboygan Police Department

9:00 am - 1:00 pm (breaks included)

Emotional Intelligence: Managing Yourself and Others to Get Things Done

Emotional intelligence is important because how people deal with their emotions is an important variable in workplace success. It can be difficult to understand one's emotions and manage them appropriately. It is even more difficult to understand other's emotions and to use that information effectively. Thankfully, emotional intelligence can be developed and leads to much better outcomes for individuals, teams, and organizations.

Learning Objectives:

- Understand the value of emotional intelligence
- Practice strategies to improve emotional intelligence
- Bridge the communication gap using DiSC insights

presented by Andrew Taylor from CVMIC

1:00 – 1:30 pm - Lunch, provided

1:30- 2:30 pm Fire Extinguisher Training (hands on), Sheboygan FD

2:30-2:40 pm BREAK

2:40-4:30 pm Safety, Security, and Difficult Interactions: Demos and Discussion