

## 1 July – Saratoga Town Council – Prevention updates



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### ***Community Meetings***

CCPN Next Virtual Meeting - Monday, July 14<sup>th</sup> at 12pm – [Zoom Link](#)

### ***July's theme***

This month we continue to emphasize the importance of community resources. These resources play a vital role in fostering well-being, support, and connection within our neighborhoods.

CCPN encourages exploring the resources available in our community and consider how they can be of benefit to yourself and others.

<https://988lifeline.org/>

<https://wyoming211.org/>

<https://www.wyohelp.com/>





Have you noticed the wheels in windows around town????

Sources of Strength is a youth suicide prevention and mental health promotion program that uses a strengths-based approach, focusing on strengthening protective factors like social support and healthy coping, rather than solely addressing risk factors. The program leverages peer leaders and adult advisors to change norms and behaviors, fostering a more positive and supportive environment for young people.

We completed a Sources of Strength Adult Advisor training last Saturday at PVCC - 9 people attended

Sources of Strength will be marching in the 4th of July parade handing out swag and popsicles.

Peer leader training Wednesday, July 23rd 10am-4pm (invite only) approx. 60 kids from Encampment and Saratoga will be invited to this training.

Sources launch, Saturday, Aug. 9th 4pm-7pm barn dance at the Canary Barn in Saratoga. The whole community is invited! There will be food, fun and a D.J.!

**If you'd like to participate or if you'd like to nominate an adult advisor or peer leader, please contact Rachel at 307.329.3172**