



January 18, 2022

Nichole Shepard, Program Manager
Utah Department of Health, Healthy Aging Program
PO Box 142107
Salt Lake City, Utah 84114-2107

Dear Ms. Shepard,

As Director of the San Juan County Aging Services, I am pleased to provide support on the grant application submitted by the Utah Department of Health, Healthy Aging Program, for the Administration for Community Living's Funding Opportunity, *HHS-2022-ACL-AOA-FPSG-0031: 2022 Empowering Communities to Deliver and Sustain Evidence-Based Falls Prevention Programs*.

The San Juan County Aging Services' mission is "Offering Choices for Independence." We are committed to promoting the dignity and well-being of older adults, as individuals within their families and in our communities. We respect the right to a quality of life. We are committed to a high level of professionalism and leadership in our work and to the community.

We have successfully implemented the Tai Chi for Arthritis and Falls Prevention program within our aging service system along with other valuable home and community based services. Our area and communities are rural and remote. As an area agency on aging, we use our Title III-D funds to sustainably provide valuable falls prevention programming.

We look forward to collaborating with the Healthy Aging Program and will investigate how to offer support to the Living Well Coalition partners through our Tai Chi Senior Trainer who is also a Master Trainer for Stepping On.

Sincerely,

Tammy Gallegos

Director, San Juan County Aging Services