



Proclamation: Suicide Prevention Awareness Month in the City of Sanger 2023

WHEREAS addressing the prevention of suicide needs of children, youth, and adults today is fundamental to the future of the City of Denton; and the citizens of the City of Denton value their overall health and life and that of their families and fellow citizens and are proud to support observances such as Suicide Prevention Awareness Month; and

WHEREAS there is an average of 130 suicide deaths per day in the US; one suicide death every two hours in our state; and 10% of adults experience suicidal thoughts in the US; and 1 and 5 Texas high school students reported seriously thinking about suicide and 20% making a plan and 12% making an attempt; and

WHEREAS the need for comprehensive, coordinated mental health and suicide prevention services for individuals and families places upon our community is a critical responsibility. There is a strong body of research that supports specific tools that all Americans can use, to better handle challenges, and protect their overall health and well-being, and each citizen, local business, school, government agency, healthcare provider, and faith-based organization shares the weight of suicide concerns and has a responsibility to promote mental wellness, recovery, and support prevention efforts; and

WHEREAS the Denton County Behavioral Health Leadership Team, Denton County MHMR Center, Denton County Zero Suicide Task Force, Denton County LOSS Team, and Denton Regional Suicide Prevention Coalition are effectively addressing the mental health and suicide prevention needs of children, youth, adults, and families in our community; and it is appropriate that a month should be set apart each year for the direction of our thoughts toward suicide prevention education and the support of treatment and recovery.

THEREFORE, BE IT RESOLVED that I, Thomas Muir, Mayor of the City of Sanger, on behalf of the entire City Council, do hereby proclaim:

September 2023 as **Suicide Prevention Awareness Month**, and I call upon our citizens and all agencies and organizations interested in helping to prevent suicide to unite this month in the observance of such exercises as will commit the people of Sanger to increase awareness and understanding of suicide, the steps our citizens can take to help prevent suicide, and the need for appropriate and accessible services for all people experiencing suicidal thoughts.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Official Seal of the City of Sanger to be affixed this 21st day of August, 2023.

Thomas E. Muir, Mayor