



Proclamation: Mental Health Month in the City of Sanger 2023

WHEREAS, addressing the complex mental health needs of children, youth, and families today is fundamental to the future of the City of Sanger; and

WHEREAS, the citizens of the City of Sanger value their overall health and that of their families and fellow citizens and are proud to support observances such as Mental Health Month and Children's Mental Health Awareness Day; and

WHEREAS, one in five adults has a diagnosable mental health condition; and

WHEREAS, half of Denton County parents are not familiar with mental health services in their community; and

WHEREAS, the need for comprehensive, coordinated mental health services for individuals and families places upon our community is a critical responsibility; and

WHEREAS, there is a strong body of research that supports specific tools that all Americans can use, to better handle challenges, and protect their overall health and well-being; and

WHEREAS, each citizen, local business, school, government agency, healthcare provider, and faith-based organization shares the burden of mental health concerns and has a responsibility to promote mental wellness, recovery, and support prevention efforts; and

WHEREAS, the Denton County Behavioral Health Leadership Team, Denton County MHMR Center, United Way of Denton County and the Wellness Alliance for Total Children's Health of Denton County led by Cook Children's, through their unique partnership and prevention-based approaches to serving children and adolescents, are effectively addressing the mental health needs of children, youth, and families in our community; and

WHEREAS, it is appropriate that a month should be set apart each year for the direction of our thoughts toward mental health education and the support of treatment and recovery; and

WHEREAS, it is appropriate that a day should be set apart each year for the direction of our thoughts toward our children's mental health and well-being; and

THEREFORE, BE IT RESOLVED that in honor of all children in Denton County I, Thomas Muir, Mayor of the City of Sanger, on behalf of the entire City Council do hereby proclaim May 2023 as:

***Mental Health Month and May 10th, 2023
as Children's Mental Health Awareness Day***

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Official Seal of the City of Sanger to be affixed this 3rd day of April 2023.

Thomas E. Muir, Mayor