

October 1, 2020 - September 11, 2021

Review the lifetime performance of the posts you published during the publishing period.







Wed 8/18/2021 6:00 am EDT

Closure around Mile Marker 3 - Broyhill Rd to Rock Rd - Tues 8/24 til Fri 8/27 for scheduled maintenance We apologize...



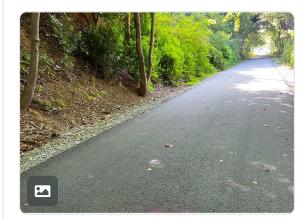
Impressions 988



(i) thermalbeltrailtrail

Mon 9/6/2021 11:56 pm EDT

"Dear Abby..." We know love can make you do crazy things, but this is a little too far Be cool and don't #Graffiti the #TB...

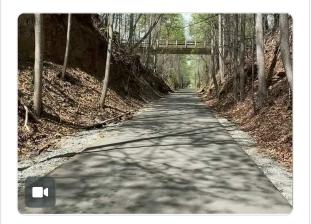


Impressions 880



(i) thermalbeltrailtrail

Tue 6/1/2021 2:58 pm EDT







Tue 7/27/2021 9:49 am EDT

Boy, when storms a come through we can't thank our maintenance teams enough for keeping the trail clear of deb...



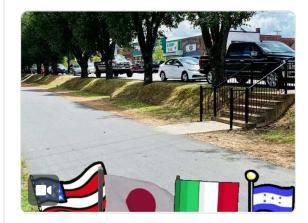
Impressions 798



thermalbeltrailtrail

Mon 7/12/2021 10:58 am EDT

► Nestled right in the middle of the #tbrt at Mile 7 is Spindale's 'Restaurant Row' and Bike Rental Shop Open Box ♣ Plan t...



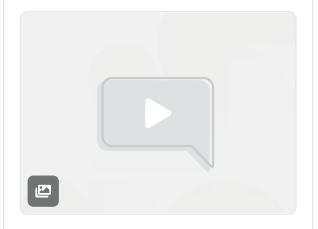
Impressions 773



(i) thermalbeltrailtrail

Wed 2/24/2021 8:09 am EST

*It's going to be another beautiful day on the #tbrt - make sure you get outside and enjoy it * We guarantee smiling faces a...







Fri 4/23/2021 8:49 pm EDT

In the spirit of #EarthDay we want to thank our trail users that carry out what they carry in. 5. Thank you for respecti...



Impressions 747



(i) thermalbeltrailtrail

Sat 10/17/2020 12:16 pm EDT

Great to see this group from Greenville SC on the trail today!! Thank you for making the trip regularly we love seeing the...



Impressions 746



o thermalbeltrailtrail

Sun 3/28/2021 7:26 pm EDT

Springs' warmer weather renews our spirit just as much as it brings life to the land. It's the perfect time to stop & THIN...







Fri 6/18/2021 1:21 pm EDT

Like to hear music as you stroll?? Make sure to catch Acoustic Syndicate's Country-Folk/Bluegrass music at POPS...





Impressions 694



(i) thermalbeltrailtrail Wed 8/4/2021 11:22 am EDT

Pause with us for a moment of reflection & gratitude for the RHI Legacy Foundation **
Without them, we wouldn't have this...



Impressions 684



(i) thermalbeltrailtrail

Sat 8/21/2021 2:06 pm EDT

Happening NOW on Main Street Forest City (mile 11 - Park Square Access) Hot Nights Cool Rides Forest City Car Show #29th...









Fri 3/12/2021 2:56 pm EST

New TBRT Signage Concepts are being fibalized this coming Monday at the Town of Spindale's City Council meeting. What...





(i) thermalbeltrailtrail

Thu 1/21/2021 11:58 am EST

Ship Who wants #TBRT swag? A limited edition holographic sticker is available now! . These are high quality & we're...







(i) thermalbeltrailtrail Thu 7/15/2021 12:19 pm EDT

Say hello to one of the trail's biggest fans, Ryan Si 'It's a super convenient way to go through the county and allows me ...



Impressions 654





Fri 9/3/2021 10:35 am EDT



Impressions 645



thermalbeltrailtrail

Thu 3/4/2021 5:50 pm EST

Local Trail Update Congrats to the Purple Martin Greenway on their completion of Phase III! They have...







Impressions 638



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Sat 6/26/2021 9:59 am EDT

Remember to stop at road crossings ESP this one around mile 5. Heavy equipment & large trucks pass frequentl...

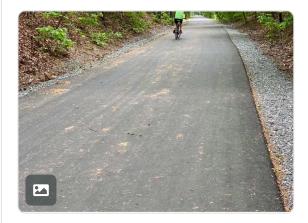






Sun 5/2/2021 5:41 pm EDT

Your tracks in the pollen got us thinking... no matter what your personal health journey is, know you're not alone. Whe...



Impressions **612**



We're welcoming the \diamonderm{+}9th \diamonderm{+}month of the year at Mile 9 & looking forward to cooler days ₩ and longer rides to on t...



Impressions **604**



(i) thermalbeltrailtrail

Mon 11/9/2020 4:39 pm EST

Soaking up this perfect Fall day &

#perfectfallday #bikelife #fallcolors

#familyfun #rutherfordcountync...







Mon 7/5/2021 12:36 pm EDT

Happy Fourth of July trail goers ■ As we have more freedom to hit the trail and the temperatures rise, please remember to...





Impressions 603

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(i) thermalbeltrailtrail

Fri 6/11/2021 2:37 pm EDT

? We want to know ~ Where and how do you hit the #tbrt ? #howdoyouexercise #4leggedfriend #livetobike #livetorun...



Impressions 602



o thermalbeltrailtrail

Wed 10/21/2020 5:22 pm EDT

DYK our neighboring trail - the Purple Martin Greenway - is a hidden delight!! Located minutes from the TBRT, the PM...





598





Fri 5/28/2021 5:15 pm EDT

■ Happy Memorial Day weekend trail goers! We hope you get out & enjoy the #tbrt while taking some time to remem...





Impressions 577

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Tue 4/13/2021 12:11 pm EDT

- Spring is in full swing > Can you believe
- \$\text{\text{\$\sum}}\$ swimsuits are right around the corner
- 😎 . Meet the warmer months ahead by...



Impressions 570



thermalbeltrailtrail

Sat 7/31/2021 12:36 pm EDT

Say hello to 🎜 Kenny Chesney... I mean Kenny from Chesnee 💋 & Deann from Spartanburg 🚴 Two #tbrt biking...







Thu 4/29/2021 11:55 am EDT



Impressions 567



thermalbeltrailtrail

Fri 12/25/2020 9:34 am EST

♣ O' Christmas Tree, O' Christmas Tree, the holidays are upon thee ♣ ♣ ♣ . Wishing you and yours a peaceful holida...



Impressions 564



thermalbeltrailtrailFri 7/9/2021 2:29 pm EDT

* Calling all fur babies * Meet friends and cool down on the go while working out with your BFF. Make sure to head over to...









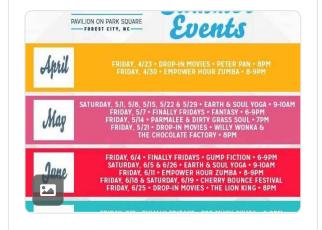


Impressions

(i) thermalbeltrailtrail

Fri 5/21/2021 6:19 pm EDT

Find yourself some time this summer to head over to the Pavilion On Park Square (POPS) in downtown Forest City! Their...



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540

(i) thermalbeltrailtrail

Sat 3/20/2021 12:53 pm EDT

Beautiful day on the #tbrt - come down to @discover_fc and find exercise stations, dog park, public restrooms and more!



Impressions 540



o thermalbeltrailtrail

Fri 1/8/2021 9:05 am EST

Walking in a winter wonderland Beautiful isn't it?! Thank you for the photo Stephen Hill! . #nofilter...







Tue 10/6/2020 10:49 am EDT

Thank you to @safekidsworldwide for providing us with Helmet Safety information for all wheeled sports







Impressions 534



othermalbeltrailtrail

Thu 10/29/2020 4:55 pm EDT

Temporary Trail Closure Notice & Update Many trees have been removed today, but this large one located at...



Impressions 530



(i) thermalbeltrailtrail

Wed 6/23/2021 11:18 am EDT

Say hello & greet Jimmy Poole, our friend from Shelby NC that's sporting our brand colors Thank you for making...







Sun 2/7/2021 4:27 pm EST

WARNING - ** The snow has cleared but a tree has fallen just south of Mile 2 past the Bechtler Mint Historic Site. . We will...



Impressions 522



thermalbeltrailtrail

Wed 11/4/2020 8:44 am EST

OPINION POLL Would you pay for a tour along the trail in this super rare 3-seater electric bike??? . #windowsinalldirection...



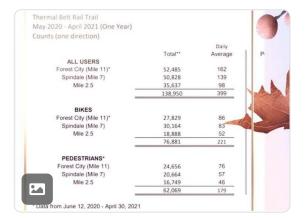
Impressions 521



(i) thermalbeltrailtrail

Fri 5/14/2021 11:58 am EDT

WOW Awesome to see these numbers along the trail after our first full year since installing the counters.







Thu 10/29/2020 11:44 am EDT

Warning! Due to Tropical Depression Zeta, we have several trees down on the north end in the Gilkey Community. Please avo...





Impressions 511



(i) thermalbeltrailtrail

Mon 11/23/2020 12:13 pm EST

Trail Extension Alert! 2 new miles of tra Gorge connecting the revered Bearwallow N Rock Trail high atop the gorge. . Check out



Impressions 507



(i) thermalbeltrailtrail

Tue 8/24/2021 2:41 pm EDT

Last minute getaway? Ample parking in downtown #forestcitync March Great way to take a ride on the #tbrt and then Explor...

