



City of Rochelle, Illinois
Office of the Mayor

Proclamation

MENTAL HEALTH AWARENESS MONTH

WHEREAS, mental health is essential to the overall well-being of individuals, families, and communities; and

WHEREAS, one in five Americans experiences a mental health condition in any given year, yet many do not seek help due to stigma, lack of awareness, or limited access to care; and

WHEREAS, mental health conditions are common and treatable, and early intervention, education, and support services can significantly improve outcomes and quality of life; and

WHEREAS, the City of Rochelle recognizes the importance of promoting mental wellness, reducing stigma, and encouraging open and compassionate conversations about mental health; and

WHEREAS, organizations, healthcare providers, schools, faith-based groups, and community partners in Rochelle and beyond work diligently to support individuals and families affected by mental health challenges; and

WHEREAS, Mental Health Awareness Month provides an opportunity to increase understanding, promote available resources, and encourage all residents to prioritize their mental and emotional well-being;

NOW, THEREFORE, I, John Bearrows, Mayor of the City of Rochelle, do hereby proclaim the month of **May 2026** as **MENTAL HEALTH AWARENESS MONTH** and urge all residents to increase awareness and understanding of mental health, support those who may be struggling, and help build a community that fosters hope, healing, and compassion.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Rochelle, to be affixed this 11th day of May 2026.

John Bearrows, Mayor

Attest:

RoseMary Huéramo, City Clerk

