RIO DELL

Rio Dell City Hall 675 Wildwood Avenue Rio Dell, CA 95562 (707) 764-3532 cityofriodell.ca.gov

September 5, 2023

TO:

Rio Dell City Council

FROM:

Kyle Knopp, City Manager

SUBJECT:

Discussion and Possible Action Regarding Issuance of Request for Proposal for

Gateway Outdoor Exercise Equipment

IT IS RECOMMENDED THAT THE CITY COUNCIL:

Provide direction to staff and authorize the City Manager to finalize and issue the RFP.

BACKGROUND AND DISCUSSION

The City was previously awarded \$197,870 for the Gateway Enhancement project through the Clean California Program. Deliverables for the project include a 3-piece outdoor exercise station, upgrading the Gateway's irrigation system and the installation of 123 trees.

This item covers the exercise station.

The Ad Hoc Committee of Mayor Garnes and Mayor Pro Tem Carter have selected the following four pieces of outdoor equipment:

- Hand Cycler \$4,253
- Squat Press \$7,791
- Pull Up bars \$3,308
- Ab Crunch \$ 3,214

With the associated anchoring poles, the total equipment cost is \$20,750. The City plans to buy the equipment directly and have it installed separately. If the budget does not allow for four units, the Squat Press can be eliminated. Also, the City Manager has applied for two grants to help supplement the project. A \$5,000 grant from PG&E the city is likely to be awarded. Also, a \$20,750 grant application was submitted to Coast Central Credit Union for the equipment purchase. The City will know if that grant is awarded by the end of October.

The City is also working with Greenway Partners to develop the site plan for ADA accessibility and compliance with fall zones. At the time of publication we do not have the final designs but

icy are c	xpected soon.	. Staff is recomi	mending tha	t the Council	review the att	tached docui	nents
nd author	rize the City I	Manager to issu	e an RFP or	nce the design	schematic is	finalized.	
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tached a	are images of	the proposed e	quipment an	d layout for t	the north side	of Memorial	Park.



Ab Crunch



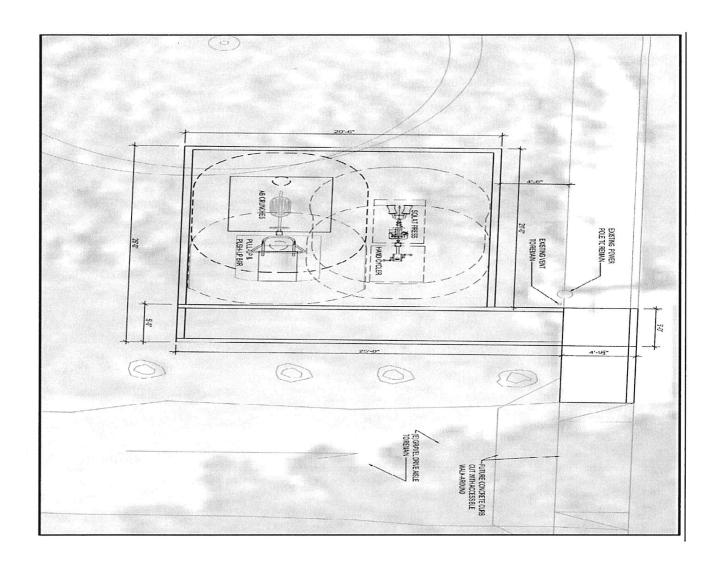
Hand Cycler



Pull Up and Dip



Squat Press









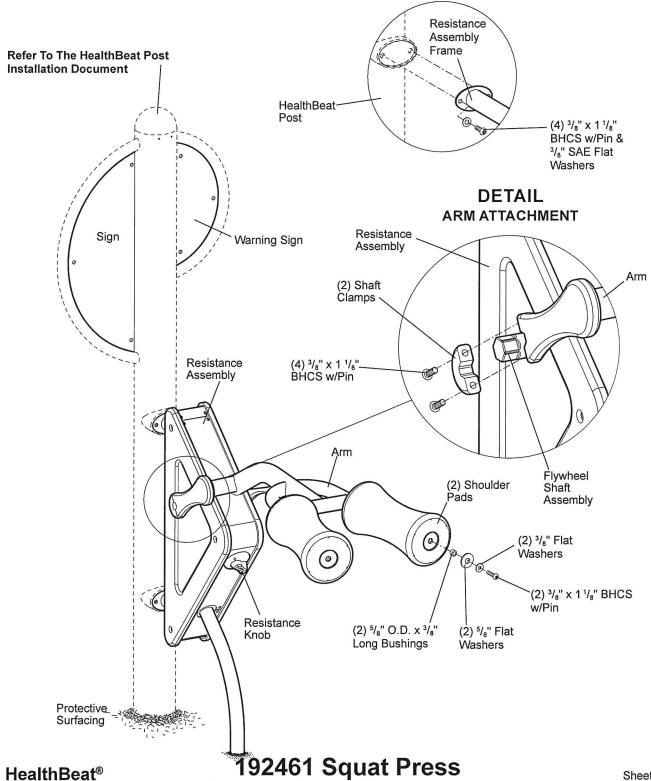
SAFETY NOTE

Choose a protective surfacing material that has a Critical Height Value of at least the height of the Highest Accessible Part/Fall Height of the adjacent equipment. (Ref. ASTM F3101.)

19350200

DETAIL RESISTANCE ASSEMBLY

ATTACHMENT









SAFETY NOTE Choose a protective surfacing material that has a Critical Height Value of at least the height of the Highest Accessible Part/Fall

Height of the adjacent equipment. (Ref. ASTM F3101.)

19350100 **DETAIL PLAN VIEW** 37 3/8" 949 Typical Concrete Footing Refer To The HealthBeat Post Pull-Up/Dip Installation Document 11 3/₁₆" 42" 7070 11 3/16" Warning Sign 19 1/2" 495 **DETAIL PULL-UP/DIP ATTACHMENT** 76 ¹/₂" Sign Pull-Up/ Dip 79 1/₂" 2019 HealthBeat Post (2) ³/₈" x 1 ¹/₈" BHCS w/Pin & (Sold Separately) **DETAIL** 3/8" SAE Flat 38 ³/₄" 984 **DIRECT BURY** Washers Pull-Up/ Finished Grade Dip Loose Fill Protective Surfacing CONTRACTOR OF THE PARTY OF THE Protective 34" Surfacing Subgrade Concrete Crushed 14" 192460 Pull-Up/Dip 360 HealthBeat®

Sheet 1 of 2



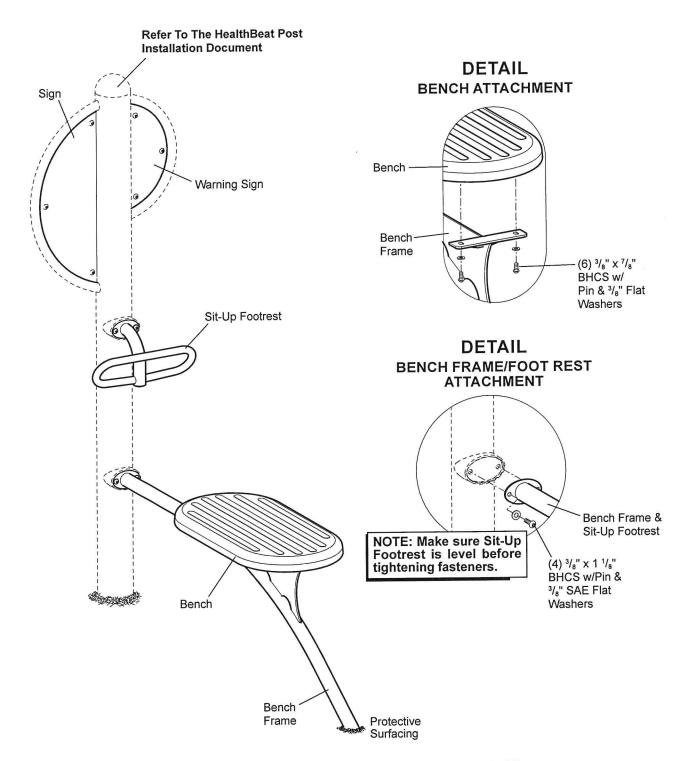




SAFETY NOTE .

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HealthBeat®

192451 Ab Crunch/Leg Lift

Sheet 1 of 3



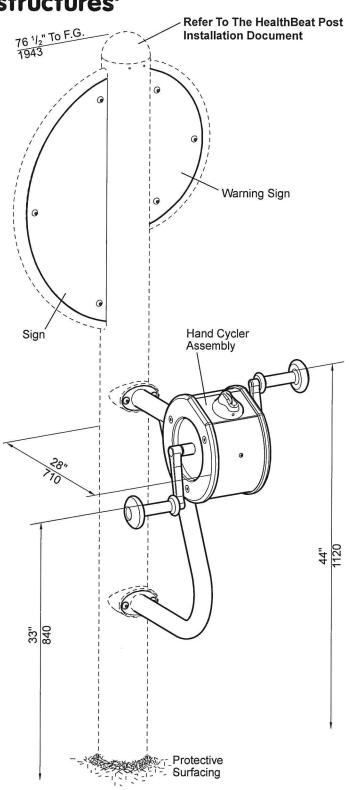




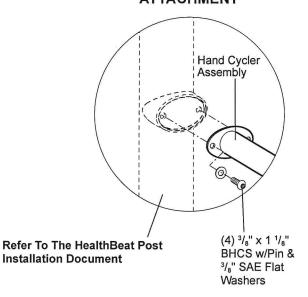
SAFETY NOTE

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20593900



DETAIL HAND CYCLER ASSEMBLY ATTACHMENT



HealthBeat®

205938 Hand Cycler

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