
Fall Wellness Grant

1 message

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To: "clerk@ridgewaywi.gov" <clerk@ridgewaywi.gov>

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Hi Hailey,

Thank you for applying for the Fall 2022 Dean Health Plan Wellness Grant offering. We had an amazing response and it was difficult to choose the winners!

Now more than ever, your employees/our members need support while we also need to be good stewards of the premiums you entrust with us. We are excited to collaborate with you to help advance the health and wellness of your employee population. We are pleased to inform your application was selected and you are being awarded \$500 to help support your wellness initiatives.

We encourage you to utilize some of the many free resources on our [wellness page](#). I will also offer some virtual sessions in spring of 2023 so you can take advantage of what we have to offer. Some items of interest based on your application:

- **Partner Perks** – member discounts to area businesses for things like gym memberships, massage therapy, product discounts, etc.
 - **REAL GOALS** – pre set goals in each of the 8 dimensions of wellness; help participants set their activity goals

I have also added you to our monthly email distribution list for our Wellness Focus newsletter. This piece highlights the many program offerings available each month covering each dimension of wellness. I encourage you to forward this to your employees.

Part of the grant requirement is to provide a report to Dean Health Plan to demonstrate progress or the need to change directions with the grant initiative. Examples include employee feedback, participation volume, or results aligning with the goals listed in your application. I will follow up in the spring reminding you of this step.

We will be sending your grant funds within the next couple of weeks

If you are looking for assistance with your wellness programming or reporting, please reach out. I am happy to help.

Congratulations!

Kelly Nemo | Health Promotion Coordinator**Dean Health Plan**

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