

# **PROCLAMATION**

## **The Town of Pineville designates July as PARKS AND REC MONTH**

**WHEREAS** Parks and Recreation are an integral part of communities throughout this country, including the State of North Carolina; and

**WHEREAS** Parks and Recreation promotes health and wellness, improving the physical and mental health of people who live near parks; and

**WHEREAS** Parks and Recreation promotes time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimers; and

**WHEREAS** Parks and Recreation encourages physical activities by providing space for popular sports, hiking trails, swimming pools and many other activities designed to promote active lifestyles; and

**WHEREAS** Parks and Recreation programming and education activities, such as out-of-school time programming, youth sports and environmental education, are critical to childhood development; and

**WHEREAS** Parks and Recreation increases a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

**WHEREAS** our parks and natural recreation areas ensure the ecological beauty of our state and provide a place for children and adults to connect with nature and recreate outdoors; and

**WHEREAS** the State of North Carolina recognizes the benefits derived from parks and recreation resources.

**NOW THEREFORE, BE IT RESOLVED** that in the State of North Carolina, July is recognized as Parks and Rec Month.

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**Mayor David Phillips**