

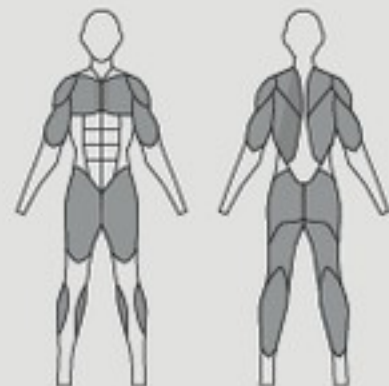


Elliptical

This cardio station engages the lower body, upper body and core muscles while also encouraging muscle coordination—all without joint impact. The ability to stride both forward and backward allows people to vary their workout and challenge muscles in different ways. Our patented* resistance mechanism can be adjusted to provide customized intensity. Large foot pads and long arm handles accommodate users of any height.

Clearance zone:
ASTM 13'0" x 14'1"
(3,96 m x 4,29 m)
EN 10'1" x 16'1"
(3,07 m x 4,89 m)

Maximum fall height:
20" (0,51 m)
• #192457

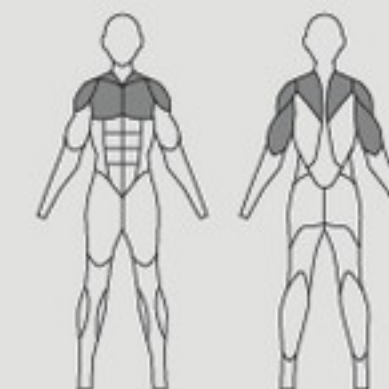


Parallel Bars

This wheelchair-accessible station features two levels of bars to accommodate beginning and advanced users as well as rehab users. It has been designed to save space and minimize the number of footers by combining two levels of bars on the same center post.

Clearance zone:
ASTM 14'3" x 19'8"
(4,34 m x 6,00 m)
EN 13'3" x 15'4"
(4,03 m x 4,67 m)

Maximum fall height:
46" (1,17 m)
• #192453



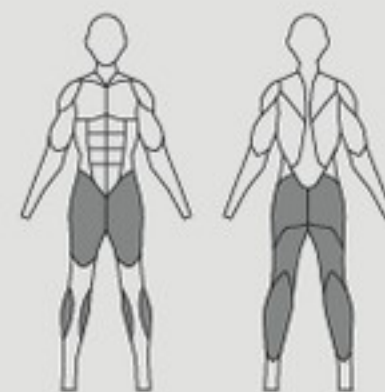


Cardio Stepper

Provide a cardiovascular/step aerobic workout. Increase or decrease resistance to your desired level by turning the knob on the base—featuring our patented* technology.

Clearance zone:
ASTM 12'8" diameter
(3,86 m diameter)
EN 6'8" diameter
(2,03 m diameter)

Maximum fall height:
22" (0,56 m)
• #192455

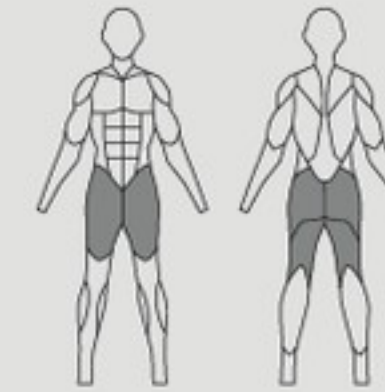


Squat Press

Builds leg and hip muscle endurance. Features patented* resistance technology—increase or decrease resistance to your desired level by turning the knob on the base.

Clearance zone:
ASTM 6'8" x 7'9"
(2,03 m x 2,38 m)
EN 6'8" x 7'9"
(2,03 m x 2,38 m)

Maximum fall height:
Not applicable
• #192461



*U.S. Patent Nos. 9,802,074 and 9,907,992

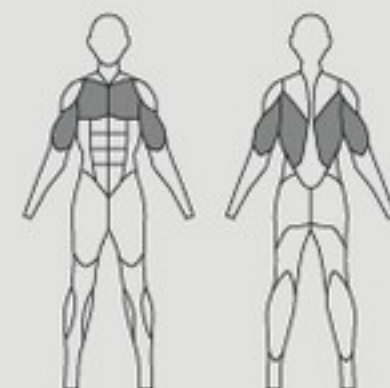


Chest/Back Press

Builds equal endurance for opposing muscle groups at one fitness station. Our patented* technology allows you to increase or decrease resistance to your desired level by turning the knob on the base.

Clearance zone:
ASTM 5'2" x 6'8"
(1,58 m x 2,03 m)
EN 5'2" x 6'8"
(1,58 m x 2,03 m)

Maximum fall height:
Not applicable
• #192456

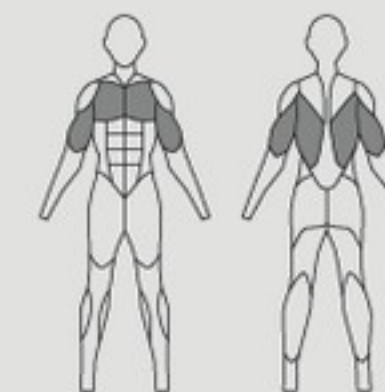


Assisted Row/Push-Up

A great upper-body workout that exercises multiple muscles with several activities in one station. Bars of multiple heights accommodate users of all fitness levels.

Clearance zone:
ASTM 17'2" x 17'2"
(5,23 m x 5,23 m)
EN 11'2" x 20'3"
(3,40 m x 6,15 m)

Maximum fall height:
53" (1,35 m)
• #192452



*U.S. Patent Nos. 9,802,074 and 9,907,992

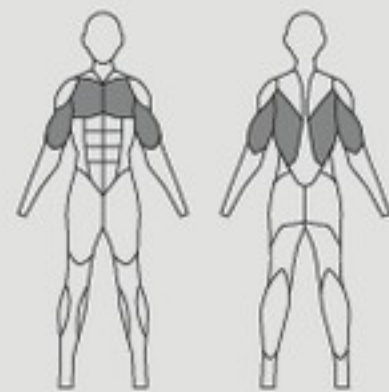


Pull-Up/Dip

Multiple highly effective strength-building exercises for the upper body.

Clearance zone:
ASTM 11'6" x 12'2"
(3,51 m x 3,71 m)
EN 14'9" x 15'9"
(4,49 m x 4,78 m)

Maximum fall height:
81" (2,06 m)
• #192460



Ab Crunch/Leg Lift

Works both the upper and lower abdominals, and provides two different activities in one fitness station. Builds core strength.

Clearance zone:
ASTM 12'8" x 13'3"
(3,86 m x 4,04 m)
EN 6'8" x 7'3"
(2,03 m x 2,21 m)

Maximum fall height:
21" (0,54 m)
• #192451

