



# Petersburg Medical Center

Long Term Care Report - February 2024

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## Workforce Wellness

### Nursing:

0800 – 1700 Mon-Fri: 1 LTC DON

0600 – 1830: 1 staff nurse

1800 – 0630: 1 staff nurse

0600 – 1830: 2 CNA

1800 – 0630: 2 CNA

### Activities Current Schedule:

- One Activities Coordinator: Monday-Friday (0700 – 1500) Interim Activities Coordinator while permanent coordinator is on FMLA.
- One Activities Aid: Saturday - Wednesday (1200 – 2000)
- The activities department is running with two staff while one person is on FMLA. Working to hire another activities staff member.
- Managers will cover during the shift and assist as needed to make sure that staff are getting time away from the floor to recharge. Floor shifts are usually 12.5 hours – staff who are working typically do not leave the facility. We encourage participating in the wellness opportunities that are available through the organization.

## Community Engagement

LTC welcomes visitors and families. Volunteers have been coming back in to play music, bingo, sing to and with residents, read to residents, etc. Kinder Skog kiddos are visiting about once per month and working on activities with the residents. Girl Scouts as well as other community groups have stopped by for visits with residents. Staff work with residents to get them out into the community as often as they would like. Some residents have been enjoying Bingocize and participating in sporting events, celebration of life gatherings, etc. This month there is a Valentines luncheon, Superbowl party, ice cream social with the Pioneers of Alaska, and Kinder Skog cookie decorating.

## Patient Centered Care

PMC LTC is currently in the survey window. Surveyors from State can come any time during the survey window to observe care, go over policies and procedures, observe for infection control deficiencies, go over infection control program and emergency preparedness program, walk through building, and look for life safety issues, etc. They spend one week on site. Sometimes, a federal surveyor will come with them. Or, a federal surveyor may follow up later.

The departments that touch LTC are all fantastic. Rehab, dietary, lab, physicians, etc. go above and beyond for the residents to make sure that they are happy, healthy, and cared for. Each resident has a specific plan in these areas. PMC truly delivers resident-centered care. On Monday, Wednesday, and Friday we have a multidisciplinary meeting to discuss each resident and their needs/concerns/changes at that time. Staff know the residents and are advocates for their care. It is not a one size fits all system in LTC. Each resident can tell us what they want and how they want to do it. We will do our best to make that happen for them.

Petersburg Medical Center Nursing home has a 4-Star rating on Nursing Home Compare. Health inspection = 5/5 stars, Staffing = 1/5 stars, and Quality measures = 4/5 stars. Reporting issues with Staffing Data Submission and Payroll Based Journal (PBJ).

Currently, we have less residents who are behaviorally complex. For many months we had multiple residents struggling with dementia with behavioral disturbances causing them to be extremely combative and aggressive with caregivers and at times other residents. This was difficult for everyone but was very hard on morale. Staff worked very hard to work through the dementia training they have learned while providing quality person-centered care. All LTC staff are currently taking a training through CMS called “Hand-in-Hand.” This is a 5-module (15 hour) high quality training program that emphasizes person-centered care in the care of persons with dementia and the prevention of abuse.

### **Facility**

When a need arises in LTC with residents we need to fix the problem and/or purchase the appropriate equipment. For example, we cannot have a resident in a wheelchair if they exceed the weight limit. We then need to make sure that we have the appropriate equipment to care for our residents. Recently, we purchased a bariatric standard wheelchair with leg rests, a bariatric commode, bariatric lift, and a bariatric bed with mattress.

We have been working with Materials to come up with items that we will need soon that we can also move into a new facility.

An issue that continues to come up with equipment is insurance coverage. It has become increasingly difficult to get custom Durable Medical Equipment (DME) for residents in LTC. Medicare/Medicaid will not pay for DME such as custom wheelchairs if the person resides in a nursing home. Regulation wise, we are required to provide appropriate and safe equipment for residents to safely get in and out of bed and spend time out of bed.

Due to the age of the building, there are no oxygen connections in the three rooms in the older part of LTC (212, 215, 216). If residents require oxygen in those rooms a concentrator is used. We were unable to move a resident into one of the larger single rooms due to there not being oxygen connections in those rooms.

### **Financial Wellness**

As of today, the LTC census has 12 residents. LTC has had a higher census recently. This is the lowest that it has been in months. 11/12 residents have Medicaid. The average Medicaid wait time is 6 months. Seasonal staff have returned to work at PMC this summer (3 CNAs). The nursing department currently has 3 CNA travelers and 3 RN travelers. We have 1 Activities/CNA out on FMLA. Looking ahead, we will have at least 2 FTE staff out on FMLA. When staff call out sick for a shift, managers look at the census and current staffing and then determine if the shift should be filled. During high census times, this leads to an increase in overtime hours.