



## Activities Report March 2026

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### **Workforce Wellness**

Long Term Care Activities are well staffed for our lower census. Our staff is laid out as follows.

Activities Coordinator: M-F 8-5p

Activities Aide 1: Sunday 9:30-3:30p; M-W 7-3p

Activities Aide 2: Tues-Friday 11-7p; Sat 12-7

Activities Aide 3: M-W 8a-11a; Th-F 7a-10a

Activities Aide 4: F-M 08:30-6:30 (*Temporary until CNA program starts up*)

With high staffing and low census, activities staff have been able to spend more time one on one providing activities to residents, resume activities we had previously put on hold (weekly soup lunches, baking from scratch with the residents instead of using the frozen cookies and rolls the kitchen can provide). This staffing has also allowed time for the activities coordinator to put a greater focus on office work and activity planning. We have received positive feedback that it has been nice to have more activities support on the weekends.

The CNA staff is seeing a change in their staffing due to low census, so activities has been doing their best to support the floor staff by answering call lights, feeding residents (4 out of five of our staff now hold a CNA license), and acting as one on one support for residents who need it.

### **Community Engagement**

Activities have historically had a lot of involvement in the Petersburg community. Many of our residents have spent a large portion of their life being involved in the Petersburg community and we like to keep them immersed in the culture and events our town has to offer. Long Term Care continues to work alongside Parks and Recreation to get residents swimming. KFSK hosts our LTC residents once a month for an hour and a half and a half radio show. We see seasonal visits from Rotary, Salvation Army, Girl Scouts, and the local school district. At the 2026 Health fair the activities department hosted a booth focused on volunteer recruitment. Right now, we have two areas we would like to improve our volunteer program: high school volunteers and a volunteer van driver. Activities have a group of high school girls hoping to start volunteering in May. At the health fair, we recruited a potential van driver; however, he is leaving town for a month.

Nationally, Long Term Care activities were involved in a Hearts Across America Valentine's Card exchange where we sent Valentine's to 50 different states and those states sent us cards in return. This program was intended to be a fun little activity for Valentine's Day, but many facilities were excited to hear about Petersburg Alaska and grateful for the cards and have sent us further letters about the happenings at their facilities. Residents have enjoyed looking through the cards and reading about what other facilities across the nation are up to.

### **Patient Centered Care**

Activities take pride in the individual relationships we have with each resident and how we can assist in incorporating lifelong hobbies, preferences, and routines into the lives of our long-term care residents.

Volunteer Opportunities: One of our residents spent her days before Long Term Care helping at the Petersburg Pilot. Each Thursday we work with the Pilot to coordinate opportunity to get the resident to the Pilot to help and visit with her “work” friends.

Swimming: Long Term Care activities and the rehab department have been working on some aquatic therapies for a resident.

Community Remembrance: Long Term Care activities hosted a remembrance gathering for residents, families and staff to gather and reminisce upon the slough of residents that passed away this winter. The event was a wonderful morning where everyone was able to share stories of the residents we came to love as family.

### **Facility**

No plans for new equipment currently. Activities continue to work within our space restraints—even if difficult at times we make it work. For our Thanksgiving dinner we had over 60 guests and managed to fit all of them, plus wheelchairs and highchairs, up in Long Term Care. While it is a tight fit, these big family dinners are incredibly beneficial for residents’ morale.

### **Financial Wellness**

Long Term care activities department has 4 out of 5 of their staff holding a CNA license. This helps staff when census is higher and there is a need for additional certified help on the floor for tasks such as eating, transferring, and 1:1 assistance.

**Submitted by:** Alice Neidiffer, Activities Coordinator.

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