



Petersburg Medical Center

Long Term Care Report - February 2025

Workforce Wellness

Nursing:

0800 – 1700 Mon-Fri: 1 LTC DON

0600 – 1830: 1 staff nurse

1800 – 0630: 1 staff nurse

0600 – 1830: 2 CNA

1800 – 0630: 2 CNA

0800 – 2000: 1 CNA (M-F)

0800 – 2000: 2 CNA (Sat-Sun)

Activities Current Schedule:

Activities Coordinator: Monday-Friday (0800 – 1700)

Activities Aid: Monday – Friday (1100-1900)

Managers will cover during the shift and assist as needed to make sure that staff are getting time away from the floor to recharge. Floor shifts are usually 12.5 hours - staff who are working typically do not leave the facility. We encourage participating in the wellness opportunities that are available through the organization. We have had changes to our activities department which makes it difficult to staff on the weekend. Due to this, we have added CNA staff on the weekend.

Community Engagement

LTC welcomes visitors and families. Volunteers have been coming in to play music, bingo, sing to and with residents, read to residents, etc. Staff work with residents to get them out into the community as often as they would like. Some residents have been enjoying Bingocize, participating in sporting events, celebration of life gatherings, church of choice, etc. Kinder Skog continues to come once a month to do arts and crafts with residents. Pioneers of Alaska came to have an ice cream social this month.

Patient Centered Care

PMC LTC is currently in our survey window (December 2024 – June 2025). Surveyors can come at any time unannounced during this timeframe, or after if they are late. The previous survey results are below:

PMC LTC had Survey with federal oversight March 4th-8th. We received 5 tags on the survey.

Free from Unnecessary Psychotropic Meds/PRN Use F758 CFR(s): 483.45(c)(3)(e)(1)-(5).

Food in Form to Meet Individual Needs F805 CFR(s): 483.60(d)(3).

Payroll Based Journal F851 CFR(s): 483.70(q)(1)-(5).

Infection Prevention & Control F880 CFR(s): 483.80(a)(1)(2)(4)(e)(f)

7 AAC 10.900(b) Background Check N100

PMC LTC was put back into substantial compliance for the health side of the survey effective 4/25/24 after the health revisit.

The departments that touch LTC are all fantastic. Rehab, dietary, lab, physicians, etc. go above and beyond for the residents to make sure that they are happy, healthy, and cared for. Each resident has a specific plan in these areas. PMC truly delivers resident centered care. On Monday, Wednesday, and Friday we have a multidisciplinary meeting to discuss each resident and their needs/concerns/changes. Staff know the residents and are advocates for their care. It is not a one size fits all system in LTC.

Petersburg Medical Center Nursing home has a 5-Star rating on Nursing Home Compare as of January 29, 2025. Health inspection = 5/5 stars, Staffing = 4/5 stars, and Quality measures = 5/5 stars. This has improved since the last report where we had a 4-star rating.

Facility

When a need arises in LTC with residents we need to fix the problem and or purchase the appropriate equipment. For example, we cannot have a resident in a wheelchair if they exceed the weight limit. We then need to make sure that we have the appropriate equipment to care for our residents.

We have been working with Materials to come up with items that we will need in the near future that we can also move into a new facility such as beds, tables, chair, etc.

An issue that continues to come up with equipment is insurance coverage. It has become increasingly difficult to get custom Durable Medical Equipment (DME) for residents in LTC. Medicare/Medicaid will not pay for DME (custom wheelchairs) if the person resides in a nursing home. Regulation wise, we are required to provide appropriate and safe equipment for residents to safely get in and out of bed and spend time out of bed.

Due to the age of the building, there are no oxygen connections in the three rooms in the older part of LTC (212, 215, 216). If residents require oxygen in those rooms a concentrator is used. We were unable to move a resident into one of the larger single rooms due to there not being oxygen connections in those rooms.

There is a contractor coming this month to replace flooring in some bathrooms in LTC resident rooms.

PMC staff have been working to reduce clutter in areas and keep areas clean and tidy.

Financial Wellness

As of today, the LTC census is 13 residents. One resident discharged this month. There is an LTC level of care resident on this swing bed side that will be moving into LTC proper once the room is available. All residents have Medicaid. The average Medicaid wait time is 3-6 months. The nursing department currently has 4 CNA travelers and 6 RN travelers. When staff call out sick for a shift, managers look at the census and current staffing then decide if the shift should be filled. During high census times, this leads to an increase in overtime hours.

Submitted by: Helen Boggs, RN – LTC DON
