



## Long Term Care Report – July 2025

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### **Workforce Wellness**

#### **Nursing:**

0800 – 1700 Mon-Fri: 1 LTC DON

0600 – 1830: 1 Staff Nurse

1800 – 0630: 1 Staff Nurse

0600 – 1830: 2 CNA

1800 – 0630: 2 CNA

0700 – 1900: 1 CNA

0800 – 2000: 1 CNA (Sat-Sun)

#### **Activities Current Schedule:**

Activities Coordinator: Monday-Friday (0800 – 1700)

Activities Aide: Tue-Fri (1100-1900) and Saturday (1200-1900)

Activities Aide: Mon-Thurs (0700-1500) and Sunday (0700-1000)

Floor shifts are usually 12.5 hours - staff who are working typically do not leave the facility. We encourage participating in the wellness opportunities that are available through the organization. We have had changes to our activities department which makes it difficult to staff on the weekend. Due to this, we have added CNA staff on the weekend.

### **Community Engagement**

LTC welcomes visitors and families. Volunteers have been coming in to play music, bingo, sing to and with residents, read to residents, etc. Staff work with residents to get them out into the community as often as they would like. Some residents have been enjoying Bingocize, celebration of life gatherings, church of choice, volunteering at the pilot etc. It is a goal to have activities staff working on Sunday to help accommodate participation in church of choice.

### **Patient Centered Care**

PMC LTC is currently in our survey window (December 2024 – June 2025). Surveyors can come at any time unannounced during this timeframe, or after if they are late. The previous survey results are below:

PMC LTC had Survey with federal oversight March 4<sup>th</sup>-8<sup>th</sup>. We received 5 tags on the survey.

Free from Unnecessary Psychotropic Meds/PRN Use F758 CFR(s): 483.45(c)(3)(e)(1)-(5).

Food in Form to Meet Individual Needs F805 CFR(s): 483.60(d)(3).

Payroll Based Journal F851 CFR(s): 483.70(q)(1)-(5).

Infection Prevention & Control F880 CFR(s): 483.80(a)(1)(2)(4)(e)(f)

7 AAC 10.900(b) Background Check N100

PMC LTC was put back into substantial compliance for the health side of the survey effective 4/25/24 after the health revisit.

The LTC State survey is overdue at this point. We have been expecting them to show up at any time. Typically, they arrive on a Monday afternoon.

The departments that touch LTC are all fantastic. Rehab, dietary, lab, physicians, etc. go above and beyond for the residents to make sure that they are happy, healthy, and cared for. Each resident has a specific plan in these

areas. PMC truly delivers resident centered care. On Monday, Wednesday, and Friday we have a multidisciplinary meeting to discuss each resident and their needs/concerns/changes. Dr. Hess has been in attendance for some of these meetings as well. Staff know the residents and are advocates for their care. It is not a one size fits all system.

With summer finally arriving, LTC will have a picnic on 7/16/25 at Sandy Beach. Most residents and patients are planning to attend.

Petersburg Medical Center Nursing home has a 5-Star rating on Nursing Home Compare as of June 25, 2025. Health inspection = 5/5 stars, Staffing = 4/5 stars, and Quality measures = 4/5 stars.

### **Facility**

LTC continues to purchase the items that are needed for residents when the need arises. Two new recliners have been ordered, one has arrived.

We have an obsolete pressure alarm system for falls safety and prevention. PMC has been working with a new vendor, VirtuSense, as a new solution for fall prevention.

Continued issue: Due to the age of the building, there are no oxygen connections in the three rooms in the older part of LTC (212, 215, 216). If residents require oxygen in those rooms a concentrator is used. We were unable to move a resident into one of the larger single rooms due to there not being oxygen connections in those rooms.

PMC staff have been preparing for a survey by keeping hallways clean, items labeled, clutter level low, etc.

### **Financial Wellness**

As of today, the LTC census is 14 residents. 13/14 residents have Medicaid. The average wait time for Medicaid continues to be long – about 3-6 months. The nursing department currently has 4 CNA travelers and 7 RN travelers. When staff call out sick for a shift, managers look at the census and current staffing then decide if the shift should be filled. During high census times, this leads to an increase in overtime hours.

**Submitted by:** Helen Boggs, RN

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