



Petersburg Medical Center

Rehabilitation Department Report September 2023

Workforce Wellness

Our department has been fully staffed for the past 6-9 months with 4 PTs (1 Traveler), 1 OT (a traveler), and 1 ST. Since hiring a new OT, the PT waiting list time has decreased and we have reopened our department as a full service (PT/OT/ST) Rehab Department. Having a fully staffed department also has decreased stress and pressure on all our therapists, allowing more time for documentation, research and continuing education. We will have a huge shift in personnel by the end of October. We have 3 of our 6 therapists leaving, 2 PTs and our OT. We are working with HR to fill the positions.

To maintain a good work/life balance, the therapists are allowed to set their own schedules and flex their schedules throughout the week. This allows time during the week for the therapists to complete personal activities (whatever they may be) that are important to them outside of work.

Community Engagement

Community:

- We have been helping Parks and Rec with a LTC resident, including getting the pool lift new parts to make it possible for the resident to go into the pool for therapy and improvement in quality of life.
- We recently worked with a group of quilters to provide them with a set of exercises/stretchches to perform during quilting activities to decrease risk of posture-related injuries.
- Some of the PTs will be helping test tai chi participants for balance to collate data for pre- and post-program reporting.

Interdepartmental: We are working with the Home Health department offering support to employees as they apply for grants and offering support in filling Rehab roles needed for beginning and future community-based programs. We are working with LTC to assist safe pool activities for residents to improve quality of life.

Patient Centered Care

Therapists have made themselves available to see patients within the community to support a healthy transition to discharge. This includes conducting appointments in the community gym; working with patients to enable them to use the community center to maintain their health; taking therapy outside when the weather is nice to improve patient energy and mood; and allowing parents without childcare to bring their children into appointments so they can get the care they need. We work across departments as a team (OT/PT/ST/nursing staff) to obtain equipment for LTC residents to improve quality of life and independence and working together with LTC/inpatient staff for the purchase of new equipment to safely care for patients at different functional levels. The Rehab department tries to maintain an open mind on what/where/how therapy can look like because it is not the same for all patients. We work diligently to meet patients' needs to help them achieve their goals as individualized as possible and it keeps our jobs fun and interesting.

Facility

Rehab continues to face the issue of not having enough space for the number of therapists we have working and the number of patients we see. Each day, we are faced with treating in a less-than-ideal space, but we make it work by using the main hallways, the hospital parking lot and community gym. We would like to add pieces of equipment to the department for improved patient care and offerings, but can't due to our lack of space. We also have equipment stored in home health, maintenance warehouse, and in the therapy office that we can't use because of the limited space.

Financial Wellness

Our department's budget has been restricted due to the overall financial status of the hospital. Continuing education for our therapists is where our department has felt the most restriction. To cut back on our overhead costs, therapists have been asked to improve their documentation time, to come in late if they do not have early patients, and to leave early if they don't have late patients.

The department continues to be busy. See attached financial numbers.

Department Revenue By Month

	06/2023			07/2023			08/2023			Totals		
Department	Charges	Cash	Delta	Charges	Cash	Delta	Charges	Cash	Delta	Charges	Cash	Delta
Rehab	129,511	82,723	(46,788)	112,973	75,994	(36,979)	137,007	116,701	(20,306)	379,491	275,419	(104,072)
Wound Care	19,094	28,117	9,023	21,864	9,712	(12,152)	23,925	12,685	(11,240)	64,883	50,514	(14,370)
Total	148,605	110,840	(37,765)	134,837	85,706	(49,131)	160,932	129,386	(31,546)	444,374	325,933	(118,442)

Average reimbursement rate over the past 3 months for therapies: 73%, our goal is to avg around 75%.

Average reimbursement rate over the past 3 months for wound care: 78%, our goal is to avg around 75%.

Working with IT to break this report out by therapist to see individual productivity in the future.

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