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Voices of Séet Ká Kwáan

sharing our stories is good medicine for us all

A radio program & podcast that seeks to bring awareness of the diverse experiences and contributions by members of our indigenous community to the wider Petersburg, Alaska community.

Voices of Séet Ká Kwáan

Chef Rob Kinneen

Chef Rob Kinneen talks with Janine Gibbons and Kari Petersen about the highlights of his career and his particular interest in sourcing locally and seasonally. He seeks to cook within the limitations of village life, place and lifestyle in mind. Rob is currently the Outreach Director for North American Traditional Indigenous Food Systems (NĀTIFS) a non-profit that is dedicated to addressing economic and health crises that affect Native communities by re-establishing native foodways.

Aug 18, 2022

Voices of Séet Ká Kwáan

Séet Ká Kwáan Dancers

Annette Bennett and Jeanette Ness sit down to discuss the history and impact of the Séet Ká Kwáan Dancers. Jeanette is one of the founders of the dance group, and Annette participated from a young age and the two remain close.

Aug 11, 2022

Voices of Séet Ká

Lingít Stories & Songs

[Land Acknowledgement](#)[Content Committee](#)[Project Partners](#)[Project Funders](#)

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Apple Podcasts

Voices of Séet Ká Kwáan

Elder and Author, Diane Benson, discusses the meaning of stories and songs in Lingit culture. She shares some of her storytelling experience and a poem she wrote about that experience.

Aug 4, 2022



Voices of Séet Ká Kwáan

Local Artist: Ross Nannauck III

Ross Nannauck III talks with Hannah Flor about his passion for creating Lingit art in a variety of mediums, and what that work has brought to his life. Ross was born and raised here in Séet Ká Kwáan and is also a longtime volunteer DJ at KFSK.

Jul 21, 2022

Voices of Séet Ká Kwáan

Foodways

Mary Katasse-Miller talks with Debra O'Gara about traditional Lingit foodways. Mary is renowned for her legendary frybread that she sells during community events of all kinds, and her use of traditional Lingit foods.

Jul 14, 2022

Voices of Séet Ká Kwáan

Weaving

Katherine Monahan interviews Debra O'Gara about her woven work on exhibition at the Clausen Museum in Petersburg for the annual Pride Show. Then Janine Gibbons interviews Evelyn Vanderhoop, renowned Haida weaver, about finding her way to weaving, and the ways that it enriches her life.

Jul 8, 2022

Voices of Séet Ká Kwáan

Love of Basketball

High School Coaches and brothers, Rick and Dino Brock, sit down with student player, Devon Guthrie, and Petersburg Indigenous Awareness Committee members, Diane Benson and Kari Petersen, to discuss the pride basketball brings to a community, the history of basketball in Southeast, and what basketball has brought to their lives. This episode of *Voices of Séet Ká Kwáan* was created from a Listening Project interview. The full interview can be heard at the Listening Project link below.

Jun 29, 2022

Voices of Séet Ká Kwáan

Harvesting S'áxt'

Join Debra O'Gara, Diane Benson, and Avery Herrman-Sakamoto on a harvesting trip for s'áxt' (aka devil's club). Learn about its traditional uses

NWaadli

and how it's harvested.

Jun 16, 2022

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Graduation Stoles

Mary Anne Rainie talks with her grand-daughter Alyssa Guthrie about the regalia Mary Anne makes for graduating seniors, and how she hopes the regalia gives them a sense of pride in their culture.

Jun 2, 2022

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Civil Rights Pioneer

In this excerpt from a Listening Project recorded in 2010 Amy Hallingstad's descendants discuss her civil rights activism and how she fought tirelessly for the rights of Indigenous People. Amy was a leader who worked on desegregating schools, voting rights, union formation, advocating for better healthcare for Indigenous people, and the Alaska Native Settlement Claims Act of 1971.

May 27, 2022

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Harvesting in Lingít Aaní

Ethelyn Lopez, Ray Dugaqua, and Will Ware share their experiences harvesting with their families in Lingít Aaní.

May 20, 2022

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Billy Ware

Billy, son of Will & Christie Ware, talks about being raised in the Tlingít tradition and what the values have brought to his way of being in the world.

May 12, 2022

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Missing & Murdered Indigenous Women & Girls Day (May 5th)

Debra O'Gara talks about the relevance of May 5th, about tribal justice systems, and her hopes for the future. Debra is the Senior Policy Specialist for the Alaska Native Women's Resource Center and focuses on laws and policies concerning domestic violence and sexual assault for Alaska Natives.

May 5, 2022

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Food for Your Soul

Herring egg season is upon us! Avery Herrman-Sakamoto tags along as Nathan Lopez delivers the much anticipated fresh herring eggs to local elders.

Apr 21, 2022

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Herring Egg Joy!

Nathan Lopez discusses his love of herring eggs, their cultural significance, and how they are traditionally harvested, prepared and eaten.

Apr 14, 2022

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Cultural Connection to Land

Debra O'Gara and Nicole Hallingstad discuss the meaning of cultural connection to the land and how that connection creates belonging. They also discuss resilience and adaptability moving forward in our modern age.

Mar 10, 2022

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Lingít Pride

Avery Herrman-Sakamoto talks with Brenda Louise & Jeanette Ness about the long journey of arriving at pride in their Lingít heritage and the rewards of community, belonging, and knowing thyself.

Mar 3, 2022

Voices of
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Lingít Aaní

Diane Benson talks about the formation of the Petersburg Indigenous Awareness Committee. Avery Herrman-Sakamoto, Brenda Louise, and Jeanette Ness discuss Tlingít Aaní, Indigenous land, and what it means to be Indigenous.

Feb 24, 2022

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Naomi Michelsen, Kaasei (Tlingít)

Naomi Michelsen, Kaasei (Tlingít) is Wooshkeetaan, Eagle/Wolf belonging to the Shark House of Berners Bay, Alaska. In this episode Naomi discusses respectful harvesting guidelines for traditional gathering on Tlingít Aaní.

Naomi grew up in Petersburg and now lives in Ketchikan. She is the owner of Kaasei Training & Consulting, a business she started to inspire people to appreciate Indigenous foods, plants, and people. She believes in the power of culture as prevention, intervention, and healing.

Feb 17, 2022

Voices of
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What's In a Name?

Jeanette Ness discusses the name Séet Ká Kwáan, People of the Fast Moving Waters. Diane Benson talks about the meaning behind the tagline, "sharing our stories is good medicine for us all."

Feb 3, 2022

Voices of
Séet Ká Kwáan

Let's Gather Together (Introduction Song)

Woosh Kaanáx Gaxtuda.aat (Let's Gather Together) was written September 2021 for the Native community of Petersburg by Diane L'xeis' Benson, of the Takdeintaan Clan for the purposes of bringing people together in good spirit. My gratitude and appreciation for the early assistance of Jeanette Ness.

Jan 26, 2022

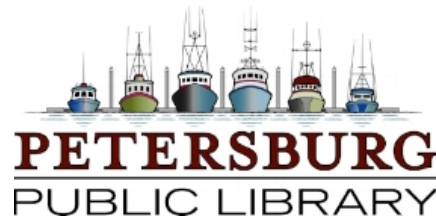
Voices of
Séet Ká Kwáan

What is Voices of Séet Ká Kwáan?

Voices of Séet Ká Kwáan is a radio show & podcast coming February 2022 on KFSK Public Radio, Apple Podcasts, & Spotify. Learn more about how it came to be and who is part of the show.

Jan 25, 2022

Have an idea to help us improve? We want to hear it! ›



Hours

11am-8pm Monday - Thursday 11am-6pm Friday & Saturday

