



Petersburg Medical Center

CEO Board Report March 2024

Mission Statement: Excellence in healthcare services and the promotion of wellness in our community.

Guiding Values: Dignity, Integrity, Professionalism, Teamwork, Quality

Highlights:

- The State of Alaska Survey team was here the week of March 4 for the annual LTC Health Care facilities inspection and for Fire, Life Safety. The survey team was very thorough and was accompanied by a Federal surveyor for oversight and training purposes. Surveyors commented on the excellent care of residents in PMC LTC. PMC is awaiting the official health survey results.
- The biennial community health and safety fair is March 23 from 10:00 am – 1:00 pm at the community gym. In addition to kids' activities and fitness class demonstrations, participants can attend presentations from PMC providers, WAVE representatives and the 2024 guest speaker, Dr. Janet Peterson, DrPH, RD, WEMT. Additional weekend learning opportunities include suicide prevention trainings from the Juneau Suicide Prevention Coalition and a Wilderness First Aid course. For more information and schedule, visit the [PMC health and safety fair page](#).
- PMC submitted a FY25 Congressionally Directed Spending request to Senator Murkowski and a FY25 Community Project Funding request to Rep. Mary Peltola. These requests focus on funding for the new facility project.
- The PMC selection committee will be evaluating proposals received for two contracts related to the new facility project: Project Management Services and Special Inspection and Testing Services.
- The Borough Assembly authorized a Limited Notice To Proceed (NTP) to Dawson Construction for the WERC Project for an amount not to exceed \$3,300,000 at the March 4 Assembly meeting.
- During the AHHA Legislative Fly-In, February 19-21, I had the opportunity to meet with the delegation for both PMC and AHHA initiatives. Additionally, I met with Senators Olson and Hoffman, Representative Himschoot and Alaska Department of Health commissioner Heidi Hedberg.

PETERSBURG MEDICAL CENTER
Health Fair
"Nurture Your Health With Nature"

DETAILED HEALTH FAIR WEEKEND SCHEDULE @ <https://www.pmcak.org/health-fair/>

SATURDAY, MARCH 23 @ COMMUNITY GYM

Event Schedule	Presentations
10-1:00 Fair Booths Visit over 25 local and regional vendors, health info, services and resources, and door prizes.	9:30 - High Blood Pressure Angela Meech, APRN, FNP-BC
Fitness Demonstrations <ul style="list-style-type: none">• 10:00 Bingoocoe• 11:00 Tai Ji Quan• 12:00 Zumba	10:30 - SAFE Zones WAVE & SEARCH
Kid's Activities Drop off kids from 10-1:00 for fun in the racquetball court while you browse or attend a presentation!	11:30 High Cholesterol 101 Erik Hutcheson, PA
	12:30 Understanding Blood Draw Results Dr. Alice Hultbak
	1:30 Gut Check: Nourishing the Mind Through The Gut Dr. Janet Peterson, DrPH, RD, WEMT
	3:00-6:00 Stewards of Children Caitlin Reddin, WAVE

Financial Wellness: Goal: To achieve financial stability and sustainability for the hospital.

FY23 Benchmarks for Key Performance Indicators (KPIs): Gross A/R days to be less than 55, DNFB < then 5 days, and 90 Days Cash on Hand

- Accounts Receivables (AR) is still hovering about 70 days and the revenue cycle team continues to work on improving this to get to target.
- Financials will be reviewed by the finance team but there was a large Medicare cost report settlement of ~ \$1M received earlier this week.

New Facility: Goal: To expand the capacity and capabilities of the community borough-owned rural hospital through the construction of a new facility, while taking into account the needs and priorities of the local community.

- Last week, a postcard mailer on the new facility project was sent to all Petersburg PO Box holders. The initiative is to encourage community members to reach out to their legislators in support of the new facility project.
- At the March 4 Borough Assembly meeting, the Assembly authorized a Limited Notice To Proceed (NTP) to Dawson Construction for the WERC Project for an amount not to exceed \$3,300,000 to provide foundation work and to install underground mechanical, electrical and plumbing, and to procure structural steel and long lead mechanical and electrical equipment for the Wellness, Education & Resource Center. The funds are secured through the \$20,000,000 Department of Treasury grant which was awarded to PMC in December of 2023.
- Request for Proposals: Project Management Services. PMC solicited proposals for professional Project Management services for the WERC and replacement of the main hospital building. Proposals were due March 12, 2024. The selected Project Manager will act as PMC’s representative, overseeing both the WERC and the Main Hospital Building. A Selection Committee will assess and evaluate proposals beginning in late March.
- Request for Proposals: Special Inspection and Testing Services. PMC solicited proposals for Special Inspection and Testing services for the new hospital project. Proposals were due March 20, 2024. The selected firm will oversee construction milestones related to special inspections and testing for the WERC. A Selection Committee will assess and evaluate proposals beginning in late March.
- Updates: Project updates are available on the PMC website under the “[New Facility & Planning](#)” tab.



Workforce Wellness: Goal: To create a supportive work environment and promote the physical and mental well-being of hospital staff, in order to improve retention rates and overall productivity.

- The annual employee forum will be held toward the end of April and there will be a facility-wide employee survey that will be completed to assess workplace satisfaction.
- PMC values the health and wellness of our staff. During this year’s community Health Fair, PMC covered employees’ basic health fair panel (value \$50) for all employees. This benefit was also available to spouses who are on PMC insurance.

Community Engagement: Goal: To strengthen the hospital’s relationship with the local community and promote health and wellness within the community.

- March 4 Assembly: PMC submitted report for the Borough Assembly meeting. The Assembly authorized a Limited Notice To Proceed (NTP) to Dawson Construction for the WERC Project.
- March 28: KFSK Radio PMC Live
- March 22: Suicide prevention training and workshops. Call PIA at 907-772-3636 for questions or to register.
- March 23: Community Health and Safety Fair
- March 24: [Wilderness First Aid Course](#), brought to the community by PMC, PVFD and Base Medical
- April 6: PMC participates in DOT emergency preparedness drill



Patient-Centered Care and Wellness: Goal: To provide high-quality, patient-centered care and promote wellness for all patients.

- The Hologic 3D Mammography unit was installed and is now operational. This will improve the accuracy and quality of mammography in Petersburg.
- The Health Fair resource fair event is planned for Saturday, March 23 at the Community Gym. A total of 2,069 blood tests were conducted over the course of 3 weeks, similar to previous health fair events. A special thank you to the volunteers who helped with drawing blood: EMT's, medical assistants, nursing students, nurses, retired nurses, retired lab techs and lab staff all helped make this endeavor very successful. Patient results for tests run in-house were available within 24 hours via the PMC Patient Portal or printed by request. Vitamin D results were available within 5-7 days. About 130 out-of-range results were shared to providers for follow-up. For more information and schedule, visit the [PMC health and safety fair page](#).
- PMC's new fall prevention programs, Bingocize and Tai Ji Quan: Moving for Better Balance, have had over 50 community members participating. The next sessions for both programs begin the week of March 18. Both programs will also hold informational sessions and demonstrations at the health fair event on March 23. For more information contact the Community Wellness Department at 772-5580.
- Specialty Clinic: Optometry Clinic is scheduled for March 25-April 3. Psychiatrist will be onsite in March and again in May. Dermatology Clinic is scheduled for its second clinic in May.



Wilderness First Aid Course
SUNDAY, MARCH 24
This course from Base Medical will prepare you with the knowledge and skills to respond to medical emergencies in your backyard or out in the backcountry.

Part 1: 8 Hours of Online Learning
Self-paced and required to be complete before in-person class

Part 2: Full Day In-Person Training
8:00AM-6:00PM on Sunday, March 24. Includes scenarios and hands-on skill practice.

BROUGHT TO YOU BY:

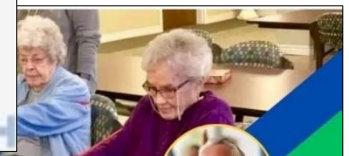



LAST FRONTIER EYE CARE
Optometry Clinic
March 25th- April 3rd
PMC Specialty Clinic

Last Frontier Optometry offers full scope optometry services for all ages.

- Routine vision exams
- Contact lens and glasses fittings
- Medical optometric services such as blurry vision, red eyes, glaucoma, macular degeneration

Contact Last Frontier Eye Care at 907-434-1554




BINGOCIZE
BINGO + EXERCISE = BINGOCIZE

A fun **FREE** 10-week evidence based program that combines the game of bingo with inclusive exercises for everyone!

Hosted by Petersburg Medical Center and Parks & Recreation

New Session
Starts **March 18th**
Mon/Wed 10-11am

PLAY BINGO FOR THE HEALTH OF IT!

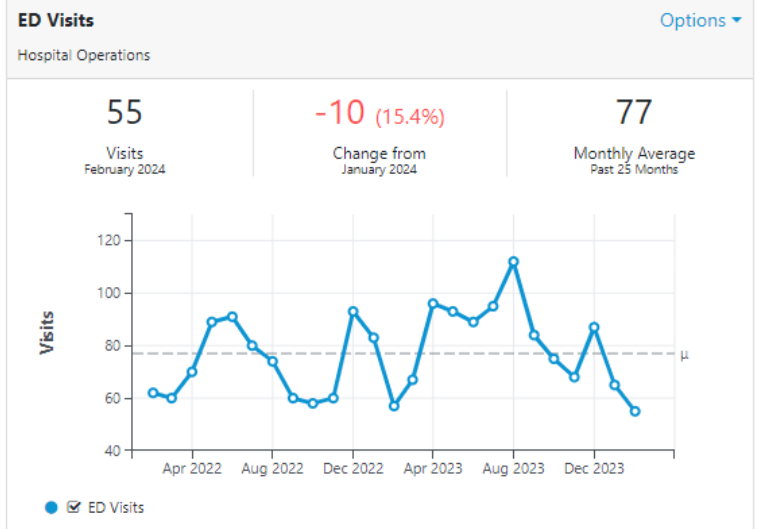
- Fall Prevention
- Social Engagement
- Prizes & Music

Community Center Activity Room

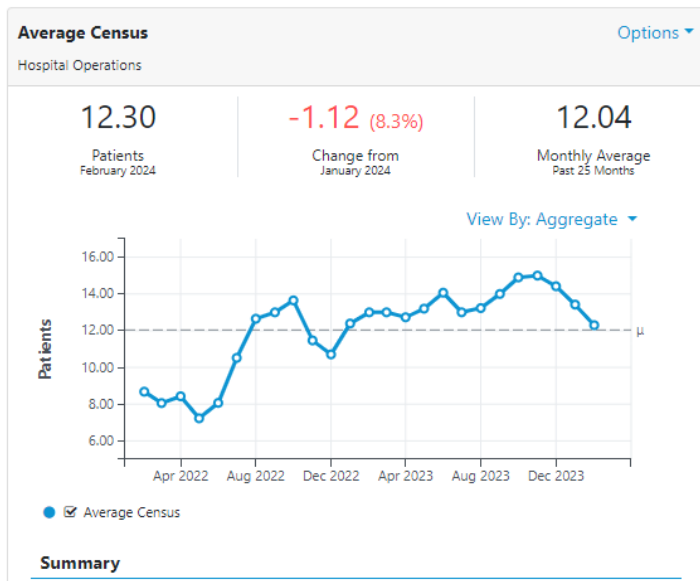
907-772-5580 or bturland@pmc-health.org for questions.

Primary Care

ER



LTC



Submitted by: Phil Hofstetter, CEO
