

Mountain View Food Service Senior Meals

June 2025

Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Ham Steak w/ Pineapple Rice Carrots Trail Mix Fruit Salad	Baked Rockfish Roasted Potatoes Green Beans Orange Cupcake	Beef Stroganoff Noodles Mixed Veggies Apple Brownie	Chicken Fried Steak Mashed Potatoes Gravy Peas Cookie	Corned Beef Cabbage Soup Dinner Roll Melon Muffin
Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Sloppy Joe Fries Fruit Cup Cookie Milk	Pork Stir Fry Noodles Cucumber Salad Cottage Cheese w/ Fruit Cherry Hand Pie	Seafood Chowder Oyster Crackers Green salad Apple Pudding	Creamy Turkey Pasta Asparagus Dinner Roll Blueberry Buckle	Hot Dog Macaroni Salad Fruit Cup Apple Hand Pie
Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Baked Cod Rice Mixed Veggies Brownie Milk	Meatloaf Mashed Potatoes Gravy Broccoli Cookie	Pasta Salad w/ Ham Fruit Cup Muffin Milk	Liver & Onions Mashed Potatoes Carrots Ambrosia Salad	Chicken Caesar Wrap Chips Orange Cheese Stick Apple Sauce
Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
Pot Roast Mashed Potatoes Gravy Mixed Veggies Brownie	Pasta Bake Garlic Bread Pea & Cheese Salad Banana Cookie	Veggie Beef Soup 1/2 Ham & Cheese Sandwich Trail Mix Fresh Fruit	Sweet & Sour Chicken Rice Mixed Veggies Chocolate Mousse	Salmon Burger Veggie Sticks Cheese Stick Rice Krispy Treat
Monday 30			COME AND JOIN A MEAL WITH YOUR FRIENDS! THE DINING ROOM IS OPEN ~ DINNER IS SERVED AT 5:00PM CALL 907-772-4331 TO ORDER OR INQUIRE OF VOLUNTEERING	
Sub Sandwich Chips Pudding Cup Muffin				