



# Petersburg Medical Center

CEO Board Report January 2024

**Mission Statement:** Excellence in healthcare services and the promotion of wellness in our community.

**Guiding Values:** Dignity, Integrity, Professionalism, Teamwork, Quality

## **Highlights:**

- The Borough Assembly voted to approve the Petersburg Medical Center Replacement project as the top capital project request and the number one federal priority at the January 2 Assembly meeting.
- A February 6 meeting with Senator Stedman is scheduled to discuss the need for legislative support of the PMC replacement project. Assembly Member Lynn or Mayor Jensen will accompany this meeting along with PMC board chair Jerod Cook, CFO Jason McCormick and the Borough's state lobbyist.
- PMC finalized acceptance of and has received the \$20M Department of Treasury Award that fully funds the WERC building. A well-attended groundbreaking ceremony was held on Dec. 8 and site preparation is well underway. Thank you to community members who attended and showed their support, and also a big thank you to the Assembly members and hospital board members who were able to attend.
- The annual joint Borough/PMC work session is scheduled for Jan. 30 at 5:30 pm in Assembly Chambers.
- An open house to share the latest on the hospital replacement project is scheduled for January 31 at Borough Assembly Chambers, 11:00 am – 7:00 pm.
- I will be attending the Alaska Hospital and Healthcare



Association (AHHA) Legislative Fly-In during February. These sessions are an opportunity to review legislative priorities and meet with legislators to discuss healthcare policy and legislation.

**Financial Wellness: Goal:** To achieve financial stability and sustainability for the hospital.

**FY23 Benchmarks for Key Performance Indicators (KPIs):** Gross A/R days to be less than 55, DNFB < then 5 days, and 90 Days Cash on Hand

- FY23 Audit completed the annual financial audit. The management letter will be reviewed by the board resource committee in next week's meeting and presented to the board upon review.
- The FY23 Cost Report is being finalized by the finance team and PMC's cost report preparer. There is an anticipated result for a payment due to PMC, which is positive.
- Budget preparation is beginning for both operating and capital budget for FY24.
- Additional FEMA funding was submitted for the PMC screeners, however, this has been winding down and will be phased out soon.
- Rebasng calculation for Medicaid LTC, inpatient was completed and an expected retro payment is still pending.

- Financial performance continues to improve albeit slowly, DNFB days are up to 11 and AR also bumped up to 75 following the holidays. This will be reported out accordingly with the finance reports. The revenue cycle and finance team continues to work through the goals toward 55 days.

**New Facility:** Goal: To expand the capacity and capabilities of the community borough-owned rural hospital through the construction of a new facility, while taking into account the needs and priorities of the local community.

- Despite the weather, the ceremonial groundbreaking on Dec. 8 was very well-attended, followed by the Borough hosting refreshments after the ceremony in the Assembly Chambers. You can see [photos and a recap of the event here](#).
- A budget review occurred in December with higher than anticipated cost estimations for the WERC building. This was reconciled with budget adjustments and should be back on target. The site preparation had a hold on developing beyond the WERC location until this could be reconciled.
- An open house to share the latest design drawings on both the WERC building and the main hospital building is scheduled for January 31 at Borough Assembly Chambers, 11:00 am – 7:00 pm. More information to come pending finalization of details.
- Updates: Project updates are available on the PMC website under the “New Facility & Planning” tab: <https://www.pmcak.org/new-facility.html>.



**Workforce Wellness:** Goal: To create a supportive work environment and promote the physical and mental well-being of hospital staff, in order to improve retention rates and overall productivity.

- At the January Quarterly Kinder Skog Advisory committee, the committee reviewed and discussed PMC employee enrollment for summer camp programs, waitlist and discussion for surveying PMC employees. Application for American Camps Association certification process will begin for accreditation as well.
- Betterhelp: Based on the very positive feedback we have heard from employees about this mental wellness service, PMC is continuing this employee benefit for the third year. Through this online service, employees are eligible to receive sessions and unlimited texting with a mental health provider via the online resource Betterhelp. This employee benefit is free to employees.
- Bravo Wellness Incentive Program: This program provides the opportunity for employees and eligible spouses to earn up to \$300 based on completing wellness activities or health outcome goals.
- The monthly CEO Office Hours continue. This monthly open-door session provides more opportunities for staff to share ideas and provide input to the CEO and leadership.
- Staffing for replacement physician to fill Dr. Hyer’s vacancy has been a large challenge and there has been a significant burden to cover ER call schedule. The medical staff is able to meet the need but long term burn out is a concern.



**Community Engagement:** Goal: To strengthen the hospital’s relationship with the local community and promote health and wellness within the community.

- December 4 and January 2: PMC reports out at Borough Assembly Meetings
- December 8: WERC building groundbreaking ceremony
- December 19: [PMC groundbreaking ceremony email recap](#)
- [PMC fourth quarter newsletter](#)
- December 21: PMC Julebukking
- January 18: KFSK Radio PMC Live
- January 30: Borough/Hospital annual work session
- January 31: Open house on new hospital project
- December: PMC partnered with other community organizations to host several trainings related to mental health: QPR Suicide Prevention Training and Mental Health First Aid.



**QPR** Question Persuade Refer  
**FREE Suicide Prevention Training**

Sponsored by:

December 2023  
 6th (Wed): 6-8pm @ PVFD  
 OR  
 16th (Sat): 2-4pm @ Library

Learn the skills needed to:

- Recognize the warning signs of suicide
- Offer hope to someone who may be in crisis
- Refer to appropriate support services

RSVP - Limited Space  
 To Register Scan or Email

(907) 772-5580  
 bturland@pmc-health.org

Mental Health **FIRST AID**  
 from NATIONAL COUNCIL FOR MENTAL WELLBEING

**YOUTH MENTAL HEALTH FIRST AID COURSE**

FULL DAY TRAINING  
 SAT. DEC 02. 2023  
 8AM-5PM.

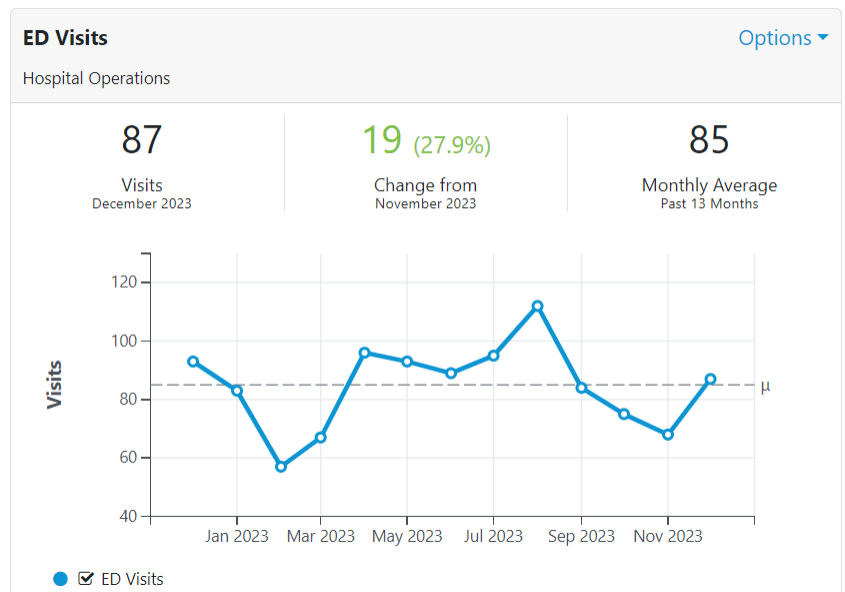
Free & Open to all 18+  
 Lunch & refreshments provided by Petersburg Mental Health Services

TO REGISTER:  
 Text: 907-531-5913  
 email: kholmilund@pmc-health.org  
 scan: QR code

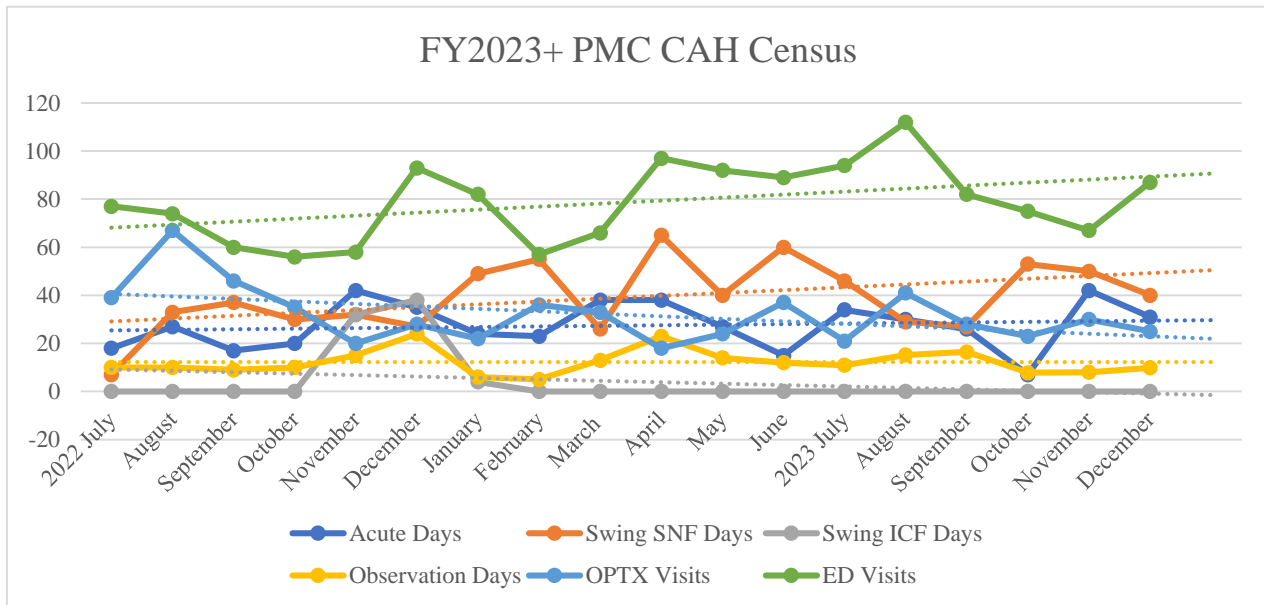
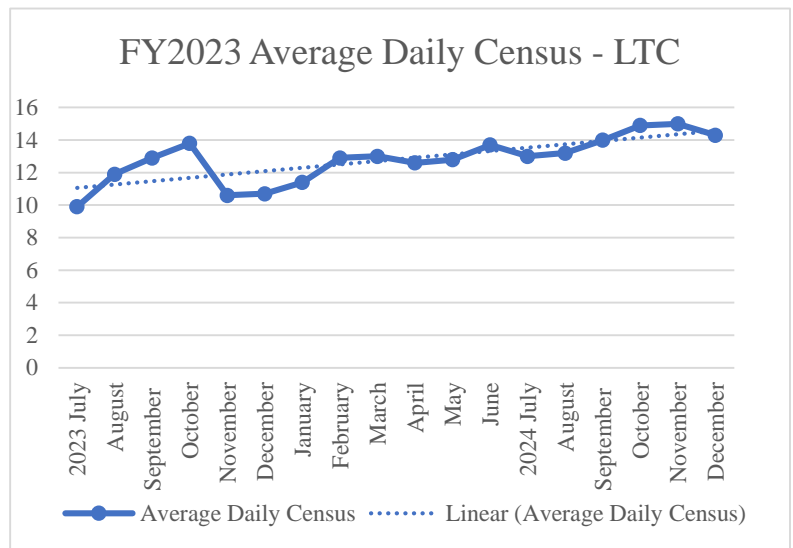
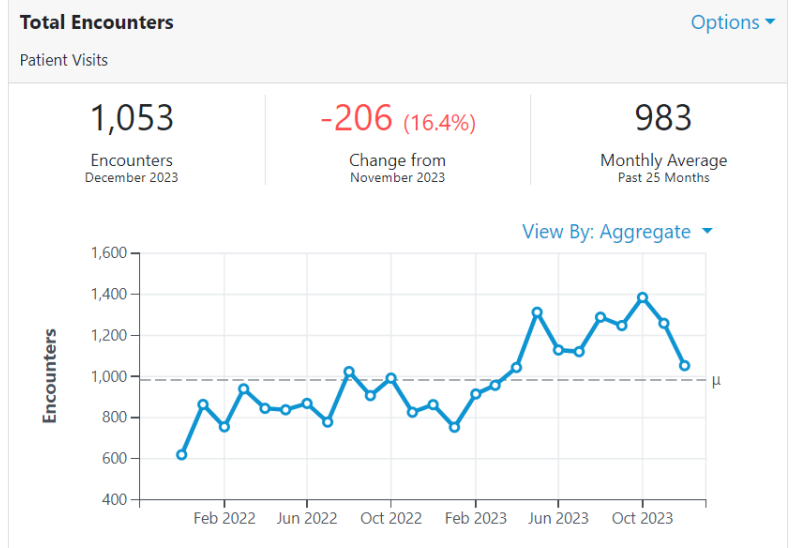
**Patient-Centered Care and Wellness:**

Goal: To provide high-quality, patient-centered care and promote wellness for all patients.

- The Cedar Social Club, the adult day program offered by Home Health, is now up and running at the new Home Health location in the PIA building.
- PMC is offering the third year of the Lifestyle Balance Program. This proven program from The University of Pittsburgh’s Group Lifestyle Balance curriculum helps people decrease the risk of developing Type 2 Diabetes and heart disease. Participants in this program will be given realistic weight loss and physical activity goals and supported in making changes to meet these goals designed for adults with pre-diabetes or at risk for pre-diabetes are eligible to participate. The class consists of six months of in-person instructional sessions followed by six additional monthly maintenance sessions for ongoing support and guidance. Registration is open through February 6.



- A community health fair will be held March 23, 2024, with blood draws being available at the lab from late February through early March. More details and information to come.



**Submitted by: Phil Hofstetter, CEO**