

24 Hours of Palmer Lake

2023 Operations & Traffic Plan

Event Overview

The 24 Hours of Palmer Lake takes place at the Palmer Lake Regional Recreation Area on a 0.82-mile trail that circles the lake. Surrounded by mountain and lake views, runners will attempt to run as many loops as possible during a 24 hour period. The event has become a yearly tradition since 2014 and under new management, the race aims to contribute 5 dollars of each registration back to the local community.

Race Director: Lance Pearce - 19140 Shadowood Dr, Monument, CO, 80132

Co-Director: Jennifer Farmer - 523 South fork Rd. Palmer Lake, CO. 80133

Date & Schedule

Historically the race took place in April-May, however in order to reduce the burden on the park with competing spring and summer traffic, and to better support local businesses during more of an off-season, the race is now targeting an October date.

The tentative schedule for the event is as follows:

Date	Time	Event
9/30/2023	5:00 AM	Starline and runner area setup by race organizers
9/30/2023	8:00 AM	Race start
10/1/2023	8:00 AM	Race finish
10/1/2023	8:30 - 9:00 AM	Awards
10/1/2023	9:00 - 10:00AM	Cleanup and porta potty pickup

Event Size and Attendance

The 24 Hours of Palmer Lake event expects the following attendance based on comparable years (2017-2019) prior to the pandemic.

Registered Runners	Expected No Show	Finished by 8PM	On Course 24 Hours	Spectators
100-170	10% (10-20) runners)	81%	19%	30-50

It's important to note that it is expected that most runners will complete their run and leave the park by 8:00 PM. Only a small percentage, roughly 20-32 runners are expected stay on the course to complete the full 24-hour challenge.

Rules

The race will follow and enforce El Paso County parks [rules and regulations](#) as well the race directors reserve the right to disqualify any runner at their discretion

Additional emphasis will be put on:

- No alcohol
- Noise Ordinance

Traffic and Parking Plan

Outside of event setup, no cars will be permitted to park in the Palmer Lake Regional Park primary parking. The 2023 event will be using the parking on the other side of the bridge in order to keep the park's primary parking accessible to emergency crews and park staff. Volunteers will assist with helping to direct runners to the correct parking. No impact to traffic on the main roads (105) is expected.

