



## **Williams Wellness Center**

### **Successful project in 2019:**

This Fall Williams Wellness Center (WWC) administered a health screen at Ashley Industrial Molding (AIM). This took a lot of collaboration between the Williams Wellness Center, Ashley Industrial Molding, Mercy One Lab and Occupational Medicine. We work with Ashley to offer the screenings they would like to have along with Flu Shots. We then schedule Lab and Occupational Med to help with some of the screenings and flu shots. The day of the Health Screen we have 5-6 individuals administering the Health Screen for all of the employees at AIM. Once all of the lab results are back, we have them compiled for Ashley and their employees. From start to finish that health fair takes around 5-6 months of planning.

### **WWC Goals for 2020:**

- Work with City Hall on auditor solution for the Williams Wellness Center
  - Day to Day Tracking
- Members and Community Members receive great Customer Service
  - WWC Colleagues help with Community projects
  - Continued Trainings for WWC Colleagues on how to deal with different situations that arise
- Sustain and Enhance programming
  - Add/Replace different fitness classes that fit the trends
  - Add more Adult Recreation opportunities
- Members and Recreation participant have access to current equipment
  - Get rid of outdated or broken equipment
- Continued efforts on Corporate membership
  - Reach out again or to new corporations