

Fitness and Aquatic Center: March 2026 Update

Networking and Communication:

- **FAC app**
- **Member Email Communication:** updates, schedule changes & reminders sent out about 1x/week
- **Monthly Newsletters: FAC & City**
- **Social Media**
- **Website** up to date

Upcoming FAC Events:

- **March 28 - April 4:** Spring Break Open Swim 12-4pm daily
- **April 2:** FAC Family Swim Night
- **April 5:** FAC Closed for Easter
- **April 12:** Swim Lesson Evaluations + Open Swim
- **April 17-19:** Red Cross Water Safety Instructor Course
- **April 20:** Swim Lesson Evaluations + Open Swim
- **May 4-6:** Resident Summer Swim Lessons Registration Open
- **May 9:** Potential NHS Fundraising Event
- **May 11:** Non-Resident Swim Lesson Registration Opens
- **May 8-10:** Red Cross Lifeguard Certification Course
- **May 28:** Falcon Ridge 5th Grade Pool & Gym Party

Programming:

- **Aquatics Programming**
 - **FAC Tot Times in the Pool:** Held every Friday and Saturday from 10am-12pm with 50% off admissions for Non-Members
 - **Red Cross Swim Lessons Transition:** planning & preparation this spring. Launching the Red Cross Swim Lessons Program this summer!
- **Fitness Programming**
 - Virtual Classes & Studio 2 Reservations continue to go over well!
 - March Madness Challenge is in progress: over 60 participants!
 - **Stroll the Halls for Parents with Strollers: typically getting 4-6 parents each time:** Wednesdays + Fridays from 12-2pm: \$5/parent for non-members

Staffing:

- Preparing for Summer Staffing: Water Safety Instructors, Lifeguards & Front Desk
- Now Hiring: Evening Child Care Attendant

Projects & Planning:

- **Summer Planning in Progress:**
 - Student Summer Promo starts May 1st
 - Summer Group Fitness Class Challenge

- Kids Co & St. Wence Visits
- Wellness Wednesdays: 50% off admissions every Wednesday this summer
- Senior Picnic
- Aquatic Center & Gymnasium Closures
- **Youth Age Policy Considerations Fall 2026-27**
 - Continued youth behavior issues after school.
 - 30-60 kids consistently come to the FAC - mostly MS students, some HS students.
 - Due to the gym not being available, ages 11-13 have nothing to do so they hangout in the hallway and cause disruptions.
 - A lot of 14+ use the weight room after school. Large numbers = more screwing around.
 - Currently researching other Community Center's age policies and how they handle youth liability releases.
- **Equipment Facility Goals for 2026-27:**
 - Increase space for Strength Training: met with our Equipment Rep from Johnson Fitness on 1/22. He is working on some lay-out options to see if we can create more open space for strength training by switching the Cardio Room and the Weight Room.
 - Find a new space for a new sauna.
 - Cut back on the amount of cardio equipment.
 - Get creative with the current space allotments.
 - Look into the possibility of leasing a few upscale treadmills.
 - Quality over quantity - while sustaining enough quantity to meet our user demands.
- **Sponsorship Proposal for Gymnasium & Pool Upgrades for Families**
 - Ask local businesses for sponsorship dollars/donations to go toward items such as:
 - Batting Cage
 - New Wibit
 - Sports Simulator
 - Businesses receive recognition